

MENU SUBJECT TO CHANGE WITHOUT NOTICE DUE TO PRODUCT AVAILABILITY

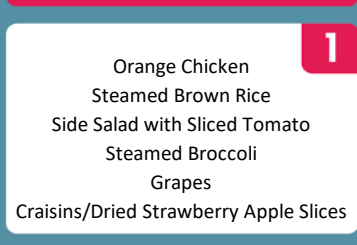
Monday

Tuesday

Wednesday

Thursday

Friday



No School 5

Chicken Fajita 6
 Side Salad with Sliced Cucumbers
 Fresh Red Pepper Slices
 Cinnamon Applesauce
 Dried Cherries/Dried Apple Slices

Chicken Parmesan Spaghetti 7
 Side Salad with Sliced Cucumbers
 Peas
 Mandarin Oranges
 Dried Cherries/Dried Apple Slices

Meatball Bowl 8
 Pretzel Rods
 Side Salad with Sliced Cucumbers
 Apple Slices
 Dried Cherries/Dried Apple Slices

Mini Corn Dogs 2
 Side Salad with Sliced Tomato
 Pasta Salad
 Chilled Peaches
 Craisins/Dried Strawberry Apple Slices
 Raspberry Churro

Deli Ham & Cheese on a Pretzel Bun 12
 Side Salad with Sliced Tomato
 Spiral French Fries
 Mixed Fruit
 Craisins/Dried Mixed Fruit

Hard Shell Taco's 13
 Side Salad with Sliced Tomato
 Pasta Salad
 Strawberry Banana Applesauce
 Craisins/Dried Mixed Fruit

Breaded Fish/Bun 14
 Side Salad with Sliced Tomato
 Oven Roasted Vegetables
 Chilled Pineapple
 Craisins/Dried Mixed Fruit

Breaded Mozzarella Sticks 15
 Side Salad with Sliced Tomato
 Fresh Veggie Boat
 Grapes
 Craisins/Dried Mixed Fruit

Popcorn Chicken 16
 Side Salad with Sliced Tomato
 Cucumber/Tomato Salad
 Chilled Peaches
 Craisins/Dried Mixed Fruit
 Goldfish Crackers

Deli Ham, Egg, & Cheese Croissant 19
 Side Salad with Sliced Cucumbers
 Cooked Carrots/Peas
 Apple
 Dried Cherries/Dried Apple Slices

Chicken Cantina Bowl 20
 Tostitos
 Side Salad with Sliced Cucumbers
 Zesty Bean Salad
 Applesauce
 Dried Cherries/Dried Apple Slices

Popcorn Shrimp 21
 Macaroni & Cheese
 Side Salad with Sliced Cucumbers
 Corn
 Mandarin Oranges
 Dried Cherries/Dried Apple Slices

Teriyaki Beef Dippers 22
 Fried Rice
 Side Salad with Sliced Cucumbers
 Oriental Vegetable Blend
 Apple Sliced
 Dried Cherries/Dried Apple Slices

Philly Steak/Bun 23
 Side Salad with Sliced Cucumbers
 Sweet Potato Fries
 Chilled Pears
 Dried Cherries/Dried Apple Slices
 Vanilla Chat Snax

Chicken Patty/Bun 26
 Side Salad with Sliced Tomato
 Mixed Vegetables
 Mixed Fruit
 Craisins/Dried Strawberry Apple Slices

Taco Dip 27
 Tostitos
 Side Salad with Sliced Tomato
 Pasta Salad
 Cinnamon Applesauce
 Craisins/Dried Strawberry Apple Slices

Spaghetti with Meat Sauce 28
 Side Salad with Sliced Tomato
 Fresh Veggie Boat
 Chilled Pineapple
 Craisins/Dried Strawberry Apple Slices

Chicken Puff Pastry 29
 T-Roll
 Side Salad with Sliced Tomato
 Mashed Potato
 Grapes
 Craisins/Dried Strawberry Apple Slices

Mustang Hoagie/Bun 30
 Side Salad with Sliced Tomato
 Peas
 Chilled Peaches
 Craisins/Dried Strawberry Apple Slices
 Apple Churro

What is CEP and what does it mean for me?

- CEP stands for Community Eligibility Provision.
- Under CEP, all students in Portage Area School District are eligible to receive (1) breakfast and (1) lunch at no cost.

The 5 food groups to a school lunch are:

- Meat/Meat Alternative
- Grain
- Fruit
- Vegetable
- Milk

Choice 3 or more food groups.
 Pick at least ½ cup fruit and/or vegetable.



Meal Prices

- 2nd Lunch - \$2.50 Adult Lunch - \$4.75
- Milk (2nd) - \$.50
- Bottled Water (Large) - \$.50
- Bottled Water (Small) - \$.30

A copy of the menu with the nutritional and allergy information is available at:
<https://www.schoolcafe.com/PortageASD>