Ventnor School District
Breakfast Menu

December 2025

Monday	Tuesday	Wednesday	Thursday	Friday
1 Glazed Dunkin Sticks Assorted Cereals or Cereal Bar with Graham Crackers	**2** Breakfast Pizza Assorted Cereals or Cereal Bar with Graham Crackers	**3** Egg & Cheese Sandwich Assorted Cereals or Cereal Bar with Graham Crackers	**4** French Toast Sticks with Syrup Assorted Cereals or Cereal Bar with Graham Crackers	**5** Dutch Waffle Assorted Cereals or Cereal Bar with Graham Crackers
8 Mini Maple Pancakes Assorted Cereals or Cereal Bar with Graham Crackers	**9** Breakfast Pizza Assorted Cereals or Cereal Bar with Graham Crackers	**10** Egg, Sausage & Cheese Sandwich Assorted Cereals or Cereal Bar with Graham Crackers	**11** Chocolate Chip French Toast Assorted Cereals or Cereal Bar with Graham Crackers	**12** Apple Strudel Assorted Cereals or Cereal Bar with Graham Crackers
15 Mini Cinni Rolls Assorted Cereals or Cereal Bar with Graham Crackers	**16** Breakfast Pizza Assorted Cereals or Cereal Bar with Graham Crackers	**17** Egg & Cheese Sandwich Assorted Cereals or Cereal Bar with Graham Crackers	**18** French Toast Sticks with Syrup Assorted Cereals or Cereal Bar with Graham Crackers	**19** Chocolate Chip French Toast Assorted Cereals or Cereal Bar with Graham Crackers
22 Mini Maple Pancakes Assorted Cereals or Cereal Bar with Graham Crackers	**23** Breakfast Pizza Assorted Cereals or Cereal Bar with Graham Crackers	**24** **Winter Break** **No School**	**25** **Winter Break** **No School**	**26** **Winter Break** **No School**
29 **Winter Break** **No School**	**30** **Winter Break** **No School**	**31** **Winter Break** **No School**	**1** **Winter Break** **No School**	**2** **Winter Break** **No School**

What is a Meal?

Students must choose at least 3 of the 4 components available for the school breakfast price.

- Choice of Whole Grain
- Choice of Protein
- Choice of Fruit or Vegetable
- Choice of Milk

A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable breakfast.

Whole Grain Cereals
(served with graham crackers)

Cinnamon Toast Crunch, Trix, Cocoa Puffs, Lucky Charms, Froot Loops, Cheerios

Choice of Fruit

Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice

Choice of Milk

1% white, fat-free white, fat-free chocolate, fat-free strawberry

(V) Vegetarian
These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg

(VG) Vegan
These items do not contain any animal products

Your Team

Dawn Janelli, Food Service Director
609.487.7900 ext. 5070
ma1607@metzcorp.com

Meal Prices

Student Breakfast	$2.25
Reduced Breakfast	$0.00
Faculty Breakfast	$2.55

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Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

Ventnor School District
Pre K Breakfast Menu

December 2025

Monday	Tuesday	Wednesday	Thursday	Friday
1 Mini Pancakes 100% Apple Juice 1% White Milk	2 WG Chex Cereal ½ Orange 1% White Milk	3 WG Bagel w/ Cream Cheese 100% Apple Juice 1% White Milk	4 WG Cheerios ½ Banana 1% White Milk	5 Mini Waffle Apple Slices 1% White Milk
8 Mini Pancakes 100% Apple Juice 1% White Milk	9 WG Chex Cereal ½ Orange 1% White Milk	10 WG Bagel w/ Cream Cheese 100% Apple Juice 1% White Milk e	11 WG Cheerios ½ Banana 1% White Milk	12 Mini Waffle Apple Slices 1% White Milk
15 Mini Pancakes 100% Apple Juice 1% White Milk	16 WG Chex Cereal ½ Orange 1% White Milk	17 WG Bagel w/ Cream Cheese 100% Apple Juice 1% White Milk	18 WG Cheerios ½ Banana 1% White Milk	19 Mini Waffle Apple Slices 1% White Milk
22 Mini Pancakes 100% Apple Juice 1% White Milk	23 WG Chex Cereal ½ Orange 1% White Milk	24 **Winter Break** **No School**	25 **Winter Break** **No School**	26 **Winter Break** **No School**
29 **Winter Break** **No School**	30 **Winter Break** **No School**	31 **Winter Break** **No School**	1 **Winter Break** **No School**	2 **Winter Break** **No School**

What is a Meal?

Pre-K students are served the following components for the school breakfast.

- Whole Grain
- Fruit-Fresh or Cupped
- 100% Juice
- 1% White Milk

Whole Grain Cereals

Rice Chex, Kix, Cheerios

Milk

1% white

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Faculty Breakfast	$2.55

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Ventnor School District
Lunch Menu

December 2025

Monday	Tuesday	Wednesday	Thursday	Friday
1 Chicken Nuggets with Goldfish Crackers Buffalo Chicken Salad Italian Hoagie **FEATURED VEGGIES** Steamed Peas Tater Tots	**2** Beef Soft Tacos Tuna Salad Turkey Hoagie **FEATURED VEGGIES** Refried Beans Lettuce & Tomato	**3** Cowboy Burger on a Bun Buffalo Chicken Salad Italian Hoagie **FEATURED VEGGIES** Glazed Carrots Broccoli Salad	**4** Chicken Parm Sandwich Chicken Ceasar Salad Turkey Hoagie **FEATURED VEGGIES** Curly Fries Apple Cider Slaw	**5** Cheese Pizza Tuna Salad Italian Hoagie **FEATURED VEGGIES** Oven Browned Sweet Potato Corn Salad
8 Classic Sloppy Joe on Brioche Roll Buffalo Chicken Salad Italian Hoagie **FEATURED VEGGIES** Oven Fries Chickpea Salad	**9** Walking Taco with Pretzel Stick Tuna Salad Turkey Hoagie **FEATURED VEGGIES** Mexicali Corn Tomato & Onion Salad	**10** Cheesesteak on a Roll Buffalo Chicken Salad Italian Hoagie **FEATURED VEGGIES** Tater Tots Ranchero Carrots	**11** Chicken Alfredo over Penne Pasta with Garlic Bread Chicken Ceasar Salad Turkey Hoagie **FEATURED VEGGIES** Steamed Broccoli Celery Sticks w Ranch	**12** Pepperoni Pizza Tuna Salad Italian Hoagie **FEATURED VEGGIES** Cherry Tomatoes Cucumber Slices
15 Cheeseburger on a Bun Buffalo Chicken Salad Italian Hoagie **FEATURED VEGGIES** Steamed Broccoli Cucumber Slices	**16** Nachos Grande Tuna Salad Turkey Hoagie **FEATURED VEGGIES** Refried Beans Golden Corn	**17** French Toast Sticks with Sausage Links Buffalo Chicken Salad Italian Hoagie **FEATURED VEGGIES** Tri Patty Taters Carrot Sticks	**18** Mac & Cheese (V) Chicken Ceasar Salad Turkey Hoagie **FEATURED VEGGIES** Steamed Tomatoes Apple Cider Slaw	**19** Cheesy Pizza (V) Tuna Salad Italian Hoagie **FEATURED VEGGIES** Steamed Green Beans Baby Carrots
22 Chicken & Mashed Potato Bowl with Roll Buffalo Chicken Salad Italian Hoagie **FEATURED VEGGIES** Mashed Potatoes Baby Carrots	**23** **½ Day No Lunch Served**	**24** **Christmas Eve** **No School**	**25** **Christmas Day** **No School**	**26** **Winter Break** **No School**
29 **Winter Break** **No School**	**30** **Winter Break** **No School**	**31** **Winter Break** **No School**	**1** **Winter Break** **No School**	**2** **Winter Break** **No School**

What is a Meal?

Students must choose at least 3 of the 5 components available for the school lunch price.

- Choice of Whole Grain
- Choice of Protein
- Choice of Vegetable
- Choice of Fruit
- Choice of Milk

A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch.

Choice of Vegetable

Hot Vegetable, Seasonal Fresh Vegetables, Veggie Patch

Choice of Fruit

Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice

Choice of Milk

1% white, fat-free white, fat-free chocolate, fat-free strawberry

Daily Alternates

½ Cheese & Yogurt Meal with Goldfish Crackers

Sun Butter & Jelly Sandwich with Goldfish Crackers & Cheese Stick

Melted Cheese Sandwich

(V) Vegetarian
These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg

(VG) Vegan
These items do not contain any animal products

Your Team

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Meal Prices

Student Lunch	$3.65
Reduced Lunch	$0.00
Faculty Lunch	$5.00

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Ventnor School District
Pre K Lunch Menu

December 2025

Monday	Tuesday	Wednesday	Thursday	Friday
1 Chicken Nuggets Peas Cupped Fruit of the Day 1% White Milk	**2** Beef Soft Tacos Refried Beans Cupped Fruit of the Day 1% White Milk	**3** Cowboy Burger on a Bun Glazed Carrots Cupped Fruit of the Day 1% White Milk	**4** Chicken Patty on a Bun Curly Fries Cupped Fruit of the Day 1% White Milk	**5** Cheese Pizza Sweet Potatoes Cupped Fruit of the Day 1% White Milk
8 Classic Sloppy Joe on Brioche Roll Fries Cupped Fruit of the Day 1% White Milk	**9** Walking Taco Corn Cupped Fruit of the Day 1% White Milk	**10** Cheesesteak on a Roll Tater Tots Cupped Fruit of the Day 1% White Milk	**11** Chicken Alfredo over Penne Pasta with Garlic Bread Celery Sticks Cupped Fruit of the Day 1% White Milk	**12** Pepperoni Pizza Cucumber Slices Cupped Fruit of the Day 1% White Milk
15 Cheeseburger on a Bun Steamed Broccoli Cupped Fruit of the Day 1% White Milk	**16** Nachos Grande Corn Cupped Fruit of the Day 1% White Milk	**17** French Toast Sticks with Sausage Links Tri Patty Taters Cupped Fruit of the Day 1% White Milk	**18** Mac & Cheese (V) Baby Carrots Cupped Fruit of the Day 1% White Milk	**19** Cheesy Pizza (V) Green Beans Cupped Fruit of the Day 1% White Milk
22 Chicken & Mashed Potato Bowl with Roll Mashed Potatoes Cupped Fruit of the Day 1% White Milk	**23** **½ Day No Lunch Served**	**24** **Christmas Eve** **No School**	**25** **Christmas Day** **No School**	**26** **Winter Break** **No School**
29 **Winter Break** **No School**	**30** **Winter Break** **No School**	**31** **Winter Break** **No School**	**1** **Winter Break** **No School**	**2** **Winter Break** **No School**

What is a Meal?

Students are served in the classroom.

- Whole Grain
- Protein
- Vegetable
- Fruit
- -1% Milk

Daily Alternates

½ Cheese & Yogurt

Sun Butter & Jelly Sandwich with Goldfish Crackers & Cheese Stick

Melted Cheese Sandwich

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Meal Prices

Student Lunch	$3.65
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Faculty Lunch	$5.00

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