

# SARAH NOBLE INTERMEDIATE SCHOOL LUNCH MENU

## NOVEMBER 2023

### Alternate Lunch Options Offered Daily:

Charcuterie Lunch

Whole Wheat Bagel or Cereal  
/ Yogurt Plate

Yogurt Parfait w/ Homemade  
Granola

Chef Salad

Sunbutter w/ Jelly on Whole  
Wheat Bread

or

**Deli Bar**

Choices:

Ham, Turkey or Combo

American Cheese &  
Provolone Cheese

Whole Grain Roll, Bread or  
Wrap

Toppings:

Lettuce, Tomato, Pickles,  
Olives, Mayo & Mustard

**Hummus w/ Pita Bread**  
Week of 11/13 only

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

**Local Apples from Maple Bank  
Farm will be Offered in  
November!**



<sup>1</sup>  
Penne Pasta w/  
Marinara Sauce +  
Meatballs

Tossed Garden  
Salad



<sup>2</sup>  
Hamburger or  
Cheeseburger on  
Whole Grain Bun

Oven Baked Crinkle  
Fries

<sup>3</sup>  
Stuffed Crust  
Pizza

**Kale Yeah Salad  
w/ Local Kale!**

<sup>6</sup>  
Baked Pizza  
Crunchers

Roasted Squash

<sup>7</sup>  
**Parent  
Conferences**  
**No School**

<sup>8</sup>  
**Brunch for Lunch!**  
French Toast Sticks  
Sausage Links  
Baked Potato Puffs



<sup>9</sup>  
Personal Pizza  
**Kale Yeah Salad  
w/ Local Kale!**



<sup>10</sup>  
  
**VETERANS  
DAY**  
**No School**

<sup>13</sup>  
Baked Popcorn  
Chicken  
Warm Garlic  
Breadstick  
Parmesan Broccoli



<sup>20</sup>  
Chicken + Waffles  
Chicken Tenders

Roasted  
Cauliflower

<sup>14</sup>  
Cheese Quesadilla  
w/ Salsa  
Refried Beans



**New!** <sup>21</sup>  
**Nacho Tuesday**  
Tostito Scoops w/  
Taco Meat + Queso  
Golden Corn

<sup>15</sup>  
BBQ Rib on Wheat  
Roll  
Vegetarian Baked  
Bean  
Sweet Potato Fries

**1/2 Day!** <sup>22</sup>

Pizza

Tossed Garden  
Salad

<sup>16</sup>  
**Turkey Dinner**  
Roasted Turkey w/ Gravy  
Mashed Potato  
**Roasted Butternut  
Squash with Local  
Squash!**  
Warm Turkey Pretzel



<sup>17</sup>  
Pizza Bagel  
Caesar Salad



**Thanksgiving Holiday  
No School!**

<sup>27</sup>  
Bosco Sticks w/  
Marinara Sauce

Garden Green  
Beans



<sup>28</sup>  
Asian Chicken  
Brown Rice  
Broccoli Florets



<sup>29</sup>  
Grilled Cheese on  
Whole Wheat  
Warm Tomato Soup  
Fresh Cut  
Vegetables + Dip



<sup>30</sup>  
Egg Sausage +  
Cheese on Warm  
Croissant

Baked Potato Puffs

**All meals come with  
fat free or 1% milk  
and our Rainbow  
Fruit & Veggie Tray!**