

SHAC Minutes for February 4, 2025

Members of the SHAC met on Tuesday, February 4, 2025 at 4:00 pm in the cafeteria on the secondary campus. Those present were Amber Chavira, Tammy Amerson-Wilson, Emily Morales, Tamie Arnold, Lydia Nichols, Jill Chesson, Kayla Casey and Catherine Kern. The minutes from the December 3, 2024 meeting had been mailed to members prior to the meeting for additions and corrections. Lydia Nichols made a motion to accept the minutes as presented, Tamie Arnold seconded the motion, and it was unanimously approved.

Counselor News-

IES: per Annie Jones, IES Counselor, emailed an update to the committee, and the information was presented by Amber Chavira. As of 2-4-25, IES has a total enrollment of 636 students. Registration for existing students and new Pre-K and Kindergarten students is expected to be in April. Guidance lessons are continuing for students. Kindergarten and first grade students are learning about respect, 2nd and 3rd grade are focusing on verbal and nonverbal communication, and 4th and 5th grade students are learning about bullying. Testing will begin soon for elementary students. The Telpas Testing window will begin on February 17 and will last until March 28, 2025. STAAR testing dates will be as follows: RLA on Tuesday, March 15, Science on Tuesday, March 22, and Math on Wednesday, March 23.

IMS: Mrs Casey reported to the committee on behalf of Allison Page, MS Counselor. She talked about a program (classes) that students are participating in called 212 Warrior Way, where they are learning about making good choices, beginning and maintaining good habits, and other things, and then doing an activity during Pathways each week. Telpas testing begins on Monday, March , and will continue until Thursday, March 13. STAAR testing dates are as follows: RLA on Tuesday, April 15 and Wednesday, April 16, Biology on Tuesday, April 22, History on Wednesday, April 23 and Math (including Algebra) on Tuesday, April 29 and Wednesday, April 30.

ITM: Ms Arnold, ITM Counselor, updated the committee on activities and events taking place for HS students. She is continuing to have lessons with students during their AVID classes. The lessons begin with anger management, and end with an emphasis on happiness. Freshmen and sophomores will be going on field trips to three different colleges on Thursday, Feb 6 for tours of the campuses. Students will be viewing a video and short presentation during their NSP classes regarding fentanyl awareness, as required by TEA. This will be done sometime in the coming weeks. Telpas testing begins on Monday, February 24, and will continue throughout the week. Students will be taking their EOC exams on the following dates: Tuesday, April 15 English 1, Wednesday, April 16 English 2, Tuesday, April 22 US History and Biology, and Tuesday, April 29 Algebra 1. Juniors will take the ACT on Tuesday, March 31, and freshmen and sophomores will take the PreAct on Thursday May 1. ITM Prom will be held on Saturday,

May 3 at Moon Shadow Haven in Mountain Home. More information will come in the weeks prior to the Prom.

Nurse News-

IES: Amber Chavira, IES nurse, reported seeing an increased number of ill students in the clinic, as well as many students and staff out with flu. She saw 669 students in the clinic in January and sent 95 students home. There have been a few cases of Covid, as well as Fifth's Disease among IES students. Fourth graders will attend the Always Changing program on Thursday, April 17. This program helps students understand the changes that will happen during puberty and how to cope with them. Registration will be held in April for IES, and Mrs Chavira reported that she is working on forms, as well as inservice training for next year.

IMS/ITM: Catherine Kern, IMS/ITM nurse, reported that there has been an increase in the number of students and staff out with flu, as well as strep throat. There have not been any reported cases of Covid on the secondary campus at this time. Seventh and eighth grade students will be attending the Worth the Wait presentation on Thursday, February 6. The presentation will be given by a nurse from the Pregnancy Resource Center in Kerrville, and helps to educate students about how to make healthy and safe choices. They will also discuss risky behaviors, teen pregnancy, sex and the law, contraception, and relationship goals. Parents must give permission for their student to participate, and the curriculum is posted on the district website under Health Services.

Gym News-

IES: Michelle Fairchild emailed an update and it was given to the committee by Amber Chavira. Heart Heros began on January 27 and will continue until February 13. The goal for this year is to raise \$10,000. February is American Heart Month and students have been learning about heart disease and heart health in class.

Cafeteria News-

Jenny Carpenter, via email, reported that staff is working hard to stay healthy so that they can continue to serve the students each day. She said they have noticed a decreased number of students served, due to those who are out with an illness.

New Business-

Ingram Tom Moore HS will host a cardiac screening for students ages 13-18 on Monday, March 10 from 3:00-4:30 pm. Any student in that age group who attends Ingram ISD is eligible. This event is made possible by a generous donation from George and Cecilia Hager, and is designed to help identify some of the more common conditions that can lead to sudden death/cardiac arrest. More information will be available on the district's website, as well as social media. There was no further new business to discuss and the meeting was adjourned at approximately 4:30 pm. The final meeting of the year will be held on Tuesday, May 6, 2025 at 4:00 pm in the cafeteria on the secondary campus.

Respectfully submitted by-

Catherine Kern, Secretary