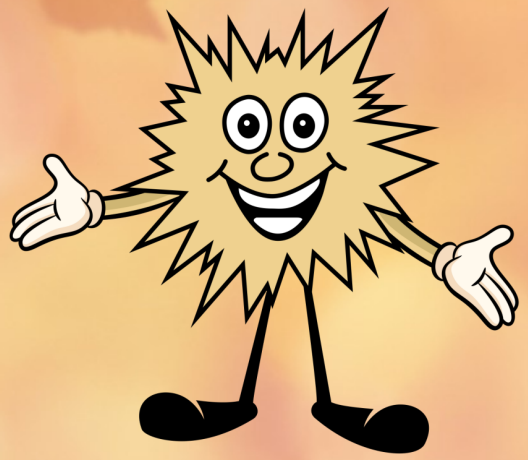
FSD5 Johnsonville Elementary School and PDCAP

Menus for NOVEMBER 2026

This institution is an equal opportunity provider. Menus are subject to change.



Monday, November 2		Wed., November 4	Thursday, November 5	Friday, November 6
Breakfast Breakfast Pizza Fruit, Juice, & Milk Choice **Lunch** Chef Salad w/ Ham Or Cheeseburger, Fries Lettuce/Tomato Fruit & Milk Choice	 ***No School Today*** ***Make sure your family votes!***	**Breakfast** French Toast Sticks Fruit, Juice, & Milk Choice **Lunch** Chef Salad w/ Ham Or Chicken Alfredo Mixed Vegetables Breadstick Fruit & Milk Choice	**Breakfast** Eggs & Grits or Cereal Fruit, Juice, & Milk Choice **Lunch** Southwest Salad w/ Chicken Or BBQ Wings Mac n Cheese, Carrots w/ Ranch Fruit & Milk Choice	**Breakfast** Cereal Bar or Cereal Fruit, Juice, & Milk Choice **Lunch** Chef Salad w/ Ham Or Pizza Corn Salad w/ Ranch Fruit & Milk Choice

Monday, November 9	Tuesday, November 10	Wed., November 11	Thursday, November 12	Friday, November 13
Breakfast Mini Waffles Fruit, Juice, & Milk Choice **Lunch** Chef Salad w/ Ham Or Sloppy Joes on Bun Fries, Celery Sticks Fruit & Milk Choice	**Breakfast** Sausage Biscuit Fruit, Juice, & Milk Choice **Lunch** Southwest Salad w/ Chicken Or Mexican Pizza Pinto Beans Salad w/ Ranch Fruit & Milk Choice	**Breakfast** Pancake Pup Fruit, Juice, & Milk Choice **Lunch** Chef Salad w/ Ham Or Chicken Bog Lima Beans Salad w/ Ranch Fruit & Milk Choice	**Breakfast** Biscuits and Gravy or Cereal, Fruit, Juice, & Milk Choice **Lunch** Southwest Salad w/ Chicken Or Chicken Nuggets Mac n Cheese Salad w/ Ranch Fruit & Milk Choice	**Breakfast** Cereal Bar or Cereal Fruit, Juice, & Milk Choice **Lunch** Chef Salad w/ Ham Or Hot Dog, Chips, Veg Sticks Fruit & Milk Choice

★ Our Nation's History ★



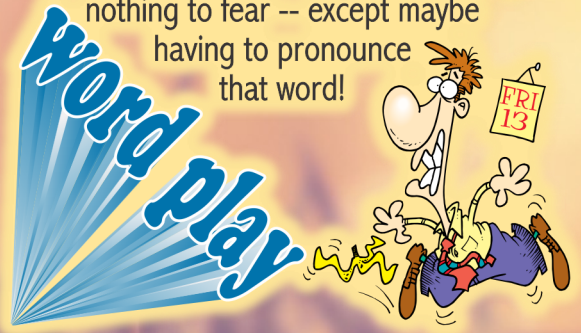
Boston Light sits outside the harbor of Boston, Massachusetts. The original lighthouse started operating more than 300 years ago this fall in 1716 and was the first lighthouse on our shores. The light pictured here replaced the first one in 1783. Today, Boston Light's white beacon flashes every 10 seconds and can be seen more than 30 miles out to sea.

Jim Getchell via Creative Commons

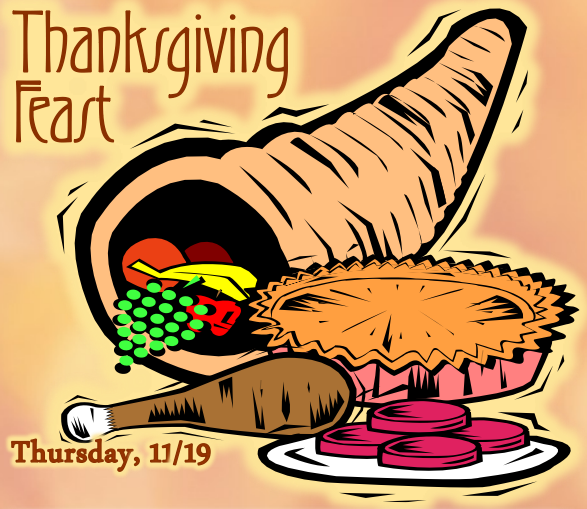
★ With Liberty & Justice for All ★

Friggatriskaidekaphobia

"Friggatriskaidekaphobia" is the irrational fear of Friday the 13th. There's really nothing to fear -- except maybe having to pronounce that word!



Thanksgiving Feast



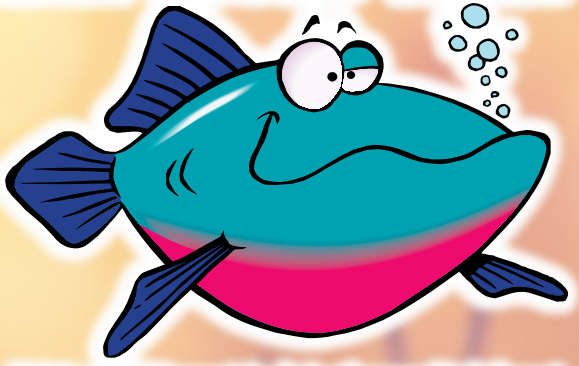
Thursday, 11/19

Monday, November 16	Tuesday, November 17	Wed., November 18	Thursday, November 19	Friday, November 20
Breakfast Breakfast Pizza Fruit, Juice, & Milk Choice **Lunch** Chef Salad w/ Ham Or Cheeseburger Fries Lettuce / Tomato Fruit & Milk Choice	**Breakfast** Mini Pancakes Fruit, Juice, & Milk Choice **Lunch** Southwest Salad w/ Chicken Or Walking Taco Black Beans Salad w/ Ranch Fruit & Milk Choice	**Breakfast** French Toast Sticks Fruit, Juice, & Milk Choice **Lunch** Chef Salad w/ Ham Or Chicken Noodle Soup, Grilled Cheese, Mixed Vegetables Fruit & Milk Choice	**Breakfast** Cereal Bar or Cereal Fruit, Juice, & Milk Choice **Lunch** **Thanksgiving Dinner** Roast Turkey, Green Beans, Yams, Cornbread Dressing Cranberry Sauce Fruit & Milk Choice	**Breakfast** Cereal Bar or Cereal Fruit, Juice, & Milk Choice **Lunch** Corn Dog, Chips Veg Sticks Fruit & Milk Choice



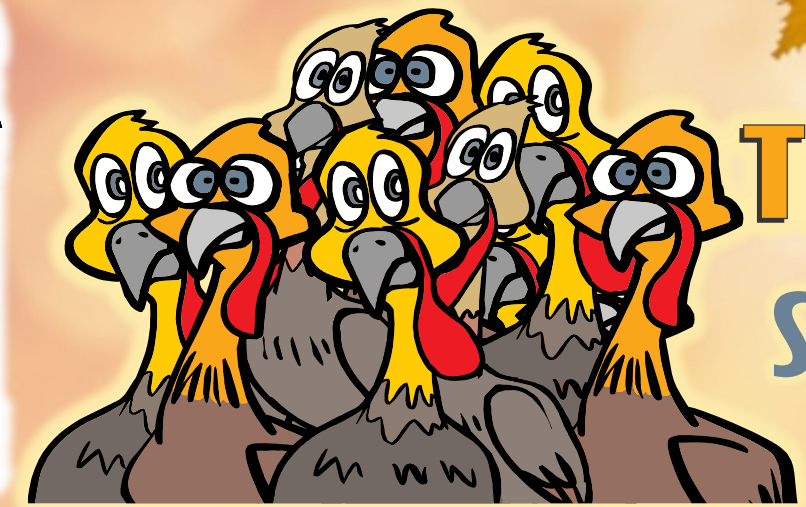
What's on YOUR plate?

Eat more fish!



Fish is a healthier protein choice than any kind of meat or poultry. Yet most of us eat fish less often. Put seafood on your plate more frequently for better health!

TIP: Search for "Cranberry Sauce Recipe" and make your own this year. It's quick and simple and much healthier!

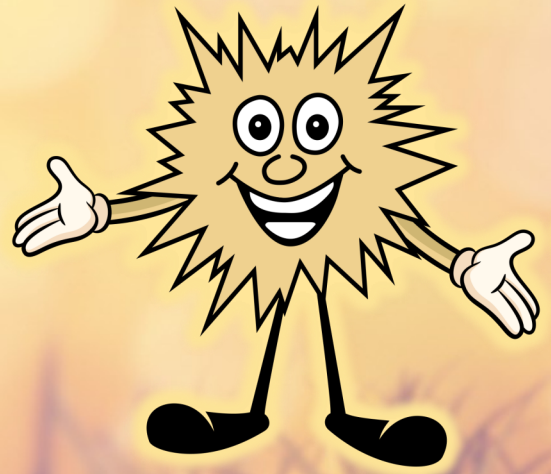


Happy Thanksgiving!

See you Monday!

(Some of you, anyway!)

Monday, November 30
Breakfast Mini Waffles Fruit, Juice, & Milk Choice **Lunch** Chef Salad w/ Ham Or Chicken Sandwich French Fries, Lettuce and Tomato Fruit & Milk Choice



Many Moons

Native Americans had special names for every full moon of the year. One name for the November full moon is the "Much White Frost on Grass" moon, because November is when the cold weather sets in.