

Monday	Tuesday	Wednesday	Thursday	Friday
	Chicken Biscuit <b>1</b> Breakfast Taco Raisins Assorted Fruit Juice Assorted Milk	Bacon, Egg, Cheese Biscuit <b>2</b> Banana Bread w/ String Cheese Hot Cinnamon Apples Assorted Fruit Juice Assorted Milk	Sausage Biscuit <b>3</b> Yogurt Parfait Fresh Orange Assorted Fruit Juice Assorted Milk	Bacon Biscuit <b>4</b> Cheese Toast w/Bacon Diced Pears Assorted Fruit Juice Assorted Milk
Fall Break <b>7</b>	Fall Break <b>8</b>	Fall Break <b>9</b>	Fall Break <b>10</b>	Fall Break <b>11</b>
Teacher Professional Development <b>14</b>	Chicken Biscuit <b>15</b> Breakfast Pizza Grapes Assorted Fruit Juice Assorted Milk	Sausage Biscuit or Sausage, Biscuit, Scrambled Eggs, 2 Hash Browns Gravy <b>16</b> Assorted Juice Assorted Milk	Bacon Biscuit <b>17</b> Pancakes w/Bacon Fresh Apple Assorted Fruit Juice Assorted Milk	Chicken Biscuit <b>18</b> Ham & Cheese Croissant Orange Smiles Assorted Fruit Juice Assorted Milk
Chicken Biscuit <b>21</b> Waffles in a Bag Fresh Apple Assorted Fruit Juice Assorted Milk	Sausage Biscuit <b>22</b> Frudel Banana Assorted Fruit Juice Assorted Milk	Ham Biscuit <b>23</b> Breakfast Banana Split w/Granola Fresh Orange Assorted Fruit Juice Assorted Milk	Bacon Biscuit <b>24</b> Chocolate/Powdered Donut Apple Slices Assorted Fruit Juice Assorted Milk	Sausage Biscuit <b>25</b> French Toast Sticks Orange Smiles Assorted Fruit Juice Assorted Milk
Chicken Biscuit <b>28</b> Breakfast Taco Fresh Banana Assorted Fruit Juice Assorted Milk	Sausage Biscuit <b>29</b> Gravy Biscuit Hot Cinnamon Apples Assorted Fruit Juice Assorted Milk	Bacon Biscuit <b>30</b> Breakfast Smoothie w/ Bagel & Cream Cheese Peaches Assorted Fruit Juice Assorted Milk	Sausage Biscuit <b>31</b> French Toast Sticks Banana Assorted Fruit Juice Assorted Milk	

Menu is subject to change depending on food availability

Monday	Tuesday	Wednesday	Thursday	Friday
	<p>Chicken &amp; Waffle or Chef Salad <b>1</b></p> <p>Green Beans and Creamed Potatoes</p> <p>Raisins or Frozen Fruit Juice</p> <p>Assorted Milk</p>	<p>Chili Cheese Fritos or Loaded Baked Potato w/Roll <b>2</b></p> <p>Whole Kernel Corn</p> <p>Broccoli Florets w/dip</p> <p>Banana or Fruit Juice</p> <p>Assorted Milk</p> <p>Sugar Cookie</p>	<p>Hotdog or John Wayne Casserole <b>3</b></p> <p>Creamed Potatoes</p> <p>Black-eyed Peas</p> <p>Fresh Orange or Mixed Fruit</p> <p>Assorted Milk</p>	<p>Patty Melt or Chef Salad <b>4</b></p> <p>French Fries and Baked Beans</p> <p>Banana or Diced Pears</p> <p>Assorted Milk</p> <p>Assorted Pudding</p>
<p>Fall Break <b>7</b></p>	<p>Fall Break <b>8</b></p>	<p>Fall Break <b>9</b></p>	<p>Fall Break <b>10</b></p>	<p>Fall Break <b>11</b></p>
<p>Teacher Professional Development <b>14</b></p>	<p>Chicken Nuggets or Loaded Baked Potato Roll <b>15</b></p> <p>Mac-n-Cheese and Lima Beans</p> <p>Diced Peaches, Grapes</p> <p>Assorted Milk</p>	<p>Seafood Basket w/hushuppies <b>16</b></p> <p>Grilled Chicken Chef Salad</p> <p>French Fries</p> <p>Great Northern Beans</p> <p>Pineapple Tidbits or Banana</p> <p>Assorted Milk</p> <p>Cookie</p>	<p>Meat Lover's Pizza or Loaded Baked Potato w/Roll <b>17</b></p> <p>Tossed Salad</p> <p>Carrots w/dip</p> <p>Fruit Slush or Apple</p> <p>Assorted Milk</p>	<p>Cheeseburger or BBQ Pork Sandwich <b>18</b></p> <p>Baked Bean and French Fries Slaw</p> <p>Mixed Fruit or Mandarin Oranges</p> <p>Assorted Milk</p> <p>Yellow Cake w/strawberries</p>
<p>Country Fried Steak Sandwich or Chef Salad <b>21</b></p> <p>Tex-Mex Beans and Tater Tots</p> <p>Diced Pears or Fresh Apple</p> <p>Assorted Milk</p> <p>Red Velvet Cookie</p>	<p>Orange Chicken w/Rice or Loaded Baked Potato w/roll <b>22</b></p> <p>Steamed Broccoli &amp; Cauliflower</p> <p>Glazed Carrots</p> <p>Frozen Strawberry Cup or Banana</p> <p>Assorted Milk</p>	<p>Pigs in Blanket or Loaded Baked Potato w/Roll <b>23</b></p> <p>Au Gratin Potatoes and Lima Beans</p> <p>Fresh Orange or Fruit Juice</p> <p>Assorted Milk</p> <p>Assorted Pudding</p>	<p>Taco Salad w/Chips or Chef Salad <b>24</b></p> <p>Whole Kernel Corn and Refried Beans</p> <p>Applesauce or Peaches</p> <p>Assorted Milk</p>	<p>Bacon Cheeseburger or Beef &amp; Bean Burrito <b>25</b></p> <p>Carrots w/dip and Baked Beans</p> <p>Mandarin Oranges or Grapes</p> <p>Assorted Milk</p> <p>Cookie</p>
<p>Sweet Chili Meatball Sub or Loaded Baked Potato w/roll <b>28</b></p> <p>Tex-Mex Beans</p> <p>Raw Veggies w/dip</p> <p>Banana or Mixed Fruit</p> <p>Assorted Milk</p> <p>Brownie</p>	<p>Baked Ham w/Cornbread or Chef Salad <b>29</b></p> <p>Creamed Potatoes and Pinto Beans</p> <p>Fruited Jell-O</p> <p>Hot Cinnamon Apples</p> <p>Assorted Milk</p>	<p>Seasoned Baked Chicken w/Roll Hamburger <b>30</b></p> <p>Creamed Potatoes and Green Peas</p> <p>Diced Peaches or Pineapple Tidbits</p> <p>Assorted Milk</p> <p>Cookie</p>	<p>American Sub or Loaded Baked Potato w/Roll <b>31</b></p> <p>Sweet Potato Fries</p> <p>Broccoli Florets w/dip</p> <p>Orange Smiles or Fruit Juice</p> <p>Assorted Milk</p>	

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 October 14<sup>th</sup> - 18<sup>th</sup> is National School Lunch Week

## Falkner High School & Walnut Attendance Center

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

Chicken & Waffle, Chef Salad, or Turkey & Cheese Wrap **1**  
Green Beans, Mac-n-Cheese, Creamed Potatoes  
Raisins, Apple, or Assorted Fruit Juice  
Assorted Milk

Chili Cheese Fritos, Loaded Baked Potato w/roll, or Hamburger **2**  
WK Corn, Seasoned Black Beans, Broccoli Florets w/dip  
Banana, Pear Half, or Assorted Fruit Juice  
Assorted Milk  
Sugar Cookie

Hotdog, Chef Salad, or John Wayne Casserole **3**  
Creamed Potatoes, Black-eyed Peas  
Corn on Cob  
Fresh Orange, Mixed Fruit, or Assorted Fruit Juice  
Assorted Milk

Patty Melt, Corndog Nuggets or Loaded Baked Potato w/ roll **4**  
Spicy Wedges, Baked Beans, Raw Veggies w/dip  
Banana, Diced Pears, or Assorted Fruit Juice  
Assorted Milk  
Assorted Pudding

Fall Break **7**

Fall Break **8**

Fall Break **9**

Fall Break **10**

Fall Break **11**

Teacher Professional Development **14**

Chicken Nuggets, Loaded Baked Potato or Ham & Cheese Wrap **15**  
Roll, Creamed Potatoes, Green Peas, Glazed Carrots  
Peaches, Grapes, or Assorted Fruit Juice  
Assorted Milk

Seafood Basket w/hushuppies **16**  
Grilled Chicken Chef Salad, or Sun Butter & Jelly  
Uncrustable w/string cheese  
French Fries, Great Northern Beans, Slaw, Pineapple tidbits, Banana, or Assorted Fruit Juice  
Assorted Milk & Cookie

Meat Lover's Pizza, Loaded Baked Potato w/roll, or Turkey & Cheese Sandwich **17**  
Carrots w/dip, Tossed Salad, Corn on Cob  
Fruit Slushie, Fresh Apple, or Assorted Fruit Juice  
Assorted Milk

Cheeseburger, BBQ Pork Sandwich or Chef Salad **18**  
Fries, Baked Beans, Slaw  
Mixed Fruit, Mandarin Oranges, or Assorted Fruit Juice  
Assorted Milk  
Yellow Cake w/strawberries

Country Fried Steak Sandwich, Chef Salad, or Hotdog **21**  
Tex-Mex Beans, Fries, Slaw  
Diced Pears, Fresh Apple, or Assorted Fruit Juice  
Assorted Milk  
Red Velvet Cookie

Orange Chicken w/rice, Loaded Baked Potato w/roll, or **22**  
Corndog Nuggets Steamed Broc & Cauli, Glazed Carrots, Corn on Cob  
Frozen Strawberries, Banana, or Assorted Fruit Juice  
Assorted Milk

Pigs in Blanket, Loaded Baked Potato w/roll, or Chicken Philly **23**  
Au Gratin Potatoes, Lima Beans, Italian Pasta Salad  
Orange, Raisins, or Assorted Fruit Juice  
Assorted Milk  
Assorted Pudding

Taco Salad w/chips, Chef Salad, or American Sub **24**  
WK Corn, Refried Beans, Tossed Salad  
Applesauce, Peaches, or Assorted Fruit Juice  
Assorted Milk

Bacon Cheeseburger, Beef & Bean Burrito, or Fajita Chicken **25**  
Loaded Baked Potato w/roll  
Tater Tots, Baked Beans, Carrots w/dip  
Orange Smiles, Grapes, or Assorted Fruit Juice  
Assorted Milk & Cookie

Sweet Chili Meatball Sub **28**  
Loaded Baked Potato w/Roll or Spicy Chicken Sandwich  
Tex-Mex Beans, Fries, Raw Veggies w/dip  
Banana, Mixed Fruit, or Assorted Fruit Juice  
Assorted Milk  
Brownie

Baked Ham w/cornbread, **29**  
Chef Salad, or Grill Chicken Sandwich  
Creamed Potatoes, Pinto Beans, Mac-n-Cheese  
Fruited Jell-O, Hot Cinnamon Apples, or Assorted Fruit Juice  
Assorted Milk

Seasoned Baked Chicken **30**  
Hamburger, Loaded Baked Potato Roll, Creamed Potatoes, Green Beans, Whole Kernel Corn  
Peaches, Pineapple Tidbits, or Assorted Fruit Juice  
Assorted Milk  
Cookie

American Sub, Chef Salad, or **31**  
Hotdog  
Sweet Potato Fries, Broccoli w/dip, Black-eyed Peas  
Orange Smiles, Banana, or Assorted Fruit Juice  
Assorted Milk



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October 14<sup>th</sup> – 18<sup>th</sup> is National School Lunch Week