VENTNOR EDUCATIONAL COMMUNITY COMPLEX

| Monday | Tuesday | Wednesday | Thursday |
|--|---|---|--|
| On the Menu for Breakfast: | • | | |
| Mini Birthday Cake Pancakes OR Cereal Bowl & Grahams Fruit Juice AND Fresh Fruit | Chocolate Chip Oatmeal Breakfast Bar OR Cereal Bowl & Grahams Fruit Juice AND Fresh Fruit | Mini Cinni OR Cereal Bowl & Grahams Fruit Juice AND Fresh Fruit | Assorted Muffins & Graham OR Cereal Bowl & Grahams Fruit Juice AND Fresh Fruit |
| On the Menu for Lunch: | | ☆ • * • * • • * • • • • • • • • • • • • • • • • • • • | **** |
| This menu meets all Child Nutrition Regulations, but is subject to change due to delivery difficulties. This institution is an equal opportunity provider and employer. | | kolidays | 新春·秦 |
| | | 1 | 2 |
| | | Chicken Nuggets w/WG Dinner Roll | Pasta w/Meat Sauce |
| Any Cafeteria questions or | | Sweet Corn | WG Breadstick |
| concerns, please call Patricia | | Tater Tots | Carrot Sticks w/Dip |
| at 609-487-7900 x 5070. | | Chilled Fruit Cup | Chilled Fruit Cup |
| | | OR Buffalo Chicken Salad, Fruit & Roll | OR Chef w/Egg & Tuna Salad, Fruit & Roll |
| 6 | 7 | 8 | 9 |
| Cheese Pizza | Chicken Patty Sandwich | Turkey Taco Meat w/2 WG Tortillas | Chicken Fries w/WG Dinner Roll |
| Carrot Sticks w/Dip | Sweet Peas | Lettuce, Tomato, Cheese & Taco Sauce | Carrot Sticks w/Dip |
| Mixed Veggies | Buttered Noodles | Corn/Black Bean Salad | Sweet Potato Fries |
| Fresh Apple | Chilled Fruit Cup | Chilled Fruit Cup | Chilled Fruit Cup |
| OR Buffalo Chicken Salad, Fruit & Roll | OR Chef w/Egg & Tuna Salad, Fruit & Roll | OR Buffalo Chicken Salad, Fruit & Roll | OR Chef w/Egg & Tuna Salad, Fruit & Roll |
| 13 | 14 | 15 | 16 |
| Mini Pizza Bagels | Cheeseburger | Chicken Tenders w/BBQ Sauce & Roll | Beef Meatball Sub. |
| Carrot Sticks w/Dip | on WG Roll | Carrot Sticks w/Dip | w/Rando Roll |
| Green Beans | Baked Fries | Macaroni & Cheese | Garden Salad |
| Chilled Apple Juice OR Buffalo Chicken Salad, Fruit & Roll | Chilled Fruit Cup OR Chef w/Egg & Tuna Salad, Fruit & Roll | Chilled Fruit Cup OR Buffalo Chicken Salad, Fruit & Roll | Chilled Fruit Cup OR Chef w/Egg & Tuna Salad, Fruit & Roll |
| 20 | 21 | 22 | 23 |
| Cheese Pizza | Breaded Ravioli Dippers w/ Marinara Dip | Grilled Cheese | 23 |
| Carrot Sticks w/Dip | WG Breadstick | Cucumber/Tomato Salad | NO |
| Fresh Broccoli | Green Beans | Tater Tots | LUNCH |
| Fresh Apple Slices | Chilled Fruit Cup | Chilled Fruit Cup | BREAKFAST WILL BE SERVED |
| OR Buffalo Chicken Salad, Fruit & Roll | OR Chef w/Egg & Tuna Salad, Fruit & Roll | OR Buffalo Chicken Salad, Fruit & Roll | DREAKFAST WILL DE SERVED |
| 27 | 28 | 29 | 30 |
| 21 | <u>ن</u> | <i>227</i> | 30 |
| NO | NO | NO | NO |
| SCHOOL | SCHOOL | SCHOOL | SCHOOL |
| Winter Break | Winter Break | Winter Break | Winter Break |
| | | | |

DECEMBER, 2021

Friday

Cinnamon Burst Slice **OR** Cereal Bowl & Grahams Fruit Juice AND Fresh Fruit

ALTERNATES AVAILABLE DAILY

- * Melted Cheese Sandwich
- * Yogurt & 1/2 Cheese SW w/Graham
- * Turkey Ham & Cheese Sandwich * SunButter/Jelly Sandwich with
- String Cheese & Graham
- * Salad with Fruit and Roll

Pancake/Turkey Sausage Wrap w/ String Cheese Hash Brown

Chilled Apple Juice

OR Garden Salad w/Sliced Egg, Fruit & Roll

10

All Beef Hot Dog on Roll w/WG Cheez-it Veggie Beans

Waffle Fries

Chilled Fruit Punch

OR Garden Salad w/Sliced Egg, Fruit & Roll

17

Funnel Cake

Turkey Sausage Patty Hash Brown

Chilled Apple Juice

OR Garden Salad w/Sliced Egg, Fruit & Roll

NO **SCHOOL**

Winter Break

31

NO SCHOOL

Winter Break