

**Breakfast**

NATIONAL SCHOOL BREAKFAST WEEK  
(MARCH 3-7). GIVE THE SCHOOL  
BREAKFAST A TRY & BREAKFAST IS FREE  
FOR 2024/2025 SCHOOL CALENDAR

**NEW MILFORD HIGH SCHOOL LUNCH MENU MARCH 2025**  
**3/03-3/07**

**Monday Tuesday Wednesday Thursday Friday**




**The Main Menu**

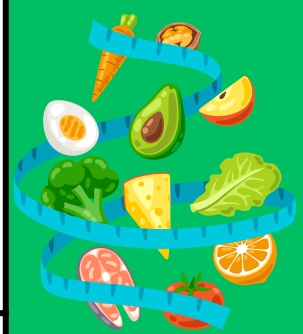
**Pasta of the Day & Pizza Oven w/Salad**

**Green Wave Grill**


**The Sandwich Board**

**Garden Greens & More**

<p>Cheese Quesadilla w/Sour Cream + Salsa  Golden Corn</p>	<p>Chicken Tenders Garlic Breadstick Buffalo Cauliflower Local Rainbow Carrots with Dip</p> 	<p><b>Early Dismissal</b> Baked Mozzarella Sticks Marinara Sauce Baby Spinach Salad</p>	<p>Mini Confetti Pancakes Sausage Patties Oven Baked Fries</p>	<p>Chicken Fajitas w/ Peppers, Onions Refried Beans</p>
<p>Macaroni + Cheese w/Garlic Breadstick or  Stuffed Crust Pizza</p>	<p>Broccoli Alfredo Pasta or Pizzeria Style Pizza (Plain or Pepperoni)</p>	<p><b>Early Dismissal</b> Chicken Parmesan w/Side of Pasta  or French Bread Pizza</p>	<p>Bosco Sticks w/Marinara Sauce or Pizzeria Style Pizza (Plain or Pepperoni)</p> 	<p>Pasta or Pizza</p>
<p>Rice Bowl</p>	<p>Hamburger or Cheeseburger on Whole Grain Bun Oven Baked Potato Wedges</p>	<p><b>Early Dismissal</b> Spicy Chicken Patty on Whole Grain Bun Lettuce/Tomato</p>	<p>Steak + Cheese on Ciabatta Roll w/ or w/o Peppers + onions Oven Baked Fries</p>	<p>BBQ Chicken Buttermilk Biscuit w/ Coleslaw</p>



**Boars Head**  
Turkey, Ham, Buffalo Chicken, Italian Combo  
Cheese: American, Provolone, Swiss, Pepperjack  
Toppings: Lettuce, Tomato, Pickles, Banana Peppers, Onions, Olives




Large or Small Chef Salad  
Yogurt Fruit & Granola Parfait, Hummus Plate  
Weekly Special:  
Southwest Wrap  
Spinach Salad

All meals come with fat free or 1% milk and our Rainbow Fruit & Veggie Tray!





# NEW MILFORD HIGH SCHOOL LUNCH MENU MARCH 2025

## 3/10 - 3/14

Monday    Tuesday    Wednesday    Thursday    Friday



### The Main Menu

Gyro w/Tzatziki Sauce  
Green Beans



Pizza Crunchers  
Parmesan Broccoli

**Late Opening**  
Loaded Potato Wedges  
Garlic Knot



Sizzler

### Pasta of the Day & Pizza Oven w/Salad

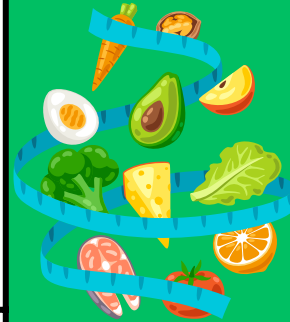
Macaroni + Cheese  
Whole Grain Dinner Roll  
or  
Personal Pizza

Pasta w/Meatballs  
or  
Buffalo Chicken Pizza

Mini Cheese Ravioli w/Marinara Sauce  
w/Garlic Breadstick  
or  
Garlic French Bread Pizza

**Late Opening**  
Bosco Sticks  
w/Marinara Sauce  
or  
Pizzeria Style Pizza (Plain or Pepperoni)

Pasta or Pizza



### Green Wave Grill



Soup + Sandwich  
Grilled Cheese  
Warm Cup of Soup

Cheeseburger Panini  
Oven Baked Fries

Spicy Chicken Patty on Whole Grain Bun  
Lettuce/Tomato

**Late Opening - 2 HR**  
Chicken Club  
Bacon, Lettuce, Tomato  
Chipotle or Ranch  
Oven Baked Sweet Potato Fries

Rodeo Burger  
Oven Baked Fries



### The Sandwich Board

**Boars Head**  
Turkey, Ham, Buffalo Chicken, Italian Combo  
Cheese: American, Provolone, Swiss, Pepperjack  
Toppings: Lettuce, Tomato, Pickles, Banana Peppers, Onions, Olives

### Garden Greens & More



Large or Small Chef Salad  
Yogurt Fruit & Granola Parfait, Hummus Plate  
Weekly Special:  
Chicken Caesar Wrap  
Asian Salad

All meals come with fat free or 1% milk and our Rainbow Fruit & Veggie Tray!





# NEW MILFORD HIGH SCHOOL LUNCH MENU MARCH 2025

## 3/17-3/21



Monday      Tuesday      Wednesday      Thursday      Friday



### The Main Menu

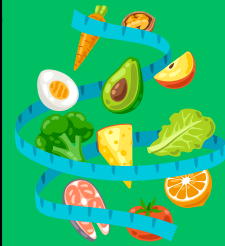
### Pasta of the Day & Pizza Oven w/Salad

### Green Wave Grill

### The Sandwich Board

### Garden Greens & More

 <p><b>Happy St. Patrick's Day</b> Shamrock Nuggets Emerald Broccoli Dublin Dinner Roll</p>	<p>Chicken Dippin Sandwich Whole Grain Bun Dippin Sauce Pickles Baked Sweet Potato Fries</p>	<p>Walking Taco</p> 	<p>Happy Spring Waffle Bar Assorted Toppings Sausage Patties "Bloom Sidekick"</p>	<p>Mashed Potato Bowl Buttermilk Biscuit</p>
 <p><b>Happy St. Patrick's Day</b> Shamrock Smoothie w/Hot Pretzel or 4x6 Pizza</p>	<p>Italian Combo Platter or Pizzeria Style Pizza (Plain or Pepperoni)</p>	<p>Pasta w/Meatballs or Stuffed Crust Pizza</p>	<p>Bosco Sticks w/Marinara Sauce or Buffalo Chicken Pizza</p>	 <p>Pasta or Pizza</p>
 <p><b>Happy St. Patrick's Day</b> Egg + Cheese on Whole Grain Croissant Oven Baked Potato Puffs</p>	<p>Hamburger or Cheeseburger On Whole Grain Bun Oven Baked Potato Wedges</p>	<p>Spicy Chicken Patty on Whole Grain Bun Lettuce/Tomato</p>	<p>Chicken Parm Panini</p>	<p>Warm Asian Wrap</p>



**Boars Head**  
**Turkey, Ham, Buffalo Chicken, Italian Combo**  
**Cheese: American, Provolone, Swiss, Pepperjack**  
**Toppings: Lettuce, Tomato, Pickles, Banana Peppers, Onions, Olives**

**Large or Small Chef Salad**  
**Yogurt Fruit & Granola Parfait, Hummus Plate**  
**Weekly Special:**  
**Antipasto Pinwheels**  
**Chicken Caesar Salad**



All meals come with fat free or 1% milk and our Rainbow Fruit & Veggie Tray!



# NEW MILFORD HIGH SCHOOL LUNCH MENU MARCH 2025

## 3/24-3/28

**ETHNIC DISHES CONNECT US - DIVERSITY IN CUISINE WILL BE CELEBRATED THE WEEK OF 24TH**

Monday Tuesday Wednesday Thursday Friday

### The Main Menu

Polish Pierogies  
w/Sour Cream  
Roasted Butternut  
Squash



Mexican Nachos  
Seasoned Beef  
Lettuce/Tomato  
Cheese  
Salsa, Sour Cream  
Mexican Street Corn



Italian Meatball  
Grinder  
Caesar Salad



  
**Opening Day of Baseball**  
All American Hot Dog Bar  
Baked Beans  
Popcorn



Asian Chicken  
General Tso Chicken  
Broccoli Florets  
Brown Rice



### Pasta of the Day & Pizza Oven w/Salad

Macaroni + Cheese  
w/Garlic  
Breadstick  
or  
French Bread  
Pizza

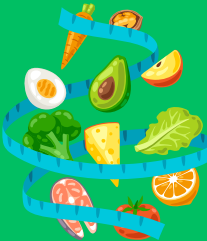


Broccoli Alfredo  
Pasta  
or  
Pizzeria Style Pizza  
(Plain or  
Pepperoni)

Smoothie Bar  
Hot Pretzel  
or  
Personal Pizza

Bosco Sticks  
w/Marinara Sauce  
or  
Pizzeria Style Pizza  
(Plain or Pepperoni)

Pasta  
or Pizza



### Green Wave Grill

BBQ Chicken  
Garlic Knot  
Coleslaw

Bacon Cheddar  
Burger  
Oven Baked Sweet  
Potato Fries

Spicy Chicken Patty  
on Whole Grain Bun  
Lettuce/Tomato

Ham + Cheese Panini  
w/Roasted Red Pepper  
+ Black Olives  
(Vegetarian Available)

Hamburger or  
Cheeseburger on  
Whole Grain Bun  
Oven Baked Fries



### The Sandwich Board

**Boars Head**  
Turkey, Ham, Buffalo Chicken, Italian Combo  
Cheese: American, Provolone, Swiss, Pepperjack  
Toppings: Lettuce, Tomato, Pickles, Banana Peppers, Onions, Olives



### Garden Greens & More



Large or Small Chef Salad  
Yogurt Fruit & Granola Parfait, Hummus Plate  
Weekly Special:  
Kickin Chicken Wrap  
Mediterranean Shaker Salad





# NEW MILFORD HIGH SCHOOL LUNCH MENU MARCH 2025 3 / 31

## Monday

### Spring is Coming!

The Main Menu



**Burrito Bowl**

Pasta of the Day &  
Pizza Oven  
w/Salad

Macaroni + Cheese  
Whole Grain Dinner  
Roll  
  
or  
Stuffed Crust Pizza



Green Wave Grill

Chicken Club  
Bacon, Lettuce,  
Tomato  
Chipotle or Ranch  
Oven Baked Potato  
Wedges

The Sandwich  
Board

**Boars Head**  
Turkey, Ham, Buffalo Chicken, Italian Combo  
Cheese: American, Provolone, Swiss, Pepperjack  
Toppings: Lettuce, Tomato, Pickles, Banana Peppers, Onions, Olives



Garden Greens &  
More



Large or Small Chef Salad  
Yogurt Fruit & Granola Parfait, Hummus Plate  
Weekly Special:  
Turkey BLT  
Chicken Caesar Salad