

MENUS FOR MARCH 2023

Fannin County Elementary Schools

This institution is an equal opportunity provider.
Menus are subject to change.



DIG IN TO SCHOOL BREAKFAST

National School Breakfast Week
MARCH 6-10, 2023



AVAILABLE DAILY

Breakfast: WG Pop-Tart, Variety of WG Cereal, Tiger/Bug Bite WG Crackers, Fruit, Fruit Juice, Choice of Milk

Lunch: The "Munchbox" is a complete meal which includes a serving of protein, whole grain, & vegetable. Students may choose additional fruits, vegetables & choice of milk.

Si es necesario que esta información sea traducida en su idioma, por favor de comunicarse con la escuela de su hijo

Wednesday, March 1

Breakfast
WG Sausage Breakfast Pizza
OR WG Funfetti Cinnamon Roll

Lunch
Popcorn Chicken
w/ WG Roll
Creamed Potatoes, Gravy,
Broccoli, Side Salad,
Orange Juice, Banana

Or Cheese Pizza
OR Ham & Cheese Sandwich
OR Munchbox Power Pack

Thursday, March 2

Breakfast
Cheesy WG Toast w/ Bacon
OR WG Breakfast Bun

Lunch
Chicken Alfredo
w/ Garlic Toast
Green Beans, Baked Sweet
Potato, Side Salad, Apple Juice,
Fresh Seasonal Fruit

Or Griller Hamburger
OR Ham & Cheese Sandwich
OR Munchbox All American

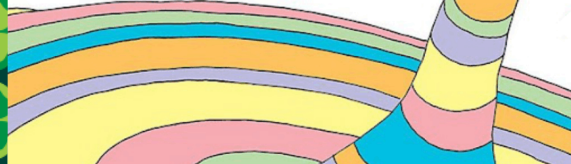
Friday, March 3

Breakfast
Biscuit w/ Gravy
OR WG Pancake Pup

Lunch
Fish Sticks w/ Mac &
Cheese
Corn, Baby Carrots, Side Salad,
Grape Juice, Pears

Or Sausage Pizza
OR Ham & Cheese Sandwich
OR Munchbox Power Pack

*Oh, the Places
You'll
Go!*
By
Dr. Seuss



March 2 is
"Read Across America" Day

Monday, March 6

Breakfast
Veggies for Breakfast Tator Tots
OR Mini Biscuit w/ Chicken
OR WG Breakfast Bun

Lunch
Chicken Sandwich
Black-Eyed Peas,
Seasoned Wedges, Cole Slaw
Apple Juice,
Strawberry Cup

Or Pizza Bagel Bites
OR Ham & Cheese Sandwich
OR Munchbox Power Pack

Tuesday, March 7

Breakfast
Breakfast Yogurt Parfait
OR Sausage Biscuit
OR WG Breakfast Sausage Pizza

Lunch
Chicken Fajita
Nachos w/ Queso Cheese
Corn, Fresh Veggie Dippers,
Lettuce & Diced Tomatoes, Fruit
Punch Juice, Fresh Apple Slices

Or Sausage Pizza
OR Ham & Cheese Sandwich,
OR Munchbox Italiano

Wednesday, March 8

Breakfast
Breakfast Quesadilla
OR Biscuit W/ Egg

Lunch
Chicken Nuggets
w/ WG Waffle
Creamed Potatoes, Gravy
Broccoli, Lettuce &
Sliced Tomatoes
Orange Juice, Banana

Or Griller Hamburger
OR Ham & Cheese Sandwich
OR Munchbox Power Pack

Thursday, March 9

Breakfast
Donut Hole Banana Boat
OR Cheesy WG Toast w/ Bacon

Lunch
Cheese Sticks w/ Marinara
Green Beans, Side Salad,
Pepper Strips, Apple Juice,
Fresh Seasonal Fruit


Or Mini Corn Dogs
OR Ham & Cheese Sandwich
OR Munchbox All American

Friday, March 10

Breakfast
Sunrise Sandwich
Or WG Waffles

Lunch
Cheesy Mac & Frank
w/ Garlic Toast
Corn, Baby Carrots,
Side Salad
Grape Juice, Peaches

Or Cheese Pizza
OR Ham & Cheese Sandwich
OR Munchbox Power Pack



BREAK AN EGG.

Hey, why do you think it's called BREAKfast? A breakfast sandwich of an egg, a slice of lean ham, and a piece of cheese on a whole-wheat English muffin, with an orange and lowfat milk, provides a delicious variety of foods, and only about 550 calories. Keeps you feeling full, too. Enjoy!

EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.
WELLNESS IS A WAY OF LIFE!



★ OUR NATION'S HISTORY ★

Beginning with a severe famine in the 1840's, millions of Irish people came to America seeking a better life and greater freedom. By the late 1800's, New York had a larger population of people born in Ireland than did Dublin, the Irish capital. Today, more than 30 million Americans claim Irish heritage, more than seven times the entire population of Ireland.

★ WITH LIBERTY & JUSTICE FOR ALL ★

BARNYARD MANNERS

When a rooster finds something good to eat in the course of making his rounds, he will often call his flock over to eat first before he eats. He even has a special call to let the hens know that he has found something tasty. So the next time someone accuses you of having barnyard manners, tell them thanks!

ANIMAL APPETITES

Monday, March 13

Breakfast
Mini Biscuit w/ Chicken
OR WG Breakfast Bun

Lunch
Meatball Sub
Green Beans,
Potato Tots, Cole Slaw
Apple Juice,
Strawberry Cup

Or Grilled Cheese Sandwich
OR Ham & Cheese Sandwich
OR Munchbox Power Pack

Tuesday, March 14

Breakfast
Sausage Biscuit
OR WG Donut Holes

Lunch
Beef Taco W/ Cheese Cup,
Lettuce & Diced Tomatoes,
Corn, Fresh Veggie Dippers,
Fruit Punch Juice,
Blueberries w/ Whipped Topping

Or Chicken Sandwich
OR Ham & Cheese Sandwich
OR Munchbox Italiano

Wednesday, March 15

Breakfast
WG Brakfast Pizza
OR WG Funfetti Cinnamon Roll,

Lunch
Popcorn Chicken w/Roll
Baked Beans, Creamed Potatoes,
Gravy, Broccoli, Side Salad,
Orange Juice, Banana

Or Cheese Pizza
OR Ham & Cheese Sandwich
OR Munchbox Power Pack

Thursday, March 16

Breakfast
Cheesy WG Toast w/ Bacon
OR WG Breakfast Bun

Lunch
Chicken and Gravy
over Rice w/Roll
Green Peas, Carrots, Side Salad,
Apple Juice, Seasonal Fresh Fruit

Or Beef Hot Dog
OR Ham & Cheese Sandwich
OR Munchbox All American

Friday, March 17

Parent/Teacher Conferences

Breakfast
Biscuit w/ Gravy
OR WG Pancake Pup

Lunch
Fish Sticks w/ Mac & Cheese
Corn, Veggie Dippers, Side Salad,
Grape Juice, Pears

Or Pepperoni Pizza
OR Ham & Cheese Sandwich
OR Munchbox Power Pack

Monday, March 20

Breakfast
Mini Biscuit w/ Chicken
OR WG Breakfast Bun

Lunch
Cheezy Twiz Stick w/
Marinara Sauce
Baked Beans,
Seasoned Wedges,
Baby Carrots,
Apple Juice, Strawberry Cup

Or BBQ Pork Sandwich
OR Turkey & Cheese Sandwich
OR Munchbox Power Pack

Tuesday, March 21

Breakfast
Sausage Biscuit
OR WG Breakfast Pizza

Lunch
Chili w/Tortilla Chips
Corn, Fresh Veggie Dippers,
Baked Potato, Cheese Cup,
Fruit Punch Juice,
Fresh Apple Slices

Or Pepperoni Pizza
OR Ham & Cheese Sandwich
OR Munchbox Italiano

Wednesday, March 22

Breakfast
Biscuit w/Egg **OR**
WG Bagel w/Strawberry Cream
Cheese

Lunch
Chicken Nuggets
w/ Waffle
Baked, Beans, Creamed
Potatoes, Gravy Broccoli,
Lettuce & Sliced Tomatoes
Orange Juice, Banana

Or Griller Hamburger
OR Ham & Cheese Sandwich
OR Munchbox Power Pack

Thursday, March 23

Breakfast
Cheesy WG Toast w/ Bacon
OR WG Breakfast Bun

Lunch
Spaghetti w/ Beef Sauce &
Garlic Breadstick,
Green Beans, Sliced Cucumber,
Baked Sweet Potato,
Apple Juice,
Fresh Seasonal Fruit

Or Carolina Bird Dog
OR Ham & Cheese Sandwich
OR Munchbox All American

Friday, March 24

Breakfast
Biscuit w/ Gravy
OR WG Waffles

Lunch
Cheesy Mac & Frank
w/ Garlic Toast
Corn, Baby Carrots,
Side Salad,
Grape Juice, Peaches

Or Cheese Pizza
OR Ham & Cheese Sandwich
OR Munchbox Power Pack

Monday, March 27

Breakfast
Mini Biscuit w/ Chicken
OR WG Breakfast Bun

Lunch
Cheesy Chili Tots w/
Saltine Crackers
Fresh Veggie Dippers, Black-
eyed Peas, Cucumber Slices,
Apple Juice, Peach Cup

Or Beef Hot Dog
OR Ham & Cheese Sandwich
OR Munchbox Power Pack

Tuesday, March 28

Breakfast
Sausage Biscuit
OR WG Donut Holes

Lunch
Beef Nachos
Fresh Veggie Dippers, Lettuce &
Diced Tomato, Corn, Cheese Cup,
Fruit Punch Juice,
Blueberries W/Whipped Topping

Or Mini Corn Dogs
OR Ham & Cheese Sandwich
OR Munchbox Italiano

Wednesday, March 29

Breakfast
WG Sausage Breakfast Pizza
OR WG Funfetti Cinnamon Roll

Lunch
Popcorn Chicken
w/ WG Roll
Creamed Potatoes, Gravy,
Broccoli, Side Salad,
Orange Juice, Banana

Or Cheese Pizza
OR Ham & Cheese Sandwich
OR Munchbox Power Pack

Thursday, March 30

Breakfast
Cheesy WG Toast w/ Bacon
OR WG Breakfast Bun

Lunch
Chicken Alfredo
w/Garlic Toast
Green Beans, Baked Sweet
Potato, Side Salad, Apple Juice,
Fresh Seasonal Fruit

Or Griller Hamburger
OR Ham & Cheese Sandwich
OR Munchbox All American

Friday, March 31

Breakfast
Biscuit w/ Gravy
OR WG Pancake Pup

Lunch
Fish Sticks w/ Mac & Cheese
Corn, Baby Carrots, Side Salad,
Grape Juice, Pears

Or Sausage Pizza
OR Ham & Cheese Sandwich
OR Munchbox Power Pack