



FRAZIER SCHOOL DISTRICT

Inspire and Empower



HIGH SCHOOL

FEBRUARY 2026

Lunch Menu

Frazier participates in CEP

All Student meals are Free

Adult Lunch: \$4.85



| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|--|--|---|
| 2 Chicken Parmesan on Bun Tatar Tots Fruit & Vegetable Bar Milk Choice | 3 Texas Toast Grilled Cheese Tomato Soup Seasoned Mixed Vegetables Fruit & Vegetable Bar Milk Choice | 4 BBQ Pulled Pork on Bun French Fries Fruit & Vegetable Bar Milk Choice | 5 Baked Chicken Mashed Potatoes & Gravy Dinner Roll Fruit & Vegetable Bar Milk Choice | 6 School Made Pizza w/o Pepperoni Seasoned Broccoli Fruit & Vegetable Bar Milk Choice |
| 9 TEACHER IN-SERVICE DAY | 10 Chicken Quesadilla Salsa and Sour Cream Seasoned Corn Fruit & Vegetable Bar Milk Choice | 11 Meatball Hoagie w/ Mozzarella Cheese Seasoned Carrots Fruit & Vegetable Bar Milk Choice | 12 Chicken Tenders Mini Chocolate Chip Loaf Mashed Potatoes & Gravy Fruit & Vegetable Bar Milk Choice | 13 Italian Dunker Sticks Mini Salads Seasoned Green Beans Fruit & Vegetable Bar Milk Choice |
| 16 Wing Basket Boneless Dill Wings Crinkle Cut Fries Fruit & Vegetable Bar Milk Choice | 17 Walking Taco w/ Cheese, Lettuce, Sr Cream, Salsa, Refried Beans & Veggie Fruit & Vegetable Bar Milk Choice | 18 Filet of Fish on Bun Tatar Tots & Coleslaw Fruit & Vegetable Bar Milk Choice | 19 Popcorn Chicken Bowl Mashed Potatoes w/ Gravy Golden Corn & Dinner Roll Fruit & Vegetable Bar Milk Choice | 20 Creamy Mac & Cheese Mini Cornbread Loaf Seasoned Carrots Fruit & Vegetable Bar Milk Choice |
| 23 Smokehouse BBQ, Bacon Cheese Steak Burger Golden Tatar Tots Fruit & Vegetable Bar Milk Choice | 24 General Tso' Chicken o/ Fried Rice Egg Roll & Broccoli Fruit & Vegetable Bar Milk Choice | 25 Double Dog Day w/o Cheese Seasoned Corn Fruit & Vegetable Bar Milk Choice | 26 Penne Pasta w/ Meatsauce Garlic Breadstick Mini Salad & Green Beans Fruit & Vegetable Bar Milk Choice | 27 School Made Pizza w/o Pepperoni Seasoned Peas Fruit & Vegetable Bar Milk Choice |
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Menu Subject to Change

To qualify as a free lunch, students must take 3, 4 or 5 items, Meat/Meat Alternate, Grain/Bread, Vegetable, Fruit, Milk, of which 1 must be a fruit or vegetable. Students taking required meal components receive lunch at no cost, otherwise per regulations, ala carte prices are in effect. Smart Snacks available for purchase, from account or cash

Additional Choices of Fresh Fruits and Vegetables offered daily may include:

Apples, Apple Slices, Oranges, Grapes, Bananas, Seasonal Fruits, Baby Carrots, Cucumber Slices and Celery Sticks

Canned/Frozen Fruits can include:

Applesauce, Mandarin Oranges
Mixed Fruit, Peaches, Pears,
Pineapple Tidbits

Students are offered low fat and non fat milk choices daily and is included with all meals