

East Ridge Middle

April 2023

Monday	Tuesday	Wednesday	Thursday	Friday
3 <u>BREAKFAST</u> Sausage Biscuit w/ Gravy or Cereal <u>LUNCH</u> 1 st Grilled Cheese 2 nd Quesadilla Chicken Noodle Soup, Cheez-Its, Cookie, Fruit	4 <u>BREAKFAST</u> Dutch Waffle or Cereal <u>LUNCH</u> 1 st Burger 2 nd Hot Dog w/ Chili Baked Beans, Waffle Fries, Fruit	5 <u>BREAKFAST</u> Breakfast Pizza or Cereal <u>LUNCH</u> 1 st Popcorn Chicken 2 nd Mozzarella Sticks Garlic Toast, Steamed Broccoli, Corn, Fruit	6 <u>BREAKFAST</u> Manager Choice or Cereal <u>LUNCH</u> Manager Choice	7 No School
10 <u>BREAKFAST</u> Sausage Biscuit w/ Gravy or Cereal <u>LUNCH</u> 1 st Turkey w/ Gravy 2 nd Baked Ham Roll, Mashed Potatoes, Peas, Cookie, Fruit	11 <u>BREAKFAST</u> Donut Holes or Cereal <u>LUNCH</u> 1 st Burger 2 nd Hot Dog w/ Chili Baked Beans, Chips, Fruit	12 <u>BREAKFAST</u> Yogurt w/ Grahams or Cereal <u>BREAKFAST for LUNCH</u> 1 st Chicken 2 nd Sausage Waffle, Tater Tots, Baked Apples	13 <u>BREAKFAST</u> Egg & Cheese Biscuit or Cereal <u>LUNCH</u> 1 st Pizza 2 nd Chicken Sandwich Green Beans, Smiley Fries, Cookie, Fruit	14 <u>BREAKFAST</u> Breakfast Pizza or Cereal <u>LUNCH</u> 1 st BBQ Nachos w/ Queso 2 nd Beef Nachos w/ Queso Corn, Black Beans, Fruit
17 <u>BREAKFAST</u> Sausage Biscuit or Cereal <u>LUNCH</u> 1 st Sweet & Savory Meatballs 2 nd Baked Ham Roll, Mashed Potatoes, Peas, Fruit	18 <u>BREAKFAST</u> Manager Choice or Cereal <u>LUNCH</u> 1 st Orange Chicken 2 nd Beef Teriyaki Rice, Broccoli, Carrots, Egg Roll, Fruit	19 <u>BREAKFAST</u> Dutch Waffle or Cereal <u>LUNCH</u> 1 st Burger 2 nd Hot Dog w/ Chili Chips, Baked Beans, Fruit	20 <u>BREAKFAST</u> Mixed Berry Scone or Cereal <u>LUNCH</u> 1 st Pizza 2 nd Sandwich Glazed Carrots, Green Beans, Cookie, Fruit	21 <u>BREAKFAST</u> Chicken Biscuit or Cereal <u>LUNCH</u> 1 st BBQ Pork Sandwich 2 nd Corn Dog Nuggets Potato Wedges, Mac & Cheese, Fruit
24 <u>BREAKFAST</u> Sausage Biscuit or Cereal <u>LUNCH</u> 1 st Lasagna 2 nd Popcorn Chicken Garlic Toast, Broccoli, Corn	25 <u>BREAKFAST</u> Manager Choice or Cereal <u>BREAKFAST for LUNCH</u> Egg & Cheese Omelet Sausage, Biscuit & Gravy, Tater Tots	26 <u>BREAKFAST</u> Breakfast Pizza or Cereal <u>LUNCH</u> 1 st Chicken Sliders 2 nd BBQ Sliders Chips, Baked Beans, Cookie	27 <u>BREAKFAST</u> Pancakes or Cereal <u>LUNCH</u> 1 st Pizza 2 nd Sandwich Green Beans, Smiley Fries, Cookie, Fruit	28 <u>BREAKFAST</u> Managers Choice <u>LUNCH</u> 1 st Fish Sticks 2 nd Corn Dog Nuggets Hushpuppies, Pinto Beans, Fries

NEWS

CHOOSE ONE ENTRÉE FOR LUNCH. EACH TRAY MUST HAVE A FRUIT OR VEG AND AT LEAST TWO OTHER ITEMS TO BE CONSIDERED A MEAL.

MEALS ARE SUBJECT TO CHANGE WITHOUT NOTICE.