### February 2024

# Page Middle School THE BAR BAR Newsletter

# Friday fun-day

This semester we are doing a major competition of Interclass Games with a Trophy and Pizza Party on the line to the winning class! Each Friday a grade gets to compete in a variety of games that range from classics like tag to physical challenges like wallsits and even games such as Hungry Hungry Hippos. Classes compete against each other with each winning class getting a point. But there is a catch! A grade only gets to compete on Friday if that grade was the best behaved during their monthly Skylight meeting. In addition, students are chosen to compete blindly; as in they do not know the game before being chosen by their teacher! It's zany, it's wacky and students have been having a lot of fun!



In addition, points are award via challenges in advisory classes such as a career door decorating contest this week and more upcoming! At the end of the semester the class with the most posts school wide gets a pizza party AND a trophy (and eternal glory of course)! So students remember to do well in your advisory classes, especially the challenges! Participate as a team in your games AND listen during your skylights and not only do you get to have some Friday fun but also a party to end the year!



### February is full of Kindness

Rather than ISS, Ms. Williams is taking a different approach to disciplinary measures. This new approach is from Capturing Kids' Hearts which allows the students to demonstrate values to their peers. During our skylight meetings, students will present a poster, do a skit or a puppet show in front of their grade. Our students have had a great response to this approach. The presenter is given the opportunity to be in charge of their whole project, and their peers have shown tremendous support. February's topic is kindness and the following month's topics include Courage, Perseverance, Integrity, Responsibility, Respect and more.

# DEPARTMENT HIGHLIGHT



### MUSIC STUDENTS OF THE SEMESTER

Band

Ean Beatty - Intermediate Band Kamari Luther - 7th/8th Grade Beginning Band Wade Yazzie - 6th Grade Beginning Band Francisco Rosas - Directors Award

Choir

Karcyn Mangum- 8th Grade Cambria Haskey- 7th Grade Harper Keisling- 6th Grade

March is a special month for all of the music programs in the Page Unified School District. March is the national Music In Our Schools Month. In March we celebrate the importance of music to our schools, students, and community as well as advocate and encourage students to be part of music programs. Being involved in music has so many benefits ranging from increased academic growth and achievement, learning soft skills such as a positive work ethic and collaboration, and developing a skill and hobby that they can participate in for the rest of their life. We will have multiple performances at the beginning of March across the community to celebrate this month that we would encourage members of the public to attend.

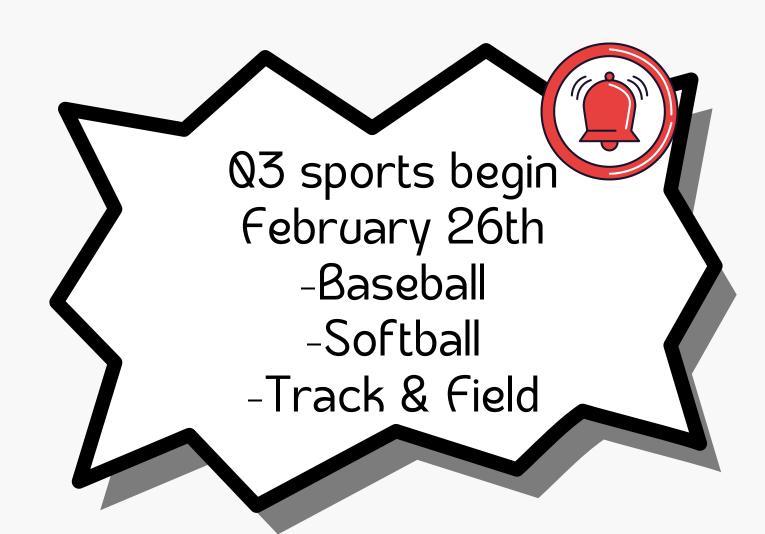
 March 7th - Choir Music in Our Schools Month Showcase (6:30 PM @ CAB)
 March 13th - Middle School Band and Orchestra Music in Our Schools Month Showcase (6:30 PM @ CAB)

Additionally ensembles will have the opportunity to travel outside of Page to perform at various festivals and venues.We welcome everyone to participate in celebrating having wonderful and thriving music programs at Page during the months of February, March, and May.

 Arizona Music Educators Middle School Solo and Ensemble Festival - February 24th
 Arizona Band and Orchestra Directors Middle School Area Festival - March 28 (Flagstaff)

Northern Arizona Band, Choir, and Orchestra Festival - May 3rd (Prescott)







Grade Check Tuesday 2/13/24 Due Friday 2/16/2024

## February Games

2/5 @ Kayenta
2/10 @ Show Low
2/12 Vs Tuba City Boarding School @ Home
2/13 @ Kanab
2/21 Vs Red Mesa @Home

# 2024 Dunks in the Desert

Our 1st annual basketball tournament was a success! The tournament was on January 13th, with 16 teams in attendance. Huge congratulations to our

winners! Boys 1st place - Kanab Regulators 2nd place - Show low Cougars



Girls 1st place - Baker Colts 2nd- Tuba City Braves





### **PMS ATHLETICS**

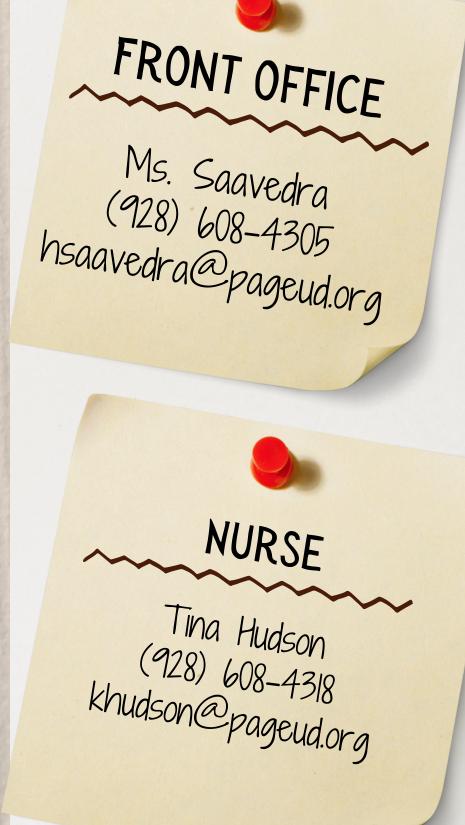
SHALONNA LEE (928)608-4308 SLEE@PAGEUD.ORG

# - FRONT OFFICE REMINDERS

Parents please inform the front office of any changes to your contact information. This includes changes in: mailing/physical / email addresses and phone numbers. Email addresses are important for our school to have in the system so that we are able to send out mass communications to you. Among them are semester report cards--we are moving away from mailing them out and having them sent digitally to the email address that we have recorded in PowerSchool. All emergency contacts and individuals authorized for check-outs must be updated as well. If you are adding contacts for your students, the request is required to be submitted in written form (note or email). Please note that office hours correlate with the district calendarmeaning that we are not open during the holidays and weeklong breaks. Anything you may need from our offices, please do so ahead of time.

### MESSAGE FROM THE NURSE

Hello Parents/Guardians,
How can I keep my child healthy this season?
Encourage enough sleep and good hygiene.
Provide reusable water bottle for school.
Encourage daily exercise.
Help your child manage stress levels.
Stay up to date on immunizations.
Reduce screen time.
Parents/guardians, please remember when your child is not well, please take their temperature at home - do not give them medication before they come to school. If you are keeping your student home, please call our front office to get the absence verified.





### THE DIFFERENCE BETWEEN FLU, RSV, COVID-19, AND THE COMMON COLD

Common symptoms may include cough, headaches, sneezing, runny nose, and congestion. Different symptoms may include:



CDC recommends 3 step approach to protect yourself from respiratory viruses

		COLD	FLU	COVID-19	RSV
	ACHES	88	× × ×	88	0
×	DIFFICULTY BREATHING	0	0	<b>××</b> ×	88
ß	FATIGUE	88	888	<b>×××</b>	0
đ	FEVER	۲	× × ×	88	88
K.K.	LOSS OF TASTE OR SMELL	٢		88	0
(F)	SORE THROAT	***	88	× × ×	۲
H)	WHEEZING	0			***



# Take time to be up to date on your recommended immunizations



You can take other CDC- recommended preventive actions like covering coughs and sneezes, frequent handwashing, and staying home if you are sick, if possible



There are treatments for some respiratory illnesses including flu and COVID-19. If you are at higher risk of developing serious complications from flu, COVID-19, or RSV, talk to a health care provider sooner rather than later and follow their treatment advice



	Unity Day	90's Day	prep/ Career	- Kingdom Day	Solidarity Day
25	26 Unity Day	27 2000's Day	28 Colle <mark>ge</mark> prep/ Career	29 Queendom - Kingdom Day	BLACK HISTORY MINTER VERTICAL

Monday Unity Day - Wear Red, Yellow And Green Soul Train Tuesday- Dress as the decades (different era each week) Wednesday College prep/ Career Day- Work or College Uniform attire (Khakis, Navy blue Pants, sweater vest, collared shirt, polo shirt, uniform khaki/ plaid skirts, ties.. ETC. ) Thursday Queendom /Kingdom Day- Honor your own culture, wear your traditional clothing ( headwrap, hairbun, braids..ETC)

Friday Solidarity day- Wear black to honor those whose voices were silenced in the movement toward freedom and justice FEBRUARY 2024

AFRICAN AMERICN HISTORY MONTH

SUN	ΜΟΝ	TUE	WED	THU	FRI	SAT
				1	2 Early Release 1:30	3
4	5 Basketball game @ Kayenta	6	7	8	9 Early Release 1:30	10 Basketball game @ Show Low
11	12 Home game VS. TCBS	13 Basketball Game @ Kanab	14 Valentines Day	15 Goofy Movie @ 6pm CAB	16 Professional Development No School	17
18	19 Presidents Day No School	20 -Site council meeting @5:15 -5th grade visit			23 Early release 1:30	24
25	26	27 5-7 pm PTC The Last Dragon @5:15 PMS	28	29 2-4 pm PTC Black Panther @5 CAB		

### MESSAGE FROM MS. COVINGTON

February is the month of love. Love of Reading Month. Read on American. The Great Read-In. Valentine's Day, and a Love of all things warm (because it's cold outside and Feb-"brrrr"-ary! This month we will also be affirming our students and staff of Carribean, Black, African and African American descent as we celebrate African American History Month. African American History Month began in 1976 as Black History Month when president Gerald Ford "extended the recognition to honor the too-often neglected accomplishments of Black Americans in every area of endeavor throughout our [American] history." Prior to the authorization of a month-long celebration we trace the roots to 1915 when Carter G. Woodson co-founded the Association for the Study of Negro Life and Histor and in 1926 declared the second week of February as Negro History Week. (Prior to the creation of Negro History Week, Black history was not included in textbooks). The week was chosen because of the birthdays of both Frederick Douglass and former president Abraham Lincoln, both known for aiding the end to slavery in America. During the month, focus is placed on the contributions of African Americans to the United States and spotlights are placed on scientists, politicians, engineers, inventors, mathematicians, scholars, writers, performers, and those who fought for social justice and racial equality. This year's theme is: African American Art, and we will be celebrating in the following ways. We invite you to attend, participate and encourage your students to participate in the events planned for this month.

- Thematic Days for each week celebrating African American Culture
- Starting February 15th: Movies every Thursday in February in the CAB
- Soul Food Lunch Option at the secondary campuses on February 22nd
- Assembly February 22nd

Join us February 22, 2024 Soul Food lunch \$4.85 buy tickets before 2/15/2024

# STUDENT OF THE MONTH Alexis Haskie

Alexis Haskie was selected as the student of the month. Alexis is an 8th grader at Page Middle School. She is the daughter of Jonothan Haskie and Sandra Bradley and resides in Page. She was nominated by Mrs. Seschillie who writes: Alexis is a great student in and outside of the classroom, She is always first to my class and first to get her work done. Alexis can speak and understand Navajo. For these reasons we have selected Alexis Haskie as Page Middle School's Student of the Month for February 2024.

Favorite food- Fettuccine Alfredo Favorite Band- Arctic Monkeys Favorite Color- Navy Blue





## PAGE MIDDLE SCHOOL Phone: (928)608–4305 101 El Mirage St

### ΜΟΤΤΟ

Every Day Building Every Day Preparing Every Day Empowering

### **MISSION STATEMENT**

WE ARE COMMITTED TO EMPOWERING TOMORROW'S LEADERS FOR COLLEGE AND CAREER READINESS.

### VISION

PAGE MIDDLE SCHOOL DUST DEVILS ARE BECOMING SELF-ADVOCATES WHO ARE CAPABLE OF FUNCTIONING IN ANY CAREER OR AT COLLEGE AS HOLISTICALLY HEALTHY AND GLOBALLY COMPETENT INDIVIDUALS.



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