

**Sumter County High School  
Lunch Menu SY25**

**September 2nd-6th**

	Monday	Tuesday	Wednesday	Thursday	Friday
Entrée #1	<b><i>LABOR DAY!</i></b>	Spicy Chicken Tenders	BBQ Sandwich	Cheesy Chicken/ Beef Nacho Bar	Tater Tot Casserole
Sandwich		Italian Hoagie	PB&J	Ham & Cheese Hoagie	Chicken Sandwich
Pizza		Sliced Pizza	Sliced Pizza		Sliced Pizza
SIDES	<b><i>NO SCHOOL</i></b>	Crinkle Cut Fries Slaw Cucumbers Carrot Sticks Ranch	Baked Beans Slaw Potato Wedges Cooked Cabbage Carrots & Ranch	Shredded Lettuce Tomato Salsa Nacho Chips Onions Celery & Carrots w/ Ranch	Green Beans Side Salad Corn
Salad Bar		Full Salad Bar w/ Lettuce & Variety of Fresh Vegetables, Meat & Cheese			Pre- Made Salad: Grilled Chicken Salad
Grain		Tortilla Chips	Doritos	Sun Chips	Wheat Thins
Protein		Queso Cheese	Turkey	Ham	
Starcy Vegetable/ Vegetable/		corn	Black Beans (cold)	Chicpeas Sunflower Seeds	
<b>Fruit Choice</b>					

**September 9th-13th**

	Monday	Tuesday	Wednesday	Thursday	Friday
Entrée #1	Boneless Chicken Chunks (Plain, Hot, BBQ, Asian Zing)	Chili Cheese Dog/ Chili Cheese Fry Bar	Philly Cheese Steak Sandwich	Pasta Bar	Chicken Tenders
Sandwich	PB&J	Turkey & Cheese Hoagie	PB&J	Italian Hoagie	Cheeseburger
Pizza	Sliced Pizza		Sliced Pizza		Sliced Pizza
SIDES	Potato Wedges Carrot & Celery Sticks w/ Ranch Mac & Cheese	Crinkle Cut Fries Slaw Cucumbers Carrot Sticks Ranch	Sweet Potato Fries Carrot Sticks w/ Ranch Side Salad	Cooked Broccoli Cooked Carrots Side Salad	Baked Beans Corn Celery & Carrots w/ Ranch
Salad Bar	Full Salad Bar w/ Lettuce & Variety of Fresh Vegetables, Meat & Cheese				Pre- Made Salad: Cobb Salad

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Grain	Nachos & Queso	Muffin	Wheat Thins/ Back to Basics Crackers	Nachos & Spicy Queso	
Protein	Chicken	Turkey	Ham	Chicken Salad	
Vegetables	Chicpeas Sunflower Seeds	Green Peas (cold)	corn (cold), Sunflower Seeds	Black Beans (cold)	
<b>Fruit Choice</b>					

**September 16th-20th**

	Monday	Tuesday	Wednesday	Thursday	Friday
Entrée #1	Cheesy Chicken Quesedilla	General Tso Chicken w/ Fried Rice	Spicy Chicken Sandwich	Baked Potato Bar	Spaghetti w/ Meatsauce & Garlic Toast
Sandwich	PB&J	Ham & Cheese Hoagie	PB&J	Turkey & Cheese Hoagie	Corn Dog
Pizza	<b>Homemade Pizza</b>				Sliced Stuffed Crust Pizza
SIDES	Refried Beans Corn Carrot Sticks Salsa Tortilla Chips	Roasted Broccoli Roasted Carrots Cucmber Slices w/ Ranch Sun Chips	Crinkle Cut Fries Green Beans Side Salad	Chili Cheese Cooked Broccoli Carrots & Celery Salsa	Roasted Squash & Zucchini Side Salad Tri Taters
Salad Bar	Full Salad Bar w/ Lettuce & Variety of Fresh Vegetables, Meat & Cheese				Pre- Made Salad: Chef Salad
Grain	Tortilla Chips	Wheat Thins or Cheese Its	Blueberry Muffin	Crackers: Back to Basics OR Uncrustable PB&J	
Protein	Queso Cheese	Ham	Chicken	Chicken Salad	
Vegetables	Black Beans (cold)	Chicpeas Sunflower Seeds	Green Peas (cold)	corn (cold), Sunflower Seeds	
<b>Fruit Choice</b>					

**September 23rd-27th**

	Monday	Tuesday	Wednesday	Thursday	Friday
Entrée #1	Spicy Chicken Tenders	Ramen Style Noodle Bar	Cheeseburger w/ Lettuce & Tomato	Cheesy Chicken/ Beef Nacho Bar	Beefy Mac
Sandwich	PB&J	Italian Hoagie	PB&J	Ham & Cheese Hoagie	Chicken Sandwich
Pizza	Sliced Pizza		Sliced Pizza		Sliced Pizza

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SIDES	Crinkle Cut Fries Slaw Cucumbers Carrot Sticks Ranch	Cooked Carrots Zucchini Broccoli & Carrots w/ Ranch	Baked Beans Slaw Potato Wedges Cooked Cabbage Carrots & Ranch	Shredded Lettuce Tomato Salsa Nacho Chips Onions Celery & Carrots w/ Ranch	Green Beans Side Salad Corn
Salad Bar	Full Salad Bar w/ Lettuce & Variety of Fresh Vegetables, Meat & Cheese				Pre- Made Salad: Ginger Citrus Noodle Salad
Protein	Eggs	Queso Cheese	Chicken	Chicken Salad	
Vegetables	Chick Peas	Black Beans (cold)	Green Peas (cold)	corn (cold), Sunflower Seeds	
Grain	Banana Muffin	Tortilla Chips	Doritos	CheX Mix or Crackers	Wheat Thins
<b>Fruit Choice</b>					
<b>September 30th</b>					
	Monday	Tuesday	Wednesday	Thursday	Friday
Entrée #1	Sloppy Joe Sandwich				
Pizza	Smart Mouth Pizza Variety				
SIDES	Green Beans Potato Wedges Dinner Roll Fruit choice				
Salad Bar	Full Salad Bar w/ Lettuce & Variety of Fresh Vegetables, Meat & Cheese				
Grain	Doritos				
Protein	Chicken				
Vegetables	Chicpeas Sunflower Seeds				
<b>Fruit Choice</b>					