

SHAC Committee Meeting Minutes  
2-17-22  
4pm

- SHAC committee introductions- - - None needed
  
- Update on Covid cases- - - Isela
  - Total Cases of Covid this year-113
  - Current active cases- 0 current cases
  
- Update on on Screenings- - - Isela for Elementary & Andrea for MS & HS
  - Elementary School-298 students screened (Any update on referrals that have been evaluated)
    - Vision-2 referred
    - Hearing-0
    - Spinal-0
    - Acanthosis-4 referred
  - Middle School-94 students screened
    - Vision-6 referred - - - **1 with glasses now**
    - Hearing-5 referred
    - Spinal-11 referred - - - **1 Seen by Dr**
    - Acanthosis-2 referred
  - Will continue to follow up with parents about referrals
  
- 5th grade puberty education- - - Andrea
  - 5th puberty instruction was approved at the March board meeting in 2020
  - The Always Changing and Growing Up Curriculum
    - <https://www.youtube.com/watch?v=2XF0awGRTWs>
    - <https://www.youtube.com/watch?v=qv21b3ZpSLg>
    - Must get written permission from parent prior to viewing
    - Parents must be allowed to view prior
  
- New Business- - - Andrea
  - Aim For Success:
    - Counselors wish to have this program for our students.
    - Human Sexuality Education for 5th-12th graders  
([www.aimforsuccess.org](http://www.aimforsuccess.org))
    - Just Say Yes (Youth Equipped to Succeed)
    - Middle School & High School Counselors have recommended this curriculum
    - 1 hour program–Will have a speaker to come and present
    - Covers numerous topics depending on the grade level
      - Teen Pregnancy & Child Support
      - Sex and the Law
      - Sexual Abuse/Teen Dating Violence

- Sexting/Pornography
  - The Best Protection (Abstinence only one 100% effective against pregnancy, STDs, & legal consequences)
  - Puberty changes for the younger groups
  - Presented in age appropriate manner
  - Boys and Girls will be separated
- Committee members voted and agreed to recommend to the School Board for approval
- Alvord Wellness Plan
  - Wellness Plan addresses nutrition and physical activity and how this plan will be implemented
  - <https://content.schoolinsites.com/api/documents/8ed30a16db1940a09ff370971c751217.pdf>
  - SHAC will review and make any necessary changes yearly with the input from cafeteria staff and administrators
  - Was sent to administrators and Cafeteria Manager to review
  - Only slight changes were necessary.
    - Any place where says policy, this is to be changed to plan
    - On the last page where it talks about flu shots offered for staff and students. It is only offered to staff.
  - Plan will be sent to Superintendent to implement
  - Triennial Assessment is required by the USDA to be completed at least every 3 years. The assessment covers how the plan is implemented and how well the goals have been met.
  - Will be due again in 2025.
  - Committee voted and agreed to accept the new plan with the discussed minor changes
- Adjourned @ 4:26pm