



LUNCH

APRIL 2024

HERON LAKE OKABENA #330

Ham Sandwich Substitute Offered Daily If you choose to not take Main Entrée Item

Monday	Tuesday	Wednesday	Thursday	Friday
1 No School	2 Bison Burger Tator Tots Veggie Bar / Fruit Milk	3 Chicken Noodle Hotdish Peas Egg Salad sandwich Veggie Bar / Fruit Milk	4 Soft Shell Taco Corn Bread Veggie Bar / Fruit Milk	5 Corn Dog Baked Beans Veggie Bar / Fruit Milk
8 Hot Ham N Cheese Cooked Carrots Veggie Bar / Fruit Milk	9 Goulash Green Beans Bread Veggie Bar / Fruit Milk	10 Chicken Biscuit Pot Pie Peas/Carrots Parfait Veggie Bar / Fruit Milk	11 Pulled Pork on Bun Baked Beans Dill Pickle Salad Veggie Bar / Fruit Milk	12 Pizza Crunchers W/ Marinara Roasted Broccoli Veggie Bar / Fruit Milk
15 Chicken Patty on Bun Sweet Potato Fries Veggie Bar / Fruit Milk	16 Rib B Que on Bun Baked Potato Veggie Bar / Fruit Milk	17 Chicken Alfredo Roasted Broccoli Bread Veggie Bar / Fruit Milk	18 Walking Tacos Corn Bread Veggie Bar / Fruit Milk	19 Cheese Pizza Green Beans Veggie Bar / Fruit Milk
22 Sliders Baked Beans Veggie Bar / Fruit Milk	23 Chicken Strips Macaroni Salad Bread Veggie Bar / Fruit Milk	24 Spaghetti Green Beans Garlic Toast Veggie Bar / Fruit Milk	25 Chicken Tacos Corn Bread Veggie Bar / Fruit Milk	26 Hot Dog (Brat HS) Cooked Carrots Sun Chips Veggie Bar / Fruit Milk
29 Crispitos Green Beans Bread Veggie Bar / Fruit Milk	30 Popcorn Chicken Bowl Corn Bread Veggie Bar / Fruit Milk			

This institution is an equal opportunity provider

MENU IS SUBJECT TO CHANGE

Allergy information: Menus may contain one or more of the following ingredients –
milk, eggs, soybeans, wheat, or tree nuts

Our School District participates in the USDA Child Nutrition Programs. The U.S. Department of Agriculture (USDA) has developed a civil rights statement for use in its various programs. The purpose of the civil rights statement is to inform applicants, participants and potentially eligible persons of the policy of nondiscrimination and the procedure for filing a civil rights complaint to the USDA.

USDA Child Nutrition Programs Nondiscrimination Statement:

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <https://www.usda.gov/sites/default/files/documents/USDA-OASCR%20P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

- (1) **mail:** U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; or
- (2) **fax:** (833) 256-1665 or (202) 690-7442; or
- (3) **email:** program.intake@usda.gov

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