

Section 1: General Information

School(s) included in the assessment:

Tawas Area Schools

Month and year of current assessment: June 2025

Date of last Local Wellness Policy revision: May 2025

Website address for the wellness policy and/or information on how the public can access a copy:

<https://go.boarddocs.com/mi/tawas/Board.nsf/goto?open&id=DH5GHV43EB51>

Section 2: Wellness Committee Information

How often does your school wellness committee meet? Once a year

School Wellness Leader:

Name	Job Title	Email Address
Jennifer Soult	Kitchen Coordinator	jsoult@tawas.net

School Wellness Committee Members:

Name	Job Title	Email Address
Doug Livingston	parent	
Janice Tiffany	Admin	
Jan Sancerant	Food Director	
Brianna Griffiths	Teacher	
Amy Clouse	parent	
Aaron Hazen	Admin	
Dru Carson	teacher	
Kelli Doan	Parent	
Erica Carson	teacher	

Section 3. Comparison to Model School Wellness Policies

Indicate the model policy language used for comparison:

- X Michigan State Board of Education Model Local School Wellness Policy
- ☐ Alliance for a Healthier Generation: Model Policy
- ☐ WellSAT 3.0 example policy language

Describe how your wellness policy compares to model wellness policies.

It doesn't have assign official for oversight.

Michigan Department of Education

Local Wellness Policy Assessment Plan

School Name: Tawas Area Schools

Date: 6/4/2025

Nutrition Promotion and Education Goal(s):

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
Example: Food and beverages will not be used as a reward for students.	a) Provide teachers with list of non-food reward examples. b) Discuss changes at back-to-school staff training. c) Follow-up mid-year to discuss challenges and determine additional communication needed.	Before the beginning of next school year.	- Verbal check-ins with staff to ensure compliance. - Teacher survey at end of school year.	Principal	Teachers, staff, students	Yes
Encourage teachers to make 25% of their rewards non-food item or healthy food item	d) Provide teachers with list of non-food reward examples. e) Discuss changes at - school staff meeting. f) Follow-up end of year survey	During 2023/2024 school year	-verbal check-ins -teacher survey during and after school year	Principal	Teachers, staff, students	ongoing

Physical Activity Goal(s):

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
All students 7-12 physical activity and movement shall be integrated when possible throughout the day	Utilize instructed time of day, lunch time, in between classes	During school year	Survey Teachers	Principal	Students and staff	Ongoing

School-based activities to promote student wellness goal(s):

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
School cafeteria will do taste testing	-sample new products and get verbal feedback	Through the school year	Follow up with student input	Food Service Department	Student staff	Ongoing

Nutrition guidelines for all foods and beverages for sale on the school campus (i.e. school meals and smart snacks):

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
Poster to encourage smart snack and drinks	-hang up poster around and near cafeteria	During school year	Check to see if poster are up	Jennifer Soultis	Student staff	Complete

Guidelines for other foods and beverages available on the school campus, but not sold:

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?

Tawas Area School Wellness Meeting Agenda

June 4, 2025 7:30 am to 8:00 am

- 1) Discuss district survey results 2023/24 and 2024/25
- 2) Any new goals to add to assessment plan?
- 3) Hand out update board wellness policy
- 4) Schedule next meeting.

Sign in

Jennifer Soult

Douglas Livingston

Jamie Taffey

~~John~~

Amy Chase

Kelli Doan

Brian Nelson

Erica Carson

Dru Carson

Aaron Hanson

Joe San