



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



BREAKFAST

MONDAY

Bagler
Fruit
Milk

01

TUESDAY

Pancake on a Stick
Fruit
Milk

02

WEDNESDAY

Breakfast Pizza
Fruit
Milk

03

THURSDAY

Benefit Bar
Fruit
Milk

04

FRIDAY

Brk Sandwich
Fruit
Milk

05

Bagler
Fruit
Milk

08

Pancake on a Stick
Fruit
Milk

09

Breakfast Pizza
Fruit
Milk

10

Benefit Bar
Fruit
Milk

11

Brk Sandwich
Fruit
Milk

12

Bagler
Fruit
Milk

15

Pancake on a Stick
Fruit
Milk

16

Breakfast Pizza
Fruit
Milk

17

Benefit Bar
Fruit
Milk

18

NO
SCHOOL

19

22

23

24

25

26

29

30

31



Cereal Offered Daily

This is an equal opportunity provider. Menu subject to change.

DECEMBER 2025