

2023-2024 North Zulch I.S.D. - School Health Advisory Council (SHAC) Meeting Minutes- 09/20/2023

Mrs. Lucherker took attendance and advised the group that this meeting will be recorded and posted to the website. Meeting started at 1:30 p.m.

Individuals in attendance:

Mrs. Janie Pope, Elementary Principal
Mr. Don May, Assistant Principal
Mrs. Alice Kirk, Parent
Ms. Kori Batten, Counselor/Safety
Mrs. Jane Dill, FCCLA/CTE teacher
Mrs. Casey Lucherker, Campus Nurse
Mrs. Kelly Weiler, CTE teacher
Mrs. Leanne Andrus, Curriculum Director
Madelynn Kohl, High School Student
Hope Hobbins, High School Student
Alex Harris, DSHS Nurse
Mrs. Jennifer Beal, Cafeteria Director
Jennifer Chapman, Grimes Co. Food services director

Determine SHAC Officers for 2022-2023

1. A motion was made by Casey Lucherker and seconded by Kelly Weiler to nominate Alice Kirk as SHAC Parent Co-Chair. There were no objections.
2. A motion was made by Kelly Weiler and seconded by Alice Kirk to nominate Casey Lucherker as SHAC Staff Co-Chair. There were no objections.
3. A motion was made by Alice Kirk and seconded by Casey Lucherker to nominate Robin Afshar as Parent Representatives. There were no objections.
4. A motion was made by Casey Lucherker and seconded by Alice Kirk to nominate Kelly Weiler as Staff Representative. There were no objections.
5. A motion was made by Casey Lucherker and was seconded by Kelly Weiler to nominate Madelynn Kohl as Student Representative. There were no objections.
6. A motion was made by Janie Pope and seconded by Leanne Andrus to nominate Don May as Administrative Staff Representative. There were no objections.

Introduction – Mrs. Lucherker: Updated on SHAC requirements. Texas Law requires school districts to have a School Health Advisory Council Appointed by the Board which is comprised of 5 members and the majority being parents.

Agenda – Mrs. Lucherker: • Explanation of SHAC's role in the district • 8 components of a Health Program • Set Goals for the School Year • Future Meeting dates

What is SHAC's role: This is a group of individuals which advise the district on student health and learning. SHAC is required to meet two times a year (NZISD is a District of Innovation) and an annual report must be presented to the school board at the end of the year.

8 Components of the School Health Program: 1) Health Education 2) Physical Education & Activity 3) Health Services 4) Nutrition Services 5) Counseling, Psychological, and Social Services 6) Healthy School Environment 7) Staff Health & Wellness 8) Family & Community Involvement

Meeting minutes from last meeting reviewed

Department Updates:

- Health services- Required immunization reports in process of being completed and Snapshot date is in October to submit state required report. All other screens are in the process of being completed and will be submitted in the spring. CPR training is in progress. All staff who take students off campus are currently trained, it is available to all staff if requested, students are CPR trained in JR high and ensure all students are CPR trained prior to graduation, it's a state requirement. NZISD has a campus with 6-12th, state requires campus to have Narcan (opioid antagonist) on-site. Policies and protocols are to be established, create sub-committee for review-illnesses were trending up, now leveled out. On-site flu/shot clinic (Aurora Concepts) for staff, student shot clinic for req. immunizations. Oliver Foundation Grant, received sensory decals, placed on corridor floors.
- Ms. Batten: TAMU health science center: mental health program for 8th graders: YAM "Youth achieving for mental health"-5 week session-45minute sessions provided. Going into classrooms. Red ribbon week safety. TXDOT presenter for safety and drunk driving effects. Process of setting K9 at Sheriff Office to speak with elementary students. Social and group discussed in spring classroom sessions
- Mrs. Andrus reported a sub-committee reviewed approved curriculum requirements per new state mandates. Staffing adjustments so can have designated health curriculum for Jr/High school. Health teacher to teach. 4/5th grades receive a semester of health instructions. PreK-3 being taught health standards in classroom with certified teacher and intertwined into science and social studies and computer classes. Proposed health curriculum for recommendation to school board from sub-committee visualized. Teaching standards and the TEKS. 4/5th grade have an extra learning strand. Parents have been communicated with regarding the class modules and pacing of the class. In compliance with parental consent and in line with state law. Secondary will utilize two resources that were adopted by larger textbook companies that follow in line with standards. We have "opt in" for parental consent, will utilize new school app "parent square" for notification. Vote taken, recommendation passed for school board approval.
- Mrs. Dill-Much information required in health mandates are taught in current classes. Oliver Foundation Grant: student will complete presentations to elementary and create smart snack choices and ideas for students. Students will create demonstrations and smart snack ideas at community events such as Halloween, Homecoming, and Christmas.
- DSHS-Alex Harris-Health Dept. Housed in Centerville (Madison and Leon County), no longer in Madisonville. New address, next door to old address. Provide immunizations to uninsured or Medicaid children and adults for reduced or free prices. STD testing and treatment. TB tracking and treatment, usually treated in home to prevent spreading. Business cards provided.
- Admin-In response to early outbreaks of illnesses, have completed deep cleaning and closed on some weekends for better cleaning-any times numbers begins to increase. Increased in spot cleaning, disinfecting wipes provided to teachers. Backpack program recently initiated.

- Mrs. Beal-Increase in students. Students have four options to choose from for lunch. Variety provided. Students are able to take “seconds” of sides, such as veggies/fruits. Signage increased.
- Mrs. Chapman- Board approved wellness policy –NZ wellness policy and wellness assessment tool utilized. Assessment is due this year. A sub-committee be developed to review wellness policy assessment tool.

Review of Yearly Goals from previous meeting

- Increase cafeteria signage-Completed
- Second chance Breakfast- Being utilized by students
- Afternoon snacks for elementary students-in progress
- _On-site flu & shot clinic for staff and for students prior to registration
- Staff stress relief: In progress-Teacher survey completed last year to try and direct this group-PTO trying to support staff wellness-Room helper implemented for elementary classrooms-Working well-Gave teachers teacher pat teacher gift card-usual teacher appreciation and at Christmas-any ideas that SHAC/PTO can support, will do so-Potentially send teacher survey during year-create sub-committee group

Next Meeting: Set for Wednesday, February 7, 2024 at 1:30 p.m.

Motion to adjourn meeting- Adjournment at 2:07 pm