

Jackson Pool September 2025 Schedule

Times are subject to change. Please check out Facebook page for updates @JCCPool or sign up for Group Me : Jackson Pool Patrons (https://groupme.com/join_group/107954284/vzEjzzOI)

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|------------------|----------------------------|--------------------------|----------------------------|----------------------------|----------------------------|---------------------------|
| 31 | Sept 1 | Sept 2 | 3 | 4 | 5 | 6 |
| | | | 5:30-8 am Lap/Fitness Swim | | 5:30-8 am Lap/Fitness Swim | B-day Party 9:30-11:30am |
| | | | 6:48 am Deb's Aerobics | 11:30-1 Lap/Fitness Swim | 6:48 am Deb's Aerobics | 11:30-1 Lap/Fitness Swim |
| | | | | 3:30-5pm Lap/ Fitness Swim | | |
| | | | 2:30-5pm Open Swim | 5-7 pm Open Swim | | 1-5 Open Swim |
| | | | 5-7 Lap/Fitness Swim | | | |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| Noon -1 Lap Swim | 5:30-8 am Lap/Fitness Swim | | 5:30-8 am Lap/Fitness Swim | | 5:30-8 am Lap/Fitness Swim | 8:00-9:30 am MCW XC |
| | 6:48 am Deb's Aerobics | | 6:48 am Deb's Aerobics | 11:30-1 Lap/Fitness Swim | 6:48 am Deb's Aerobics | 11:30-1 Lap/Fitness Swim |
| 1-5 Open Swim | 3:30-5pm L/F or Open | | | 3:30-5pm Lap/ Fitness Swim | | 1-5 Open Swim |
| | 5-7pm L/F or Open | 3:30-5pm L/F | 4-7:30 pm Lap/Fitness Swim | 5-7 pm Open Swim | 3:30-8 Open Swim | b-day party 5-7pm |
| | | 5-7 pm Open Swim | | | | |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| | 5:30-8 am Lap/Fitness Swim | | 5:30-8 am Lap/Fitness Swim | | 5:30-8 am Lap/Fitness Swim | |
| Noon -1 Lap Swim | 6:48 am Deb's Aerobics | | 6:48 am Deb's Aerobics | 11:30-1 Lap/Fitness Swim | 6:48 am Deb's Aerobics | B-day party 9:30-11:30 am |
| | 3:30-5pm L/F or Open | | 2:30-5pm L/F or Open | 3:30-5pm L/F or Open | | 11:30-1 Lap/Fitness Swim |
| 1-5 Open Swim | 5-7pm L/F or Open | 3:30-5pm L/F or Open | 5-8pm L/F or Open | 5-8pm L/F or Open | mcw xc 3:45-5:45pm | 1-5 Open Swim |
| | | 5-8pm L/F or Open | | | | |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| | 5:30-8 am Lap/Fitness Swim | | 5:30-8 am Lap/Fitness Swim | 10:00-11:30 Toddler Swim | 5:30-8 am Lap/Fitness Swim | 8:00-9:30 am MCW XC |
| Noon -1 Lap Swim | 6:48 am Deb's Aerobics | 10:00-11:30 Toddler Swim | 6:48 am Deb's Aerobics | 11:30-1 Lap/Fitness Swim | 6:48 am Deb's Aerobics | B day party 9:30-11:30 am |
| | 3:30-5pm L/F or Open | 11:30-1 Lap/Fitness Swim | 2:30-5pm L/F or Open | 3:30-5pm L/F or Open | | 11:30-1 Lap/Fitness Swim |
| 1-5 Open Swim | 5-7pm L/F or Open | 3:30-5pm L/F or Open | 5-8pm L/F or Open | 5-8pm L/F or Open | 3:45- 5:35 pm MCW xc | 1-5 Open Swim |
| | | 5-8pm L/F or Open | | | Homecoming | |
| 28 | 29 | 30 | Oct 1 | 2 | 3 | 4 |
| | 5:30-8 am Lap/Fitness Swim | | 5:30-8 am Lap/Fitness Swim | 10:00-11:30 Toddler Swim | 5:30-8 am Lap/Fitness Swim | |
| Noon -1 Lap Swim | 6:48 am Deb's Aerobics | 10:00-11:30 Toddler Swim | 6:48 am Deb's Aerobics | 11:30-1 Lap/Fitness Swim | 6:48 am Deb's Aerobics | 11:30-1 Lap/Fitness Swim |
| | 3:30-5pm L/F or Open | 11:30-1 Lap/Fitness Swim | 2:30-5pm L/F or Open | 3:30-5pm L/F or Open | | 1-5 Open Swim |
| 1-5 Open Swim | 5-7pm L/F or Open | 3:30-5pm L/F or Open | 5-8pm L/F or Open | 5-8pm L/F or Open | 3:45- 5:35 pm MCW xc | |
| | | 5-8pm L/F or Open | | | 5:45-8pm open swim | |