

MARCH 2025

BREAKFAST SERVED 7:15am to 7:45am SECOND BREAKFAST SERVED 8:20am to 8:45am

INGRAM TOM MOORE HIGH & INGRAM MIDDLE SCHOOL

Monday	Tuesday	Wednesday	Thursday	Friday
WG Pancakes Or WG Cereal Fruit 100% Apple or Orange Juice Milk	WG Donut & Sausage Or WG Cereal Fruit 100% Apple or Orange Juice Milk	WG Biscuit & Sausage/gravy Or WG Cereal Fruit 100% Apple or Orange Juice Milk	Eggs, Hashbrown, Toast/jelly Or WG Cereal Chilled Fruit 100% Apple or Orange Juice Milk	WG Poptart WG Cereal Fruit 100% Apple or Orange Juice Milk
WG French Toast Sticks Or WG Cereal Fruit 100% Apple or Orange Juice Milk	WG Muffin WG Cereal Fruit 100% Apple or Orange Juice Milk	WG Biscuit & Sausage/gravy Or WG Cereal Fruit 100% Apple or Orange Juice Milk	Breakfast Taco Or WG Cereal Fruit 100% Apple or Orange Juice Milk	WG Cinnamon Roll Or WG Cereal Fruit 100% Apple or Orange Juice Milk
SPRING BREAK	SPRING BREAK	SPRING BREAK	SPRING BREAK	SPRING BREAK
WG Pancake on Stick/syrup Or WG Cereal Fruit 100% Apple or Orange Juice Milk	WG Breakfast Pizza Or WG Cereal Fruit 100% Apple or Orange Juice Milk	WG Biscuit & Sausage/gravy 26 Or WG Cereal Fruit 100% Apple or Orange Juice Milk	WG Breakfast Burrito Or WG Cereal Fruit 100% Apple or Orange Juice Milk	Yogurt Cup w/Grahams Or WG Cereal Chilled Fruit 100% Apple or Orange Juice Milk
WG Pancakes Or WG Cereal Fruit 100% Apple or Orange Juice Milk				

Remember To Start Each Day With A Healthy Breakfast

Fat Free Chocolate Milk, 1% White Milk, 100% Fruit Juice and Assorted Fruits Are Offered Daily



^{*}ALL MENUS ARE SUBJECT TO CHANGE

^{**}THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER