## March 2023



Early Release

Tue Wed Thu Fri Mon Breakfast-Variety of break-All menus are subject fast items offered as Grab-n-go "The more you**rea**0 to change. Breakfast & Lunch the more 7,1111/ | 🧲 you know. Choices of 1% and fat free milk This institution is an The more that you | 23 rm Lunch — Choice of PBI equal opportunity Sandwich & Cheese stick St. Patrick's the more 2 2 CES you'll go. provider. 1 2 3 **Breakfast** Breakfast **Breakfast** Cinnamon Mini Buns / Fruit Cereal / Fruit Breakfast Honey Bun / Fruit Lunch Lunch Lunch Deli Turkey, Ham, & Cheese/ Shepherd's Pie BBQ Pork / WG Bun WG Bun WG Roll or Fish Filet / WG Bun **Tater Tots** Green Beans Waffle Fries Fresh Veggies/Dip **Candied Yams** Cole Slaw Fruit Fruit Root Veggies Fruit **Read Across America Day!** 6 10 **Breakfast Breakfast Breakfast Breakfast** Breakfast Blueberry Breakfast Bar / Cereal Bar / Yogurt / Fruit WG Cake Donut / Fruit Cereal / Fruit Pop-Tarts / Fruit Fruit Lunch Lunch Lunch Lunch Hamburger / WG Bun Spaghetti w/Meat Sauce Lunch **Chicken Tenders** Beef Chili Lettuce/Tomato/Pickles Chicken Fajitas / WG Tortilla WG Breadstick Macaroni & Cheese Saltines Crinkle Cut Fries Lettuce & Tomato Green Beans Oven Fried Okra **Baked Beans** PB&J Uncrustable Salsa Cup Garden Salad **Glazed Carrots** Baked Potato w/trimmings Fruit WK Corn Fruit Fruit Steamed Broccoli Seasoned Rice Fruit Fruit 13 14 15 16 **Breakfast** Breakfast **Breakfast** Breakfast Cereal Bar / Yogurt Cup / WG Cake Donut / Fruit Cereal / Fruit Cinnamon Bun / Fruit Fruit Lunch **In-Service Day for** Lunch Lunch Lunch Chicken Filet / WG Bun **Faculty & Staff** Fish Filet / WG Bun Chicken Alfredo over Lettuce/Tomato/Pickles Vegetable Beef Soup Bowl/ Crinkle Cut Fries Fettuccine **Baked Chips** Saltines **Baked Beans** WG Roll PB&J Uncrustable Baby Carrots w/Ranch Dip Cole Slaw Green Beans Garden Salad Fruit Garden Salad Fruit St. Patrick's Day Fruit 20 21 Breakfast Breakfast 23 Breakfast 24 Breakfast Breakfast WG Cake Donut / Fruit Mini Pancakes / Syrup / Cinnamon Mini Buns / Fruit Cereal / Fruit Pop-Tarts / Fruit Fruit Lunch Lunch Lunch Lunch Lunch Pepperoni Pizza **Baked Ham** Chicken Nuggets Hot Ham & Cheese / Lasagna Marina Cup Yeast Roll WG Roll WG Bun Yeast Roll **Creamed Potatoes** WK Corn Seasoned Rice or WG Corn Dog Green Beans Garden Salad **Turnip Greens** Baby Limas **Tater Tots** Garden Salad Fruit Candied Yams Fruit Fresh Veggies w/Dip Fruit Fruit Fruit 27 28 29 30 31 Breakfast Breakfast **Breakfast** Breakfast **Breakfast** Cereal Bar / Yogurt / Fruit Cereal / Fruit Mini Waffles / Syrup / Fruit WG Cake Donut / Fruit Cinnamon Mini Buns / Fruit Lunch Lunch Lunch Lunch Lunch Pepperoni Pizza BBQ Pork / WG Bun Beef Nachos / Shepherd's Pie **Chicken Tenders** Marina Cup or Fish Filet / WG Bun WG Tortilla Chips WG Roll Macaroni & Cheese WK Corn Crinkle Cut Fries WK Corn Green Beans Oven Fried Okra Garden Salad Cole Slaw Fresh Veggies w/Dip **Candied Yams Glazed Carrots** Fruit Fruit Fruit Fruit Fruit