

# Daily Learning Planner

*Ideas families can use to help children  
do well in school*

Cumberland County Schools



THE  
**PARENT**  
INSTITUTE®

## January 2023

## Daily Learning Planner: Ideas Families Can Use to Help Children Do Well in School—Try a New Idea Every Day!

- 1. Make a list with your child of activities you enjoyed together during the past year. Schedule time on the calendar to do some of them this year.
- 2. Talk with your child about a choice you made and its consequences.
- 3. Pick a letter. How many country names can your child think of that begin with that letter?
- 4. Have your child pretend to be Mayor. Then ask your student to list three ideas for making your community a better place.
- 5. Challenge your child to put away 1 + 5 - 4 + 1 things around the house.
- 6. Play the Opposites Game. Say a word and see if your child can tell you its opposite.
- 7. Have a big job to finish? Look for five free minutes and get started. Small chunks of time add up, and you'll set a great example for your child.
- 8. Look for ways to involve your child in your hobbies. For example, if you are a runner, take your child for a short jog.
- 9. Have your child think of several words that start with the same letter, then use them all in one sentence that makes sense.
- 10. Look over your child's schoolwork. Talk about what your child did right before offering suggestions.
- 11. Help your child look up events that occurred on this day in history.
- 12. Have a contest: Who can name the most parts of the body? (Organs count, too.)
- 13. Decide as a family on something you want to accomplish together.
- 14. Help your child create a family joke book. Write one or two jokes per page. Staple the pages together.
- 15. Teach your child about resolving conflicts. Explain how people reach compromises. Give an example.
- 16. Help your child learn more about the life and work of Martin Luther King, Jr.
- 17. Label four sheets of paper: Spring, Summer, Fall and Winter. Have your child write descriptive words for each season.
- 18. Help your child clean out a closet. Pass on unused toys or clothes in good condition to other families.
- 19. Encourage your child to write a letter or an email to a friend.
- 20. Invent a word with your child. Write a definition as it would appear in the dictionary.
- 21. With your child, learn how to count to 10 in three different languages.
- 22. Cook breakfast with your child for the rest of the family.
- 23. When you're in the store, ask your child to figure how much tax you will be charged on a purchase.
- 24. Write an encouraging note and place it on your child's pillow.
- 25. Choose a poem to read aloud to your child. With your feet, stomp out the syllables as you read.
- 26. Talk about three ways you used math today. Ask everyone in the family to tell how they used math.
- 27. Plan an indoor family "camp-out." Make a tent from a blanket. Eat s'mores. Read scary stories.
- 28. Enjoy some outdoor exercise with your child today.
- 29. Look through your house with your child. Make a list of everything that comes from plants.
- 30. Show your child three small items, then put them away. Can your child name them from memory?
- 31. At dinner, have everyone talk about one thing they learned today.