

Module 1: School Health and Safety Policies and Environment

Scorecard for Questions Completed in Module 1

SHI Edition: SHI 2017 (7th Edition) Created:21/03/2019

#	Criteria	Fully in Place	Partially in Place	Under Development	Not in Place	Does not Apply
1	Representative school health committee or team (CC.1)	3				
2	Written school health and safety policies (CC.2)	3				
3	Communicate health and safety policies to students, parents, staff members, and visitors (CC.3)	3				
4	Overcome barriers to learning (CC.4)	3				
5	Enrichment experiences (CC.5)	3				
6	Local wellness policy (CC.6)	3				
7	Standard precautions policy (CC.7)	3				
8	Written crisis preparedness and response plan (CC.8)	3				
9	School start times (CC.9)		2			
10	Student involvement in decision-making (CC.10)		2			
11	Access to physical activity facilities outside school hours (PA.1)		2			
12	Prohibit using physical activity as punishment (PA.2)	3				
13	Prohibit using food as reward or punishment (N.1)		2			
14	Water testing (N.2)	3				
15	Access to free drinking water throughout the school day (N.3)	3				
16	Access to free drinking water throughout the extended school day (N.4)	3				
17	All foods sold during the school day meet the USDA's Smart Snacks in School nutrition standards. (N.5)	3				
18	All beverages sold during the school day meet the USDA's Smart Snacks in School nutrition standards. (N.6)	3				
19	At the high school level, beverages sold during the school day exceed the USDA's Smart Snacks in School nutrition standards. (N.7)	3				
20	All foods and beverages served and offered during the school day meet the USDA's Smart Snacks in School nutrition standards. (N.8)	3				
21	All foods and beverages sold during the extended school day meet the USDA's Smart Snacks in School nutrition standards. (N.9)	3				
22	All foods and beverages served and offered during the extended school day meet the USDA's Smart Snacks in School nutrition standards. (N.10)	3				
23	Fundraising efforts during and outside school hours meet the USDA's Smart Snacks in School nutrition standards. (N.11)		2			
24	Food and beverage marketing (N.12)	3				
Column Totals		57	10	0	0	0 -

Score Legend

81 - 100%	High
41 - 80%	Medium
0 - 40%	Low

Total Points/
Maximum
Points
Module 1
score

67/72
93%

Module 2: Health Education

Scorecard for Questions Completed in Module 2

SHI Edition: SHI 2017 (7th Edition) Created:21/03/2019

#	Criteria	Fully in Place	Partially in Place	Under Development	Not in Place	Does not Apply
1	Required health education course (CC.1)	3				
2	Health education grading (CC.2)	3				
3	Sequential health education curriculum consistent with standards (CC.3)	3				
4	Active learning strategies (CC.4)	3				
5	Opportunities to practice skills (CC.5)	3				
6	Culturally-appropriate activities and examples (CC.6)	3				
7	Assignments encourage student interaction with family and community (CC.7)	3				
8	Credentialed health education teachers (CC.8)	3				
9	Professional development in health education (CC.9)		2			
10	Professional development in delivering curriculum (CC.10)			2		
11	Professional development in classroom management techniques (CC.11)			2		
12	Essential topics on physical activity (PA.1)			2		
13	Essential topics on healthy eating (N.1)			2		
Column Totals		24	10	0	0	-

Score Legend

81 - 100%	High
41 - 80%	Medium
0 - 40%	Low

**Total Points/
Maximum Points**

34/39

Module 2 score

87%

Module 3: Physical Education and Physical Activity Programs

Scorecard for Questions Completed in Module 3

SHI Edition: SHI 2017 (7th Edition) Created:21/03/2019

#	Criteria	Fully in Place	Partially in Place	Under Development	Not in Place	Does not Apply
1	225 minutes of physical education per week (PA.1)			2		
2	Years of physical education (PA.2)			2		
3	Time requirement for length of physical education class (PA.3)	3				
4	Adequate teacher/student ratio (PA.4)	3				
5	Sequential physical education curriculum consistent with standards (PA.5)	3				
6	Information and materials for physical education teachers (PA.6)	3				
7	Physical education grading (PA.7)	3				
8	Prohibit exemptions or waivers for physical education (PA.8)			2		
9	Substitutions for physical education (PA.9)	3				
10	Students active at least 50% of class time (PA.10)	3				
11	Individualized physical activity and fitness plans (PA.11)	3				
12	Health-related physical fitness (PA.12)	3				
13	Promote community physical activities (PA.13)	3				
14	Licensed physical education teachers (PA.14)	3				
15	Address special health care needs (PA.15/CHC.1)	3				
16	Physical education safety practices (PA.16/CHC.2/S.1)	3				
17	Professional development for teachers (PA.17)	3				
18	Professional development for classroom teachers (PA.18)			2		
19	Participation in intramural programs or physical activity clubs (PA.19)					0
20	Availability of interscholastic sports (PA.20)			2		
21	Promotion or support of walking and bicycling to and/or from school (PA.21)					0
22	Availability of before- and after-school physical activity opportunities (PA.22)					n/a
23	Availability of physical activity breaks in classrooms (PA.23)	3				
24	Adequate physical activity facilities (PA.24)	3				
25	Training requirements for sports coaches (PA.25)					1
26	Physical activity facilities meet safety standards (PA.26/S.2)	3				
27	Athletics safety requirements (PA.27/S.3)	3				
Column Totals		54	10	1	0	-

Score Legend

81 - 100%	High
41 - 80%	Medium
0 - 40%	Low

**Total Points/
Maximum
Points
Module 3
score** 65/78
83%

Module 4: Nutrition Environment and Services

Scorecard for Questions Completed in Module 4

SHI Edition: SHI 2017 (7th Edition) Created:21/03/2019

#	Criteria	Fully in Place	Partially in Place	Under Development	Not in Place	Does not Apply
1	Breakfast and lunch programs (N.1)	3				
2	School breakfast (N.2)	3				
3	School lunch (N.3)	3				
4	Variety of offerings in school meals (N.4)	3				
5	Healthy food purchasing and preparation practices (N.5)	3				
6	Venues outside the cafeteria offer fruits and vegetables (N.6)					n/a
7	Promote healthy food and beverage choices using Smarter Lunchroom techniques (N.7)	3				
8	Adequate time to eat school meals (N.8)	3				
9	Collaboration between school nutrition services staff members and teachers (N.9)	3				
10	Annual continuing education and training requirements for school nutrition services staff (N.10)	3				
11	Clean, safe, pleasant cafeteria (N.11/S.1)	3				
12	Preparedness for food emergencies (N.12/S.2)	3				
13	Food safety training (N.13/S.3)	3				
14	Farm to School activities (N.14)			2		
Column Totals		36	2	0	0	-

Score Legend

81 - 100%	High
41 - 80%	Medium
0 - 40%	Low

**Total Points/
Maximum Points**

38/39

Module 4 score

97%

Module 5: School Health Services

Scorecard for Questions Completed in Module 5

SHI Edition: SHI 2017 (7th Edition) Created:21/03/2019

#	Criteria	Fully in Place	Partially in Place	Under Development	Not in Place	Does not Apply
1	Health services provided by a full-time school nurse (CC.1)			1		
2	School-based healthcare services (CC.2)		2			
3	Health and safety promotion for students and families (CC.3)				0	
4	Collaborate with other school staff members (CC.4)		2			
5	Implement a referral system (CC.5)	3				
6	Student health information, including insurance (CC.6)	3				
7	Consulting school health physician (CC.7)		2			
8	Food allergy management plan (N.1)	3				
Column Totals		9	6	1	0	-

Score Legend

81 - 100%	High
41 - 80%	Medium
0 - 40%	Low

**Total Points/
Maximum Points**

16/24

Module 5 score

67%

Module 6: School Counseling, Psychological, and Social Services

Scorecard for Questions Completed in Module 6

SHI Edition: SHI 2017 (7th Edition) Created:21/03/2019

#	Criteria	Fully in Place	Partially in Place	Under Development	Not in Place	Does not Apply
1	Counseling, psychological, and social services provided by a full-time counselor, social worker, and psychologist (CC.1)				1	
2	Health and safety promotion and treatment (CC.2)		3			
3	Collaborate with other school staff members (CC.3)		3			
4	Identify and track students with emotional, behavioral, and mental health needs (CC.4)		3			
5	Establish referral system (CC.5)		3			
6	Aid students during transitions (CC.6)			2		
Column Totals		12	2	1	0	-

Score Legend

81 - 100%	High
41 - 80%	Medium
0 - 40%	Low

**Total Points/
Maximum Points**

15/18

Module 6 score

83%

Module 7: Social and Emotional Climate

Scorecard for Questions Completed in Module 7

SHI Edition: SHI 2017 (7th Edition) Created:21/03/2019

#	Criteria	Fully in Place	Partially in Place	Under Development	Not in Place	Does not Apply
1	Positive school climate (CC.1)			2		
2	Positive student relationships (CC.2)	3				
3	Professional development on meeting diverse needs of students (CC.3)			2		
4	Collaboration to promote social and emotional learning (CC.4)	3				
5	School-wide social and emotional learning (CC.5)	3				
6	Community partnerships to promote social and emotional learning for students in school (CC.6)			2		
7	Prevent harassment and bullying (CC.7)	3				
8	Active supervision (CC.8)	3				
9	Engaging all students (CC.9)	3				
Column Totals		18	6	0	0	-

Score Legend

81 - 100%	High
41 - 80%	Medium
0 - 40%	Low

**Total Points/
Maximum Points**

24/27

Module 7 score

89%

Module 8: Physical Environment

Scorecard for Questions Completed in Module 8

SHI Edition: SHI 2017 (7th Edition) Created:21/03/2019

#	Criteria	Fully in Place	Partially in Place	Under Development	Not in Place	Does not Apply
1	School environmental health program (CC.1)	3				
2	Effective management of an environmental health and safety program (CC.2)	3				
3	Professional development for school environmental health (CC.3)	3				
4	Student involvement in promoting environmental health (CC.4)	3				
5	Cleaning and maintenance practices (CC.5)	3				
6	Implement indoor air quality practices (CC.6)	3				
7	Implement integrated pest management practices (CC.7)	3				
Column Totals		21	0	0	0	0 -

Score Legend

81 - 100%	High
41 - 80%	Medium
0 - 40%	Low

**Total Points/
Maximum Points**

21/21

Module 8 score

100%

Module 9: Employee Wellness and Health Promotion

Scorecard for Questions Completed in Module 9

SHI Edition: SHI 2017 (7th Edition) Created:21/03/2019

#	Criteria	Fully in Place	Partially in Place	Under Development	Not in Place	Does not Apply
1	Health education for staff members (CC.1)	3				
2	Health assessments for staff members (CC.2)		2			
3	Promote staff member participation (CC.3)	3				
4	Stress management programs for staff (CC.4)	3				
5	Staff mental health promotion (CC.5)		2			
6	Breastfeeding policy (CC.6)	3				
7	Programs for staff members on physical activity/fitness (PA.1)	3				
8	Programs for staff members on healthy eating/weight management (N.1)	3				
9	All foods served and sold to staff meet the USDA's Smart Snacks in School nutrition (N.2)		2			
10	Modeling healthy eating and physical activity behaviors (N.3/PA.2)	3				
Column Totals		21	6	0	0	0 -

Score Legend

81 - 100%	High
41 - 80%	Medium
0 - 40%	Low

**Total Points/
Maximum Points**

27/30

Module 9 score

90%

Module 10: Family Engagement

Scorecard for Questions Completed in Module 10

SHI Edition: SHI 2017 (7th Edition) Created:21/03/2019

#	Criteria	Fully in Place	Partially in Place	Under Development	Not in Place	Does not Apply
1	Communication with families (CC.1)	3				
2	Parenting strategies (CC.2)		2			
3	Family engagement in school decision making (CC.3)		2			
4	Family volunteers (CC.4)		2			
5	Family engagement in learning at home (CC.5)	3				
6	Family access to school facilities (CC.6)				1	
7	Professional development on family engagement strategies (CC.7)		2			
8	Professional development to assist parents seeking services (CC.8)		2			
9	School health updates for families (CC.9)	3				
10	Student and family involvement in the school meal programs and other foods and beverages sold, served and offered on school campus. (N.1)	3				
Column Totals		12	10		1	0 -

Score Legend

81 - 100%	High
41 - 80%	Medium
0 - 40%	Low

**Total Points/
Maximum Points**

23/30

Module 10 score

77%

Module 11: Community Involvement

Scorecard for Questions Completed in Module 11

SHI Edition: SHI 2017 (7th Edition) Created:21/03/2019

#	Criteria	Fully in Place	Partially in Place	Under Development	Not in Place	Does not Apply
1	Community involvement in school decision making (CC.1)	3				
2	Community volunteers (CC.2)		2			
3	Community involvement in school health initiatives (CC.3)		2			
4	Community-wide health promotion events (CC.4)		2			
5	Out-of-school programs (CC.5)				1	
6	Community involvement in improving student health (CC.6)					n/a
7	Student involvement with community organizations (CC.7)	3				
8	Partnerships with community healthcare providers (CC.8)	3				
9	Agreement with community partners (CC.9)	3				
Column Totals		12	6	1	0	-

Score Legend

81 - 100%	High
41 - 80%	Medium
0 - 40%	Low

**Total Points/
Maximum Points**

19/24

Module 11 score

79%