

SEPTEMBER 2022 Taylor-White Elementary

LUNCH

MENU IS SUBJECT TO CHANGE

All meals are served with 1% reduced fat white or chocolate milk. 100% fruit juice and fresh, canned, or frozen fruit are served daily.



September is Whole Grains Month! Aim to make at least half your grains whole grains. Look for the words "100% whole grain" or "100% whole wheat" on the food label. Whole grains provide more nutrients, like fiber, than refined grains.



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Beefy Macaroni 1
Caesar Salad
Sweet Potato
Roll
Fruit and Milk

Roasted Chicken 2
Green Beans
Yellow Squash
Rice Pilaf and Biscuit
Fruit and Milk

Labor Day! 5
NO SCHOOL 

Hot Dog with Chili 6
Beans
French Fries
Fruit
Milk

Pork Patty on a Bun 7
Sliced Carrots
Cole Slaw
Fruit
Milk

Spaghetti 8
Broccoli
Corn on the Cob
Roll
Fruit and Milk

Deli Sandwich 9
Lettuce and Tomato
Rice Krispie Treat
Fruit
Milk

Crispitos 12
Black Beans
Corn
Fruit
Milk

Beefy Macaroni 13
Garden Salad
Italian Beans
Breadstick
Fruit and Milk

Pizza Pocket 14
Sliced Carrots
Black-Eyed Peas
Fruit
Milk

Cheeseburger 15
Lettuce and Tomato
French Fries
Fruit
Milk

Chicken Bites 16
Beans
French Fries
Roll
Fruit and Milk

Corndog 19
Sweet Peas
French Fries
Cookie
Fruit and Milk

Pork and Cornbread 20
Sweet Potatoes
Turnip Greens
Rice Krispie Treat
Fruit and Milk

Country Beef Patty 21
Broccoli
Potatoes and Gravy
Breadstick
Fruit and Milk

Red Beans and Rice 22
Squash
Cornbread 
Fruit
Milk

Hot Dog 23
Beans
French Fries
Fruit
Milk

Pizza 26
Yellow Squash
French Fries
Fruit
Milk

Beefy Macaroni 27
Green Beans
Corn
Breadstick
Fruit and Milk

Chicken Sandwich 28
Dill Pickles
Beans
French Fries
Fruit and Milk

Crispitos 29
Sweet Peas
Black Beans
Fruit
Milk

Deli Sub Sandwich 30
Lettuce and Tomatoes
Carrots
Chips
Fruit and Milk