



Primary Years  
Programme

# WINTER BOLT

JANUARY  
2026  
ISSUE NO 6

## JANIE HOWARD WILSON WELCOME BACK



"IF YOU ARE HAVING A PROBLEM OR THINK YOU WILL HAVE A PROBLEM, PLEASE COME TO THE OFFICE."

### ADMINISTRATION MESSAGE:

HAPPY HOLIDAYS TO OUR SILVER STREAK FAMILIES,

WE ARE SO EXCITED FOR THIS MONTH AS WE HAVE SO MANY AMAZING EVENTS PLANNED! WE ARE SO THANKFUL FOR THE SUPPORT FROM OUR FAMILIES AS WE HAVE SEEN PROGRESS AND GROWTH ON OUR STATE STANDARDS THROUGH THE STANDARD MASTERY ASSESSMENTS. AT THIS TIME, WE HAVE PASSED 6,787 ACCELERATED READER TESTS. THIS IS AN INCREASE OF 1,538 ASSESSMENTS COMPARED TO THIS TIME LAST YEAR! ON DECEMBER 2ND, OUR KINDERGARTEN STUDENTS WILL BE SINGING AT THE LAKE WALES TREE LIGHTNING CEREMONY. WE ARE LOOKING FORWARD TO OUR DINNER WITH SANTA EVENT ON DECEMBER 4TH AT THE FIRST BAPTIST CHURCH. OUR KINDERGARTEN AND DANCE CLUB STUDENTS WILL BE PERFORMING AND THERE WILL BE GUEST APPEARANCES FROM THE ELF ON THE SHELF, THE GRINCH, AND MR. AND MRS. CLAUS. ON DECEMBER 11TH, OUR DANCE TEAM WILL BE PERFORMING FOR THE ESOL CHRISTMAS CELEBRATION AND ON DECEMBER 12TH, THERE WILL BE A WINTER DANCE FOR OUR 3RD, 4TH, AND 5TH GRADERS. THE SECOND GRADING QUARTER WILL CLOSE ON DECEMBER 19TH. DURING THIS MONTH, WE WILL ALSO BE CELEBRATING SELECT STUDENTS WHO MADE THEIR AR GOALS FOR THE MONTH OF DECEMBER AND WE WILL HAVE OUR FIRST SEMESTER MATH COMPETITION FOR EACH GRADE LEVEL. OUR STUDENTS WILL SELECT THEIR CLASSROOM WINNER FOR THE SCHOOL SPELLING BEE. ALL OF OUR SILVER STREAKS WILL BE PARTICIPATING IN THEIR SECOND STATE ASSESSMENTS THIS MONTH. FINALLY, OUR A-TEAM WILL DO A PRACTICE COMPETITION WITH THE OTHER LAKE WALES CHARTER SCHOOLS AT JANIE HOWARD WILSON. WE WANT TO GIVE OUR SINCERE GRATITUDE TO MS. GUNN FOR HER EFFORTS WITH PREPARING OUR STUDENTS FOR THIS COMPETITION.

IN JANUARY, OUR TEACHERS WILL BE REACHING OUT TO SET UP CONFERENCES TO REVIEW TEST RESULTS FROM PROGRESS MONITORING TWO AND WILL PROVIDE RECOMMENDATIONS FOR NEXT STEPS. WE LOOK FORWARD TO WORKING WITH OUR FAMILIES FOR OPTIONS FOR ADDITIONAL SUPPORT THROUGH IREADY, VARSITY TUTORING, AND KHAN ACADEMY.

OUR FIFTH GRADERS AND THEIR FAMILIES WILL NEED TO PREPARE TO APPLY FOR BOK N. AND/OR BOK S. DURING OPEN ENROLLMENT. WE HAVE SCHEDULED SCHOOL VISITS THIS MONTH TO THESE SCHOOLS. OUR STAFF IS HAPPY TO ASSIST ANY FAMILY IF THEY NEED HELP WITH THE UPCOMING ENROLLMENT POLICY. PLEASE MAKE SURE YOU KNOW YOUR CHILD'S SCHOOL ID NUMBER THAT CAN BE FOUND IN THE PARENT PORTAL OR YOUR CHILD'S REPORT CARD. PLEASE CHECK THE PARENT PORTAL FREQUENTLY SO WE CAN ADDRESS ANY CONCERNSS YOU MAY HAVE PRIOR TO THE GRADING QUARTER CLOSING.

WE WANT TO WISH ALL OF OUR FAMILIES A WONDERFUL HOLIDAY SEASON AND WE LOOK FORWARD TO OUR WORK AHEAD IN THE NEW YEAR. PLEASE CONTINUE TO READ WITH YOUR CHILD EACH NIGHT AND COMPLETE ANY HOLIDAY WORK DURING THE WINTER BREAK!

### JANUARY CALENDAR

JAN. 7- STUDENTS RETURN

JAN. 9- 3<sup>RD</sup> GRADE TO FRASIER FIELD

JAN. 15- 2<sup>ND</sup> GRADE CIRCLE B BAR

Jan.16- Early Release@12:40pm

KG to Frasier Field Trip

Youth Fair Showcase Night

Jan.19- No School

JAN.20- CLASS PICTURE/ACHIEVE  
THE GREEN

JAN. 22- 4<sup>TH</sup> GRADE TO BOK TOWER

JAN.23- 5<sup>TH</sup> GRADE TO BOK TOWER

JAN. 26-30- LITERACY WEEK

JAN. 28- SCHOOLWIDE SPELLING BEE



## KINDERGARTEN

# NEWSLETTER

### UPCOMING CURRICULUM TOPICS:

**ELA** - Short & Long Vowel Sounds, Phoneme Addition/Substitution

**Math** - Introducing Subtraction 0-10

**Science** - The Seasons



### IB CORNER:

UOI 3 - "Where We Are In Place & Time"

### UPCOMING FIELD TRIPS/ DEADLINES:

Jan. 16 - Walking Field Trip to Frazier Field  
(Early Release)

### STUDENT RECOGNITION:

**Top AR Student:** Estefania Bamac-Sales, Breylen Partee, Zahir Lloyd, Azrael Figueroa

**Top Math Superstar:** Emanuel Guzman, Kae'Anni Williams, Jace Ernest, Christian Cius

**Top Scientist:** Ixchel Morales-Echevarria, T'Kai Bowman, Valentina Martinez, Naziah Hicks

# FIRST GRADE NEWSLETTER

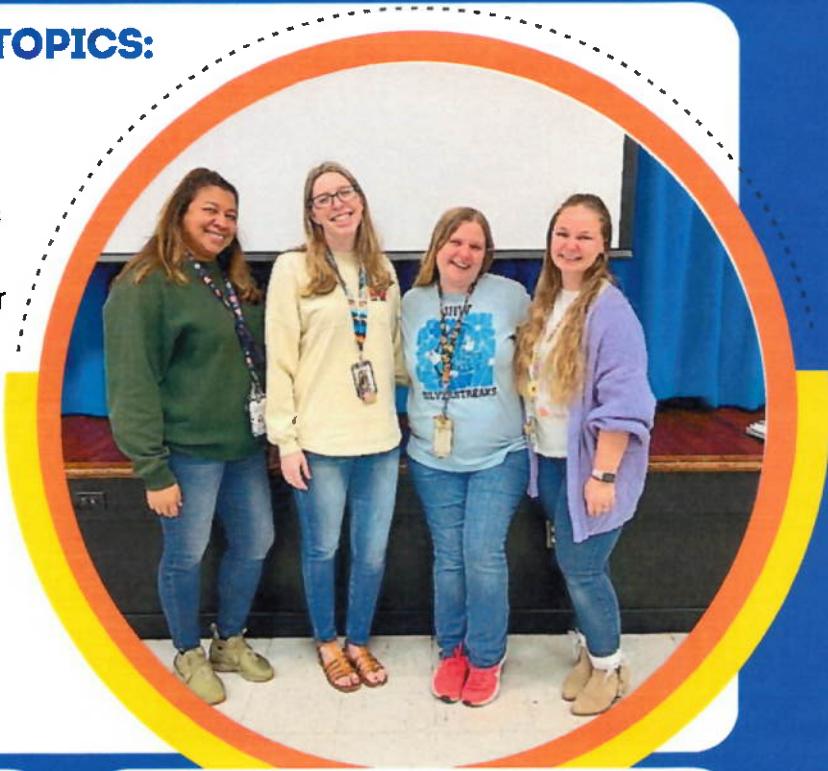


## UPCOMING CURRICULUM TOPICS:

**Math:** Measurement, Time and Money

**ELA:** How is life different from what it was long ago? How to set and achieve New Year's Resolutions. Soon to be starting our research for our IB Exhibition.

**Science:** Stars and Properties of the Sun



## IB CORNER:

**Unit 3:** Where we are in place and time

- Natural Systems change over time

## UPCOMING FIELD TRIPS/ DEADLINES:

February 12th - IB Exhibition

February 13th - Frazier Field Trip (more information to come soon)

February 26th - Fairytale Showdown

## STUDENT RECOGNITION:

**Student for Risk Taker, Student for Honesty.**

Peters Julian Baruffaldi Daviel Quintana Montanez  
C. Smith Valeria Cordero Rendon Everly Flores  
E. Smith Abraham Palomo Mendez Laura Lugo-Rios

**Math Competition Names:**

Peters Julian Baruffaldi and Jahiem Ward  
C. Smith Elijah Marion and Scarlett Hartmann  
E. Smith Jacquell Saunders, Kade Newbold

**Spelling Bee Competition Names from Class Competitions:**

Peters Emilliano Castillo  
C. Smith Adaiah Anderson  
E. Smith Logan Hodge

# SECOND GRADE NEWSLETTER

## UPCOMING CURRICULUM TOPICS:

As we begin the New Year and enter our third grading period, we are looking forward to continued growth and success from our second graders. Students will be expected to work more independently and with greater rigor on classroom assignments. Homework will continue to reflect what is being taught in class each week, and students should be able to read and complete their homework independently.

Please be sure to review the weekly newsletter, which includes our spelling words, vocabulary words, and high-frequency words. Practicing these at home will help support your child's learning and build confidence. Below is an overview of the skills and concepts we will be focusing on in the upcoming weeks.

**ELA:** Key ideas and details in literature: Author's purpose

Craft and structure in literature:

Sound and meaning in stories

Rhythm and meaning in poems and songs

Parts of a story

Point of view

**Math:** Measuring length

Understanding fractions: Partition shapes into equal-sized parts

**Science:** Forms of energy: Sound, Electrical, Light, and Heat

**Social Studies:** Geography



## IB CORNER:

We will be wrapping up our "How the World Works" PYP unit, which focuses on the interaction between the natural world (physical and biological) and human societies.

## UPCOMING EVENTS/ DEADLINES:

Upcoming events: 15th - Field trip to Circle B Bar Reserve in Lakeland

16th - Croc Day \$1.00

23rd - Disney Day \$1.00

29th - Dress Like a Teacher Day \$1.00

## STUDENT RECOGNITION:

Hayes	Alaya Pinion	Jim'mya Bibbs
Bermudez	Sofia Orozco Guzman	Keyla Onofre Guzman
Monroe	Josiah Rinick	Sofia Roman Ortiz
Starling	Noah Chaney	Amelia Bermudez

# THIRD GRADE NEWSLETTER

## UPCOMING CURRICULUM TOPICS:

### Reading:

This month's reading topics we will be focusing on character perspectives and themes in different texts.

### Math:

This month's math topics we will continue to work on introducing multiplication and division and relating the new skills back to their knowledge of addition and subtraction and introducing multi step and multi operational word problems and multiplying by greater numbers.

### Science:

This month's Science topics we will be finishing up our energy unit and moving into our life science unit by starting to work on our plant related standards.

### Social Studies:

This month's Social Studies topics we will be working on learning about the different types of government and how their decisions can change or affect our communities.



## IB CORNER:

We are finishing up the third transdisciplinary unit of the year of "How we Organize Ourselves"

We are focusing on the structure and functions of different organizations and how they influence humankind through their decision making.

This month we will be focusing on the following Learner profiles through all subjects:

thinkers  
balanced  
principled

Key Concepts:

This month we will be focusing on the following Key Concepts through all subjects:

Function  
Causation  
Responsibility

## STUDENT RECOGNITION:

### Resiliency Student of the Month:

#### Honest:

Juleidy Carrion Flores  
Da'Kylah Smith  
Ja'Layah Flavius  
Artis Blocker

#### Risk Taker:

Marquez Walden  
Gimena Elias Santiago  
Isaac Jamison  
Marilise Centeno

## UPCOMING FIELD TRIPS/ DEADLINES:

Jan. 9th- Walking Field Trip at Frazier Field

Jan. 13th- Report Cards 2nd 9 weeks

Jan. 16th- Early Release/ Croc Day Fundraiser

Jan. 19th- No School Martin Luther King Jr. Day

Jan. 20th- Achieve the Green and Class Picture Day

Jan. 23rd- PTO and SAC committee Meetings

Jan. 28th- School Wide Spelling Bee Competition

### Parent Note:

We are halfway through the year! It is very important that you have met with your student's teacher to go over their testing data so that you are well aware of your students goals for the end of the year and to reach promotion for fourth grade. There will be a 3rd grade parent night coming up that will give you more information on the requirements needed for your student to be promoted to 4th grade!

# FOURTH GRADE NEWSLETTER

## UPCOMING CURRICULUM TOPICS:

**Reading:** Students are learning about What types of customs and ideas do people pass down from generations to generations?

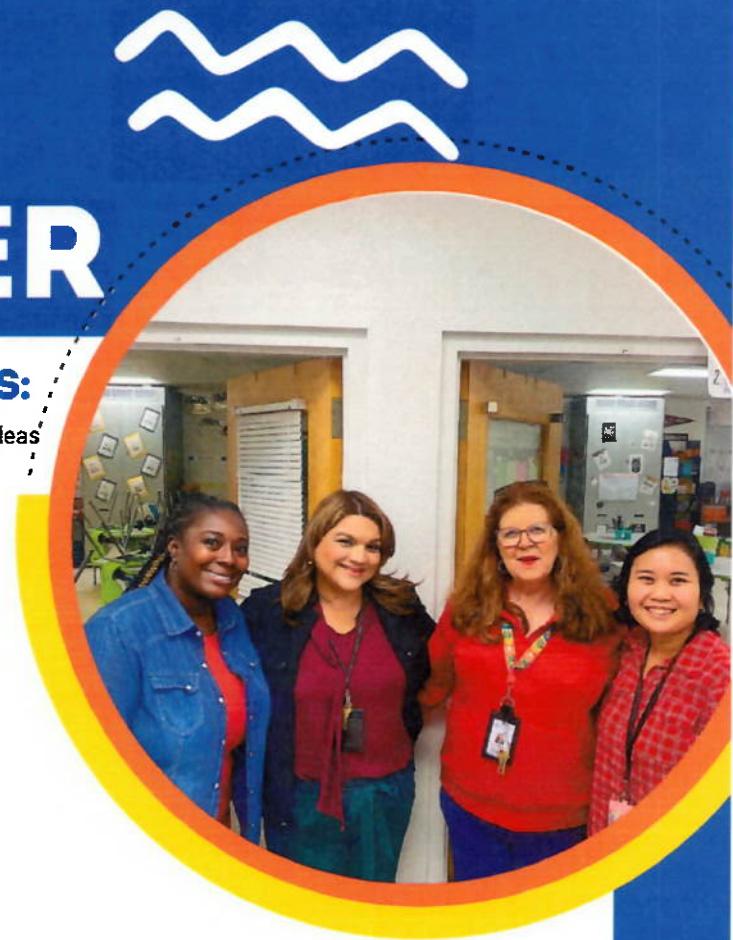
- ELA. K12.EE.1.1 Cite evidence
- ELA. K12. EE.3.1 Make Inferences
- ELA. 4.R.3.2.a Summarize a Story

**Math:** Students will learn to use operations with whole numbers to solve problems.

- 4.AR.2.1
- 4. NSO. 2.1
- Communicate mathematical ideas, vocabulary and methods effectively.
- MTR. 4.1 MTR.5.1

**Science:** Students will engage in activities that help to create conceptual understanding of magnets

SC.4P.8.4



## IB CORNER:

Unit of Inquiry: How We Express Ourselves

Learner Profiles: Principled & Open Minded

## STUDENT RECOGNITION:

Students of the Month for demonstrating these attributes:

RISK TAKER	HONESTY
Mrs. Sotomayor's Class	Caephan Pierre
Mrs. Howard's Class	Armani Thomas
Mrs. Smidie's Class	Teyanna McRoy
Ms. Griffith's Class	Alana Fariel
	Tyson Flemming

### Student Recognition:

Top AR Student: Damian Benitez

Top Math Superstar: Leon Drummond (1st place) and Jamal Ernest (2nd place)

## UPCOMING FIELD TRIPS/ DEADLINES:

Permission Slips will be sent soon. Please be on the lookout in their communication folders

Bok Tower Gardens permission slips due 1/20/26

Bok Tower Gardens Field Trip 1/22/26

Schoolwide Spelling Bee 1/28/26

Special Message from the Fourth Grade Team:

Please reach out to us with any questions or concerns. We are here to help.

Remember to sign up for class dojo if you have not done so already.

# FIFTH GRADE NEWSLETTER

## UPCOMING CURRICULUM TOPICS:

**Math:** coordinate planes/input and output tables/adding and subtracting fractions

**Science:** Investigating properties of matter

**ELA:** Comparing and Contrasting sources/Analyzing word parts

**Social Studies:** Tools of Geography/reading maps



## IB CORNER:

How We Organize Ourselves

## UPCOMING FIELD TRIPS/ DEADLINES:

Bok Tower Field Trip in January 23, 2026

## STUDENT RECOGNITION:

Congratulations to the new A-team members:

David Arriaga

Logan Bender

London Carroll

Neymar Ventura

Antonio Stone

Kyler Wilson

Saul Miranda Morales

# January 2026

Janie Howard Wilson Elementary

## Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5	6	7	1	2
No School	No School	Breakfast Entrée • Fluffy Pancakes • Multi-Grain Cheerios Cereal w/ Graham Crackers • Cinnamon Chex Cereal • Strawberry Banana Yogurt Cup Grain • Whole Grain Honey Graham Crackers Fruit • Fresh Orange Slices • 100% Fruit Punch Juice • Strawberry Craisins Milk • Fat Free Chocolate Milk Local • 1% Low Fat White Milk Local	Breakfast Entrée • Glazed Cinnamon Roll • Multi-Grain Cheerios Cereal w/ Graham Crackers • Cinnamon Chex Cereal • Strawberry Banana Yogurt Cup Grain • Whole Grain Honey Graham Crackers Fruit • Fresh Banana • 100% Apple Juice • Strawberry Craisins Milk • Fat Free Chocolate Milk Local • 1% Low Fat White Milk Local	no school no school
12	13	14	15	16
Breakfast Entrée • Blueberry Muffin w/String Cheese • Cheerios Cereal • Apple Cinnamon Cheerios Cereal • Strawberry Banana Yogurt Cup Grain • Whole Grain Honey Graham Crackers Fruit • Fresh Apple • 100% Fruit Punch Juice • Strawberry Craisins Milk • Fat Free Chocolate Milk Local • 1% Low Fat White Milk Local	Breakfast Entrée • Chicken & Waffle • Cheerios Cereal • Apple Cinnamon Cheerios Cereal • Strawberry Banana Yogurt Cup Grain • Whole Grain Honey Graham Crackers Fruit • Strawberry Craisins • 100% Apple Juice • Applesauce Cup Milk • Fat Free Chocolate Milk Local • 1% Low Fat White Milk Local	Breakfast Entrée • Turkey Sausage Breakfast Pizza • Multi-Grain Cheerios Cereal w/ Graham Crackers • Cinnamon Chex Cereal • Strawberry Banana Yogurt Cup Grain • Whole Grain Honey Graham Crackers Fruit • Fresh Orange Slices • 100% Fruit Punch Juice • Strawberry Craisins Milk • Fat Free Chocolate Milk Local • 1% Low Fat White Milk Local	Breakfast Entrée • Turkey Ham & Cheese Croissant Sandwich • Multi-Grain Cheerios Cereal w/ Graham Crackers • Cinnamon Chex Cereal • Strawberry Banana Yogurt Cup Grain • Fresh Banana • 100% Apple Juice • Strawberry Craisins Milk • Fat Free Chocolate Milk Local • 1% Low Fat White Milk Local	Breakfast Entrée • Savory Breakfast on a Stick • Multi-Grain Cheerios Cereal w/ Graham Crackers • Strawberry Banana Yogurt Cup Grain • Whole Grain Honey Graham Crackers Fruit • Fresh Apple • 100% Fruit Punch Juice • Strawberry Craisins Milk • Fat Free Chocolate Milk Local • 1% Low Fat White Milk Local
19	20	21	22	23
no school	Breakfast Entrée • French Toast Sticks w/ Turkey Sausage • Cheerios Cereal • Apple Cinnamon Cheerios Cereal • Strawberry Banana Yogurt Cup Grain • Whole Grain Honey Graham Crackers Fruit • Strawberry Craisins • 100% Apple Juice • Applesauce Cup Milk • Fat Free Chocolate Milk Local • 1% Low Fat White Milk Local	Breakfast Entrée • Breakfast, Sandwich, Biscuit, Chicken MW/MW Tender, (.5M,2.25G) • Multi-Grain Cheerios Cereal w/ Graham Crackers • Cinnamon Chex Cereal • Strawberry Banana Yogurt Cup Grain • Whole Grain Honey Graham Crackers Fruit • Fresh Orange Slices • 100% Fruit Punch Juice • Strawberry Craisins Milk • Fat Free Chocolate Milk Local • 1% Low Fat White Milk Local	Breakfast Entrée • Cheesy Scrambled Eggs • Multi-Grain Cheerios Cereal w/ Graham Crackers • Cinnamon Chex Cereal • Strawberry Banana Yogurt Cup Grain • Golden Whole Grain Toast Fruit • Fresh Banana • 100% Apple Juice • Strawberry Craisins Milk • Fat Free Chocolate Milk Local • 1% Low Fat White Milk Local	Breakfast Entrée • Cinnamon & Sugar Donut Holes • Cheerios Cereal • Multi-Grain Cheerios Cereal w/ Graham Crackers • Strawberry Banana Yogurt Cup Grain • Whole Grain Honey Graham Crackers Fruit • Fresh Apple • 100% Fruit Punch Juice • Strawberry Craisins Milk • Fat Free Chocolate Milk Local • 1% Low Fat White Milk Local

26

Breakfast Entrée

- Chicken & Waffle
- Apple Cinnamon Cheerios Cereal
- Cheerios Cereal
- Strawberry Banana Yogurt Cup
- Whole Grain Honey Graham Crackers

Fruit

- Fresh Apple
- 100% Fruit Punch Juice
- Strawberry Craisins
- Fat Free Chocolate Milk Local
- 1% Low Fat White Milk Local

Milk

27

Breakfast Entrée

- Turkey Sausage Breakfast Pizza
- Cheerios Cereal
- Apple Cinnamon Cheerios Cereal
- Strawberry Banana Yogurt Cup
- Whole Grain Honey Graham Crackers

Fruit

- Strawberry Craisins
- 100% Apple Juice
- Applesauce Cup

Milk

28

Breakfast Entrée

- Fluffy Pancakes
- Multi-Grain Cheerios Cereal w/ Graham Crackers
- Cinnamon Chex Cereal
- Strawberry Banana Yogurt Cup
- Whole Grain Honey Graham Crackers

Fruit

- Fresh Orange Slices
- 100% Fruit Punch Juice
- Strawberry Craisins

Milk

29

Breakfast Entrée

- Egg & Cheese Croissant Sandwich
- Multi-Grain Cheerios Cereal w/ Graham Crackers
- Cinnamon Chex Cereal
- Strawberry Banana Yogurt Cup
- Fresh Banana
- 100% Apple Juice
- Strawberry Craisins

Fruit

- Fat Free Chocolate Milk Local
- 1% Low Fat White Milk Local

30

Breakfast Entrée

- Glazed Cinnamon Roll
- Multi-Grain Cheerios Cereal w/ Graham Crackers
- Strawberry Banana Yogurt Cup

Grain

- Whole Grain Honey Graham Crackers

Fruit

- Fresh Apple
- 100% Fruit Punch Juice
- Strawberry Craisins

Milk

- Fat Free Chocolate Milk Local
- 1% Low Fat White Milk Local

This institution is an equal opportunity provider

This information and the Menus can change regularly and foods are substituted periodically without notice. To obtain the most up-to-date information, contact your school's cafe manager.

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# January 2026

Janie Howard Wilson Elementary

Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5	6	7	1	2
No School	No School	<p>Lunch Entrée</p> <ul style="list-style-type: none"> <li>• Creamy Garlic Chicken over Penne</li> <li>• Crispy Chicken Patty Sandwich</li> <li>• Peanut Butter &amp; Jelly Uncrustable w/ Cheese &amp; Goldfish</li> </ul> <p>Vegetables</p> <ul style="list-style-type: none"> <li>• Seasoned Peas &amp; Carrots</li> <li>• Fresh Baby Carrots</li> <li>• Fresh Celery Sticks</li> <li>• Fresh Broccoli Florets</li> </ul> <p>Fruit</p> <ul style="list-style-type: none"> <li>• 100% Apple Juice</li> <li>• Fresh Orange Slices</li> <li>• Strawberry Craisins</li> </ul> <p>Milk</p> <ul style="list-style-type: none"> <li>• 1% Low Fat White Milk Local</li> <li>• Fat Free Chocolate Milk Local</li> </ul>	<p>Lunch Entrée</p> <ul style="list-style-type: none"> <li>• Creamy Macaroni &amp; Cheese</li> <li>• Breaded Chicken Tenders w/Toast</li> <li>• Italian Sub</li> </ul> <p>Vegetables</p> <ul style="list-style-type: none"> <li>• Mashed Potatoes</li> <li>• Fresh Baby Carrots</li> <li>• Fresh-Cut Cucumber Slices</li> <li>• Garbanzo Bean &amp; Tomato Salad</li> </ul> <p>Fruit</p> <ul style="list-style-type: none"> <li>• 100% Grape Juice</li> <li>• Fresh Banana</li> <li>• Strawberry Craisins</li> </ul> <p>Milk</p> <ul style="list-style-type: none"> <li>• 1% Low Fat White Milk Local</li> <li>• Fat Free Chocolate Milk Local</li> </ul>	<p>Lunch Entrée</p> <ul style="list-style-type: none"> <li>• Delicious Cheese Pizza</li> <li>• Turkey Ham Hawaiian Pizza</li> </ul> <p>Vegetables</p> <ul style="list-style-type: none"> <li>• Peppered Broccoli Florets</li> <li>• Side Salad</li> </ul> <p>Fruit</p> <ul style="list-style-type: none"> <li>• 100% Apple Juice</li> <li>• Fresh Apple</li> <li>• Strawberry Craisins</li> </ul> <p>Milk</p> <ul style="list-style-type: none"> <li>• 1% Low Fat White Milk Local</li> <li>• Fat Free Chocolate Milk Local</li> </ul>
12	13	14	15	16
<p>Lunch Entrée</p> <ul style="list-style-type: none"> <li>• Golden Chicken Corn Dog</li> <li>• Down Home Chicken &amp; Waffles</li> <li>• Peanut Butter &amp; Jelly Uncrustable w/ Cheese &amp; Goldfish</li> </ul> <p>Vegetables</p> <ul style="list-style-type: none"> <li>• Buttery Steamed Corn</li> <li>• Fresh Baby Carrots</li> <li>• Fresh Broccoli Florets</li> <li>• Fresh Tomato Wedges</li> </ul> <p>Fruit</p> <ul style="list-style-type: none"> <li>• 100% Apple Juice</li> <li>• Cinnamon Applesauce</li> <li>• Strawberry Craisins</li> </ul> <p>Milk</p> <ul style="list-style-type: none"> <li>• 1% Low Fat White Milk Local</li> <li>• Fat Free Chocolate Milk Local</li> </ul>	<p>Lunch Entrée</p> <ul style="list-style-type: none"> <li>• Spaghetti Meatsauce</li> <li>• Cheesy Diced Chicken Nachos</li> <li>• Turkey Ham &amp; Cheese Salad</li> </ul> <p>Grain</p> <ul style="list-style-type: none"> <li>• Homemade Croutons</li> </ul> <p>Vegetables</p> <ul style="list-style-type: none"> <li>• Charro Beans</li> <li>• Fresh Baby Carrots</li> <li>• Fresh Cucumber with Zesty Lemon &amp; Chili</li> <li>• Fresh Broccoli Florets</li> <li>• Fresh Salsa</li> </ul> <p>Fruit</p> <ul style="list-style-type: none"> <li>• 100% Grape Juice</li> <li>• Mixed Tropical Fruit</li> <li>• Strawberry Craisins</li> </ul> <p>Milk</p> <ul style="list-style-type: none"> <li>• 1% Low Fat White Milk Local</li> <li>• Fat Free Chocolate Milk Local</li> </ul>	<p>Lunch Entrée</p> <ul style="list-style-type: none"> <li>• Roasted Orange Chicken w/ Brown Rice</li> <li>• Cheese Quesadilla</li> <li>• Peanut Butter &amp; Jelly Uncrustable w/ Cheese &amp; Goldfish</li> </ul> <p>Grain</p> <ul style="list-style-type: none"> <li>• Seasoned Brown Rice</li> </ul> <p>Vegetables</p> <ul style="list-style-type: none"> <li>• Peppered Broccoli Florets</li> <li>• Fresh Baby Carrots</li> <li>• Fresh Broccoli Florets</li> <li>• Fresh-Cut Cucumber Slices</li> </ul> <p>Fruit</p> <ul style="list-style-type: none"> <li>• 100% Apple Juice</li> <li>• Fresh Orange</li> <li>• Strawberry Craisins</li> </ul> <p>Milk</p> <ul style="list-style-type: none"> <li>• 1% Low Fat White Milk Local</li> <li>• Fat Free Chocolate Milk Local</li> </ul>	<p>Lunch Entrée</p> <ul style="list-style-type: none"> <li>• Southern Chicken Bowl w/ Mashed Potatoes &amp; Corn</li> <li>• Cheese Stuffed Sticks</li> <li>• Turkey Ham &amp; Cheese Salad</li> </ul> <p>Vegetables</p> <ul style="list-style-type: none"> <li>• Spiced Green Beans</li> <li>• Fresh Baby Carrots</li> <li>• Fresh-Cut Cucumber Slices</li> <li>• Roasted Garbanzo Beans</li> </ul> <p>Fruit</p> <ul style="list-style-type: none"> <li>• 100% Fruit Punch Juice</li> <li>• Fresh Banana</li> <li>• Strawberry Craisins</li> </ul> <p>Milk</p> <ul style="list-style-type: none"> <li>• 1% Low Fat White Milk Local</li> <li>• Fat Free Chocolate Milk Local</li> </ul>	<p>Lunch Entrée</p> <ul style="list-style-type: none"> <li>• Peanut Butter &amp; Jelly Sandwich w/ String Cheese</li> </ul> <p>Vegetables</p> <ul style="list-style-type: none"> <li>• Fresh Baby Carrots</li> </ul> <p>Fruit</p> <ul style="list-style-type: none"> <li>• Fresh Orange</li> <li>• 100% Apple Juice</li> </ul> <p>Milk</p> <ul style="list-style-type: none"> <li>• 1% Low Fat White Milk Local</li> <li>• Fat Free Chocolate Milk Local</li> </ul>
19	20	21	22	23
no school	<p>Lunch Entrée</p> <ul style="list-style-type: none"> <li>• Fresh-Made Cheesy Chicken Tacos on Flour Tortillas</li> <li>• Grilled Cheeseburger</li> <li>• Fresh BBQ Chicken Salad</li> </ul> <p>Grain</p> <ul style="list-style-type: none"> <li>• Toasted Garlic Bread</li> </ul> <p>Vegetables</p> <ul style="list-style-type: none"> <li>• Mexican Pinto Beans</li> <li>• Fresh-Cut Cucumber Slices</li> <li>• Fresh Baby Carrots</li> <li>• Fresh Broccoli Florets</li> <li>• Fresh Salsa</li> </ul> <p>Fruit</p> <ul style="list-style-type: none"> <li>• Sweet Diced Peaches</li> <li>• 100% Fruit Punch Juice</li> <li>• Strawberry Craisins</li> </ul> <p>Milk</p> <ul style="list-style-type: none"> <li>• 1% Low Fat White Milk Local</li> <li>• Fat Free Chocolate Milk Local</li> </ul>	<p>Lunch Entrée</p> <ul style="list-style-type: none"> <li>• Beefy Macaroni Marinara w/ Roll</li> <li>• Crispy Chicken Patty Sandwich</li> <li>• Fresh Turkey &amp; Cheese Sub</li> </ul> <p>Vegetables</p> <ul style="list-style-type: none"> <li>• Buttery Steamed Corn</li> <li>• Fresh Baby Carrots</li> <li>• Fresh Broccoli Florets</li> <li>• Fresh-Cut Cucumber Slices</li> </ul> <p>Fruit</p> <ul style="list-style-type: none"> <li>• 100% Apple Juice</li> <li>• Fresh Orange Slices</li> <li>• Strawberry Craisins</li> </ul> <p>Milk</p> <ul style="list-style-type: none"> <li>• 1% Low Fat White Milk Local</li> <li>• Fat Free Chocolate Milk Local</li> </ul>	<p>Lunch Entrée</p> <ul style="list-style-type: none"> <li>• Popcorn Chicken</li> <li>• Hot Dog (Pork-Free)</li> <li>• Fresh BBQ Chicken Salad</li> </ul> <p>Vegetables</p> <ul style="list-style-type: none"> <li>• Zingy Crinkle Fries</li> <li>• Fresh Baby Carrots</li> <li>• Fresh-Cut Cucumber Slices</li> <li>• Fresh Celery Sticks</li> </ul> <p>Fruit</p> <ul style="list-style-type: none"> <li>• Fresh Banana</li> <li>• 100% Fruit Punch Juice</li> <li>• Strawberry Craisins</li> </ul> <p>Milk</p> <ul style="list-style-type: none"> <li>• 1% Low Fat White Milk Local</li> <li>• Fat Free Chocolate Milk Local</li> </ul>	<p>Lunch Entrée</p> <ul style="list-style-type: none"> <li>• Delicious Cheese Pizza</li> <li>• Classic Pepperoni Pizza</li> </ul> <p>Vegetables</p> <ul style="list-style-type: none"> <li>• Side Salad</li> <li>• Fresh Baby Carrots</li> </ul> <p>Fruit</p> <ul style="list-style-type: none"> <li>• 100% Apple Juice</li> <li>• Fresh Red Apple</li> <li>• Strawberry Craisins</li> </ul> <p>Milk</p> <ul style="list-style-type: none"> <li>• 1% Low Fat White Milk Local</li> <li>• Fat Free Chocolate Milk Local</li> </ul>

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## Lunch Entrée

- Large Spaghetti Meatsauce
- Golden Chicken Corn Dog
- PB & Jelly Uncrustable w/ String Cheese & Graham Cracker

## Vegetables

- Spiced Green Beans
- Fresh Baby Carrots
- Fresh Broccoli Florets
- Fresh Cucumber with Zesty Lemon & Chili

## Fruit

- 100% Grape Juice
- Cinnamon Applesauce
- Strawberry Craisins

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

## Lunch Entrée

- Cheesy Chicken Quesadilla
- Crispy Chicken Patty Sandwich
- Pepperoni Pizza Power Pack

## Vegetables

- Homemade Seasoned Beans Baked
- Fresh Baby Carrots
- Fresh Broccoli Florets
- Fresh Tomato Wedges

## Fruit

- Sweet Diced Peaches
- 100% Fruit Punch Juice
- Strawberry Craisins

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

## Lunch Entrée

- Chicken Teriyaki w/ Rice & Vegetables
- Hot Dog (Pork-Free)

## Vegetables

- PB & Jelly Uncrustable w/ String Cheese & Graham Cracker
- Steamed Crinkle Carrots
- Fresh Baby Carrots
- Fresh Cucumber with Zesty Lemon & Chili
- Green Bell Pepper

Fruit

- 100% Apple Juice
- Fresh Orange

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

## Lunch Entrée

- Baked Shepherds Pie w/ Roll
- Grilled Cheeseburger
- Pepperoni Pizza Power Pack

## Vegetables

- Zingy Crinkle Fries
- Fresh Baby Carrots
- Fresh-Cut Cucumber Slices
- Fresh Celery Sticks

Fruit

- Fresh Banana
- 100% Apple Juice
- Strawberry Craisins

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

## Lunch Entrée

- Classic Pepperoni Pizza
- Delicious Cheese Pizza
- Vegetables

## Fruit

- Fresh Baby Carrots
- 100% Apple Juice
- Fresh Apple
- Strawberry Craisins

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

This institution is an equal opportunity provider

This information and the Menus can change regularly and foods are substituted periodically without notice. To obtain the most up-to-date information, contact your school's cafe manager.

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# PARENT & CHILD SWEETHEART DANCE

FEBRUARY 13TH PRE-K - 5TH 5:30-7:30 PM

LOCATION: JHW CAFETERIA

TICKETS \$5 PER PERSON ON SALE NOW

PRESALE TICKETS ONLY!

NO TICKETS WILL BE SOLD THE NIGHT OF THE EVENT

CONCESSION SNACKS \$1.00 EACH

PICTURES FOR \$5.00 CASH ONLY

DRESS YOUR BEST TO IMPRESS &  
BRING YOUR SPECIAL FAMILY MEMBERS

(JHW STUDENTS ONLY)

QUESTIONS CONTACT: [TRISHA.YATES@LWCHARTERSCHOOLS.COM](mailto:TRISHA.YATES@LWCHARTERSCHOOLS.COM)

Fill out the google form and send in the money or send in the  
money with the bottom half of this form.

Google form link or QR code: <https://tinyurl.com/JHWSHD2026>

Student Name: \_\_\_\_\_

Grade: \_\_\_\_\_ Teacher: \_\_\_\_\_

Number of Tickets: \_\_\_\_\_

Emergency Contact Number: \_\_\_\_\_

