

WHAT'S FRESH

NOVEMBER



FFVP Menu

The Food and Nutrition Service encourages schools to serve a variety of fresh fruits and vegetables. Because the intent of the FFVP is to introduce children to new and different fresh fruits and vegetables, the produce must be served in a way that it is easily identifiable. This encourages children to enjoy fruits and vegetables "as they are."

FRESH FRUIT & VEGETABLE PROGRAM

Monday	Tuesday	Wednesday	Thursday	Friday
3 Red Grapes 	4 Sugar Snap Peas 	5 Blueberries 	6 Grapefruit 	7 Freshen Up Friday
10 Rainbow Carrot Coins 	11 Colorful Cherry Tomatoes 	12 Watermelon 	13 Beet Sticks 	14 HAPPY FRIDAY 
18 Strawberries 	18 Mini Cucumbers 	19 Orange Wedges 	20 Blackberries 	21 
24 Sungold Kiwi 	25 Bananas 	26 27 28 		

