



MAY ELEMENTARY

A choice of milk and Grab N' Gowill be offered every day.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5 <i>Cinco De Mayo!!</i> Tacos Lettuce & Tomatoes Pinto Beans Spanish Rice Homemade Salsa Pineapple	6 Manager's Special 	7 Grilled Cheese Sandwich or Mac & Cheese Choice of Chips Seasoned Corn Cucumber Salad Fruit	8 Steak Fingers or Boneless Wings Hot Roll Mashed Potatoes Roasted Vegetables Cinnamon Apples	9 Chicken Sandwich or Chili Dog Basket with Fries Lettuce & Pickles Sliced Tomatoes Fresh Baked Cookie Fresh Fruit
12 Chicken Alfredo with Garlic Bread or Choice of Pizza Fresh Salad Seasoned Vegetables Fruit Cup	13 Frito Pie or Crisпитos Pinto Beans Shredded Lettuce Tomatoes Spanish Rice Homemade Salsa Fruit Cup	14 Manager's Special 	15 Grab N' Go Sack Lunch!	16 ENJOY YOUR SUMMER!

An option of cereal & toast, fresh fruit or fruit cup, and a choice of juice and milk are also offered every day.

Breakfast	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week of 5/5 & 5/19	Pancake Wrap	Eggs w/ Sausage & Toast	Breakfast on Bun	Breakfast Pizza	Yogurt Parfait & Grahams
Week of 5/12	Pig in a Blanket	Eggs & Bacon with Toast	Biscuits & Gravy	Breakfast Tacos	Banana Bread

Summer Safety Tips for Kids:

- Sun Safe
 - » Wear sunscreen, a hat, and sunglasses. Stick to the shade when the sun's super strong (10 a.m.—4 p.m.).
- Drink Water
 - » Sip water all day—especially when it's hot or you're playing hard.
- Too Hot? Speak Up!
 - » If you feel dizzy, tired, or have a headache, tell an adult. You might be too hot.
- Water Rules
 - » Always swim with an adult nearby. Use a life jacket if needed and watch out for deep water.
- Grill = No Play Zone
 - » Stay away from grills—they're super hot! Let adults handle the cooking.