

## Rappahannock County Elementary School

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**6**

Sausage & Egg Biscuit  
Waffles  
Cereal & Grahams  
Fruit, Juice & Milk

**7**

Chicken Biscuit  
French Toast Sticks  
Cereal & Grahams  
Fruit, Juice & Milk

**1**

Sausage Gravy & Biscuit  
Parfait  
Cereal & Grahams  
Fruit, Juice & Milk

**2**

Panther Sandwich  
Muffin & Yogurt  
Cereal & Grahams  
Fruit, Juice & Milk

**3**

Breakfast Pizza  
Glazed Donut  
Cereal & Grahams  
Fruit, Juice & Milk

**13**

Sausage & Egg Biscuit  
Waffles  
Cereal & Grahams  
Fruit, Juice & Milk

**14**

Chicken Biscuit  
French Toast Sticks  
Cereal & Grahams  
**Busy Bluebird Smoothie**  
(Battle of the Blender Winner)  
Fruit, Juice & Milk

**8**

Sausage Gravy & Biscuit  
Parfait  
Cereal & Grahams  
Fruit, Juice & Milk

**9**

Panther Sandwich  
Muffin & Yogurt  
Cereal & Grahams  
Fruit, Juice & Milk

**10**

Breakfast Pizza  
Glazed Donut  
Cereal & Grahams  
Fruit, Juice & Milk

**20**

Sausage & Egg Biscuit  
Waffles  
Cereal & Grahams  
Fruit, Juice & Milk

**21**

Breakfast Pizza  
Cereal & Grahams  
Fruit, Juice & Milk

**22**

Muffin & Yogurt  
Cereal & Grahams  
Fruit, Juice & Milk

**23**

Glazed Donut  
Cereal & Grahams  
Fruit, Juice & Milk

**24**

**27**

**HAVE a SAFE**

**28**

**and HAPPY**

**29**

**SUMMER**

**30**

**VACATION!**

**31**

## Rappahannock County Elementary School

Monday

Tuesday

Wednesday

Thursday

Friday

6  
Chicken Nuggets  
Lima Beans  
Corn  
PB&J Sandwich  
Salad Bar & Baked Potato  
Fresh Fruit & Milk

7  
Corn Dog  
Smiley Potatoes  
Carrots  
PB&J Sandwich  
Salad Bar & Baked Potato  
Fresh Fruit & Milk

8  
Cheeseburger  
French Fries  
Peas  
PB&J Sandwich  
Salad Bar & Baked Potato  
Fresh Fruit & Milk

9  
Quesadilla  
Broccoli  
PB&J Sandwich  
Salad Bar & Baked Potato  
Fresh Fruit & Milk

10  
Turkey Sandwich  
Red & Yellow Peppers  
French Fries  
PB&J Sandwich  
Salad Bar & Baked Potato  
Fresh Fruit & Milk

13  
Turkey & Ham Lunchables  
Veggie Cup  
Broccoli  
PB&J Sandwich  
Salad Bar & Baked Potato  
Fresh Fruit & Milk

14  
Sloppy Joe  
Cole Slaw  
French Fries  
PB&J Sandwich  
Salad Bar & Baked Potato  
Fresh Fruit & Milk

15  
Bacon Cheeseburger  
Onion Rings  
Green Beans  
PB&J Sandwich  
Salad Bar & Baked Potato  
Fresh Fruit & Milk

16  
Chicken Strips  
Mashed Potatoes  
Carrots  
PB&J Sandwich  
Salad Bar & Baked Potato  
Fresh Fruit & Milk

17  
Ham Sandwich  
French Fries  
Lima Beans  
PB&J Sandwich  
Salad Bar & Baked Potato  
Fresh Fruit & Milk

20  
Chicken Wraps  
Sweet Potato Fries  
Veggie Cups  
PB&J Sandwich  
Fresh Fruit & Milk

21  
Half Day  
BAG LUNCH  
Ham Sandwich  
PB&J Sandwich  
Carrots & Chips  
Fresh Fruit & Milk

22  
Half Day  
BAG LUNCH  
Turkey Sandwich  
PB&J Sandwich  
Carrots & Chips  
Fresh Fruit & Milk

23  
Half Day  
BAG LUNCH  
Turkey, Ham or PB&J  
Sandwich  
Carrots & Chips  
Fresh Fruit & Milk

24  
**NO SCHOOL**

27  
**SEE YOU ON**

28  
**AUGUST 14**

29  
**FOR AN EXCITING**

30  
**NEW YEAR!**

31  
**Harvest of the Month**  
**STRAWBERRIES**

This menu is subject to change due to availability. For more information on which menu items may contain allergens, please contact the cafeteria manager.  
Register and create an account for your child at [www.K12 PaymentCenter.com](http://www.K12 PaymentCenter.com) to add money and view purchases.  
"This is an equal opportunity provider."