

# MARCH 2026

Forest Hills Consolidated School

A Look Into April:

4/17 – Early Release at 11:30 am

4/20-4/24 – No School Spring Break

Scholastic Book Fair: 3/11 & 3/12  
During Parent Teacher Conferences

## Monday

Oatmeal with Blueberries & Toast **2**  
  
Chicken Burger  
Sweet Potato Fries  
Pickled Beets

Cereal & Toast **9**  
  
**Breakfast for Lunch**  
Sausage Gravy & Biscuit  
Eggs, Hashbrown  
Tomatoes & Oranges

Cereal & Toast **16**  
  
Hamburger or Cheeseburger  
Tater Tots  
Veggie Sticks & Hummus

Cereal & Toast **23**  
  
Mac & Cheese  
Hot Dog  
Broccoli & Roll

Cereal & Toast **30**  
  
Chicken Cordon Bleu Burger  
Chips & Hummus  
Carrot Sticks

## Tuesday

Pancakes **3**  
  
Beef & Cheese Burrito  
Black Bean Salad  
Sour Cream & Salsa

Yogurt Parfait **10**  
  
Chicken Nachos  
Lettuce, Tomatoes, Peppers,  
Cheese  
Sour Cream & Salsa

Waffles **17**  
  
Roast Pork Dinner  
Mashed Potatoes, Carrots  
Roll & Applesauce

Muffin **24**  
  
Chicken Poutine  
Peas

Bagel **31**  
  
Beef Enchilada Casserole  
Salsa & Sour Cream

## Wednesday

Bagel **4**  
  
**Early Release at 11:30 am**  
**Teacher Workshop**  
  
American Chop Suey  
Greenbeans  
Roll

French Toast **11**  
  
**Early Release at 11:30 am**  
**Teacher Workshop**  
  
Spaghetti with Meat Sauce  
Garlic Bread  
Corn

Cinnamon Roll & Bacon **18**  
  
Chicken Noodle Soup  
Cheese Stuffed Breadstick  
Corn

Breakfast Bar **25**  
  
Manicotti  
Salad  
Garlic Bread

## Thursday

Muffin **5**  
  
Turkey & Cheese Sandwich  
Crackers  
Veggie Sticks

Donut **12**  
  
**Early Release at 11:30 am**  
**Teacher Workshop**  
  
Corn Dog  
French Fries  
Carrots & Hummus

Bagel **19**  
  
Fish Sticks  
Rice  
Mixed Veggies

Pancakes **26**  
  
Ham & Cheese Hoagie  
French Fries  
Carrots

## Friday

Cereal & Toast **6**  
  
French Bread Pizza  
Corn

Cereal & Toast **13**  
  
Loaded Baked Potato  
(Chicken, Broccoli, Bacon,  
Cheese & Sour Cream)

Oatmeal & Toast **20**  
  
Pizza Quesadilla  
Salad

Cereal & English Muffin **27**  
  
Beef Stroganoff over Noodles  
Greenbeans  
Roll



Menu is subject to change based on availability.

Snack Milks & Extra Milks at mealtimes are available to purchase - \$.50 each.

A variety of low-fat milk is served at every meal as well as fruits & vegetables. PBJ or yogurt is offered as an alternative lunch choice. FHCS uses WowButter for peanut butter.

This institution is an equal opportunity provider.