



FRAZIER SCHOOL DISTRICT

Inspire and Empower

BREAKFAST MENU



October 2026



Menu Subject to Change

Frazier participates in CEP

All Student meals are Free

Adult Breakfast: \$3.05

Elementary Alternates may Include

Choose 1

Benefit Bar

May Choose 2

1 oz Cereal Bowl

Single Poptart

4 oz Yogurt

Belly Bears

2 oz Fruit Muffin or Muffin Top or

Mini Loaf

Cereal Bar

Middle School Grab N'Go Breakfast
Cart may Include

Choose 1

Benefit Bar

2 ct Poptarts

Cinnamon Roll

Mini Donuts

4 oz - Sara Lee or Otis Spunkmyer
Muffin

2 oz Cereal Bowl

High School Grab N'Go Breakfast
Cart may Include

Choose 1

Benefit Bar

2 ct Poptarts

Hadley Farms Cinnamon Roll

Mini Donuts

4 oz - Sara Lee or Otis Spunkmyer
Muffin

2 oz Cereal Bowl

Monday	Tuesday	Wednesday	1 Thursday Breakfast Pizza	2 Friday Dutch Waffle
5 Mini Maple Waffles Assorted Fruit 100% Fruit Juice Milk Choice	6 Apple Frudel Assorted Fruit 100% Fruit Juice Milk Choice	7 Coco-Cherry Zee Zee Bars Assorted Fruit 100% Fruit Juice Milk Choice	8 Mini Loaf w/Belly Bears Assorted Fruit 100% Fruit Juice Milk Choice	9 Bacon, Egg & Cheese Breakfast Sandwich Assorted Fruit 100% Fruit Juice Milk Choice
12 <i>Columbus Day</i>	13 Super Bakery Banana Bread Slice Assorted Fruit 100% Fruit Juice Milk Choice	14 Cinnamon Roll Assorted Fruit 100% Fruit Juice Milk Choice	15 Super Bakery Donut Holes Assorted Fruit 100% Fruit Juice Milk Choice	16 Assorted Benefit Bars Assorted Fruit 100% Fruit Juice Milk Choice
19 Yogurt Belly Bears Assorted Fruit 100% Fruit Juice Milk Choice	20 Fruit Muffin Belly Bears Assorted Fruit 100% Fruit Juice Milk Choice	21 Pancake On A Stick Assorted Fruit 100% Fruit Juice Milk Choice	22 Mini Cinni Assorted Fruit 100% Fruit Juice Milk Choice	23 Dutch Waffle Assorted Fruit 100% Fruit Juice Milk Choice
26 Mini Donut Assorted Fruit 100% Fruit Juice Milk Choice	27 Bacon, Egg & Cheese Breakfast Sandwich Assorted Fruit 100% Fruit Juice Milk Choice	28 Sweet Roll Assorted Fruit 100% Fruit Juice Milk Choice	29 Cherry Frudel Assorted Fruit 100% Fruit Juice Milk Choice	30 Chocolate Chip French Toast Assorted Fruit 100% Fruit Juice Milk Choice



Frazier School District participates in the "National School Breakfast Program." All students receive a complimentary breakfast meal each school day. Per USDA School Breakfast Program Regulations, a complete breakfast offering includes: (2) one oz. equivalents of grain, 80% of which is "whole grain rich" OR (1) one oz. equivalent serving grains and (1) one oz. meat/meat alternate and (2) ½ cup portions of fruit (may be fresh, canned, dried or 100% juice) or vegetable, and (1) ½ pint of 1% or FF milk. ***If all components of a complete breakfast are not selected, ala cart prices are in effect, as required by USDA.**

Food Service Manager
Christie Mansberry
724-736-9507 x431
cmansberry@fraziersd.org

Frazier is an equal opportunity provider