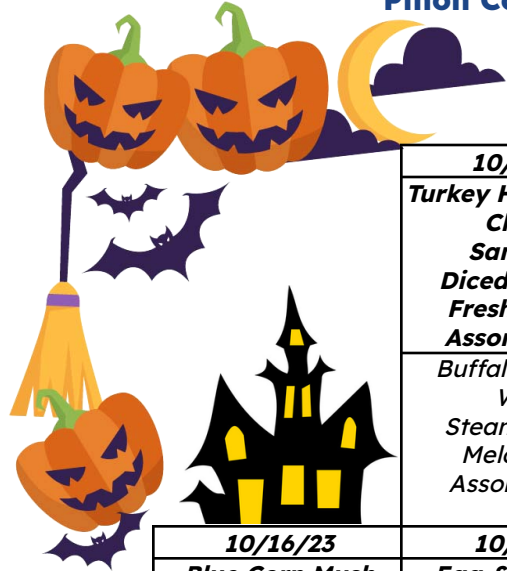
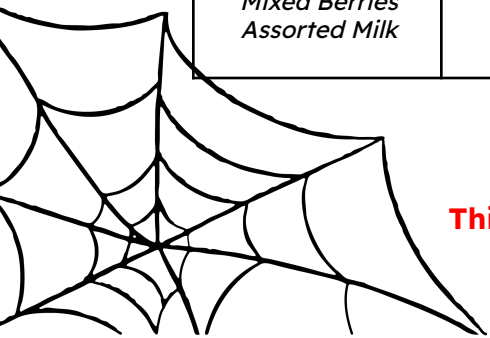
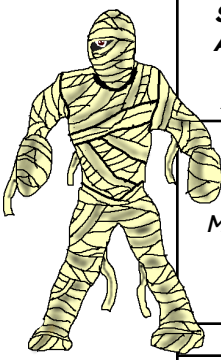
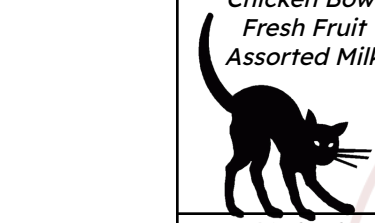


**Pinon Community School Food Service Department**

**Breakfast & Lunch Menu  
October 01st, to 31st, 2023**



	10/10/23	10/11/23	10/12/23	10/13/23
	Turkey Ham, Egg, & Cheese Sandwich Diced Peaches Fresh Grapes Assorted Milk	Oatmeal Muffin Squares Strawberry Yogurt Blueberries Fresh Banana Assorted Milk	Huevos Rancheros Assorted Juice Watermelon Assorted Milk	Pancake on a Stick Syrup Pineapple Tidbits Orange Smiles Assorted Milk
	Buffalo Chicken Wrap Steamed Corn Melon Bowl Assorted Milk	Chicken Tomato Bake Steamed Broccoli Diced Pears Assorted Milk	Harvest Stew WG Fry Bread Potato Wedges Celery Sticks Sliced Peaches Assorted Milk	Cheese Pizza Romaine Salad Lite Ranch Dressing California Vegetables Fresh Fruit Assorted Milk
10/16/23	10/17/23	10/18/23	10/19/23	10/20/23
Blue Corn Mush Scrambled Eggs w/ Sausage Sliced Peaches Mixed Berries Assorted Milk	Egg & Sausage Sandwich Assorted Juice Orange Smiles Assorted Milk	WG Bagel Cream Cheese Fruit Cocktail Watermelon Assorted Milk	Breakfast Pizza Assorted Juice Strawberries & Bananas Assorted Milk	WG Biscuit Cheesy Scrambled Eggs Diced Pears Orange Smiles Assorted Milk
Chicken Bowl Fresh Fruit Assorted Milk	Lamb Stew WG Fry Bread Romaine Salad Lite Ranch Dressing Cherry Pears Assorted Milk	Macaroni & Cheese Dinner Roll Steamed Carrots Zucchini Squash Strawberries Assorted Milk	Grilled Chicken Sandwich Lettuce & Tomato Ketchup / Mustard / Mayonnaise Cole Slaw Sweet Potato Fries Fresh Fruit Assorted Milk	Meatloaf Garlic Toast Steamed Corn Pinto Beans Sidekicks Assorted Milk
10/23/23	10/24/23	10/25/23	10/26/23	10/27/23
French Toast Sticks Syrup Sausage Patty Assorted Juice Blueberries Assorted Milk	Breakfast Burrito Mild Salsa Fresh Apple Orange Smiles Assorted Milk	Blue Corn Mush Hard Boiled Egg Assorted Juice Fresh Grapes Assorted Milk	Whole Grain Toast Assorted Jelly Scrambled Eggs Diced Peaches Watermelon Assorted Milk	Pumpkin Chocolate Chip Muffin Strawberry Yogurt Applesauce Orange Smiles Assorted Milk
Tuscan Grilled Cheese Sandwich Minestrone Soup Steamed Corn Diced Pears Assorted Milk	Pork Pozole WG Fry Bread Steamed Broccoli Melon Bowl Assorted Milk	Chicken Tacos Mild Salsa Black Beans Fresh Fruit Assorted Milk	Beef Asian Meatballs Seasoned Brown Rice Asian Vegetables Baby Carrots Pineapple Tidbits Assorted Milk	Cheese Pizza Romaine Salad Lite Ranch Dressing Green Beans Cantaloupe Assorted Milk
10/30/23	10/31/23			
Breakfast Taco Mild Salsa Assorted Juice Fruit Cocktail Assorted Milk	Whole Grain Pancakes Syrup Cinnamon Apple Slices Fresh Grapes Assorted Milk			
Native Taco with Fry Bread Mild Salsa Mixed Berries Assorted Milk	Pulled BBQ Turkey Seasoned Brown Rice Sweet Cinnamon Squash Green Beans Fresh Fruit Assorted Milk			



**This Institution is an Equal Opportunity Provider**