

# September 2025

Monday	Tuesday	Wednesday	Thursday	Friday	Sat & Sun
Daily Vegetable Bar - Mix Lettuce, one or more of the following vegetables will be served in addition to those listed daily: Frozen Peas, Carrots, Cucumbers, Peppers, Celery, Broccoli, Cauliflower, Tomatoes, Beans, Sugar Snap Peas, Black Olives, Black Beans, Chickapea, Kidney Bean					
Daily Salad Bar - MS/HS will have the option of either main course or a salad bar. Salad bar includes the vegetable bar, either diced ham, diced chicken or diced turkey, cheddar cheese, and either pita bread, breadstick, dinner roll or garlic bread					
1	2	3	4	5	6 7
<b>NO SCHOOL</b>	Breakfast Pizza, Fruit, Juice, Milk	Pancake Bites, Fruit, Juice, Milk	Cinnamon Roll, Fruit, Juice, Milk	Cheese Omelet, Toast, Fruit, Juice, Milk	
	Chicken Strips, Mashed Potatoes, Peas, Blueberries, Applesauce	Hamburger/Bun, Onion Rings, Tomatoes, Chickpeas, Strawberries. Pears	Chicken Alfredo, Garlic Knot, Carrots, Broccoli, Peaches, Apple Slices	Mr. Rib/Bun, Green Beans, Celery, Mandarin Oranges, Raisins	
8	9	10	11	12	13 14
Cereal, Toast, Fruit, Juice, Milk	Muffin, Yogurt, Fruit, Juice, Milk	Oatmeal, Toast, Fruit, Juice, Milk	Pop-tarts, Yogurt, Fruit, Juice, Milk	Pancake & Sausage Patty, Fruit, Juice, Milk	
Tater Tot Casserole, Bread & Butter, Peppers, Celery, Pineapple, Grapes	Taco, Refried Beans, Black Olives, Mandarin Oranges, Raisins, HS ONLY Crackers	Country Fried Beef Patty/Bun, Country Potatoes, Broccoli, Peaches, Apple Slices	PB & J or Egg Salad Sandwich, Chips, Cucumbers, Tomatoes, Strawberries. Pears	Pepperoni Pizza, Corn, Cauliflower, Blueberries, Applesauce	
15	16	17	18	19	20 21
Cereal, Toast, Fruit, Juice, Milk	Strawberry Boli, Fruit, Juice, Milk	Pancake on a Stick, Fruit, Juice, Milk	Egg & Cheese Muffin, Fruit, Juice, Milk	Waffle, Fruit, Juice, Milk	
Chicken Nuggets, Broccoli with Cheese Sauce, Cauliflower, Strawberries, Pears	Chicken Bites, Roasted California Blend, Bread & Butter, Carrots, Peas, Brown Peaches, Apple Slices	Fiestada Sandwich, Refried Beans, Cauliflower, Black Olives, Pineapple, Grapes	Meatloaf Sandwich/Bun, Mashed Potatoes, Carrots, Blueberries, Applesauce	Hot Dog/Chili Dog/Bun, Tater Tots, Cucumbers, Mixed Fruit, Raisins	
22	23	24	25	26	27 28
Cereal, Toast, Fruit, Juice, Milk	Dutch Waffle, Fruit, Juice, Milk	<b>No School</b>	French Toast, Sausage, Fruit, Juice, Milk	Biscuit & Gravy, Fruit, Juice, Milk	
Ham & Cheese/Bun, Potato Wedges, Chickpeas, Carrots, Peaches, Apple Slices	Chicken & Noodle over Biscuit, Mixed Vegetables, Black Olives, Pineapple, Grapes		Meatball Sub with Cheese, Baked Beans, Cauliflower, Broccoli, Blueberries, Applesauce	French Bread Pizza, Corn, Cucumbers, Mandarin Oranges, Raisins	
29	29	Skim or 1% Milk will be offered during breakfast; Skim, 1% or Skim Chocolate Milk will be offered during lunch; All bread products are whole grain rich; Menu may change anytime due to availability of item; This institution is an equal opportunity provider			
Cereal, Toast, Fruit, Juice, Milk	Breakfast Pizza, Fruit, Juice, Milk				
Chicken Bacon Ranch, Roasted Carrots, Cauliflower, Mixed Fruit, Grapes, HS ONLY Crackers	Taco in a Bag, Spanish Rice, Black Bean Salsa, Tomatoes, Blueberries, Applesauce				