

AUGUST 2022

Taylor-White Elementary

BREAKFAST

MENU IS SUBJECT TO CHANGE

All meals are served with 1% reduced fat white or chocolate milk. 100% fruit juice and fresh, canned, or frozen fruit are served daily.

Nutrition Tip: Drink water! Sip water or other drinks with few or no calories to stay hydrated and help maintain a healthy weight. Keep a water bottle in your bag or at your desk to satisfy your thirst throughout the day.

Reference: USDA MyPlate 

MONDAY

Summer Break!
NO SCHOOL!!!

8
Egg Patty
Sausage
Toast
Juice
Milk

15
Chicken Biscuit
Juice
Milk

22
Pop Tart
Cheese Toast
Juice
Milk

29
Ham and Cheese
Croissant
Juice
Milk

TUESDAY

2
Summer Break!
NO SCHOOL!!!

9
Egg and Cheese
Croissant
Juice
Milk

16
Cheese Quesadilla
Grits
Juice
Milk

23
Apple Frudel
Yogurt
Juice
Milk

30
Cinnamon Roll
Sausage Patty
Juice
Milk

WEDNESDAY

3
Summer Break!
NO SCHOOL!!!

10
Cinnamon Roll
Sausage Links
Juice
Milk

17
Pancake on a Stick
Juice
Milk

24
Mini Pancake Bites
Yogurt
Juice
Milk

31
Cheese Toast
Sausage Patty
Juice
Milk

THURSDAY

4
French Toast Sticks
Sausage Link
Juice
Milk

11
Turkey and Cheese
Bagel
Juice
Milk

18
Cinni Minis
Yogurt
Juice
Milk

25
Beef Steak Biscuit
Juice
Milk

FRIDAY

5
Ham and Cheese
Croissant
Juice
Milk

12
Breakfast Pizza
Juice
Milk

19
Breakfast Bagel
Juice
Milk

26
Cereal Bar
Yogurt
Juice
Milk

