

Frazier High School May 2024 Lunch Menu



Director of Food and Nutrition: Kelly Calderone

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724-736-9507 x431

The Deli

Choices May Include:

- Grilled Chicken Patty Sandwich
- Spicy Chicken Patty Sandwich
- Breaded Chicken Patty Sand
- Hamburger or Cheeseburger

The Pizzeria

Choices may Include:

- Pepperoni Pizza
- Cheese Pizza
- White Pizza
- Buffalo Chicken Pizza
- Chicken Fajita Pizza

Grab & Go

A variety of sandwiches, wraps and specialty salads are available daily!

Whole Grains Available Daily



		May 1st Mini Corn Dogs Steamed Carrots Peaches Low/Non Fat Milk	May 2nd Swedish Meatballs over Noodles Green Beans Mixed Fruit Low/Non Fat Milk	May 3rd Grilled Cheese Tomato Soup Oranges Low/Non Fat Milk
May 6th General Tso with Rice Steamed Broccoli Apple Low/Non Fat Milk	May 7th Walking Taco with Bread Slice Mixed Vegetables Applesauce Low/Non Fat Milk	May 8th Meatballs with Marinara and Garlic Breadsticks Green Beans Peaches Low/Non Fat Milk	May 9th Sweet & Spicy BBQ Chicken Bowl Steamed Corn Pineapple Tidbits Low/Non Fat Milk	May 10th Cream Chicken over Biscuits Mashed Potatoes with Gravy Pears Low/Non Fat Milk
May 13th Chicken Quesadilla Black Beans Mixed Fruit Low/Non Fat Milk	May 14th Popcorn Chicken Bowl with Slice Bread Golden Corn Mandarin Oranges Low/Non Fat Milk	May 15th Beef and Cheese Loaded Fries Steamed Carrots Applesauce Low/Non Fat Milk	May 16th Act 80 Day No School	May 17th No School
May 20th Buffalo Chicken Panini Mixed Vegetables Applesauce Low/Non Fat Milk	May 21st French Toast Sticks with Sausage Patties Tator Tots Mixed Fruit Low/Non Fat Milk	May 22nd Cheeseburger on Bun Baked Beans Apple Low/Non Fat Milk	May 23rd Lasagna Rollup with Garlic Breadstick Green Beans Peaches Low/Non Fat Milk	May 24th General Tso with Rice Steamed Broccoli Pears Low/Non Fat Milk
May 27th Memorial Day Holiday No School	May 28th Corn Dog Assorted Vegetables Assorted Fruit Low/Non Fat Milk	May 29th Spicy Chicken Sandwich Assorted Vegetables Assorted Fruit Low/Non Fat Milk	May 30th Turnaround Day	May 31st

Accompaniments

*Must take at least one 1/2 cup of fruit or vegetable

*Vegetables may include:

- Broccoli Florets
- Baby Carrots
- Dark Leafy Greens
- Legume Salads
- Celery & Cucumber

*Fruits may include:

- Crisp Apple
- Sliced Peaches
- Mixed Fruit
- Fresh Orange
- Banana
- Pineapple Tidbits
- Diced Pears
- Applesauce

Milk

Milk Choices Offered Daily:
1% white and non-fat flavored

Proud to manage your food service program

Lunch Prices:
Paid \$2.45
Reduced FREE

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MENUS SUBJECT TO CHANGE