



FRAZIER SCHOOL DISTRICT

Inspire and Empower

MIDDLE SCHOOL



Frazier participates in CEP
All Student meals are Free
Adult Lunch: \$4.85

AUGUST/SEPTEMBER 2025

Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
25 Cheeseburger on Bun w/ Pickle Chips Crinkle Cut Fries Fruit & Vegetable Bar Milk Choice	26 Meatballs w/ Marinara Garlic Bread Sticks Seasoned Mixed Veggies Fruit & Vegetable Bar Milk Choice	27 Chicken Patty on Bun Potato Smiles Fruit & Vegetable Bar Milk Choice	28 BBQ Rib on Bun Potato Chips Seasoned Green Beans Fruit & Vegetable Bar Milk Choice	29 School Made Pizza w/o Pepperoni Seasoned Carrots Fruit & Vegetable Bar Milk Choice
1 	2 Mini Corn Dogs French Fries Fruit & Vegetable Bar Milk Choice	3 Crazy Dipper Day Chicken Tenders, Cheese Stick Bread Stick & Carrots Fruit & Vegetable Bar Milk Choice	4 Buffalo Chicken Dippers w/ Tostito Chips Pretzel Rod & Seasoned Corn Fruit & Vegetable Bar Milk Choice	5 Mac & Cheese Mini Cornbread Loaf Seasoned Green Beans Fruit & Vegetable Bar Milk Choice
8 Sloppy Joe on Bun Golden Tatar Tots Fruit & Vegetable Bar Milk Choice	9 French Toast Sticks Sausage Links Golden Hash Browns Fruit & Vegetable Bar Milk Choice	10 Chicken Nuggets Tiger Paws Crispy Tatar Tots Fruit & Vegetable Bar Milk Choice	11 Penne Pasta w/ Meat Sauce/Garlic Bread Stick/Mixed Veggies Fruit & Vegetable Bar Milk Choice	12 School Made Pizza w/o Pepperoni Seasoned Broccoli Fruit & Vegetable Bar Milk Choice
15 Chicken Quesadilla w/ Salsa & Sour Cream Seasoned Carrots Fruit & Vegetable Bar Milk Choice	16 Walking Taco Cheese, Lettuce, Salsa, Sr Cream & Seasoned Corn Fruit & Vegetable Bar Milk Choice	17 Hot Dog on Bun w/o Cheese Baked Beans Fruit & Vegetable Bar Milk Choice	18 General Tso Chicken o/ Rice Seasoned Broccoli Fruit & Vegetable Bar Milk Choice	19 Italian Dunkers w/ Dipping Sauce Seasoned Peas Fruit & Vegetable Bar Milk Choice
22 Grilled Cheese Sandwich Tomato Soup Golden Hashbrown Fruit & Vegetable Bar Milk Choice	23 Popcorn Chicken Bowl Mashed Potatoes w/ Gravy Dinner Roll, Seasoned Corn Fruit & Vegetable Bar Milk Choice	24 Italian Hoagie w/ Lettuce, Tomato & Pickle Potato Chips Fruit & Vegetable Bar Milk Choice	25 Chicken Smackers w/ Dipping Sauce French Fries Fruit & Vegetable Bar Milk Choice	26 School Made Pizza w/o Pepperoni Seasoned Broccoli Fruit & Vegetable Bar Milk Choice
29 Chicken Parm Sandwich Potato Smiles Fruit & Vegetable Bar Milk Choice	30 Beef Nachos w/ Tostito Chips Seasoned Mixed Veggie Fruit & Vegetable Bar Milk Choice			

Daily Alternates may include
 Cheeseburger on a Bun
 Hamburger on a Bun
 Breaded Chicken Patty/Bun
 Spicy Chicken Patty/Bun
 Chef Salad with Chicken
 Croutons & Dinner Roll
 Cold Wraps with Chips

Additional Choices of Fresh Fruits and Vegetables offered daily may include:

Apples, Apple Slices, Oranges, Grapes,
 Bananas, Seasonal Fruits, , Baby Carrots,
 Cucumber Slices and Celery Sticks

Canned/Frozen Fruits can include:

Applesauce, Mandarin Oranges
 Mixed Fruit, Peaches, Pears,
 Pineapple Tidbits

Menu Subject to Change

To qualify as a free lunch, students must take 3, 4 or 5 items, Meat/Meat Alternate, Grain/Bread, Vegetable, Fruit, Milk, of which 1 must be a fruit or vegetable. Students taking required meal components receive lunch at no cost, otherwise per regulations, ala carte prices are in effect. Smart Snacks available for purchase, from account or cash

Students are offered low fat and non fat milk choices daily and is included with all meals

Frazier is an equal opportunity provider

Department needs Cafeteria Workers
Applications available at the Administration Office

724-736-9507 x431
cmansberry@fraizersd.org