

Good morning!

Please pause for a moment of silence.

Please stand for the pledge.

- Lunch Menu BBQ Baked Potato, Slaw, Broccoli & Cinnamon Roll
- <u>Please remember that every absence must be excused.</u> Excuse notes for absences are to be placed in the black mailbox outside the cafeteria. There is a slot in the top of the box to slide notes into.
- Students Please remember that your jeans cannot have holes above the fingertips. If there is a hole above the fingertips, it must have a PERMANENT patch that is either sewn in or an iron on that is permanent. If there is a hole behind the pocket, the pocket must be sewn or a patch ironed on to prevent the pocket from moving and showing skin. Wearing leggings underneath jeans with holes is also not a permanent solution, and is therefore not allowed. Shorts and skirts must reach your fingertips. If your shorts are shorter than your fingertips (boys OR girls), you are in violation of the dress code. If you have any questions regarding dress code, please see Mrs. Ferrell.

Thought of the day:

"You receive from the world what you give to the world."

Have a Therapeutic Thursday and remember, we are proud to be a Raider!