

JANUARY 2023 STARK COUNTY JUNIOR HIGH/HIGH SCHOOL MENU

<p>Mashed Potatoes contain Sulfates and can cause Allergic Reactions.</p> <p>1% White and Chocolate, Strawberry Milk are offered at all meals.</p> <p>Ranch and French Dressings, Mustard, Ketchup Mayo, BBQ sauces are offered at Lunch</p> <p>Menu is Subject to change. Breakfast starts at 7:30 a.m.-8:00 A.m. Breakfast is offered vs serve children must pick 3 of 4 items offered and one must be ½ cup fruit or juice. Lunch is also offer vs serve children must pick 3 out 5 items offered one must be ½ cup of fruit or veggies</p>	<p>3 Tuesday</p> <p>No School</p> <p>Menu is Subject to Change</p>	<p>4 Wednesday</p> <p>No School</p> <p>Breakfast is served everyday from 7:30 am to 8:00 am</p>	<p>5 Thursday WG Cereal, WG Donut, Fruit, Juice</p> <p>Pulled Pork Horseshoe (WG Toast, Pulled Pork, Cheese Sauce), Cheese or Chicken Quesadilla or Salad or Deli Sandwich or Yogurt Meal Oven Fries, Rosy Applesauce, Fresh Fruit and Veggies</p>	<p>6 Friday WG Cereal, Biscuit, Sausage and Gravy, Fruit, Juice</p> <p>WG Multi Cheese Garlic Bread or Salad or Deli Sandwich, or Yogurt Meal Marinara Sauce, Corn, Peaches, Sidekick, Fresh Fruit and Veggies</p>
<p>9 Monday WG Cereal, WG Pancake on a Stick, Syrup, Fruit, Juice</p> <p>WG Bun, Hot Dog or Chili Dog or Pepperoni Panini or Salad or Deli Sandwich or Yogurt Meal Oven Fries, Pineapple, Fresh Fruit and Veggies</p>	<p>10 Tuesday WG Cereal, WG Breakfast Bar, Fruit, Juice</p> <p>WG Toasted Cheese, Tomato Soup , Crackers or Salad or Deli Sandwich or Yogurt Meal, Carrots, Pears, Fresh Fruit and Veggies</p>	<p>11 Wednesday WG Cereal, WG Bagel, Cream Cheese, Juice, Fruit</p> <p>WG Roll, Chicken Teriyaki or Smoothie Meal or Deli Sandwich or Yogurt Meal or Salad Mandarin Oranges, Broccoli w/Cheese. Chicken Rice, Fresh Fruit and Veggies</p>	<p>12 Thursday WG French Toast Sticks, Syrup, WG Cereal, Fruit, Juice</p> <p>WG Roll, Tater Tot Casserole or Chicken or Cheese Quesadilla or Yogurt Meal or Deli Sandwich or Salad Green Beans, Peaches, Fresh Fruit and Veggies</p>	<p>13 Friday WG Cereal, WG Breakfast Bagel, Fruit, Juice</p> <p>Rebel Nachos (WG Tortilla Chips, Taco Meat, Cheese Sauce) or Yogurt Meal or Deli Sandwich or Salad Refried Beans, Salsa ,Applesauce Fresh Fruit and Veggies, Bavarian Creme Dessert</p>

<p>16 Monday No School</p>	<p>17 Tuesday WG Poptart, WG Cereal, Fruit, Juice</p> <p>WG Bun, Hamburger, Cheese Slice, Yogurt Meal or Deli Sandwich or Salad Oven Potatoes, Pears, Fresh Fruit and Veggies</p>	<p>18 Wednesday WG Cereal, Muffin, Fruit, Juice</p> <p>WG Corn Dogs or Smoothie Meal or Yogurt Meal or Salad or Deli Sandwich Green Beans, Mixed Fruit, Fresh Fruit and Veggie</p>	<p>19 Thursday WG Cereal, Cinnamon Roll, Fruit, Juice</p> <p>WG Bun, WG Chicken Patty or Cheese Quesadilla or Yogurt Meal or Deli Sandwich or Salad Corn, Peaches, Fresh Fruit and Veggies</p>	<p>20 Friday WG Cereal, Biscuit, Sausage and Gravy, Fruit, Juice</p> <p>WG Bosco, Ravioli or Salad or Yogurt Meal or Deli Sandwich Carrots, Pineapple, Jello with Whip Topping, Fresh Fruit and Veggies</p>
<p>23 Monday WG Cereal, Breakfast Bar, Fruit, Juice</p> <p>WG Bun, BBQ Rib or Pepperoni/Cheese Panini or Salad or Yogurt Meal or Deli Sandwich Baked Beans, Sweet Potato Fries, Pineapple, Fresh Fruit and Veggies</p>	<p>24 Tuesday WG Pancakes, Syrup, WG Cereal, Fruit, Juice</p> <p>WG Roll, Hamburger Gravy, WG Cracker or Yogurt Meal or Salad or Deli Sandwich Mashed Potatoes, Rosy Applesauce, Fresh Fruit and Veggies</p>	<p>25 Wednesday WG Cereal, Honey Buns, Juice, Fruit</p> <p>WG Roll, WG Fish Sticks or Smoothie Meal or Yogurt Meal or Deli Sandwich or Salad Green Beans, Pears, Fresh Fruit and Veggies</p>	<p>26 Thursday WG Cereal, WG Donut, Fruit, Juice</p> <p>WG Bun, Tenderloin or Cheese or Chicken Quesadilla or Salad or Deli Sandwich or Yogurt Meal Broccoli W/ Cheese, Mixed Fruit, Fresh Fruit and Veggies</p>	<p>27 Friday WG French Toast Sticks, Syrup, WG Cereal, Fruit, Juice</p> <p>WG Chili Crispitos, WG Chips or Yogurt Meal or Salad or Deli Sandwich Salsa, Refried Beans, Peaches, Ice Cream Cup, Fresh Fruit and Veggies</p>
<p>30 Monday WG Cereal, WG Breakfast Bagel, Fruit, Juice</p> <p>WG Cheese Bites or Pepperoni/Cheese Panini or Yogurt Meal or Salad or Deli Sandwich Marinara Sauce, Green Beans, Rosy Applesauce, Fresh Fruit and Veggies</p>	<p>31 Tuesday WG Cereal, Biscuit, Sausage and Gravy, Fruit, Juice</p> <p>WG Bun, BBQ Pulled Pork or Salad or Yogurt Meal or Deli Sandwich Oven Potatoes, Mandarin Oranges, Fresh Fruit and Veggies</p>			