

FEBRUARY 2023

MOENCOPi DAY SCHOOL

LUNCH



Adult Lunch \$3.75 Sides \$1.00 Milk \$0.50
This Institution is an equal opportunity.

****MAY SUBJECT TO CHANGE****



February is American Heart Month. Keep your heart healthy by being active every day. Run, dance, walk the dog, climb stairs or play in the snow if you have it.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Chicken Bowl
Zucchini Squash
Fruit Mix
Milk **1**

Beef Stew
Dinner Roll
Steamed Broccoli
Blueberries
Milk **2**

Meatball Sub
Romaine Salad
Ranch Dressing
Diced Peaches
Milk **3**

Turkey Soft Taco
Tortilla Chips
Mild Salsa
Spanish Rice
Diced Peaches
Milk **6**

PB & J Sandwich
Mozzarella String Cheese
Carrots w/ Ranch
Applesauce
Milk **7**

Chicken Tamales
Romaine Salad
Ranch Dressing
Fresh Grapes
Milk **8**

Mandarin Orange Chicken
Seasoned Brown Rice
Green Benas
Blueberries
Milk **9**

Cheeseburger
Lettuce & Tomato
Ketchup/ Mustard
Baked Beans
Fruit Cocktail
Milk **10**

Corn Dogs
Ketchup/ Mustard
Romaine Salad
Ranch Dressing
Mixed Berries
Milk **13**

Valentine's Day
Green Chili Pozole
Flatbread
Steamed Broccoli
Apricot Halves
Milk **14**

Meatloaf
Bread w/ Butter
Mashed Potatoes & Gravy
Mixed vegetables
Blush Applesauce
Milk **15**

Hamburger Gravy
Seasoned Brown Rice
Green Beans
Steamed Carrots
Sliced Peaches
Milk **16**

Riblet Sandwich
Ranch Style Beans
Corn on the Cob
Watermelon
Milk **17**



Sloppy Joe
Steamed Corn
Applesauce
Milk **21**

Chicken Tomato Bake
Garlic Breadstick
Steamed Broccoli
Diced Pears
Milk **22**

Beef Chili w/ Beans
Cornbread
Zucchini Squash
Sliced Peaches
Milk **23**

Choice of Pizza
Romaine Salad
Ranch Dressing
Cali Vegetables
Fruit Cocktail
Milk **24**

Chicken Bowl
Cornbread
Mandarin Oranges
Milk **27**

Lamb Stew
Dinner Roll
Romaine Salad w/ Ranch
Cherry Pears
Milk **28**

