



Mon – Thurs: 11:52- 12:52  
 Friday: 11:40 -12:40

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
<b>MENU</b>	<b>Chicken Alfredo</b>	<b>Baked Ziti w/Ground Beef</b>	<b>Chicken and Yellow Rice</b>	<b>Beef Nachos</b>	<b>Cheese Pizza</b>
<b>MEAT/Meat Alternates</b>	Diced Chicken	Ground Beef	Diced Chicken	Ground Beef	Cheese Pizza
<b>GRAIN</b>	WGR Roll WGR Pasta	WGR Roll WGR Pasta	WGR Yellow Rice WGR Roll	WGR Tortilla Chips	WGR Crust
<b>FRUIT</b>	Mandarin Oranges	Diced pears	Pineapples	Peaches	Mandarin Oranges
<b>VEGETABLES</b>	Steamed Carrots	Corn	Green Beans	Shredded Romaine Black Beans	Caesar side salad w/romaine
<b>OTHER FOODS/ CONDIMENTS</b>	N/A	N/A	N/A	Taco Sauce	Ranch
<b>DAIRY</b>	Milk Choice	Milk Choice	Milk Choice	Milk Choice	Milk Choice

\*\*\* Menu may vary.



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<b>Week 2</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>MENU</b>	<b>Picadillo</b>	<b>Orange Chicken</b>	<b>Cheeseburger Mac</b>	<b>BBQ Meatballs</b>	<b>Cheese Pizza</b>
<b>MEAT/Meat Alternates</b>	Picadillo	WGR Chicken Bites	Ground Beef	Turkey Meatballs	Cheese Pizza
<b>GRAIN</b>	WGR Roll WGR Rice	WGR Breadding WGR Noodles	WGR Pasta WGR Roll	WGR Roll	WGR Crust
<b>FRUIT</b>	Pineapples	Pears	Mandarin Oranges	Peaches	Pineapples
<b>VEGETABLES</b>	Black Beans	Mixed Vegetables	Steamed Carrots	Mashed Potatoes	Salad w/romaine
<b>OTHER FOODS/ CONDIMENTS</b>	N/A	N/A	N/A	N/A	Ranch
<b>DAIRY</b>	Milk Choice	Milk Choice	Milk Choice	Milk Choice	Milk Choice

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<b>Week 3</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>MENU</b>	<b>Bourbon Chicken</b>	<b>Shepherd's Pie</b>	<b>Curry Chicken</b>	<b>Chicken Penne Pasta w/Alfredo Sauce</b>	<b>Cheese Pizza</b>
<b>MEAT/Meat Alternates</b>	Diced Chicken	Ground Turkey	Diced Chicken	Chopped Chicken	Cheese Pizza
<b>GRAIN</b>	WGR Roll WGR Rice	WGR Roll	WGR Rice & Peas WGR Roll	WGR Roll WGR Pasta	WGR Crust
<b>FRUIT</b>	Pineapples	Mandarin Oranges	Pears	Peaches	Mandarin Oranges
<b>VEGETABLES</b>	Mixed Vegetables	Steamed Carrots Mashed Potatoes	Black Beans	Green Beans	Caesar side salad w/romaine
<b>OTHER FOODS/ CONDIMENTS</b>	N/A	N/A	N/A	N/A	Ranch
<b>DAIRY</b>	Milk Choice	Milk Choice	Milk Choice	Milk Choice	Milk Choice

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<b>Week 4</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>MENU</b>	<b>Chicken Tropi-chop</b>	<b>WGR Chicken Patty Sandwiches</b>	<b>Popcorn Chicken</b>	<b>Rotini</b>	<b>Cheese Pizza</b>
<b>MEAT/Meat Alternates</b>	Diced Chicken	WGR Chicken Patty	WGR Popcorn Chicken	Ground Turkey	Cheese Pizza
<b>GRAIN</b>	WGR Roll WGR Yellow Rice	WGR Bun WGR Breeding	WGR Breeding	WGR Roll WGR Pasta	WGR Crust
<b>FRUIT</b>	Diced Pears	Peaches	Pineapples	Mandarin Oranges	Diced Pears
<b>VEGETABLES</b>	Black Beans	Baked Beans	Steamed Carrots Mashed Potatoes	Green Beans	Salad w/romaine
<b>OTHER FOODS/ CONDIMENTS</b>	N/A	N/A	N/A	N/A	Ranch
<b>DAIRY</b>	Milk Choice	Milk Choice	Milk Choice	Milk Choice	Milk Choice

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<b>Week 5</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>MENU</b>	<b>Diced Chicken and Gravy</b>	<b>Beef Nachos</b>	<b>Baked Ziti</b>	<b>Corn Dogs</b>	<b>Cheese Pizza</b>
<b>MEAT/Meat Alternates</b>	Diced Chicken	Ground Beef	Ground Turkey	Beef Frank	Cheese Pizza
<b>GRAIN</b>	WGR Roll WGR Yellow Rice	WGR Tortilla Chips	WGR Roll WGR Pasta	WGR Breading	WGR Crust
<b>FRUIT</b>	Diced Pears	Mandarin Oranges	Peaches	Pineapples	Diced Pears
<b>VEGETABLES</b>	Green Beans	Shredded Romaine	Steamed Carrots	Baked Beans	Caesar side salad w/romaine
<b>OTHER FOODS/ CONDIMENTS</b>	N/A	Taco Sauce	N/A	N/A	Ranch
<b>DAIRY</b>	Milk Choice	Milk Choice	Milk Choice	Milk Choice	Milk Choice

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<b>Week 6</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>MENU</b>	<b>WGR Chicken Nuggets</b>	<b>Pulled BBQ on a Bun</b>	<b>WGR Honey Chicken</b>	<b>Cheeseburger Mac</b>	<b>Cheese Pizza</b>
<b>MEAT/Meat Alternates</b>	WGR Nuggets	Diced Chicken	WGR Chicken Bites	Ground Beef	Cheese Pizza
<b>GRAIN</b>	WGR Breading WGR Roll	WGR Bun	WGR Breading WGR Rice	WGR Roll WGR Pasta	WGR Crust
<b>FRUIT</b>	Mandarin Oranges	Pineapples	Pears	Peaches	Mandarin Oranges
<b>VEGETABLES</b>	Mashed Potatoes	Baked Beans	Steamed Carrots	Green Beans	Caesar side salad w/romaine
<b>OTHER FOODS/ CONDIMENTS</b>	N/A	BBQ Sauce	N/A	N/A	Ranch
<b>DAIRY</b>	Milk Choice	Milk Choice	Milk Choice	Milk Choice	Milk Choice

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1. mail:  
U.S. Department of Agriculture  
Office of the Assistant Secretary for Civil Rights  
1400 Independence Avenue, SW  
Washington, D.C. 20250-9410; or
2. fax:  
(833) 256-1665 or (202) 690-7442; or
3. email:  
[Program.Intake@usda.gov](mailto:Program.Intake@usda.gov)

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