

MARCH 2022

VISTA GRANDE HIGH SCHOOL

For a healthy lunch included is variety of vegetables, fruits, grains, fat-free or low-fat dairy and a variety of protein.

Monday

Tuesday

Wednesday

Thursday

Friday

Chicken Nuggets **1**
Bar-B-Que-Sauce
Baked Beans
Sliced Cucumbers
Fruit
Choice of Milk

Fish Sandwich/Tarter Sauce **2**
Tossed Salad
Fruit cup
Choice of Milk

Sriracha Honey Chicken **3**
Brown Rice
Oriental Veggies
Mandarin Oranges
Fortune Cookie
Choice of Milk

Pepperoni or Cheese Pizza **4**
Tossed Salad
Fruit cup
Choice of Milk

Spaghetti & Meat Sauce **7**
Garlic Breadstick
Green Beans
Fruit
Choice of Milk

Crispy Chicken Patty **8**
Hot N Spicy Sandwich
Tator Tots
Sliced Bell Peppers/ Dressing
Fruit
Choice of Milk

Beef Tacos **9**
Salsa & Flxings
Pinto Beans
WG Roll
Fruit
Choice of Milk

Japanese Cherry Blossom **10**
Chicken/Chow Mein Noodles
Glazed Carrots
Fruit
Fortune Cookie
Choice of Milk

Fish Nuggets or Cheese Pizza **11**
Tossed Salad
Fruit cup
Choice of Milk

NO SCHOOL 14

NO SCHOOL 15

NO SCHOOL 16

NO SCHOOL 17

NO SCHOOL 18

SPRING BREAK

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SPRING BREAK

SPRING BREAK

BBQ Chicken Drumstick **21**
WG Roll
Mashed Potatoes & Gravy
Fruit
Peas & Carrots
Choice of Milk

Chicken Nuggets **22**
Bar-B-Que-Sauce
Baked Beans
Sliced Cucumbers
Fruit
Choice of Milk

NO SCHOOL 23

Beef Tacos **24**
Salsa
Lettuce, Tomato
Pinto Beans
Fruit Cup
Choice of Milk

Pepperoni or Cheese Pizza **25**
Tossed Salad
Fruit cup
Choice of Milk

Spaghetti & Meat Sauce **28**
Garlic Breadstick
Green Beans
Fruit
Choice of Milk

Crispy Chicken Patty **29**
Hot N Spicy Sandwich
Tator Tots
Sliced Bell Peppers W/Dressing
Fruit
Choice of Milk

Frito Pie **30**
Lettuce, Tomato, Onion
Pinto Beans
WG Roll
Fruit
Choice of Milk

General Tso Chicken **31**
Brown Rice
Oriental Veggies
Mandarin Oranges
Fortune Cookie
Choice of Milk

