Califon Public School Curriculum



Subject:	Grade:	Unit #:	Pacing:
Physical Education	1st	1	4 weeks (September)

Unit Title: Sportsmanship & Safety

OVERVIEW OF UNIT:

The students will become familiar with the importance of good sportsmanship. In addition, the students will work on reviewing the importance of safety rules while participating in physical activities.

Big Ideas

- It is important to be a good sport.
- Safety is essential when playing physical sports.

Essential Questions

- It is important to be a good sport.
- Safety is essential when playing physical sports.

Objectives

- Students will be able to explain why it is important to be a good sport when playing with friends.
- Students will be able to identify ways to keep safe while playing with friends.

Assessment

Formative Assessment:

- Teacher Observation
- Discussion
- Student -feedback
- Question and answer

Benchmark:

• Assessments/Unit Tests

Alternative:

- Games
- Modified assessments

Summative Assessment:

- Skill testing
- Written records

Key Vocabulary

- Sportsmanship
- Safety

Resources & Materials

- Physical Education Equipment
- SPARK Book

Technology Infusion

Teacher Technology:

Chromebook

Student Technology:

Chromebook

Activities:

• Students will utilize Chromebooks to watch videos demonstrating safety in sports and then create collages showing important safety rules.

Standard	Standard Description	
8.1.2.CS.1	Select and operate computing devices that perform a variety of tasks accurately and	
	quickly based on user needs and preferences.	

Interdisciplinary Integration

Activities:

• Students will work in groups to collaborate, at times taking leadership roles, to communicate project ideas to the whole class.

Resources:

- Teacher Vision Cross-Curricular Theme Map https://www.teachervision.com/teaching-methods/curriculum-planning/7167.html
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Standard	Standard Description
NJSLS-ELA	Participate in collaborative conversations with diverse partners about grade 1 topics
SL.PE.1.1	and texts with peers and adults in small and larger groups.

21st Century Life Skills Standards

Activities:

ideas to the whe	of Class.
Standard	Student Learning Objectives

Version Update: August 2025

9.4.2.CI.1	Demonstrate openness to new ideas and perspectives
9.4.2.CI.2	Demonstrate originality and inventiveness in work

Careers **Activities:** • Students will work in groups to collaborate, at times taking leadership roles, to communicate project ideas to the whole class. **Practice Description** Students readily recognize problems in the workplace, understand the nature of the Utilize critical thinking problem, and devise effective plans to solve the problem. They are aware of the to make sense of problems and persevere problem and carefully consider the options to solve the problem. Once a solution is agreed upon, they follow through to ensure the problem is solved, whether through in solving them. this when they occur and take action quickly to address the problem; they thoughtfully investigate the root cause of the problem prior to introducing solutions. Their own actions or the actions of others. Model integrity, ethical Students consistently act in ways that align personal and community-held ideals leadership and effective and principles while employing strategies to positively influence others in the workplace. They have a clear understanding of integrity and act on this management. understanding in every decision. They use a variety of means to positively impact the directions and actions of a team or organization, and they apply insights into human behavior to change others' action, attitudes and/or beliefs. They recognize the near-term and long-term effects that management's actions and attitudes can

have on productivity, morals and organizational culture.

Standards		
Standard #	Standard Description	
2.2.2.MSC.1	Perform a combination of sequences of locomotor movements and rhythmic activities	
	(e.g., walking, balancing, hoping, skipping, running).	
2.2.2.MSC.2	Differentiate non-locomotor and locomotor movements as well transferring body	
	weight (e.g., stretching, bending, twisting, curling).	
2.2.2.MSC.3	Demonstrate manipulative movements (e.g., throwing, catching, dribbling, running,	
	kicking) while moving in personal and general space, time, directions, pathways and	
	ranges.	
2.2.2.MSC.4	Differentiate manipulative movements (e.g., throwing, catching, dribbling).	
2.2.2.MSC.5	Adjust and correct movements and skill in response to feedback.	
2.2.2.MSC.6	Execute appropriate behaviors and etiquette while participating in and viewing	
	activities, games, sports, and other events to contribute to a safe environment.	
2.2.2.MSC.7	Demonstrate kindness towards self and others during physical activity to create a safe	
	and caring environment.	
2.2.2.MSC.8	Explain the difference between offense and defense.	
2.2.2.PF.1	Explain the benefits of regular physical activity and what it means to be physically fit	
	in relation to personal health. (e.g., healthy heart, strong bones, increased energy,	
	strong muscles).	

2.2.2.PF.2	Explore how to move different body parts in a controlled manner
2.2.2.PF.3	Engage in moderate to vigorous age-appropriate physical movement and physical
	activities that promote movement (e.g., games, challenges, team building).
2.2.2.PF.4	Demonstrate strategies and skills that enable team and group members to achieve
	goals.
2.2.2.LF.1	Express one's feeling and emotions when involved in movement and physical
	activities to increase positive behaviors.
2.2.2.LF.2	Perform movement skills that involve controlling and adapting posture and balance,
	to successfully negotiate different environments (e.g., mats, turf fields, grass fields,
	hard surfaces, gym floors, sand, water, snow) during physical activity
2.2.2.LF.3	Explore the body's range of motion through participating in flexibility and breathing
	exercises (e.g., stretching, mindfulness, yoga).
2.2.2.LF.4	Identify physical activities available outside of school that are in the community
	

Differentiation

Students with 504 plans

- Preferential seating
- Guided notes
- Extra time
- Teacher check-ins
- Use graphic organizers
- Redirect attention
- Prioritize tasks
- Small group testing
- Provide modifications & accommodations per individual student's 504 plan

Special Education

- Provide modifications & accommodations as listed in the student's IEP
- Position the student near a helping peer or have quick access to the teacher
- Modify or reduce assignments/tasks
- Reduce the length of the assignment for different modes of delivery
- Increase one-to-one time
- Prioritize tasks
- Use graphic organizers
- Use online resources for skill-building
- Provide teacher notes
- Use collaborative grouping strategies, such as small groups
- NJDOE resources http://www.state.nj.us/education/specialed/

Response to Intervention (RTI)

- Tiered interventions following the RTI framework
- Effective RTI strategies for teachers http://www.specialeducationguide.com/pre-k-12/response-to-intervention/effective-rti-strategies-for-teachers/
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English Language Learners (ELL)

- Provide text-to-speech
- Use of a translation dictionary or software
- Provide graphic organizers
- NJDOE resources http://www.state.ni.us/education/aps/cccs/ELL.htm
- Adapt a Strategy Adjusting strategies for ESL students -http://www.teachersfirst.com/content/esl/adaptstrat.cfm

Enrichment

- Process should be modified: higher order thinking skills, open-ended thinking, discovery
- Utilize project-based learning for greater depth of knowledge
- Utilize exploratory connections to higher-grade concepts
- Contents should be modified: real-world problems, audiences, deadlines, evaluations, transformations
- Learning environments should be modified: student-centered learning, independence, openness, complexity, and groups should be varied
- NJDOE resources

Califon Public School Curriculum



Subject:	Grade:	Unit #:	Pacing:
Physical Education	1st	2	4 weeks (October)

Unit Title: Locomotor Skills

OVERVIEW OF UNIT:

The students will work on improving their locomotor skills.

Big Ideas

- It is important to be a good sport when playing with friends.
- Many activities will help your locomotor skills.

Essential Questions

- Why is it important to be a good sport when playing with friends?
- What can you do to improve your locomotor skills?

Objectives

- Students will be able to describe the importance of being a good sport when playing with friends.
- Students will be able to demonstrate ways to improve locomotor skills.

Assessment

Formative Assessment:

- Teacher Observation
- Discussion
- Student -feedback
- Question and answer

Benchmark:

Assessments/Unit Tests

Alternative:

- Games
- Modified assessments

Summative Assessment:

- Skill testing
- Written records

Key Vocabulary

- Sportsmanship
- Locomotor

Resources & Materials

- Physical Education Equipment
- SPARK Book

Technology Infusion

Teacher Technology:

Chromebook

Student Technology:

Chromebook

Activities:

• Students will use Chromebooks to watch demonstrations of how they can improve their locomotor skills.

Standard	Standard Description	
8.1.2.CS.1	Select and operate computing devices that perform a variety of tasks accurately and	
	quickly based on user needs and preferences.	

Interdisciplinary Integration

Activities:

• Students will work in groups to collaborate, at times taking leadership roles, to communicate project ideas to the whole class.

Resources:

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- STEM Works http://stem-works.com/activities
- What Every Educator Should Know About Using Google by Shell Education
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Standard	Standard Description
NJSLS-ELA	Participate in collaborative conversations with diverse partners about grade 1 topics
SL.PE.1.1	and texts with peers and adults in small and larger groups.

21st Century Life Skills Standards

Activities:

Standard	Student Learning Objectives
9.4.2.CI.1	Demonstrate openness to new ideas and perspectives
9.4.2.CI.2	Demonstrate originality and inventiveness in work

Careers

Activities:

Practice	Description
Utilize critical thinking	Students readily recognize problems in the workplace, understand the nature of the
to make sense of	problem, and devise effective plans to solve the problem. They are aware of the
problems and persevere	problem and carefully consider the options to solve the problem. Once a solution is
in solving them.	agreed upon, they follow through to ensure the problem is solved, whether through
	this when they occur and take action quickly to address the problem; they
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Standards		
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	ranges.	
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2.2.2.MSC.6	Execute appropriate behaviors and etiquette while participating in and viewing	
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	and caring environment.	
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2.2.2.PF.1	Explain the benefits of regular physical activity and what it means to be physically fit	
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2.2.2.PF.2	Explore how to move different body parts in a controlled manner	

2.2.2.PF.3	Engage in moderate to vigorous age-appropriate physical movement and physical activities that promote movement (e.g., games, challenges, team building).
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2.2.2.LF.1	Express one's feeling and emotions when involved in movement and physical activities to increase positive behaviors.
2.2.2.LF.2	Perform movement skills that involve controlling and adapting posture and balance, to successfully negotiate different environments (e.g., mats, turf fields, grass fields, hard surfaces, gym floors, sand, water, snow) during physical activity
2.2.2.LF.3	Explore the body's range of motion through participating in flexibility and breathing exercises (e.g., stretching, mindfulness, yoga).
2.2.2.LF.4	Identify physical activities available outside of school that are in the community

Differentiation

Students with 504 plans

- Preferential seating
- Guided notes
- Extra time
- Teacher check-ins
- Use graphic organizers
- Redirect attention
- Prioritize tasks
- Small group testing
- Provide modifications & accommodations per individual student's 504 plan

Special Education

- Provide modifications & accommodations as listed in the student's IEP
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English Language Learners (ELL)

- Provide text-to-speech
- Use of a translation dictionary or software
- Provide graphic organizers
- NJDOE resources http://www.state.nj.us/education/aps/cccs/ELL.htm
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Enrichment

- Process should be modified: higher order thinking skills, open-ended thinking, discovery
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Califon Public School Curriculum



Subject:	Grade:	Unit #:	Pacing:
Physical Education	1st	3	4 weeks (November)

Unit Title: Soccer & Cupstacking

OVERVIEW OF UNIT:

The students will be introduced to the concept of cupstacking and bucketstacking. The students will also work on their basic soccer skills.

Big Ideas

• There are many skills associated with playing cup stacking, bucket stacking, and soccer.

Essential Questions

- What are ways that you can stack buckets and cups?
- What are the basic soccer skills you need to know?

Objectives

- Students will be able to identify ways to stack buckets and cups.
- Students will be able to demonstrate basic soccer skills.

Assessment

Formative Assessment:

- Teacher Observation
- Discussion
- Student -feedback
- Question and answer

Benchmark:

Assessments/Unit Tests

Alternative:

- Games
- Modified assessments

Summative Assessment:

- Skill testing
- Written records

Key Vocabulary

- Defense
- Offense
- Soccer player positions

Resources & Materials

- Physical Education Equipment
- SPARK Book

Technology Infusion

Teacher Technology:

Chromebook

Student Technology:

Chromebook

Activities:

• Students will utilize Chromebooks to view videos demonstrating various cup stacking strategies and will create collages showing the different methods.

Standard	Standard Description
8.1.2.CS.1	Select and operate computing devices that perform a variety of tasks accurately and
	quickly based on user needs and preferences.

Interdisciplinary Integration

Activities:

• Students will work in groups to collaborate, at times taking leadership roles, to communicate project ideas to the whole class.

Resources:

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Standard	Standard Description
NJSLS-ELA	Participate in collaborative conversations with diverse partners about grade 1 topics
SL.PE.1.1	and texts with peers and adults in small and larger groups.

21st Century Life Skills Standards

Activities:

Standard	Student Learning Objectives
9.4.2.CI.1	Demonstrate openness to new ideas and perspectives

9.4.2.CI.2 Demonstrate originality and inventiveness in work

Careers

Activities:

Practice	Description	
Utilize critical thinking	Students readily recognize problems in the workplace, understand the nature of the	
to make sense of	problem, and devise effective plans to solve the problem. They are aware of the	
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in solving them.	agreed upon, they follow through to ensure the problem is solved, whether through	
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	. 8
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Differentiation

Students with 504 plans

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- Prioritize tasks
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Enrichment

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Version Update: August 2025

Califon Public School Curriculum



16

Subject:	Grade:	Unit #:	Pacing:
Physical Education	1st	4	4 weeks (December)

Unit Title: Tossing & Catching

OVERVIEW OF UNIT:

The students will practice their tossing and catching skills through various activities.

Big Ideas

• Tossing and catching are essential skills for playing sports.

Essential Questions

- How can you catch something?
- How can you throw something?

Objectives

- Students will be able to demonstrate how to catch something.
- Students will be able to demonstrate how to throw something.

Assessment

Formative Assessment:

- Teacher Observation
- Discussion
- Student -feedback
- Question and answer

Benchmark:

Assessments/Unit Tests

Alternative:

- Games
- Modified assessments

Summative Assessment:

- Skill testing
- Written records

Key Vocabulary

- Sportsmanship
- Safety

Resources & Materials

- Physical Education Equipment
- SPARK Book

Version Update: August 2025 17

Technology Infusion

Teacher Technology:

Chromebook

Student Technology:

Chromebook

Activities:

Students will utilize Chromebooks to create short videos on the different ways to throw and catch

Standard	Standard Description
8.1.2.CS.1:	Select and operate computing devices that perform a variety of tasks accurately and
	quickly based on user needs and preferences.

Interdisciplinary Integration

Activities:

• Students will work in groups to collaborate, at times taking leadership roles, to communicate project ideas to the whole class.

Resources:

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Standard	Standard Description
NJSLS-ELA	Participate in collaborative conversations with diverse partners about grade 1 topics
SL.PE.1.1	and texts with peers and adults in small and larger groups.

21st Century Life Skills Standards

Activities:

Standard	Student Learning Objectives		
9.4.2.CI.1	Demonstrate openness to new ideas and perspectives		
9.4.2.CI.2	Demonstrate originality and inventiveness in work		

Careers

Activities:

Practice	Description				
Utilize critical thinking	Students readily recognize problems in the workplace, understand the nature of the				
to make sense of	problem, and devise effective plans to solve the problem. They are aware of the				
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in solving them.	agreed upon, they follow through to ensure the problem is solved, whether through				
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2.2.2.MSC.8	Explain the difference between offense and defense.			
2.2.2.PF.1	Explain the benefits of regular physical activity and what it means to be physically fit			
	in relation to personal health. (e.g., healthy heart, strong bones, increased energy,			
	strong muscles).			
2.2.2.PF.2	Explore how to move different body parts in a controlled manner			

2.2.2.PF.3	Engage in moderate to vigorous age-appropriate physical movement and physical activities that promote movement (e.g., games, challenges, team building).
2.2.2.PF.4	Demonstrate strategies and skills that enable team and group members to achieve goals.
2.2.2.LF.1	Express one's feeling and emotions when involved in movement and physical activities to increase positive behaviors.
2.2.2.LF.2	Perform movement skills that involve controlling and adapting posture and balance, to successfully negotiate different environments (e.g., mats, turf fields, grass fields, hard surfaces, gym floors, sand, water, snow) during physical activity
2.2.2.LF.3	Explore the body's range of motion through participating in flexibility and breathing exercises (e.g., stretching, mindfulness, yoga).
2.2.2.LF.4	Identify physical activities available outside of school that are in the community

Differentiation

Students with 504 plans

- Preferential seating
- Guided notes
- Extra time
- Teacher check-ins
- Use graphic organizers
- Redirect attention
- Prioritize tasks
- Small group testing
- Provide modifications & accommodations per individual student's 504 plan

Special Education

- Provide modifications & accommodations as listed in the student's IEP
- Position the student near a helping peer or have quick access to the teacher
- Modify or reduce assignments/tasks
- Reduce the length of the assignment for different modes of delivery
- Increase one-to-one time
- Prioritize tasks
- Use graphic organizers
- Use online resources for skill-building
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Response to Intervention (RTI)

- Tiered interventions following the RTI framework
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- Intervention Central http://www.interventioncentral.org/

English Language Learners (ELL)

- Provide text-to-speech
- Use of a translation dictionary or software
- Provide graphic organizers
- NJDOE resources http://www.state.nj.us/education/aps/cccs/ELL.htm
- Adapt a Strategy Adjusting strategies for ESL students http://www.teachersfirst.com/content/esl/adaptstrat.cfm

Enrichment

- Process should be modified: higher order thinking skills, open-ended thinking, discovery
- Utilize project-based learning for greater depth of knowledge
- Utilize exploratory connections to higher-grade concepts
- Contents should be modified: real-world problems, audiences, deadlines, evaluations, transformations
- Learning environments should be modified: student-centered learning, independence, openness, complexity, and groups should be varied
- NJDOE resources

Califon Public School Curriculum



Subject:	Grade:	Unit #:	Pacing:
Physical Education	1st	5	4 weeks (January)

Unit Title: Basketball

OVERVIEW OF UNIT:

The students will practice their basketball skills.

Big Ideas

• There are a variety of skills involved in playing basketball.

Essential Questions

• What skills are important to play basketball?

Objectives

• Students will be able to explain the skills that are important to playing basketball.

Assessment

Formative Assessment:

- Teacher Observation
- Discussion
- Student -feedback
- Question and answer

Benchmark: • Assess

• Assessments/Unit Tests

Alternative:

- Games
- Modified assessments

Summative Assessment:

- Skill testing
- Written records

Key Vocabulary

- Sporstmanship
- Basketball

Resources & Materials

- Physical Education Equipment
- SPARK Book

Technology Infusion

Teacher Technology:

Chromebook

Student Technology:

Chromebook

Activities:

• Students will utilize Chromebooks to watch videos on how to correctly perform skills necessary when playing basketball.

1 7 6			
Standard	Standard Description		
8.1.2.CS.1:	Select and operate computing devices that perform a variety of tasks accurately and		
	quickly based on user needs and preferences.		

Interdisciplinary Integration

Activities:

• Students will work in groups to collaborate, at times taking leadership roles, to communicate project ideas to the whole class.

Resources:

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- Engineering Go For It! http://egfi-k12.org/
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- PBS STEM http://www.pbs.org/teachers/stem/#content
- STEM Works http://stem-works.com/activities
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- International Literacy Association Read Write Think http://www.readwritethink.org/

Standard	Standard Description		
NJSLS-ELA	Participate in collaborative conversations with diverse partners about grade 1 topics		
SL.PE.1.1	and texts with peers and adults in small and larger groups.		

21st Century Life Skills Standards

Activities:

Standard	Student Learning Objectives		
9.4.2.CI.1	Demonstrate openness to new ideas and perspectives		
9.4.2.CI.2	Demonstrate originality and inventiveness in work		

Version Update: August 2025

Careers

Activities:

Practice	Description			
Utilize critical thinking	Students readily recognize problems in the workplace, understand the nature of the			
to make sense of	problem, and devise effective plans to solve the problem. They are aware of the			
problems and persevere	problem and carefully consider the options to solve the problem. Once a solution is			
in solving them.	agreed upon, they follow through to ensure the problem is solved, whether through			
	this when they occur and take action quickly to address the problem; they			
	thoughtfully investigate the root cause of the problem prior to introducing			
	solutions. Their own actions or the actions of others.			
Model integrity, ethical	Students consistently act in ways that align personal and community-held ideals			
leadership and effective	and principles while employing strategies to positively influence others in the			
management.	workplace. They have a clear understanding of integrity and act on this			
	understanding in every decision. They use a variety of means to positively impact			
	the directions and actions of a team or organization, and they apply insights into			
	human behavior to change others' action, attitudes and/or beliefs. They recognize			
	the near-term and long-term effects that management's actions and attitudes can			
	have on productivity, morals and organizational culture.			

Standards				
Standard #	Standard Description			
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2.2.2.MSC.2	Differentiate non-locomotor and locomotor movements as well transferring body			
	weight (e.g., stretching, bending, twisting, curling).			
2.2.2.MSC.3	Demonstrate manipulative movements (e.g., throwing, catching, dribbling, running,			
	kicking) while moving in personal and general space, time, directions, pathways and			
	ranges.			
2.2.2.MSC.4	Differentiate manipulative movements (e.g., throwing, catching, dribbling).			
2.2.2.MSC.5	Adjust and correct movements and skill in response to feedback.			
2.2.2.MSC.6	Execute appropriate behaviors and etiquette while participating in and viewing			
	activities, games, sports, and other events to contribute to a safe environment.			
2.2.2.MSC.7	Demonstrate kindness towards self and others during physical activity to create a safe			
	and caring environment.			
2.2.2.MSC.8	Explain the difference between offense and defense.			
2.2.2.PF.1	Explain the benefits of regular physical activity and what it means to be physically fit			
	in relation to personal health. (e.g., healthy heart, strong bones, increased energy,			
	strong muscles).			
2.2.2.PF.2	Explore how to move different body parts in a controlled manner			
2.2.2.PF.3	Engage in moderate to vigorous age-appropriate physical movement and physical			
	activities that promote movement (e.g., games, challenges, team building).			

2.2.2.PF.4	Demonstrate strategies and skills that enable team and group members to achieve
	goals.
2.2.2.LF.1	Express one's feeling and emotions when involved in movement and physical
	activities to increase positive behaviors.
2.2.2.LF.2	Perform movement skills that involve controlling and adapting posture and balance,
	to successfully negotiate different environments (e.g., mats, turf fields, grass fields,
	hard surfaces, gym floors, sand, water, snow) during physical activity
2.2.2.LF.3	Explore the body's range of motion through participating in flexibility and breathing
	exercises (e.g., stretching, mindfulness, yoga).
2.2.2.LF.4	Identify physical activities available outside of school that are in the community

Differentiation

Students with 504 plans

- Preferential seating
- Guided notes
- Extra time
- Teacher check-ins
- Use graphic organizers
- Redirect attention
- Prioritize tasks
- Small group testing
- Provide modifications & accommodations per individual student's 504 plan

Special Education

- Provide modifications & accommodations as listed in the student's IEP
- Position the student near a helping peer or have quick access to the teacher
- Modify or reduce assignments/tasks
- Reduce the length of the assignment for different modes of delivery
- Increase one-to-one time
- Prioritize tasks
- Use graphic organizers
- Use online resources for skill-building
- Provide teacher notes
- Use collaborative grouping strategies, such as small groups
- NJDOE resources http://www.state.nj.us/education/specialed/

Response to Intervention (RTI)

- Tiered interventions following the RTI framework
- Effective RTI strategies for teachers http://www.specialeducationguide.com/pre-k-12/response-to-intervention/effective-rti-strategies-for-teachers/
- Intervention Central http://www.interventioncentral.org/

English Language Learners (ELL)

- Provide text-to-speech
- Use of a translation dictionary or software

- Provide graphic organizers
- NJDOE resources http://www.state.nj.us/education/aps/cccs/ELL.htm
- Adapt a Strategy Adjusting strategies for ESL students http://www.teachersfirst.com/content/esl/adaptstrat.cfm

Enrichment

- Process should be modified: higher order thinking skills, open-ended thinking, discovery
- Utilize project-based learning for greater depth of knowledge
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- Contents should be modified: real-world problems, audiences, deadlines, evaluations, transformations
- Learning environments should be modified: student-centered learning, independence, openness, complexity, and groups should be varied
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Version Update: August 2025

Califon Public School Curriculum



Subject:	Grade:	Unit #:	Pacing:
Physical Education	1st	6	4 weeks (February)

Unit Title: Hula-Hoops

OVERVIEW OF UNIT:

The students will practice their hula hoop skills. They will also work on hoop skills.

Big Ideas

- Sportsmanship is a key skill to have when playing team sports.
- It is essential to be safe when playing sports.

Essential Questions

- How can you be a good friend when playing sports?
- What are ways that you can keep safe while playing sports?

Objectives

- Students will be able to demonstrate how to be a good friend when playing sports.
- Students will be able to identify ways to keep themselves safe while playing sports.

Assessment

Formative Assessment:

- Teacher Observation
- Discussion
- Student -feedback
- Question and answer

Benchmark:

Assessments/Unit Tests

Alternative:

- Games
- Modified assessments

Summative Assessment:

- Skill testing
- Written records

Key Vocabulary

Sportsmanship

Resources & Materials

- Physical Education Equipment
- SPARK Book

Technology Infusion

Teacher Technology:

Chromebook

Student Technology:

Chromebook

Activities:

• Students will utilize Chromebooks to create collages of how to be a good friend when playing sports.

Standard	Standard Description
8.1.2.CS.1:	Select and operate computing devices that perform a variety of tasks accurately and
	quickly based on user needs and preferences.

Interdisciplinary Integration

Activities:

• Students will work in groups to collaborate, at times taking leadership roles, to communicate project ideas to the whole class.

Resources:

- Teacher Vision Cross-Curricular Theme Map -https://www.teachervision.com/teaching-methods/curriculum-planning/7167.html
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- PBS STEM http://www.pbs.org/teachers/stem/#content
- STEM Works http://stem-works.com/activities
- What Every Educator Should Know About Using Google by Shell Education
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- International Literacy Association Read Write Think http://www.readwritethink.org/

Standard	Standard Description
NJSLS-ELA	Participate in collaborative conversations with diverse partners about grade 1 topics
SL.PE.1.1	and texts with peers and adults in small and larger groups.

21st Century Life Skills Standards

Activities:

Standard	Student Learning Objectives
9.4.2.CI.1	Demonstrate openness to new ideas and perspectives
9.4.2.CI.2	Demonstrate originality and inventiveness in work

Version Update: August 2025

Careers

Activities:

Practice	Description
Utilize critical thinking	Students readily recognize problems in the workplace, understand the nature of the
to make sense of	problem, and devise effective plans to solve the problem. They are aware of the
problems and persevere	problem and carefully consider the options to solve the problem. Once a solution is
in solving them.	agreed upon, they follow through to ensure the problem is solved, whether through
	this when they occur and take action quickly to address the problem; they
	thoughtfully investigate the root cause of the problem prior to introducing solutions.
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Model integrity, ethical	Students consistently act in ways that align personal and community-held ideals and
leadership and effective	principles while employing strategies to positively influence others in the
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	human behavior to change others' action, attitudes and/or beliefs. They recognize
	the near-term and long-term effects that management's actions and attitudes can
	have on productivity, morals and organizational culture.

Standards	
Standard #	Standard Description
2.2.2.MSC.1	Perform a combination of sequences of locomotor movements and rhythmic activities
	(e.g., walking, balancing, hoping, skipping, running).
2.2.2.MSC.2	Differentiate non-locomotor and locomotor movements as well transferring body
	weight (e.g., stretching, bending, twisting, curling).
2.2.2.MSC.3	Demonstrate manipulative movements (e.g., throwing, catching, dribbling, running,
	kicking) while moving in personal and general space, time, directions, pathways and
	ranges.
2.2.2.MSC.4	Differentiate manipulative movements (e.g., throwing, catching, dribbling).
2.2.2.MSC.5	Adjust and correct movements and skill in response to feedback.
2.2.2.MSC.6	Execute appropriate behaviors and etiquette while participating in and viewing
	activities, games, sports, and other events to contribute to a safe environment.
2.2.2.MSC.7	Demonstrate kindness towards self and others during physical activity to create a safe
	and caring environment.
2.2.2.MSC.8	Explain the difference between offense and defense.
2.2.2.PF.1	Explain the benefits of regular physical activity and what it means to be physically fit
	in relation to personal health. (e.g., healthy heart, strong bones, increased energy,
	strong muscles).
2.2.2.PF.2	Explore how to move different body parts in a controlled manner
2.2.2.PF.3	Engage in moderate to vigorous age-appropriate physical movement and physical
	activities that promote movement (e.g., games, challenges, team building).

2.2.2.PF.4	Demonstrate strategies and skills that enable team and group members to achieve
	goals.
2.2.2.LF.1	Express one's feeling and emotions when involved in movement and physical
	activities to increase positive behaviors.
2.2.2.LF.2	Perform movement skills that involve controlling and adapting posture and balance,
	to successfully negotiate different environments (e.g., mats, turf fields, grass fields,
	hard surfaces, gym floors, sand, water, snow) during physical activity
2.2.2.LF.3	Explore the body's range of motion through participating in flexibility and breathing
	exercises (e.g., stretching, mindfulness, yoga).
2.2.2.LF.4	Identify physical activities available outside of school that are in the community

Differentiation

Students with 504 plans

- Preferential seating
- Guided notes
- Extra time
- Teacher check-ins
- Use graphic organizers
- Redirect attention
- Prioritize tasks
- Small group testing
- Provide modifications & accommodations per individual student's 504 plan

Special Education

- Provide modifications & accommodations as listed in the student's IEP
- Position the student near a helping peer or have quick access to the teacher
- Modify or reduce assignments/tasks
- Reduce the length of the assignment for different modes of delivery
- Increase one-to-one time
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- Use graphic organizers
- Use online resources for skill-building
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Response to Intervention (RTI)

- Tiered interventions following the RTI framework
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English Language Learners (ELL)

- Provide text-to-speech
- Use of a translation dictionary or software

- Provide graphic organizers
- NJDOE resources http://www.state.nj.us/education/aps/cccs/ELL.htm
- Adapt a Strategy Adjusting strategies for ESL students http://www.teachersfirst.com/content/esl/adaptstrat.cfm

Enrichment

- Process should be modified: higher order thinking skills, open-ended thinking, discovery
- Utilize project-based learning for greater depth of knowledge
- Utilize exploratory connections to higher-grade concepts
- Contents should be modified: real-world problems, audiences, deadlines, evaluations, transformations
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Califon Public School Curriculum



Subject:	Grade:	Unit #:	Pacing:
Physical Education	1st	7	4 weeks (March)

Unit Title: Locomotor

OVERVIEW OF UNIT:

The students will practice their locomotor skills.

Big Ideas

- It is important to be a good sport when playing.
- It is necessary to be safe when playing.

Essential Questions

- How can you be a good friend when playing sports?
- What are ways that you can keep safe while playing sports?

Objectives

- Students will be able to identify ways they can be a good friend when playing sports.
- Students will be able to demonstrate ways to keep safe while playing sports.

Assessment

Formative Assessment:

- Teacher Observation
- Discussion
- Student -feedback
- Question and answer

Benchmark:

Assessments/Unit Tests

Alternative:

- Games
- Modified assessments

Summative Assessment:

- Skill testing
- Written records

Key Vocabulary

- Sportsmanship
- Locomotor

Resources & Materials

- Physical Education Equipment
- SPARK Book

Technology Infusion

Teacher Technology:

Chromebook

Student Technology:

Chromebook

Activities:

Students will utilize Chromebooks to create collages showing pictures of ways they can keep safe while playing sports.

Standard	Standard Description
8.1.2.CS.1:	Select and operate computing devices that perform a variety of tasks accurately and
	quickly based on user needs and preferences.

Interdisciplinary Integration

Activities:

• Students will work in groups to collaborate, at times taking leadership roles, to communicate project ideas to the whole class.

Resources:

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Standard	Standard Description
NJSLS-ELA	Participate in collaborative conversations with diverse partners about grade 1 topics
SL.PE.1.1	and texts with peers and adults in small and larger groups.

21st Century Life Skills Standards

Activities:

Standard	Student Learning Objectives
9.4.2.CI.1	Demonstrate openness to new ideas and perspectives
9.4.2.CI.2	Demonstrate originality and inventiveness in work

Careers

Activities:

Practice	Description
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to make sense of	problem, and devise effective plans to solve the problem. They are aware of the
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Differentiation

Students with 504 plans

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- Redirect attention
- Prioritize tasks
- Small group testing
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English Language Learners (ELL)

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Califon Public School Curriculum



Subject:	Grade:	Unit #:	Pacing:
Physical Education	1st	8	4 weeks (April)

Unit Title: Fitness & Muscular Development

OVERVIEW OF UNIT:

The students will practice their fitness skills by completing a fitness course. In addition, this will work on helping to improve their muscular strength.

Big Ideas

- There are many activities you can do to improve your fitness.
- It is important to improve your muscular development.

Essential Questions

- How can you improve your fitness levels?
- What are ways that you can increase your muscular development?

Objectives

- Students will be able to demonstrate how to improve fitness levels.
- Students will be able to identify ways that they can increase their muscular development.

Assessment

Formative Assessment:

- Teacher Observation
- Discussion
- Student -feedback
- Question and answer

Benchmark:

• Assessments/Unit Tests

Alternative:

- Games
- Modified assessments

Summative Assessment:

- Skill testing
- Written records

Key Vocabulary

- Sportsmanship
- Muscular development

Resources & Materials

- Physical Education Equipment
- SPARK Book

Technology Infusion

Teacher Technology:

Chromebook

Student Technology:

Chromebook

Activities:

• Students will utilize Chromebooks to watch videos on how to improve fitness levels and increase their muscular development.

Standard	Standard Description
8.1.2.CS.1:	Select and operate computing devices that perform a variety of tasks accurately and
	quickly based on user needs and preferences.

Interdisciplinary Integration

Activities:

• Students will work in groups to collaborate, at times taking leadership roles, to communicate project ideas to the whole class.

Resources:

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- Promoting Literacy in all Subjects by Glencoe
 - http://www.glencoe.com/sec/teachingtoday/subject/promoting literacy.phtml
- International Literacy Association Read Write Think http://www.readwritethink.org/

Standard	Standard Description	
NJSLS-ELA	Participate in collaborative conversations with diverse partners about grade 1 topics	
SL.PE.1.1	and texts with peers and adults in small and larger groups.	

21st Century Life Skills Standards

Activities:

Standard	Student Learning Objectives
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9.4.2.CI.2	Demonstrate originality and inventiveness in work
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Careers

Activities:

Practice	Description
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	and caring environment.
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2.2.2.PF.1	Explain the benefits of regular physical activity and what it means to be physically fit
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	goals.
2.2.2.LF.1	Express one's feeling and emotions when involved in movement and physical
	activities to increase positive behaviors.
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	hard surfaces, gym floors, sand, water, snow) during physical activity
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	exercises (e.g., stretching, mindfulness, yoga).
2.2.2.LF.4	Identify physical activities available outside of school that are in the community

Differentiation

Students with 504 plans

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- Guided notes
- Extra time
- Teacher check-ins
- Use graphic organizers
- Redirect attention
- Prioritize tasks
- Small group testing
- Provide modifications & accommodations per individual student's 504 plan

Special Education

- Provide modifications & accommodations as listed in the student's IEP
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- Provide text-to-speech
- Use of a translation dictionary or software
- Provide graphic organizers
- NJDOE resources http://www.state.nj.us/education/aps/cccs/ELL.htm
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Enrichment

- Process should be modified: higher order thinking skills, open-ended thinking, discovery
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- Contents should be modified: real-world problems, audiences, deadlines, evaluations, transformations
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Califon Public School Curriculum



Subject:	Grade:	Unit #:	Pacing:
Physical Education	1st	9	4 weeks (May)

Unit Title: Physical Fitness Challenge

OVERVIEW OF UNIT:

The students will compete in the Presidential Fitness Challenge activities.

Big Ideas

• It is important to keep fit and stay healthy.

Essential Questions

- How can you improve your fitness levels?
- What are ways that you can be a good sport when playing?

Objectives

- Students will be able to demonstrate ways to improve their fitness levels.
- Students will be able to identify ways they can be a good sport when playing.

Assessment

Formative Assessment:

- Teacher Observation
- Discussion
- Student -feedback
- Question and answer

Benchmark:

Assessments/Unit Tests

Alternative:

- Games
- Modified assessments

Summative Assessment:

- Skill testing
- Written records

Key Vocabulary

- Sportsmanship
- Muscular development

Resources & Materials

- Physical Education Equipment
- SPARK Book

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Technology Infusion

Teacher Technology:

Chromebook

Student Technology:

Chromebook

Activities:

Students will utilize Chromebooks to watch videos that demonstrate how to be a good sport when playing.

Standard	Standard Description
8.1.2.CS.1:	Select and operate computing devices that perform a variety of tasks accurately and
	quickly based on user needs and preferences.

Interdisciplinary Integration

Activities:

• Students will work in groups to collaborate, at times taking leadership roles, to communicate project ideas to the whole class.

Resources:

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- Engineering Go For It! http://egfi-k12.org/
- US Department of Education STEM http://www.ed.gov/stem
- Intel STEM Resource http://www.intel.com/content/www/us/en/education/k12/stem.html
- NASA STEM http://www.nasa.gov/audience/foreducators/expeditions/stem/#.VYrO2flViko
- PBS STEM http://www.pbs.org/teachers/stem/#content
- STEM Works http://stem-works.com/activities
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Standard	Standard Description
NJSLS-ELA	Participate in collaborative conversations with diverse partners about grade 1 topics
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21st Century Life Skills Standards

Activities:

Standard	Student Learning Objectives	
9.4.2.CI.1	Demonstrate openness to new ideas and perspectives	
9.4.2.CI.2	Demonstrate originality and inventiveness in work	

Careers

Activities:

Practice	Description
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to make sense of	problem, and devise effective plans to solve the problem. They are aware of the
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Differentiation

Students with 504 plans

- Preferential seating
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Califon Public School Curriculum



Subject:	Grade:	Unit #:	Pacing:
Physical Education	1st	10	4 weeks (May)

Unit Title: Parachute & Scooter

OVERVIEW OF UNIT:

The students will practice their gross motor skills using parachutes and scooters.

Big Ideas

- Gross motor skills are necessary skills to learn as you grow.
- It is important to be a good sport when playing with friends.

Essential Questions

- How can parachutes and scooters help your gross motor skills?
- What are ways that you can be a good sport when playing?

Objectives

- Students will be able to identify ways in which parachutes and scooters can help their gross motor skills.
- Students will be able to demonstrate how to be a good sport when playing.

Assessment

Formative Assessment:

- Teacher Observation
- Discussion
- Student -feedback
- Question and answer

Benchmark:

• Assessments/Unit Tests

Alternative:

- Games
- Modified assessments

Summative Assessment:

- Skill testing
- Written records

Key Vocabulary

- Sportsmanship
- Gross motor skills

Resources & Materials

- Physical Education Equipment
- SPARK Book

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