

Benton County School District

Monday	Tuesday	Wednesday	Thursday	Friday
Sep - 30 Chicken Breast Tender Whole Wheat Roll Pepperoni Pizza French Fries Steamed Broccoli Flore Fruit Cocktail Chilled Mandarin Oranges Chocolate Milk Fat Free Milk Variety of Dipping Sau Ketchup Strawberry Gelatin	Oct - 1 BBQ Chicken Sandwic Corn Dog Classic Coleslaw Baked Beans Vegetable Juice Fresh Apples Chilled Peach Slices Fruit Flavored Vegetable Juice Chocolate Milk Fat Free Milk Barbecue Sauce Mustard Blueberry Muffin Loaf	Oct - 2 Hamburger Steak w/ G Whole Wheat Roll Beef & Bean Burrito Mashed Potatoes with Cheese Cheesy Broccoli Vegetable Juice Fruit Slushes Fresh Bananas Chocolate Milk Fat Free Milk	Oct - 3 Cheeseburger Mexican Pizza Mexicali Corn Seasoned Green Bean Chilled Pear Halves Chilled Mandarin Oranges Chocolate Milk Fat Free Milk Vanilla Pudding Mayonnaise	Oct - 4 Beef Taco with Soft Tortilla Beef & Bean Burrito Crinkle Cut Fries Vegetable Juice Assorted Fruit Juices Fruit Slushes Chocolate Milk Fat Free Milk Chocolate Chip Cooki CinnamonToaster Past
Oct - 7 No School	Oct - 8 No School	Oct - 9 No School	Oct - 10 No School	Oct - 11 No School
Oct - 14 No School	Oct - 15 Chef Salad Chicken Patty Sandwic Baby Carrots Vegetable Juice Fruit Slushes Fresh Oranges Chocolate Milk Fat Free Milk Saltine Crackers Choice of Strawberry & Raspberry Yogurts Pumpkin Breakfast Bre	Oct - 16 Cheeseburger Corn Dog Cheesy Broccoli Whole Kernel Corn Pineapple Tidbits Chilled Mandarin Oranges Chocolate Milk Fat Free Milk Snack Cookies Chocolate Pudding	Oct - 17 Grilled Chicken Sandwi Fish Sandwich French Fries Mashed Potatoes Confetti Coleslaw Fresh Apples Fresh Pears Chocolate Milk Fat Free Milk Vanilla Pudding Trimmings	Oct - 18 BBQ Pulled Pork Burg Chicken Patty Sandwic French Fries Baked Beans Fruit Slushes Fresh Apples Chocolate Milk Fat Free Milk Strawberry Toaster Pastry
Oct - 21 Chicken Nuggets Whole Wheat Roll Hamburger w/ Trimm French Fries Vegetable Juice Assorted Fruit Juices Fresh Bananas Chocolate Milk Fat Free Milk Chocolate Pudding Sweet and Sour Sauce Mayonnaise	Oct - 22 Hot Dogs Fish Nuggets French Fries Baked Beans Classic Coleslaw Fresh Oranges Fresh Apples Chocolate Milk Fat Free Milk Choice of Strawberry & Raspberry Yogurts Graham Crackers	Oct - 23 Spaghetti & Meat Sauc Whole Wheat Garlic T Cheeseburger Baked Potato with Margarine Whole Kernel Corn Chilled Mandarin Oranges Tropical Fruit Chocolate Milk Fat Free Milk Vanilla Pudding	Oct - 24 Chicken Patty Sandwic Corn Dog Tater Tots Glazed Carrots Steamed Broccoli Flore Vegetable Juice Fruit Slushes Applesauce Chocolate Milk Fat Free Milk Sugar Cookie	Oct - 25 Grilled Chicken Sandwi Spicy Chicken Sandwic French Fries Vegetable Juice Fruit Slushes Fresh Pears Chocolate Milk Fat Free Milk Snack Cookies

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Monday	Tuesday	Wednesday	Thursday	Friday
Oct - 28 Hamburger w/ Trimmin Chicken Fajitas French Fries Broccoli Salad Baked Beans Fresh Apples Fresh Bananas Chocolate Milk Fat Free Milk Graham Crackers Strawberry Yogurt Mayonnaise	Oct - 29 Chicken Spaghetti Whole Wheat Garlic T Corn Dog Herbed Broccoli Italian Sliced Carrots Assorted Fruit Juices Fruit Slushes Fruit Flavored Vegetable Juice Chocolate Milk Fat Free Milk Ketchup Mustard Vanilla Pudding	Oct - 30 Chicken Patty Sandwic Hot Dogs French Fries Green Peas Chilled Mandarin Oranges Fruit Cocktail Chocolate Milk Fat Free Milk Mayonnaise Ketchup Mustard Choice of Strawberry & Raspberry Yogurts	Oct - 31 Hamburger Pie with Ta Tots Whole Wheat Roll BBQ Pork Sandwich Mashed Potatoes Baby Carrots w/ Dressi Vegetable Juice Fruit Slushes Fresh Pears Chocolate Milk Fat Free Milk Snack Cookies	

In accordance with Federal Law and U.S. Department of Agriculture Policy, the Benton County School District does not discriminate on the basis of race, sex, age, religion, disability, or national origin. This institute is an equal opportunity provider.
 All menus are subject to change according to product availability.

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