

2023 Heron Lake-Okabena Summer Recreation

Mites/Midgets Baseball

T Ball and In-Between Ball

Please see the attached form regarding signup information and T-shirt/cap orders. Please return to the school office or Lucas Knutson by Friday, May 19.

All boys and girls from Heron Lake, Okabena and the surrounding area are encouraged and welcome to participate. There is no participation cost. Come have some fun this summer!

Mites and Midgets youth baseball practice will begin on Monday, June 5 at the Heron Lake Elementary School Field. Practice may also be held in Okabena throughout the summer.

Practice is held Mondays, Wednesdays and Fridays typically. Games are on Tuesdays and Thursdays. Practices and home games will be in Heron Lake or Okabena. Game times will vary and will be announced beforehand. Transportation to games is not provided.

Practice Time	Team	Ages
1:00 – 2:00 p.m.	Little Mites (coach pitch)	ages 7-10 as of June 1, 2023
2:00 – 3:00 p.m.	Big Mites	ages 11-12 as of June 1, 2023
3:00 – 4:00 p.m.	Midgets	ages 13-15 as of June 1, 2023

*****Tentative Tournament Dates – Week of July 10-12 in Okabena**

T Ball and In-Between Ball will begin Monday, June 12 and will take place on Mondays, Wednesdays and Fridays. This will be held at the Heron Lake Elementary School Field.

T Ball	(ages 3-6)	9:00 – 9:45 a.m.
In-Between Ball	(ages 5-8)	9:45 – 10:30 a.m.

Please join the Heron Lake-Okabena Summer Recreation group on Facebook for updates. Contact Lucas Knutson at 507-360-1980 with questions.

2023 HL-O Summer Recreation Information

Participant's Name(s)_____

Age_____ Date of Birth_____

Parents' or Guardians' Name(s)_____

Address_____

Phone Numbers_____

Emergency Phone Number and Person to Contact_____

E-Mail Address_____

T-Shirt and Baseball Cap Information. T-Shirts: \$10 Caps: \$15

T-Shirt Size:	Youth	S	M	L		
	Adult	S	M	L	XL	XXL

Baseball Cap Size:	Youth	Adult S/M	Adult L/XL
--------------------	-------	-----------	------------

Please include payment to: Heron Lake Summer Recreation

(cash or check)

My son or daughter has my permission to participate in the 2023 Heron Lake-Okabena Summer Recreation program. I understand that regular attendance is necessary for my child to participate. Also, I will not hold the coaches or the Cities of Heron Lake or Okabena responsible for any accidents that may occur.

Parent or Guardian Signature

Date