

Monday

Breakfast: 2
Cinnamon roll & Yogurt
Lunch:
Chicken Fingers
Mashed Potatoes/Roll
Black Eyed Peas
Applesauce

Tuesday

Breakfast: 3
Chicken Biscuit
Lunch:
Taco Salad/Soft Taco
Lettuce/Tomato
Shredded Cheese & Sour Cream
Chips & Salsa
Black Beans & Corn

Wednesday

Breakfast: 4
Breakfast Burrito
Lunch:
Chicken Alfredo with Garlic Bread/
Caesar salad
Oven Roasted Broccoli
Apple

Thursday

Breakfast: 5
Cheese Toast & Link Sausage
Lunch:
BBQ Plate with Roll
Tator Tots
Baked Beans
Coleslaw
Banana

Friday

Breakfast: 6
Biscuit
Lunch:
Pizza
Corn
Super Salad
Ice Cream
Choice of Fruit

9
FALL BREAK

10
FALL BREAK

Breakfast: 11
Bacon & Cheese Biscuit
Lunch:
Steak Nuggets
Creamy Potatoes
English Peas
Roll
Apple

Breakfast: 12
Waffles & Bacon
Lunch:
Chilli
Loaded Potato Bar
Grilled Cheese
Side Salad
Peach Slices

Breakfast: 13
Cheese Toast & Link Sausage
Lunch:
Chicken Burger
Green Beans
Chips
Banana & Cookie

Breakfast: 16
Biscuit & Bacon
Lunch:
Cristpito w/ Sour Cream
Rice & Beans
Chips & Salsa
Lettuce & Tomato
Fruit Bowl

Breakfast: 17
Pancakes and Sausage
Lunch:
Popcorn Chicken
Green Beans
Sweet Potato
Roll & Fruit

Breakfast: 18
Sausage Biscuit
Lunch:
Spaghetti
Caesar Salad
Broccoli /Corn
Breadstick

Breakfast: 19
Breakfast Pizza
Lunch:
Pork Chop w/Gravy
Mashed Potatoes
Beans
Cornbread
Fruit

Breakfast: 20
Cinnamon Sugar Biscuit
Lunch:
Cheesesticks with Marinara
Corn
Super Salad
Choice of Fruit
Ice Cream

23
e-learning
Employees on Campus

Breakfast: 24
Apple Frudal
Lunch:
Country Fried Steak
Steamed Carrots
Lima Beans
Roll
Fruit

Breakfast: 25
French Toast Sticks & Bacon
Lunch:
Corndog
Mac and Cheese
Onion Rings
Salad

Breakfast: 26
Chicken Biscuit
Lunch:
Chicken Nuggets
Mashed Potatoes/Roll
Green Beans
Fruit

Breakfast: 27
Sausage Biscuit
Lunch:
Cheeseburger
Lettuce/Tomato/Pickles
Chips
Veggie Cup with Ranch
Fruit / Dessert

Breakfast: 30
Chicken & Waffles
Lunch:
Ham & Cheese Croissant/ Sausage
Biscuit
Scrambled Eggs, Grits, & Hashbrowns
Sliced Tomatoes
Frozen Fruit Cup

Breakfast: 31
Oatmeal & Link Sausage
Lunch:
Hotdog w/Chilli and Cheese
Chips
Baked Beans
Fruit Bowl
Halloween Dessert

National School Lunch Week October 9-13

Low-Fat Milk and Fruit options available at every meal!

At Breakfast Fruit, Cereal, Pop-Tarts and Yogurt will be offered.

Menus are subject to change due to availability!