11/20/2026

Good morning!

Please pause for a moment of silence.

Please stand for the pledge.

- **Lunch Menu:** Hamburger/CZburger, Baked Beans, Fries, Sweet Potato Fries

- **Need a pick-me-up?** The English department will be selling espresso shots between classes in the English hallway this week. Get your caffeine for $1.00 per serving.
- This is an announcement for the Friday study skills group: group will meet today! Check your email for details.

Happy BIrthday to Landon Pruiett, Lillianne McCoy, Abram Norman, Chloe Anders, Parker Bennett, Lexie Newman, Trever Thorne, Sterling Hackett, Alivia Jernigan, Britani Garcia Galdamez, & Kasi Hill!

Thought of the day:

"Self-compassion is simply giving the same kindness to ourselves that we would give to others."

Have a Fantabulous Friday and remember, we are proud to be a Raider!