

# **Kendrick School District #283**

## **School Counseling Program**

**2026-2027**

### **Components:**

1. Elementary
2. Junior High and High School – Social & Emotional
3. High School - College and Career Planning
4. Miscellaneous Duties

### **Elementary**

#### **Services:**

Individual Counseling (as needed) (Grades K-6)

Small Group Lessons (weekly basis) (Grades K-6)

Classroom Discussions/Lessons (K-6)

#### **Notes on Individual Counseling**

- Typically, individual counseling will take place on an “as needed” basis. I will follow up with students who are referred to me by school staff, parents/guardians, or by the student’s request.
- Students who warrant more regular counseling will be added to the “Regular Check-Ins” sheet. I meet with these students on a bi-weekly to monthly basis.
- If students require more intensive therapy services, I will assist their families in referring them to outside counseling.

#### **Notes on Small Groups**

- All JES students participate in small group lessons throughout the year (minimum of 6 sessions each).
- There will be a new focus each year, which will derive from evidence-based school counseling curriculum. The theme for 2021-2022 was building resiliency skills, 2022-2023 was self-esteem, 2023-2024 was self-awareness, 2024-2025 was focused on conflict resolution and 2025-26 was back to resiliency skills.
- Group lessons are *not* counseling. They are interactive lessons with a focus on student engagement and skill building.

- Groups consist of 4-5 students and remain the same throughout the year.
- On average, I meet with 4 - 6 groups per week.

### **Notes on Classroom Discussions/Lessons**

- Typically, classroom discussions will take place on a “as needed” basis.
- Discussions will focus on topics that are pertinent to the class (conflict resolution, test taking strategies, advancing to 7<sup>th</sup> grade, etc.).

## **Junior High and High School - Social & Emotional**

### **Services:**

Individual Counseling (as needed) (7<sup>th</sup> - 12<sup>th</sup>)

Small Group Counseling (as needed) (7<sup>th</sup> – 12<sup>th</sup>)

### **Notes on Individual Counseling**

- Typically, individual counseling will take place on an “as needed” basis. I will follow up with students who are referred to me by school staff, parents/guardians, or by the student’s request.
- Students who warrant more regular counseling will be added to the “Regular Check-Ins” sheet. I will meet with them on a bi-weekly to monthly basis.
- If students require more intensive therapy services, I will assist their families in referring them to outside counseling.

### **Notes on Referral Process**

- I no longer accept “walk-in” appointments (except for crisis situations).
- Students must request to meet with me in one of these three ways:
  1. Asking me in person
  2. Emailing me
  3. Filling out one of the referral slips outside of my door
- Once they have reached out to me, I will add them to a “check-in” list.
- I will then meet with them at my convenience, as well as their teacher’s.

### **Notes on Small Groups:**

- I provide small group counseling as needed.
- Small groups are typically conducted due to the following reasons:
  1. Group of students dealing with the same issue.
  2. Students feeling more comfortable with peer support.
  3. Students selected for a themed group (anxiety, mindfulness, etc.).

## **High School – College and Career**

### **Services:**

College and Military Recruiter Visits

Sophomore and Junior “Career Lunches”

College and Career Events

Individual Career Counseling

### **Recruiters and Speakers (2025-26):**

LCSC

University of Idaho

Boise State

Civil Engineer

Police Officer

Accountant

Physical Therapy

Entrepreneur

### **Events (2026-27):**

(\* denotes whole class event)

\*Apply Idaho (October)

\*Scholarship Idaho (October)

\*PSAT Day (October)

\*ASVAB (November)

\*FAFSA Night (November)

\*Higher Education Day (March)

\*SAT Day: (April)

UI Bound (April)

\*ASVAB Career Class (May)

\*Dream It Do It (May)

**By Grade:**

*Freshmen:*

College and Career Counseling Available

*Sophomores:*

PSAT

ASVAB Test

ASVAB Career Class

Monthly Career Talk Lunch

College and Career Counseling Available

*Juniors:*

Military, college and trade classroom presentations (minimum of 4 opportunities)

Dream It Do It

Monthly Career Talk Lunch

Higher Education Day

SAT

College & Career Counseling Available

Individual College Events (Envision, Sneak Peek, etc.)

*Seniors:*

Military, college and trade classroom presentations (minimum of 4 opportunities)

Apply Idaho

FAFSA Night

Scholarship Idaho

Individual College Visits

College & Career Counseling Available

Individual College Events (Envision, Sneak Peek, etc.)

### **Miscellaneous Duties**

#### **Duties:**

Dual Credit Liaison

Advanced Opportunities Coordinator

Student Scheduling

Master Schedule

PowerSchool Scheduling

PowerSchool Grade Maintenance

Leader in Me Lighthouse Team

Leader in Me Habit House Leader

ISEE Upload Team Member

Crisis Team Member

Attendance Committee Member