Union Heights Elementary School
September 2024

Monday	Tuesday	Wednesday	Thursday	Friday
2 NO SCHOOL LABOR DAY	**3** **BREAKFAST** French Toast Sticks or Cereal, Fruit, Juice & Milk **LUNCH** Rib Patty or Popcorn chicken Mashed potatoes, Peas, Roll, Fresh Veggies, Fruit, Juice & Milk	**4** **BREAKFAST** Egg & Cheese Bagel or Cereal, Fruit, Juice & Milk **LUNCH** Breaded Cheese Sticks or Spaghetti W/ Garlic Toast Steamed Broccoli Sweet Glazed Carrots, Fresh Veggies, Fruit, Juice & Milk	**5** **BREAKFAST** Yogurt & Grahams or Pop tart, Cereal, Fruit, Juice & Milk **LUNCH** Cheese Pizza or Hot Ham & Cheese Sub. Green Beans, Smiley Fries, Fresh Veggies, Fruit, Juice & Milk	**6** **BREAKFAST** Sausage Biscuit or Cereal, Fruit, Juice & Milk **LUNCH** Chicken Patty or Corn Dog Nuggets Corn, Baked Beans, Fresh Veggies, Fruit, Juice, Milk & Cookie
9 **BREAKFAST** Breakfast Pizza or Cereal, Fruit, Juice & Milk **LUNCH** Beef Teriyaki or Orange Chicken Ramen Noodles, Steamed Broccoli, Egg Roll, Fresh Veggies, Fruit, Juice & Milk	**10** **BREAKFAST** Pancakes or Cereal, Fruit, Juice & Milk **LUNCH** Turkey & Cheese Sub or Ham & Cheese Sub Fries, Fresh Veggies, Fruit, Juice, Milk & Cookie	**11** **BREAKFAST** Chicken Biscuit or Cereal, Fruit, Juice & Milk **BREAKFAST FOR LUNCH** Scrambled Eggs & Sausage Biscuits & Gravy, Tater Tots, Cherry Tomatoes, Fruit, Juice & Milk	**12** **BREAKFAST** Yogurt & Grahams or Pop tart, Cereal, Fruit, Juice & Milk **LUNCH** Pizza or Hot Ham & Cheese Sub. Green Beans, Smiley Fries, Fresh Veggies, Fruit, Juice & Milk	**13** **BREAKFAST** Sausage Biscuit or Cereal, Fruit, Juice & Milk **LUNCH** Chicken Sandwich or PB&J W/Cheese Stick Baked Beans, Fresh Veggies, Fruit, Juice & Milk
16 **BREAKFAST** French Toast Sticks or Cereal, Fruit, Juice & Milk **LUNCH** Ham or Chicken Tenders Diced Potatoes, California Blend, Fresh Veggies, Fruit, Juice, Milk & Cookie	**17** **BREAKFAST** Egg & Cheese Bagel or Cereal, Fruit, Juice & Milk **LUNCH** Breaded Cheese Sticks or Spaghetti W/ Garlic Toast Steamed Broccoli Sweet Glazed Carrots, Fresh Veggies, Fruit, Juice & Milk	**18** **BREAKFAST** Biscuit & Gravy or Cereal, Fruit, Juice & Milk **LUNCH** Beef Nachos or Cheese Quesadilla Corn, Refried Beans, Fresh Veggies, Fruit, Juice & Milk	**19** **BREAKFAST** French Toast Sticks or Cereal, Fruit, Juice & Milk **LUNCH** Pizza or Hot Ham & Cheese Sub. Green Beans, Smiley Fries, Fresh Veggies, Fruit, Juice & Milk	**20** **BREAKFAST** Sausage Biscuit or Cereal, Fruit, Juice & Milk **LUNCH** Fish Sticks or Corn Dog Nuggets Hushpuppies, Mac & Cheese, Pinto Beans, Fresh Veggies, Fruit, Juice & Milk
23 **BREAKFAST** Egg & Cheese Bagel or Cereal, Fruit, Juice & Milk **LUNCH** Cheese Bites or Popcorn Chicken Steamed Broccoli, Fries, Fresh Veggies, Fruit, Juice & Milk	**24** **BREAKFAST** Warm Muffin or Cereal, Fruit, Juice & Milk **LUNCH** Pizza or Mini Calzones Green Beans, Sweet Carrots, Fresh Veggies, Fruit, Juice &Milk	**25** **BREAKFAST** Chicken Biscuit or Cereal, Fruit, Juice & Milk **LUNCH** Cheese Quesadilla or Beef Soft Shell Taco Corn, Refried Beans, Fresh Veggies, Fruit, Juice & Milk	**26** **BREAKFAST** Pancakes or Cereal, Fruit, Juice & Milk **LUNCH** Pizza or Hot Ham & Cheese Sub. California Blend, Fresh Veggies, Cookie, Fruit, Juice & Milk	**27** **NO SCHOOL** **PROFESSIONAL DEVELOPMENT DAY**
30 **BREAKFAST** Egg & Cheese Bagel or Cereal, Fruit, Juice & Milk **LUNCH** Cheese Bites or Chicken Alfredo Corn, Steamed Broccoli, Fruit, Juice & Milk				

NEWS:

CHOOSE ONE ENTRÉE FOR LUNCH. EACH TRAY MUST HAVE A FRUIT OR VEG AND AT LEAST TWO OTHER ITEMS TO BE CONSIDERED A MEAL. MENU IS SUBJECT TO CHANGE WITHOUT NOTICE.