

Exhibit F

Current Menus



December 2024

Breakfast Rocky Hill High School

MONDAY

2

- B-Café Classics
- Breakfast Bagel Sandwich
- Bacon, Egg and Cheese Breakfast Sandwich
- Mozzarella String Cheese Stick
- Cheerios
- Cinnamon Toast Crunch Cereal
- Breakfast Bars
- Cinnamon Giant Goldfish Grahams
- Assorted Muffins
- Fresh Oranges
- Unsweetened Applesauce
- Fresh Whole Apple
- Peach Cup,
- Diced Peaches
- Diced Pears
- Diced Strawberries
- Orange Tangerine Juice
- Apple Juice
- 1% Milk
- Chocolate Skim Milk

TUESDAY

3

- B-Café Classics
- Breakfast Bagel Sandwich
- Bacon, Egg and Cheese Breakfast Sandwich
- Mozzarella String Cheese Stick
- Cheerios
- Cinnamon Toast Crunch Cereal
- Breakfast Bars
- Cinnamon Giant Goldfish Grahams
- Assorted Muffins
- Fresh Oranges
- Fresh Apple Slices
- Unsweetened Applesauce
- Fresh Whole Apple
- Peach Cup,
- Diced Peaches
- Diced Pears
- Diced Strawberries
- Orange Tangerine Juice
- Apple Juice
- 1% Milk
- Chocolate Skim Milk

WEDNESDAY

4

- B-Café Classics
- Breakfast Bagel Sandwich
- Bacon, Egg and Cheese Breakfast Sandwich
- Mozzarella String Cheese Stick
- Cheerios
- Cinnamon Toast Crunch Cereal
- Breakfast Bars
- Cinnamon Giant Goldfish Grahams
- Assorted Muffins
- Fresh Oranges
- Unsweetened Applesauce
- Fresh Whole Apple
- Peach Cup,
- Diced Peaches
- Diced Pears
- Diced Strawberries
- Orange Tangerine Juice
- Apple Juice
- 1% Milk
- Chocolate Skim Milk

THURSDAY

5

- B-Café Classics
- Breakfast Bagel Sandwich
- Bacon, Egg and Cheese Breakfast Sandwich
- Mozzarella String Cheese Stick
- Cheerios
- Cinnamon Toast Crunch Cereal
- Breakfast Bars
- Cinnamon Giant Goldfish Grahams
- Assorted Muffins
- Fresh Oranges
- Unsweetened Applesauce
- Fresh Whole Apple
- Peach Cup,
- Diced Peaches
- Diced Pears
- Diced Strawberries
- Orange Tangerine Juice
- Apple Juice
- 1% Milk
- Chocolate Skim Milk

FRIDAY

6

- B-Café Classics
- Breakfast Bagel Sandwich
- Banana Ultra Bread Slice
- Bacon, Egg and Cheese Breakfast Sandwich
- Mozzarella String Cheese Stick
- Cheerios
- Cinnamon Toast Crunch Cereal
- Breakfast Bars
- Cinnamon UBR
- Cinnamon Giant Goldfish Grahams
- Pumpkin Bread
- Assorted Muffins
- Fresh Oranges
- Unsweetened Applesauce
- Fresh Whole Apple
- Peach Cup,
- Diced Peaches
- Diced Pears
- Diced Strawberries
- Orange Tangerine Juice
- Apple Juice
- 1% Milk
- Chocolate Skim Milk

9

- B-Café Classics
- Breakfast Bagel Sandwich
- Bacon, Egg and Cheese Breakfast Sandwich
- Mozzarella String Cheese Stick
- Cheerios
- Cinnamon Toast Crunch Cereal
- Breakfast Bars
- Cinnamon Giant Goldfish Grahams
- Assorted Muffins
- Fresh Oranges
- Unsweetened Applesauce
- Fresh Whole Apple
- Peach Cup,
- Diced Peaches
- Diced Pears
- Diced Strawberries
- Orange Tangerine Juice
- Apple Juice
- 1% Milk
- Chocolate Skim Milk

10

- B-Café Classics
- Breakfast Bagel Sandwich
- Bacon, Egg and Cheese Breakfast Sandwich
- Mozzarella String Cheese Stick
- Cheerios
- Cinnamon Toast Crunch Cereal
- Breakfast Bars
- Cinnamon Giant Goldfish Grahams
- Assorted Muffins
- Fresh Oranges
- Unsweetened Applesauce
- Fresh Whole Apple
- Peach Cup,
- Diced Peaches
- Diced Pears
- Diced Strawberries
- Orange Tangerine Juice
- Apple Juice
- 1% Milk
- Chocolate Skim Milk

11

- B-Café Classics
- Blueberry Patch Parfait
- Strawberry Fields Parfait
- Just Peachy Parfait
- Breakfast Bagel Sandwich
- Breakfast Bagel Sandwich
- Bacon, Egg and Cheese Breakfast Sandwich
- Mozzarella String Cheese Stick
- Cheerios
- Cinnamon Toast Crunch Cereal
- Breakfast Bars
- Cinnamon Giant Goldfish Grahams
- Cinnamon Chex
- Assorted Muffins
- WG Cinnamon Roll
- Banana
- Fresh Oranges
- Fresh Apple Slices
- Unsweetened Applesauce
- Fresh Whole Apple
- Cherry Flavored Craisins
- Raisins
- Peach Cup,
- Diced Peaches
- Diced Pears
- Diced Strawberries
- Orange Tangerine Juice
- Apple Juice
- 1% Milk
- Chocolate Skim Milk

12

- B-Café Classics
- Blueberry Patch Parfait
- Strawberry Fields Parfait
- Just Peachy Parfait
- Breakfast Bagel Sandwich
- Breakfast Bagel Sandwich
- Banana Ultra Bread Slice
- Bacon, Egg and Cheese Breakfast Sandwich
- Mozzarella String Cheese Stick
- Cheerios
- Cinnamon Toast Crunch Cereal
- Breakfast Bars
- Cinnamon Giant Goldfish Grahams
- Cinnamon Chex
- Pumpkin Bread
- Wild Berry Bread
- Assorted Muffins
- Banana
- Fresh Oranges
- Unsweetened Applesauce
- Fresh Whole Apple
- Cherry Flavored Craisins
- Raisins
- Peach Cup,
- Diced Peaches
- Diced Pears
- Diced Strawberries
- Orange Tangerine Juice
- Apple Juice
- 1% Milk
- Chocolate Skim Milk

13

- B-Café Classics
- Breakfast Bagel Sandwich
- Bacon, Egg and Cheese Breakfast Sandwich
- Mozzarella String Cheese Stick
- Cheerios
- Cinnamon Toast Crunch Cereal
- Breakfast Bars
- Cinnamon Giant Goldfish Grahams
- Assorted Muffins
- Banana
- Fresh Oranges
- Fresh Whole Apple
- Cherry Flavored Craisins
- Raisins
- Diced Peaches
- Diced Pears
- Orange Tangerine Juice
- Apple Juice
- 1% Milk
- Chocolate Skim Milk
- Skim Milk

<p>16</p> <p>B-Café Classics</p> <ul style="list-style-type: none"> • Breakfast Bagel Sandwich • Mozzarella String Cheese Stick • Cheerios • Cinnamon Toast Crunch Cereal • Trix Cereal reduced sugar • Breakfast Bars • Cinnamon Giant Goldfish Grahams • Cinnamon Chex • Assorted Muffins • Fresh Oranges • Fresh Whole Apple • Diced Peaches • Diced Pears • Orange Tangerine Juice • Apple Juice • 1% Milk • Chocolate Skim Milk • Skim Milk 	<p>17</p> <p>B-Café Classics</p> <ul style="list-style-type: none"> • Strawberry Fields Parfait • Just Peachy Parfait • Breakfast Bagel Sandwich • Bacon, Egg and Cheese Breakfast Sandwich • Mozzarella String Cheese Stick • Cheerios • Cinnamon Toast Crunch Cereal • Cheerios • Cinnamon Toast Crunch Cereal • Trix Cereal reduced sugar • Breakfast Bars • Cinnamon Giant Goldfish Grahams • Assorted Muffins • Fresh Oranges • Unsweetened Applesauce • Unsweetened Applesauce • Fresh Whole Apple • Diced Peaches • Diced Pears • Apple Juice Cup • Orange Tangerine Juice • Apple Juice • 1% Milk • Lactose Free Skim Milk • Chocolate Skim Milk • Skim Milk 	<p>18</p> <p>B-Café Classics</p> <ul style="list-style-type: none"> • Breakfast Bagel Sandwich • Bacon, Egg and Cheese Breakfast Sandwich • Mozzarella String Cheese Stick • Cheerios • Cinnamon Toast Crunch Cereal • Breakfast Bars • Cinnamon Giant Goldfish Grahams • Cinnamon Chex • Assorted Muffins • Fresh Oranges • Unsweetened Applesauce • Unsweetened Applesauce • Fresh Whole Apple • Diced Peaches • Diced Pears • Orange Tangerine Juice • Apple Juice • 1% Milk • Chocolate Skim Milk • Skim Milk 	<p>19</p> <p>B-Café Classics</p> <ul style="list-style-type: none"> • Breakfast Bagel Sandwich • Breakfast Bagel Sandwich • Bacon, Egg and Cheese Breakfast Sandwich • Mozzarella String Cheese Stick • Cheerios • Cinnamon Toast Crunch Cereal • Breakfast Bars • Cinnamon Giant Goldfish Grahams • Assorted Muffins • Banana • Fresh Oranges • Fresh Whole Apple • Cherry Flavored Craisins • Diced Peaches • Diced Pears • Orange Tangerine Juice • Apple Juice • 1% Milk • Lactose Free Skim Milk • Chocolate Skim Milk • Skim Milk 	<p>20</p> <p>B-Café Classics</p> <ul style="list-style-type: none"> • Strawberry Fields Parfait • Breakfast Bagel Sandwich • Bacon, Egg and Cheese Breakfast Sandwich • Mozzarella String Cheese Stick • Cheerios • Cinnamon Toast Crunch Cereal • Breakfast Bars • Cinnamon UBR • Cinnamon Giant Goldfish Grahams • Cinnamon Chex • Assorted Muffins • WG Cinnamon Roll • Banana • Fresh Oranges • Fresh Whole Apple • Diced Peaches • Diced Pears • Orange Tangerine Juice • Apple Juice • 1% Milk • Chocolate Skim Milk
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23	24	25	26	27
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30	31	1	<p>2</p> <p>B-Café Classics</p> <ul style="list-style-type: none"> • Breakfast Bagel Sandwich • Bacon, Egg and Cheese Breakfast Sandwich • Mozzarella String Cheese Stick • Cheerios • Cinnamon Toast Crunch Cereal • Breakfast Bars • Cinnamon Giant Goldfish Grahams • Assorted Muffins • Fresh Oranges • Unsweetened Applesauce • Fresh Whole Apple • Diced Peaches • Diced Pears • Diced Strawberries • Orange Tangerine Juice • Apple Juice • 1% Milk • Chocolate Skim Milk • Skim Milk 	<p>3</p> <p>B-Café Classics</p> <ul style="list-style-type: none"> • Strawberry Fields Parfait • Breakfast Bagel Sandwich • Bacon, Egg and Cheese Breakfast Sandwich • Mozzarella String Cheese Stick • Cheerios • Cinnamon Toast Crunch Cereal • Breakfast Bars • Cinnamon Giant Goldfish Grahams • Assorted Muffins • WG Cinnamon Roll • Fresh Oranges • Fresh Apple Slices • Unsweetened Applesauce • Fresh Whole Apple • Diced Peaches • Diced Pears • Diced Strawberries • Orange Tangerine Juice • Apple Juice • 1% Milk • Chocolate Skim Milk • Skim Milk
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School Year 2024 - 2025 Meal Prices Breakfast Meal Prices Full: \$1.60 or 2.60 - Reduced: \$0.00 Adult Breakfast Prices Regular \$2.75 or Premium \$3.25 Lunch Meal Prices Full : \$3.25 - Reduced: \$0.00 A La Carte Additional Entree: \$2.75 8 oz. Milk: \$0.60 Fruit or Vegetable Side: \$0.75 Adult Meal: \$4.75 Make Checks Payable to: Rocky Hill Public School Lunch You may also pay online at Mypaymentsplus.com



December 2024

Breakfast Griswold Middle School

MONDAY

2

- B-Café Classics
- Cheerios
- Cinnamon Toast Crunch Cereal
- Mini Cinnis
- Cinnamon Giant Goldfish Grahams
- Soft Wheat Bagel
- Fresh Oranges
- Unsweetened Applesauce
- Orange Tangerine Juice
- 1% Milk
- Chocolate Skim Milk

TUESDAY

3

- B-Café Classics
- Cheerios
- Cinnamon Giant Goldfish Grahams
- Cinnamon Chex
- Soft Wheat Bagel
- Chocolate Chip Muffin
- Fresh Whole Apple
- Raisins
- Orange Tangerine Juice
- 1% Milk
- Chocolate Skim Milk

WEDNESDAY

4

- B-Café Classics
- Cheerios
- Cinnamon Toast Crunch Cereal
- Oatmeal Chocolate Chip BeneFIT Bar
- Cinnamon Giant Goldfish Grahams
- Soft Wheat Bagel
- Fresh Oranges
- Unsweetened Applesauce
- Orange Tangerine Juice
- 1% Milk
- Chocolate Skim Milk

THURSDAY

5

- B-Café Classics
- Chicken Biscuit Sandwich
- Cheerios
- Cinnamon Giant Goldfish Grahams
- Cinnamon Chex
- Soft Wheat Bagel
- Banana
- Fresh Whole Apple
- Orange Tangerine Juice
- 1% Milk
- Chocolate Skim Milk

FRIDAY

6

- B-Café Classics
- Chicken Biscuit Sandwich
- Cheerios
- Cinnamon Toast Crunch Cereal
- Cinnamon Giant Goldfish Grahams
- Soft Wheat Bagel
- Banana
- Unsweetened Applesauce
- Orange Tangerine Juice
- 1% Milk
- Chocolate Skim Milk

9

- B-Café Classics
- Cheerios
- Cinnamon Toast Crunch Cereal
- Cinnamon Giant Goldfish Grahams
- Soft Wheat Bagel
- Chocolate Chip Muffin
- Fresh Oranges
- Unsweetened Applesauce
- Orange Tangerine Juice
- 1% Milk
- Chocolate Skim Milk

10

- B-Café Classics
- Cheerios
- Cinnamon Rush Mini French Toasts
- Cinnamon Giant Goldfish Grahams
- Cinnamon Chex
- Soft Wheat Bagel
- Unsweetened Applesauce
- Raisins
- Orange Tangerine Juice
- 1% Milk
- Chocolate Skim Milk

11

- B-Café Classics
- Cheerios
- Cinnamon Toast Crunch Cereal
- Cinnamon Giant Goldfish Grahams
- Soft Wheat Bagel
- WG Cinnamon Roll
- Fresh Oranges
- Unsweetened Applesauce
- Orange Tangerine Juice
- 1% Milk
- Chocolate Skim Milk

12

- B-Café Classics
- Cheerios
- Cinnamon Giant Goldfish Grahams
- Cinnamon Chex
- Soft Wheat Bagel
- Pumpkin Bread
- WG Cinnamon Roll
- Banana
- Fresh Whole Apple
- Orange Tangerine Juice
- 1% Milk
- Chocolate Skim Milk

13

- B-Café Classics
- Cheerios
- Cinnamon Toast Crunch Cereal
- Cinnamon Giant Goldfish Grahams
- Soft Wheat Bagel
- Buttery Maple Waffle
- Banana
- Raisins
- Orange Tangerine Juice
- 1% Milk
- Chocolate Skim Milk

16

- B-Café Classics
- Cheerios
- Cinnamon Toast Crunch Cereal
- Apple Frudel Stick
- Cinnamon Giant Goldfish Grahams
- Soft Wheat Bagel
- Fresh Oranges
- Unsweetened Applesauce
- Orange Tangerine Juice
- 1% Milk
- Chocolate Skim Milk

17

- B-Café Classics
- Chicken Biscuit Sandwich
- Cheerios
- Cinnamon Giant Goldfish Grahams
- Cinnamon Chex
- Soft Wheat Bagel
- Fresh Apple Slices
- Raisins
- Orange Tangerine Juice
- 1% Milk
- Chocolate Skim Milk

18

- B-Café Classics
- Cheerios
- Cinnamon Toast Crunch Cereal
- Cinnamon Giant Goldfish Grahams
- Soft Wheat Bagel
- Chocolate Chip Muffin
- Fresh Oranges
- Unsweetened Applesauce
- Orange Tangerine Juice
- 1% Milk
- Chocolate Skim Milk

19

- B-Café Classics
- Cheerios
- Oatmeal Chocolate Chip BeneFIT Bar
- Cinnamon Giant Goldfish Grahams
- Cinnamon Chex
- Soft Wheat Bagel
- Banana
- Fresh Whole Apple
- Orange Tangerine Juice
- 1% Milk
- Chocolate Skim Milk

20

- B-Café Classics
- Cheerios
- Cinnamon Toast Crunch Cereal
- Soft Wheat Bagel
- Cinnamon Giant Goldfish Grahams
- WG Cinnamon Roll
- Banana
- Raisins
- Orange Tangerine Juice
- 1% Milk
- Chocolate Skim Milk

23

24

25

26

27

B-Café Classics

- Cheerios
- Cinnamon Rush Mini French Toasts
- Cinnamon Giant Goldfish Grahams
- Cinnamon Chex
- Soft Wheat Bagel
- Banana
- Fresh Oranges
- Orange Tangerine Juice
- 1% Milk
- Chocolate Skim Milk

B-Café Classics

- Cheerios
- Cinnamon Toast Crunch Cereal
- Soft Wheat Bagel
- Cinnamon Giant Goldfish Grahams
- WG Cinnamon Roll
- Banana
- Unsweetened Applesauce
- Orange Tangerine Juice
- 1% Milk
- Chocolate Skim Milk

Menus are subject to change.

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ROCKY HILL
PUBLIC SCHOOLS



December 2024

Breakfast

Moser School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 B-Café Classics • Cheerios • Cinnamon Toast Crunch Cereal • Mini Cinnis • Cinnamon Giant Goldfish Grahams • Soft Wheat Bagel • Fresh Oranges • Unsweetened Applesauce • Orange Tangerine Juice • Milk • Skim Milk	3 B-Café Classics • Cheerios • Cinnamon Giant Goldfish Grahams • Cinnamon Chex • Soft Wheat Bagel • Fresh Apple Slices • Raisins • Orange Tangerine Juice • Milk • Skim Milk	4 B-Café Classics • Cheerios • Cinnamon Toast Crunch Cereal • Blueberry Muffin • Cinnamon Giant Goldfish Grahams • Soft Wheat Bagel • Fresh Oranges • Unsweetened Applesauce • Orange Tangerine Juice • Milk • Skim Milk	5 B-Café Classics • Cheerios • Cinnamon Giant Goldfish Grahams • Cinnamon Chex • Soft Wheat Bagel • Chocolate Chip Muffin • Banana • Fresh Whole Apple • Orange Tangerine Juice • Milk • Skim Milk	6 B-Café Classics • Cheerios • Cinnamon Toast Crunch Cereal • Cinnamon Giant Goldfish Grahams • Cinnamon Chex • Soft Wheat Bagel • Chocolate Chip Muffin • Banana • Raisins • Orange Tangerine Juice • Milk • Skim Milk
9 B-Café Classics • Cheerios • Cinnamon Toast Crunch Cereal • Cinnamon Giant Goldfish Grahams • Soft Wheat Bagel • Chocolate Chip Muffin • Fresh Oranges • Unsweetened Applesauce • Orange Tangerine Juice • Milk • Skim Milk	10 B-Café Classics • Cheerios • French Toast Bites • Cinnamon Giant Goldfish Grahams • Cinnamon Chex • Soft Wheat Bagel • Fresh Apple Slices • Raisins • Orange Tangerine Juice • Milk • Skim Milk	11 B-Café Classics • Cheerios • Cinnamon Toast Crunch Cereal • Cinnamon Giant Goldfish Grahams • Soft Wheat Bagel • WG Cinnamon Roll • Banana • Fresh Oranges • Unsweetened Applesauce • Orange Tangerine Juice • Milk • Skim Milk	12 B-Café Classics • Cheerios • Cinnamon Giant Goldfish Grahams • Cinnamon Chex • Soft Wheat Bagel • Pumpkin Bread • Banana • Fresh Whole Apple • Orange Tangerine Juice • Milk • Skim Milk	13 B-Café Classics • Cheerios • Cinnamon Toast Crunch Cereal • Cinnamon Giant Goldfish Grahams • Soft Wheat Bagel • Buttery Maple Waffle • Banana • Raisins • Orange Tangerine Juice • Milk • Skim Milk
16 B-Café Classics • Cheerios • Cinnamon Toast Crunch Cereal • Apple Cinnamon Muffin • Cinnamon Giant Goldfish Grahams • Soft Wheat Bagel • Fresh Oranges • Unsweetened Applesauce • Orange Tangerine Juice • Milk • Skim Milk	17 B-Café Classics • Cheerios • Cinnamon Giant Goldfish Grahams • Cinnamon Chex • Soft Wheat Bagel • Mini Trix French Toast • Raisins • Orange Tangerine Juice • Milk • Skim Milk	18 B-Café Classics • Cheerios • Cinnamon Toast Crunch Cereal • Cinnamon Giant Goldfish Grahams • Soft Wheat Bagel • Blueberry Muffin • Banana • Unsweetened Applesauce • Orange Tangerine Juice • Milk • Skim Milk	19 B-Café Classics • Cheerios • Oatmeal Chocolate Chip BeneFIT Bar • Cinnamon Giant Goldfish Grahams • Cinnamon Chex • Soft Wheat Bagel • Fresh Whole Apple • Raisins • Orange Tangerine Juice • Milk • Skim Milk	20 B-Café Classics • Cheerios • Cinnamon Toast Crunch Cereal • Cinnamon Giant Goldfish Grahams • Soft Wheat Bagel • WG Cinnamon Roll • Unsweetened Applesauce • Raisins • Orange Tangerine Juice • Milk • Skim Milk
23	24	25	26	27

B-Café Classics

- Cheerios
- Cinnamon Rush Mini French Toasts
- Cinnamon Giant Goldfish Grahams
- Cinnamon Chex
- Soft Wheat Bagel
- Banana
- Fresh Whole Apple
- Orange Tangerine Juice
- Milk
- Skim Milk

B-Café Classics

- Cheerios
- Cinnamon Toast Crunch Cereal
- Cinnamon Giant Goldfish Grahams
- Soft Wheat Bagel
- WG Cinnamon Roll
- Unsweetened Applesauce
- Raisins
- Orange Tangerine Juice
- Milk
- Skim Milk

K-5 School Meal Prices Lunch K-5 Full Pay: \$3.00, Breakfast K-5 Full Pay: \$1.60, Breakfast & Lunch Reduced K-5: \$0.00, 8oz Milk sold a la carte: \$0.60, Fruit & Veggie Side a la carte: \$0.75, Adult Lunch Meal: \$4.75, Adult Breakfast Meal: \$2.75

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ROCKY HILL
PUBLIC SCHOOLS



December 2024

Breakfast

Stevens Elementary School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
B-Café Classics <ul style="list-style-type: none"> Cheerios Cinnamon Toast Crunch Cereal Mini Cinnis Cinnamon Giant Goldfish Grahams Orange Smiles Unsweetened Applesauce Orange Tangerine Juice 1% Milk Skim Milk 	B-Café Classics <ul style="list-style-type: none"> Cheerios Cinnamon Giant Goldfish Grahams Cinnamon Chex Chocolate Chip Muffin Fresh Apple Slices Raisins Orange Tangerine Juice 1% Milk Skim Milk 			
9	10	11	12	13
B-Café Classics <ul style="list-style-type: none"> Cheerios Cinnamon Toast Crunch Cereal Cinnamon Giant Goldfish Grahams Chocolate Chip Muffin Orange Smiles Unsweetened Applesauce Orange Tangerine Juice 1% Milk Skim Milk 	B-Café Classics <ul style="list-style-type: none"> Cheerios French Toast Bites Cinnamon Giant Goldfish Grahams Cinnamon Chex Fresh Apple Slices Raisins Orange Tangerine Juice 1% Milk Skim Milk 	B-Café Classics <ul style="list-style-type: none"> Cheerios Cinnamon Toast Crunch Cereal Cinnamon Giant Goldfish Grahams WG Cinnamon Roll Orange Smiles Unsweetened Applesauce Orange Tangerine Juice 1% Milk Skim Milk 	B-Café Classics <ul style="list-style-type: none"> Cheerios Cinnamon Giant Goldfish Grahams Cinnamon Chex Pumpkin Bread WG Cinnamon Roll Banana Fresh Whole Apple Orange Tangerine Juice 1% Milk Skim Milk 	B-Café Classics <ul style="list-style-type: none"> Cheerios Cinnamon Toast Crunch Cereal Cinnamon Giant Goldfish Grahams Pumpkin Bread Buttery Maple Waffle Banana Raisins Orange Tangerine Juice 1% Milk Skim Milk
16	17	18	19	20
B-Café Classics <ul style="list-style-type: none"> Cheerios Cinnamon Toast Crunch Cereal Apple Frudel Stick Cinnamon Giant Goldfish Grahams Orange Smiles Unsweetened Applesauce Orange Tangerine Juice 1% Milk Skim Milk 	B-Café Classics <ul style="list-style-type: none"> Cheerios Cinnamon Giant Goldfish Grahams Cinnamon Chex Chocolate Chip Muffin Fresh Apple Slices Raisins Orange Tangerine Juice 1% Milk Skim Milk 	B-Café Classics <ul style="list-style-type: none"> Strawberry Fields Parfait Cheerios Cinnamon Toast Crunch Cereal Cinnamon Giant Goldfish Grahams Orange Smiles Unsweetened Applesauce Orange Tangerine Juice 1% Milk Skim Milk 	B-Café Classics <ul style="list-style-type: none"> Cheerios Banana Chocolate Chunk BeneFIT Bar Cinnamon Giant Goldfish Grahams Cinnamon Chex Banana Fresh Whole Apple Orange Tangerine Juice 1% Milk Skim Milk 	B-Café Classics <ul style="list-style-type: none"> Cheerios Cinnamon Toast Crunch Cereal Cinnamon Giant Goldfish Grahams WG Cinnamon Roll Banana Raisins Orange Tangerine Juice 1% Milk Skim Milk
23	24	25	26	27
30	31	1	2	3
			B-Café Classics <ul style="list-style-type: none"> Cheerios Cinnamon Rush Mini French Toasts Cinnamon Giant Goldfish Grahams Cinnamon Chex Banana Fresh Whole Apple Raisins Orange Tangerine Juice 1% Milk Skim Milk 	B-Café Classics <ul style="list-style-type: none"> Cheerios Cinnamon Toast Crunch Cereal Cinnamon Giant Goldfish Grahams WG Cinnamon Roll Banana Raisins Orange Tangerine Juice 1% Milk Skim Milk

K-5 School Meal Prices Lunch K-5 Full Pay: \$3.00, Breakfast K-5 Full Pay: \$1.60, Breakfast & Lunch Reduced K-5: \$0.00, 8oz Milk sold a la carte: \$0.60, Fruit & Veggie Side a la carte: \$0.75, Adult Lunch Meal: \$4.75, Adult Breakfast Meal: \$2.75

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ROCKY HILL
PUBLIC SCHOOLS

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

2

- B-Café Classics
- Cheerios
- Mini Cinnis
- Cinnamon Giant Goldfish Grahams
- Cinnamon Chex
- Fresh Whole Apple
- Raisins
- Orange Tangerine Juice
- Milk
- Skim Milk

3

- B-Café Classics
- Cheerios
- Cinnamon Toast Crunch Cereal
- Cinnamon Giant Goldfish Grahams
- Chocolate Chip Muffin
- Orange Smiles
- Raisins
- Orange Tangerine Juice
- Milk
- Skim Milk

4

- B-Café Classics
- Banana Ultra Bread Slice
- Cheerios
- Cinnamon Giant Goldfish Grahams
- Cinnamon Chex
- Fresh Apple Slices
- Raisins
- Orange Tangerine Juice
- Milk
- Skim Milk

5

- B-Café Classics
- Cheerios
- Banana Chocolate Chunk BeneFIT Bar
- Cinnamon Giant Goldfish Grahams
- Cinnamon Chex
- Banana
- Raisins
- Orange Tangerine Juice
- Milk
- Skim Milk

6

- B-Café Classics
- Cheerios
- Cinnamon Toast Crunch Cereal
- Cinnamon Giant Goldfish Grahams
- Chocolate Chip Muffin
- Banana
- Raisins
- Orange Tangerine Juice
- Milk
- Skim Milk

9

- B-Café Classics
- Cheerios
- Cinnamon Toast Crunch Cereal
- Apple Frudel Stick
- Cinnamon Giant Goldfish Grahams
- Orange Smiles
- Raisins
- Orange Tangerine Juice
- Milk
- Skim Milk

10

- B-Café Classics
- Cheerios
- Cinnamon Giant Goldfish Grahams
- Cinnamon Chex
- Chocolate Chip Muffin
- Fresh Apple Slices
- Raisins
- Orange Tangerine Juice
- Milk
- Skim Milk

11

- B-Café Classics
- Cheerios
- Cinnamon Toast Crunch Cereal
- Cinnamon Giant Goldfish Grahams
- Blueberry Muffin
- Fresh Whole Apple
- Raisins
- Orange Tangerine Juice
- Milk
- Skim Milk

12

- B-Café Classics
- Cheerios
- Banana Chocolate Chunk BeneFIT Bar
- Cinnamon Giant Goldfish Grahams
- Cinnamon Chex
- Banana
- Raisins
- Orange Tangerine Juice
- Milk
- Skim Milk

13

- B-Café Classics
- Cheerios
- Cinnamon Toast Crunch Cereal
- Cinnamon Giant Goldfish Grahams
- WG Cinnamon Roll
- Banana
- Raisins
- Orange Tangerine Juice
- Milk
- Skim Milk

16

- B-Café Classics
- Cheerios
- Cinnamon Toast Crunch Cereal
- Mini Cinnis
- Cinnamon Giant Goldfish Grahams
- Fresh Whole Apple
- Raisins
- Orange Tangerine Juice
- Milk
- 1% Milk

17

- B-Café Classics
- Cheerios
- Mini Cinnis
- Cinnamon Giant Goldfish Grahams
- Cinnamon Chex
- Fresh Whole Apple
- Raisins
- Orange Tangerine Juice
- Milk
- 1% Milk

18

- B-Café Classics
- Banana Ultra Bread Slice
- Cheerios
- Cinnamon Giant Goldfish Grahams
- Cinnamon Chex
- Fresh Apple Slices
- Raisins
- Orange Tangerine Juice
- Milk
- 1% Milk

19

- B-Café Classics
- Banana Ultra Bread Slice
- Cheerios
- Banana Chocolate Chunk BeneFIT Bar
- Cinnamon Giant Goldfish Grahams
- Cinnamon Chex
- Fresh Apple Slices
- Raisins
- Orange Tangerine Juice
- Milk
- 1% Milk

20

- B-Café Classics
- Cheerios
- Cinnamon Toast Crunch Cereal
- Cinnamon Giant Goldfish Grahams
- Chocolate Chip Muffin
- Unsweetened Applesauce
- Raisins
- Orange Tangerine Juice
- Milk
- 1% Milk

23

24

25

26

27

30

31

1

2

3

- B-Café Classics
- Cheerios
- Cinnamon Giant Goldfish Grahams
- Cinnamon Chex
- Unsweetened Applesauce
- Raisins
- Orange Tangerine Juice
- Milk
- 1% Milk

- B-Café Classics
- Cheerios
- Cinnamon Toast Crunch Cereal
- Cinnamon Giant Goldfish Grahams
- Chocolate Chip Muffin
- Unsweetened Applesauce
- Raisins
- Orange Tangerine Juice
- Milk
- 1% Milk

K-5 School Meal Prices Lunch K-5 Full Pay: \$3.00, Breakfast K-5 Full Pay: \$1.60, Breakfast & Lunch Reduced K-5: \$0.00, 8oz Milk sold a la carte: \$0.60, Fruit & Veggie Side a la carte: \$0.75, Adult Lunch Meal: \$4.75, Adult Breakfast Meal: \$2.75

Menus are subject to change.

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
CH-Main Event (4 entrees) • Fun on the Run Bagel Meal - Strawberry • Sunbutter Jelly Sandwich on WGR Bread • Chef Salad • BCB Philly Cheese Steak Sub • Grilled Cheese Sandwich, Calise Whole Grain Bread, GLC American Cheese • Orange Smiles • Red Seedless Grapes • Fresh Whole Apple • Raisins • Diced Pears • Cucumber Coins • Baby Carrots • Fresh Broccoli Florets • Steamed Corn • Chilled Corn • Garbanzo Beans • Cherry Tomatoes • Milk • Chocolate Milk • 1% Milk • Condiments • Dressing	CH-Main Event (4 entrees) • Fun on the Run Bagel Meal - Strawberry • Sunbutter Jelly Sandwich on WGR Bread • Meatballs with Spaghetti Sauce • Classic Chef Salad w/ Whole Grain Dinner Rolls • Grilled Cheese Sandwich, Calise Whole Grain Bread, GLC American Cheese • Whole Wheat Penne Pasta • Dinner Roll • Orange Smiles • Diced Peaches • Red Seedless Grapes • Fresh Apple Slices • Unsweetened Applesauce • Raisins • Cucumber Coins • Baby Carrots • Roasted Green Beans • Fresh Broccoli Florets • Chilled Corn • Garbanzo Beans • Cherry Tomatoes • Milk • Chocolate Milk • 1% Milk • Condiments • Dressing	CH-Main Event (4 entrees) • Crispy Chicken Nuggets • Fun on the Run Bagel Meal - Strawberry • Sunbutter Jelly Sandwich on WGR Bread • Classic Chef Salad w/ Whole Grain Dinner Rolls • Grilled Cheese Sandwich, Calise Whole Grain Bread, GLC American Cheese • Fresh Oranges • Red Seedless Grapes • Unsweetened Applesauce • Fresh Whole Apple • Raisins • Peach Cup, • Cucumber Coins • Baby Carrots • Fresh Broccoli Florets • Chilled Corn • Roasted Broccoli • Garbanzo Beans • Cherry Tomatoes • Milk • Chocolate Milk • 1% Milk • Condiments • Dressing	CH-Main Event (4 entrees) • Fun on the Run Bagel Meal - Strawberry • Sunbutter Jelly Sandwich on WGR Bread • Chef Salad w/ WGR Dinner Rolls • Grilled Cheese Sandwich, Calise Whole Grain Bread, GLC American Cheese • Danimals Strawberry Smash Yogurt • String Cheese Stick • Confetti Pancake Bites • Orange Smiles • Fresh Apple Slices • Unsweetened Applesauce • Diced Peaches • Cucumber Coins • Baby Carrots • Fresh Broccoli Florets • Chilled Corn • Garbanzo Beans • Smile Fries • Cherry Tomatoes • Milk • Chocolate Milk • 1% Milk • Condiments • Dressing	CH-Main Event (4 entrees) • Fun on the Run Bagel Meal - Strawberry • Sunbutter Jelly Sandwich on WGR Bread • Toasted Cheese Sandwich • Cheese Pizza • Pepperoni Pizza, • Chef Salad w/ WGR Dinner Rolls • Orange Smiles • Fresh Apple Slices • Unsweetened Applesauce • Raisins • Cucumber Coins • Baby Carrots • Chilled Corn • Garbanzo Beans • Cherry Tomatoes • Milk • Chocolate Milk • 1% Milk • Condiments • Dressing
9	10	11	12	13
CH-Main Event (4 entrees) • Fun on the Run Bagel Meal - Strawberry • Sunbutter Jelly Sandwich on WGR Bread • Chicken Patty on a WGR Bun • American Combo Sub • Orange Smiles • Unsweetened Applesauce • Fresh Whole Apple • Raisins • Diced Pears • Cucumber Coins • Baby Carrots • Chilled Corn • Roasted Broccoli • Garbanzo Beans • Cherry Tomatoes • Milk • 1% Milk • Chocolate Skim Milk • Condiments • Dressing	CH-Main Event (4 entrees) • Fun on the Run Bagel Meal - Strawberry • Sunbutter Jelly Sandwich on WGR Bread • Cheeseburger • American Combo Sub • Grilled Cheese Sandwich, Calise Whole Grain Bread, GLC American Cheese • Orange Smiles • Fresh Apple Slices • Unsweetened Applesauce • Raisins • Diced Pears • Cucumber Coins • Baby Carrots • Steamed Corn • Chilled Corn • Garbanzo Beans • Cherry Tomatoes • Milk • Chocolate Milk • 1% Milk • Condiments • Dressing	CH-Main Event (4 entrees) • Fun on the Run Bagel Meal - Strawberry • Sunbutter Jelly Sandwich on WGR Bread • French Toast Sticks • American Combo Sub • Turkey Sausage Link • Banana • Orange Smiles • Diced Bartlett Pears • Unsweetened Applesauce • Fresh Whole Apple • Diced Pears • Cucumber Coins • Baby Carrots • Chilled Peas • Garbanzo Beans • Cherry Tomatoes • Milk • Chocolate Milk • 1% Milk • Condiments • Dressing	CH-Main Event (4 entrees) • Macaroni & Cheese • Fun on the Run Bagel Meal - Strawberry • Sunbutter Jelly Sandwich on WGR Bread • American Combo Sub • Grilled Cheese Sandwich, Calise Whole Grain Bread, GLC American Cheese • Banana • Orange Smiles • Fresh Apple Slices • Unsweetened Applesauce • Diced Pears • Cucumber Coins • Baby Carrots • Fresh Broccoli Florets • Chilled Peas • Garbanzo Beans • Cherry Tomatoes • Milk • Chocolate Milk • 1% Milk • Condiments • Dressing	CH-Main Event (4 entrees) • Fun on the Run Bagel Meal - Strawberry • Sunbutter Jelly Sandwich on WGR Bread • American style Deli Sandwich • Toasted Cheese Sandwich • Cheese Pizza • Pepperoni Pizza, • Banana • Fresh Oranges • Orange Smiles • Fresh Apple Slices • Diced Pears • Cucumber Coins • Baby Carrots • Garden Side Salad • Chilled Peas • Garbanzo Beans • Cherry Tomatoes • Milk • Chocolate Milk • 1% Milk • Condiments • Dressing

<p>16</p> <p>CH-Main Event (4 entrees)</p> <ul style="list-style-type: none"> • Fun on the Run Bagel Meal - Strawberry • Sunbutter Jelly Sandwich on WGR Bread • Cheeseburger • Turkey & Cheese Sandwich on a WG Bun • Grilled Cheese Sandwich, Calise Whole Grain Bread, GLC American Cheese • Orange Smiles • Unsweetened Applesauce • Fresh Whole Apple • Raisins • Diced Peaches • Cucumber Coins • Baby Carrots • Fresh Broccoli Florets • Chilled Corn • Green Peas • Garbanzo Beans • Cherry Tomatoes • Milk • Chocolate Milk • 1% Milk • Condiments • Dressing 	<p>17</p> <p>CH-Main Event (4 entrees)</p> <ul style="list-style-type: none"> • Popcorn Chicken • Fun on the Run Bagel Meal - Strawberry • Sunbutter Jelly Sandwich on WGR Bread • Turkey & Cheese Sandwich on a WG Bun • Grilled Cheese Sandwich, Calise Whole Grain Bread, GLC American Cheese • Steamed Brown Rice • Fresh Oranges • Green Seedless Grapes • Fresh Whole Apple • Raisins • Diced Peaches • Cucumber Coins • Baby Carrots • Chilled Corn • Garbanzo Beans • Cherry Tomatoes • Milk • Chocolate Skim Milk • Skim Milk • Condiments • Dressing 	<p>18</p> <p>CH-Main Event (4 entrees)</p> <ul style="list-style-type: none"> • Fun on the Run Bagel Meal - Strawberry • Sunbutter Jelly Sandwich on WGR Bread • Turkey Ham Cheese Sandwich on a WGR Bun • Grilled Cheese Sandwich, Calise Whole Grain Bread, GLC American Cheese • Turkey Sausage Link • Orange Smiles • Green Seedless Grapes • Fresh Apple Slices • Unsweetened Applesauce • Raisins • Diced Peaches • Cucumber Coins • Baby Carrots • Chilled Corn • Garbanzo Beans • Smile Fries • Cherry Tomatoes • Milk • Chocolate Skim Milk • Skim Milk • Condiments • Dressing 	<p>19</p> <p>CH-Main Event (4 entrees)</p> <ul style="list-style-type: none"> • Fun on the Run Bagel Meal - Strawberry • Sunbutter Jelly Sandwich on WGR Bread • Turkey & Cheese Sandwich on a WG Bun • Chicken Patty Sandwich • Grilled Cheese Sandwich, Calise Whole Grain Bread, GLC American Cheese • Orange Smiles • Fresh Apple Slices • Unsweetened Applesauce • Fresh Whole Apple • Raisins • Diced Peaches • Cucumber Coins • Baby Carrots • Chilled Corn • Garbanzo Beans • Cherry Tomatoes • Milk • Chocolate Skim Milk • Skim Milk • Condiments • Dressing 	<p>20</p> <p>CH-Main Event (4 entrees)</p> <ul style="list-style-type: none"> • Fun on the Run Bagel Meal - Strawberry • Sunbutter Jelly Sandwich on WGR Bread • Toasted Cheese Sandwich • Cheese Pizza • Pepperoni Pizza, • Turkey & Cheese Sandwich on a WG Bun • Orange Smiles • Unsweetened Applesauce • Raisins • Diced Peaches • Cucumber Coins • Baby Carrots • Chilled Corn • Garden Side Salad • Chilled Peas • Garbanzo Beans • Milk • Chocolate Skim Milk • Skim Milk • Condiments • Dressing
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23	24	25	26	27
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30	31	1	<p>2</p> <p>CH-Main Event (4 entrees)</p> <ul style="list-style-type: none"> • Fun on the Run Bagel Meal - Strawberry • Sunbutter Jelly Sandwich on WGR Bread • American Combo Sub • Orange Smiles • Unsweetened Applesauce • Diced Pears • Cucumber Coins • Baby Carrots • Fresh Broccoli Florets • Chilled Corn • Garbanzo Beans • Cherry Tomatoes • Milk • Chocolate Milk • 1% Milk • Condiments • Dressing 	<p>3</p> <p>CH-Main Event (4 entrees)</p> <ul style="list-style-type: none"> • Fun on the Run Bagel Meal - Strawberry • Sunbutter Jelly Sandwich on WGR Bread • Cheese Pizza • Pepperoni Pizza, • Crispy Chicken Salad • Grilled Cheese Sandwich, Calise Whole Grain Bread, GLC American Cheese • Orange Smiles • Fresh Apple Slices • Fresh Whole Apple • Diced Pears • Cucumber Coins • Baby Carrots • Chilled Corn • Garden Side Salad • Garbanzo Beans • Cherry Tomatoes • Milk • Chocolate Milk • 1% Milk • Condiments • Dressing
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K-5 School Meal Prices Lunch K-5 Full Pay: \$3.00, Breakfast K-5 Full Pay: \$1.60, Breakfast & Lunch Reduced K-5: \$0.00, 8oz Milk sold a la carte: \$0.60, Fruit & Veggie Side a la carte: \$0.75, Adult Lunch Meal: \$4.75, Adult Breakfast Meal: \$2.75

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MONDAY

2

- T4-Mexico/Fiesta/Nacho
 - Cheddar Cheese Sauce
 - Fajita Chicken
 - Beef Taco Filling
 - Tortilla Chips
 - Vegetarian Refried Beans
 - Mixed Salad Greens
- T4-Adventure (Strutters)
 - Breaded Drumstick
 - Dinner Roll
 - Crinkle Cut French Fries
- T4-Deli
 - Sliced Turkey Ham
 - Shredded Cheddar Cheese
 - Tuna Salad
 - White American Cheese Slice
 - Jennie-O Premium Hickory Turkey
 - Flour Tortilla
 - Oven Fired Flatbread
 - Dinner Roll
 - Whole Grain Bulkie Roll
 - Green Bell Pepper Strips
 - Baby Spinach
 - Romaine Lettuce
 - Garbanzo Beans
 - Cherry Tomatoes
- T4-Extras Bar (Garden, Milk, Condiments)
 - T4-Extras Bar
 - Diced Peaches
 - Fresh Plums
- T4-Fast
 - Strawberry Fields Parfait
 - Just Peachy Parfait
 - Sunbutter Jelly Sandwich on WGR Bread
 - American style Deli Sandwich
 - Hummus Wrap
- T4-Grill (composed)
 - Cheeseburger
 - Hamburger on a WGR Bun
 - Chicken Patty Sandwich
 - Veggie Burger
 - Spicy Chicken Patty Sandwich
- T4-Pizza (conv)
 - Mozzarella Stuffed Breadsticks
 - Cheese Pizza
 - Italian Sausage Pizza
 - Pepperoni Pizza
 - Spaghetti Sauce

TUESDAY

3

- T4-Adventure (Strutters)
 - Popcorn Chicken
 - Vegetarian Chick'n Nugget
 - Baked Biscuit
 - Chilled Corn
 - Whipped Potatoes
- T4-Mexico/Fiesta/Nacho
 - Cheddar Cheese Sauce
 - Fajita Chicken
 - Beef Taco Filling
 - Tortilla Chips
 - Vegetarian Refried Beans
 - Mixed Salad Greens
- T4-Deli
 - Sliced Turkey Ham
 - Shredded Cheddar Cheese
 - Tuna Salad
 - White American Cheese Slice
 - Jennie-O Premium Hickory Turkey
 - Flour Tortilla
 - Oven Fired Flatbread
 - Dinner Roll
 - Whole Grain Bulkie Roll
 - Green Bell Pepper Strips
 - Baby Spinach
 - Romaine Lettuce
 - Garbanzo Beans
 - Cherry Tomatoes
- T4-Extras Bar (Garden, Milk, Condiments)
 - T4-Extras Bar
 - Diced Peaches
 - Fresh Plums
- T4-Fast
 - Strawberry Fields Parfait
 - Just Peachy Parfait
 - Sunbutter Jelly Sandwich on WGR Bread
 - American style Deli Sandwich
 - Classic Hummus Box
 - Turkey BLT Wrap
- T4-Grill (composed)
 - Cheeseburger
 - Hamburger on a WGR Bun
 - Chicken Patty Sandwich
 - Veggie Burger
 - Spicy Chicken Patty Sandwich
- T4-Pizza (conv)
 - Mozzarella Stuffed Breadsticks
 - Cheese Pizza
 - Pepperoni Pizza
 - Margherita Pizza

WEDNESDAY

4

- T4-Adventure (Strutters)
 - Vegetarian Chick'n Nugget
 - Shredded Cheddar Cheese
 - Fajita Chicken
 - Flour Tortilla
 - Roasted Peppers and Onions Blend
- T4-Mexico/Fiesta/Nacho
 - Cheddar Cheese Sauce
 - Fajita Chicken
 - Beef Taco Filling
 - Tortilla Chips
 - Vegetarian Refried Beans
 - Mixed Salad Greens
- T4-Deli
 - Sliced Turkey Ham
 - Shredded Cheddar Cheese
 - Tuna Salad
 - White American Cheese Slice
 - Jennie-O Premium Hickory Turkey
 - Flour Tortilla
 - Oven Fired Flatbread
 - Dinner Roll
 - Whole Grain Bulkie Roll
 - Green Bell Pepper Strips
 - Baby Spinach
 - Romaine Lettuce
 - Garbanzo Beans
 - Cherry Tomatoes
- T4-Extras Bar (Garden, Milk, Condiments)
 - T4-Extras Bar
 - Diced Peaches
 - Fresh Plums
- T4-Fast
 - Strawberry Fields Parfait
 - Just Peachy Parfait
 - Sunbutter Jelly Sandwich on WGR Bread
 - American style Deli Sandwich
 - Classic Hummus Box
- T4-Grill (composed)
 - Cheeseburger
 - Hamburger on a WGR Bun
 - Chicken Patty Sandwich
 - Veggie Burger
 - Spicy Chicken Patty Sandwich
- T4-Pizza (conv)
 - Mozzarella Stuffed Breadsticks
 - Cheese Pizza
 - Pepperoni Pizza
 - Chicken Bacon and Ranch Pizza

THURSDAY

5

- T4-Mexico/Fiesta/Nacho
 - Cheddar Cheese Sauce
 - Fajita Chicken
 - Beef Taco Filling
 - Tortilla Chips
 - Vegetarian Refried Beans
 - Mixed Salad Greens
- T4-Adventure (Strutters)
 - Popcorn Chicken
 - Shredded Mozzarella Cheese
 - Whole Wheat Penne Pasta
 - Spaghetti Sauce
- T4-Deli
 - Sliced Turkey Ham
 - Shredded Cheddar Cheese
 - Tuna Salad
 - White American Cheese Slice
 - Jennie-O Premium Hickory Turkey
 - Flour Tortilla
 - Oven Fired Flatbread
 - Dinner Roll
 - Whole Grain Bulkie Roll
 - Green Bell Pepper Strips
 - Baby Spinach
 - Romaine Lettuce
 - Garbanzo Beans
 - Cherry Tomatoes
- T4-Extras Bar (Garden, Milk, Condiments)
 - T4-Extras Bar
 - Diced Peaches
 - Fresh Plums
- T4-Fast
 - Strawberry Fields Parfait
 - Just Peachy Parfait
 - Sunbutter Jelly Sandwich on WGR Bread
 - American style Deli Sandwich
 - Hummus Wrap
- T4-Grill (composed)
 - Cheeseburger
 - Hamburger on a WGR Bun
 - Chicken Patty Sandwich
 - Veggie Burger
 - Spicy Chicken Patty Sandwich
- T4-Pizza (conv)
 - Mozzarella Stuffed Breadsticks
 - Cheese Pizza
 - Hawaiian Pizza
 - Pepperoni Pizza

FRIDAY

6

- T4-Adventure (Strutters)
 - Boneless Wings
 - Classic Soft Pretzel
 - Spiral Fries
- T4-Mexico/Fiesta/Nacho
 - Cheddar Cheese Sauce
 - Fajita Chicken
 - Beef Taco Filling
 - Tortilla Chips
 - Vegetarian Refried Beans
 - Mixed Salad Greens
- T4-Deli
 - Sliced Turkey Ham
 - Shredded Cheddar Cheese
 - Tuna Salad
 - White American Cheese Slice
 - Jennie-O Premium Hickory Turkey
 - Flour Tortilla
 - Oven Fired Flatbread
 - Dinner Roll
 - Whole Grain Bulkie Roll
 - Green Bell Pepper Strips
 - Baby Spinach
 - Romaine Lettuce
 - Garbanzo Beans
 - Cherry Tomatoes
- T4-Extras Bar (Garden, Milk, Condiments)
 - T4-Extras Bar
 - Diced Peaches
 - Fresh Plums
- T4-Fast
 - Strawberry Fields Parfait
 - Just Peachy Parfait
 - Sunbutter Jelly Sandwich on WGR Bread
 - American style Deli Sandwich
 - Hummus Wrap
- T4-Grill (composed)
 - Cheeseburger
 - Hamburger on a WGR Bun
 - Chicken Patty Sandwich
 - Veggie Burger
 - Spicy Chicken Patty Sandwich
- T4-Pizza (conv)
 - Mozzarella Stuffed Breadsticks
 - Cheese Pizza
 - Pepperoni Pizza
 - Meatlovers Pizza

- T4-Adventure (Tater Temptations)
 - Turkey & Gravy
 - Breadstick
 - Whipped Potatoes
- T4-Mexico/Fiesta/Nacho
 - Cheddar Cheese Sauce
 - Fajita Chicken
 - Beef Taco Filling
 - Tortilla Chips
 - Vegetarian Refried Beans
 - Mixed Salad Greens
- T4-Deli
 - Sliced Turkey Ham
 - Shredded Cheddar Cheese
 - Tuna Salad
 - White American Cheese Slice
 - Jennie-O Premium Hickory Turkey
 - Flour Tortilla
 - Oven Fired Flatbread
 - Dinner Roll
 - Whole Grain Bulkie Roll
 - Green Bell Pepper Strips
 - Baby Spinach
 - Romaine Lettuce
 - Garbanzo Beans
 - Cherry Tomatoes
- T4-Extras Bar (Garden, Milk, Condiments)
 - T4-Extras Bar
 - Diced Peaches
 - Fresh Plums
- T4-Fast
 - Strawberry Fields Parfait
 - Just Peachy Parfait
 - Sunbutter Jelly Sandwich on WGR Bread
 - American style Deli Sandwich
 - Hummus Wrap
- T4-Grill (composed)
 - Cheeseburger
 - Hamburger on a WGR Bun
 - Chicken Patty Sandwich
 - Veggie Burger
 - Spicy Chicken Patty Sandwich
- T4-Pizza (conv)
 - Mozzarella Stuffed Breadsticks
 - Cheese Pizza
 - Italian Sausage Pizza
 - Pepperoni Pizza
 - Spaghetti Sauce

- T4-Adventure (Tater Temptations)
 - Rainbow Chili
 - Cheddar Cheese Sauce
 - Shredded Cheddar Cheese
 - Turkey & Gravy
 - Beef Taco Filling
 - Breadstick
 - Steamed Broccoli
 - Baked Potato
 - Tater Tots
- T4-Mexico/Fiesta/Nacho
 - Cheddar Cheese Sauce
 - Fajita Chicken
 - Beef Taco Filling
 - Tortilla Chips
 - Vegetarian Refried Beans
 - Mixed Salad Greens
- T4-Deli
 - Sliced Turkey Ham
 - Shredded Cheddar Cheese
 - Tuna Salad
 - White American Cheese Slice
 - Jennie-O Premium Hickory Turkey
 - Flour Tortilla
 - Oven Fired Flatbread
 - Dinner Roll
 - Whole Grain Bulkie Roll
 - Green Bell Pepper Strips
 - Baby Spinach
 - Romaine Lettuce
 - Garbanzo Beans
 - Cherry Tomatoes
- T4-Extras Bar (Garden, Milk, Condiments)
 - T4-Extras Bar
 - Diced Peaches
 - Fresh Plums
 - Chocolate Skim Milk
 - Skim Milk
- T4-Fast
 - Strawberry Fields Parfait
 - Just Peachy Parfait
 - Sunbutter Jelly Sandwich on WGR Bread
 - American style Deli Sandwich
 - Classic Hummus Box
- T4-Grill (composed)
 - Cheeseburger
 - Hamburger on a WGR Bun
 - Chicken Patty Sandwich
 - Veggie Burger
 - Spicy Chicken Patty Sandwich
- T4-Pizza (conv)
 - Mozzarella Stuffed Breadsticks
 - Cheese Pizza
 - Pepperoni Pizza
 - Margherita Pizza

- T4-Adventure (Tater Temptations)
 - Rainbow Chili
 - Cheddar Cheese Sauce
 - Shredded Cheddar Cheese
 - Beef Taco Filling
 - Breadstick
 - Steamed Broccoli
 - Tater Tots
- T4-Mexico/Fiesta/Nacho
 - Cheddar Cheese Sauce
 - Fajita Chicken
 - Beef Taco Filling
 - Tortilla Chips
 - Vegetarian Refried Beans
 - Mixed Salad Greens
- T4-Deli
 - Sliced Turkey Ham
 - Shredded Cheddar Cheese
 - Tuna Salad
 - White American Cheese Slice
 - Jennie-O Premium Hickory Turkey
 - Flour Tortilla
 - Oven Fired Flatbread
 - Dinner Roll
 - Whole Grain Bulkie Roll
 - Green Bell Pepper Strips
 - Baby Spinach
 - Romaine Lettuce
 - Garbanzo Beans
 - Cherry Tomatoes
- T4-Extras Bar (Garden, Milk, Condiments)
 - T4-Extras Bar
 - Fresh Plums
 - Chocolate Skim Milk
 - Skim Milk
- T4-Fast
 - Strawberry Fields Parfait
 - Just Peachy Parfait
 - Sunbutter Jelly Sandwich on WGR Bread
 - American style Deli Sandwich
 - Classic Hummus Box
- T4-Grill (composed)
 - Cheeseburger
 - Hamburger on a WGR Bun
 - Chicken Patty Sandwich
 - Veggie Burger
 - Spicy Chicken Patty Sandwich
- T4-Pizza (conv)
 - Mozzarella Stuffed Breadsticks
 - Cheese Pizza
 - Pepperoni Pizza
 - Chicken Bacon and Ranch Pizza

- T4-Adventure (Tater Temptations)
 - Rainbow Chili
 - Cheddar Cheese Sauce
 - Shredded Cheddar Cheese
 - Turkey & Gravy
 - Beef Taco Filling
 - Breadstick
 - Steamed Broccoli
 - Baked Potato
- T4-Mexico/Fiesta/Nacho
 - Cheddar Cheese Sauce
 - Fajita Chicken
 - Beef Taco Filling
 - Tortilla Chips
 - Vegetarian Refried Beans
 - Mixed Salad Greens
- T4-Deli
 - Sliced Turkey Ham
 - Shredded Cheddar Cheese
 - Tuna Salad
 - White American Cheese Slice
 - Jennie-O Premium Hickory Turkey
 - Flour Tortilla
 - Oven Fired Flatbread
 - Dinner Roll
 - Whole Grain Bulkie Roll
 - Green Bell Pepper Strips
 - Baby Spinach
 - Romaine Lettuce
 - Garbanzo Beans
 - Cherry Tomatoes
- T4-Extras Bar (Garden, Milk, Condiments)
 - T4-Extras Bar
 - Fresh Plums
 - Chocolate Skim Milk
 - Skim Milk
- T4-Fast
 - Strawberry Fields Parfait
 - Just Peachy Parfait
 - Sunbutter Jelly Sandwich on WGR Bread
 - American style Deli Sandwich
 - Classic Hummus Box
- T4-Grill (composed)
 - Cheeseburger
 - Hamburger on a WGR Bun
 - Chicken Patty Sandwich
 - Veggie Burger
 - Spicy Chicken Patty Sandwich
- T4-Pizza (conv)
 - Mozzarella Stuffed Breadsticks
 - Cheese Pizza
 - Hawaiian Pizza
 - Pepperoni Pizza

- T4-Adventure (Tater Temptations)
 - Rainbow Chili
 - Cheddar Cheese Sauce
 - Shredded Cheddar Cheese
 - Beef Taco Filling
 - Breadstick
 - Steamed Broccoli
 - Tater Tots
- T4-Mexico/Fiesta/Nacho
 - Cheddar Cheese Sauce
 - Fajita Chicken
 - Beef Taco Filling
 - Tortilla Chips
 - Vegetarian Refried Beans
 - Mixed Salad Greens
- T4-Deli
 - Sliced Turkey Ham
 - Shredded Cheddar Cheese
 - Tuna Salad
 - White American Cheese Slice
 - Jennie-O Premium Hickory Turkey
 - Flour Tortilla
 - Oven Fired Flatbread
 - Dinner Roll
 - Whole Grain Bulkie Roll
 - Green Bell Pepper Strips
 - Baby Spinach
 - Romaine Lettuce
 - Garbanzo Beans
 - Cherry Tomatoes
- T4-Extras Bar (Garden, Milk, Condiments)
 - T4-Extras Bar
 - Fresh Plums
 - Chocolate Skim Milk
 - Skim Milk
- T4-Fast
 - Strawberry Fields Parfait
 - Just Peachy Parfait
 - Sunbutter Jelly Sandwich on WGR Bread
 - Turkey Ham Cheese on a WG Bulkie Roll
 - Classic Hummus Box
 - Turkey & Cheese Sandwich on a WG Bun
- T4-Grill (composed)
 - Cheeseburger
 - Hamburger on a WGR Bun
 - Chicken Patty Sandwich
 - Veggie Burger
 - Spicy Chicken Patty Sandwich
- T4-Pizza (conv)
 - Mozzarella Stuffed Breadsticks
 - Cheese Pizza
 - Pepperoni Pizza
 - Meatlovers Pizza

- T4-Adventure (Twirls)
 - Alfredo Cheese Sauce
 - Fajita Chicken
 - Whole Wheat Penne Pasta
 - Dinner Roll
 - Whole Grain Dinner Roll
 - Roasted Broccoli
- T4-Mexico/Fiesta/Nacho
 - Cheddar Cheese Sauce
 - Fajita Chicken
 - Beef Taco Filling
 - Tortilla Chips
 - Vegetarian Refried Beans
 - Mixed Salad Greens
- T4-Deli
 - Sliced Turkey Ham
 - Shredded Cheddar Cheese
 - Tuna Salad
 - White American Cheese Slice
 - Jennie-O Premium Hickory Turkey
 - Flour Tortilla
 - Oven Fired Flatbread
 - Dinner Roll
 - Whole Grain Bulkie Roll
 - Green Bell Pepper Strips
 - Baby Spinach
 - Romaine Lettuce
 - Garbanzo Beans
 - Cherry Tomatoes
- T4-Extras Bar (Garden, Milk, Condiments)
 - T4-Extras Bar
 - Diced Peaches
 - Fresh Plums
 - Chocolate Skim Milk
 - Skim Milk
- T4-Fast
 - Strawberry Fields Parfait
 - Just Peachy Parfait
 - Sunbutter Jelly Sandwich on WGR Bread
 - American style Deli Sandwich
 - Hummus Wrap
- T4-Grill (composed)
 - Cheeseburger
 - Hamburger on a WGR Bun
 - Chicken Patty Sandwich
 - Veggie Burger
 - Spicy Chicken Patty Sandwich
- T4-Pizza (conv)
 - Mozzarella Stuffed Breadsticks
 - Cheese Pizza
 - Italian Sausage Pizza
 - Pepperoni Pizza
 - Spaghetti Sauce

- T4-Adventure (Twirls)
 - Macaroni & Cheese
 - Buffalo Chicken
 - Dinner Roll
 - Toasted Garlic Caesar Salad
- T4-Mexico/Fiesta/Nacho
 - Cheddar Cheese Sauce
 - Fajita Chicken
 - Beef Taco Filling
 - Tortilla Chips
 - Vegetarian Refried Beans
 - Mixed Salad Greens
- T4-Deli
 - Sliced Turkey Ham
 - Shredded Cheddar Cheese
 - Tuna Salad
 - White American Cheese Slice
 - Jennie-O Premium Hickory Turkey
 - Flour Tortilla
 - Oven Fired Flatbread
 - Dinner Roll
 - Whole Grain Bulkie Roll
 - Green Bell Pepper Strips
 - Baby Spinach
 - Romaine Lettuce
 - Garbanzo Beans
 - Cherry Tomatoes
- T4-Extras Bar (Garden, Milk, Condiments)
 - T4-Extras Bar
 - Diced Peaches
 - Fresh Plums
 - Chocolate Skim Milk
 - Skim Milk
- T4-Fast
 - Strawberry Fields Parfait
 - Just Peachy Parfait
 - Sunbutter Jelly Sandwich on WGR Bread
 - American style Deli Sandwich
 - Turkey Ham Cheese on a WG Bulkie Roll
 - Classic Hummus Box
 - Turkey & Cheese Sandwich on a WG Bun
- T4-Grill (composed)
 - Cheeseburger
 - Hamburger on a WGR Bun
 - Chicken Patty Sandwich
 - Veggie Burger
 - Spicy Chicken Patty Sandwich
- T4-Pizza (conv)
 - Mozzarella Stuffed Breadsticks
 - Cheese Pizza
 - Pepperoni Pizza
 - Margherita Pizza

- T4-Adventure (Twirls)
 - Chicken Meatballs
 - Torpedo Roll
 - Toasted Garlic Caesar Salad
 - Spaghetti Sauce
- T4-Mexico/Fiesta/Nacho
 - Cheddar Cheese Sauce
 - Fajita Chicken
 - Beef Taco Filling
 - Tortilla Chips
 - Vegetarian Refried Beans
 - Mixed Salad Greens
- T4-Deli
 - Sliced Turkey Ham
 - Shredded Cheddar Cheese
 - Tuna Salad
 - White American Cheese Slice
 - Jennie-O Premium Hickory Turkey
 - Flour Tortilla
 - Oven Fired Flatbread
 - Dinner Roll
 - Whole Grain Bulkie Roll
 - Green Bell Pepper Strips
 - Baby Spinach
 - Romaine Lettuce
 - Garbanzo Beans
 - Cherry Tomatoes
- T4-Extras Bar (Garden, Milk, Condiments)
 - T4-Extras Bar
 - Fresh Plums
 - Chocolate Skim Milk
 - Skim Milk
- T4-Fast
 - Strawberry Fields Parfait
 - Just Peachy Parfait
 - Sunbutter Jelly Sandwich on WGR Bread
 - American style Deli Sandwich
 - Turkey Ham Cheese on a WG Bulkie Roll
 - Classic Hummus Box
 - Turkey & Cheese Sandwich on a WG Bun
- T4-Grill (composed)
 - Cheeseburger
 - Hamburger on a WGR Bun
 - Chicken Patty Sandwich
 - Veggie Burger
 - Spicy Chicken Patty Sandwich
- T4-Pizza (conv)
 - Mozzarella Stuffed Breadsticks
 - Cheese Pizza
 - Pepperoni Pizza
 - Chicken Bacon and Ranch Pizza

- T4-Adventure (Twirls)
 - Chicken Parmesan
 - Steamed Broccoli
- T4-Mexico/Fiesta/Nacho
 - Cheddar Cheese Sauce
 - Fajita Chicken
 - Beef Taco Filling
 - Tortilla Chips
 - Vegetarian Refried Beans
 - Mixed Salad Greens
- T4-Deli
 - Sliced Turkey Ham
 - Shredded Cheddar Cheese
 - Tuna Salad
 - White American Cheese Slice
 - Jennie-O Premium Hickory Turkey
 - Flour Tortilla
 - Oven Fired Flatbread
 - Dinner Roll
 - Whole Grain Bulkie Roll
 - Green Bell Pepper Strips
 - Baby Spinach
 - Romaine Lettuce
 - Garbanzo Beans
 - Cherry Tomatoes
- T4-Extras Bar (Garden, Milk, Condiments)
 - T4-Extras Bar
 - Fresh Plums
 - Chocolate Skim Milk
 - Skim Milk
- T4-Fast
 - Strawberry Fields Parfait
 - Just Peachy Parfait
 - Sunbutter Jelly Sandwich on WGR Bread
 - American style Deli Sandwich
 - Turkey Ham Cheese on a WG Bulkie Roll
 - Classic Hummus Box
 - Turkey & Cheese Sandwich on a WG Bun
- T4-Grill (composed)
 - Cheeseburger
 - Hamburger on a WGR Bun
 - Chicken Patty Sandwich
 - Veggie Burger
 - Spicy Chicken Patty Sandwich
- T4-Pizza (conv)
 - Mozzarella Stuffed Breadsticks
 - Cheese Pizza
 - Hawaiian Pizza
 - Pepperoni Pizza

- T4-Mexico/Fiesta/Nacho
 - Cheddar Cheese Sauce
 - Fajita Chicken
 - Beef Taco Filling
 - Tortilla Chips
 - Vegetarian Refried Beans
 - Mixed Salad Greens
- T4-Adventure (Twirls)
 - Cheese Lasagna Rollup
 - Garlic Knot Breadstick
 - Parmesan Green Beans
- T4-Deli
 - Sliced Turkey Ham
 - Shredded Cheddar Cheese
 - Tuna Salad
 - White American Cheese Slice
 - Jennie-O Premium Hickory Turkey
 - Flour Tortilla
 - Oven Fired Flatbread
 - Dinner Roll
 - Whole Grain Bulkie Roll
 - Green Bell Pepper Strips
 - Baby Spinach
 - Romaine Lettuce
 - Garbanzo Beans
 - Cherry Tomatoes
- T4-Extras Bar (Garden, Milk, Condiments)
 - T4-Extras Bar
 - Fresh Plums
 - Chocolate Skim Milk
 - Skim Milk
- T4-Fast
 - Strawberry Fields Parfait
 - Just Peachy Parfait
 - Sunbutter Jelly Sandwich on WGR Bread
 - American style Deli Sandwich
 - Turkey Ham Cheese on a WG Bulkie Roll
 - Classic Hummus Box
 - Turkey & Cheese Sandwich on a WG Bun
- T4-Grill (composed)
 - Cheeseburger
 - Hamburger on a WGR Bun
 - Chicken Patty Sandwich
 - Veggie Burger
 - Spicy Chicken Patty Sandwich
- T4-Pizza (conv)
 - Mozzarella Stuffed Breadsticks
 - Cheese Pizza
 - Pepperoni Pizza
 - Meatlovers Pizza

<ul style="list-style-type: none"> T4-Mexico/Fiesta/Nacho • Cheddar Cheese Sauce • Fajita Chicken • Beef Taco Filling • Tortilla Chips • Vegetarian Refried Beans • Mixed Salad Greens T4-Adventure (Spice House) • Chicken Egg Roll • Steamed Brown Rice • Roasted Sesame Carrots T4-Deli • Sliced Turkey Ham • Shredded Cheddar Cheese • Tuna Salad • White American Cheese Slice • Jennie-O Premium Hickory Turkey • Flour Tortilla • Oven Fired Flatbread • Bulkie Roll • Dinner Roll • Green Bell Pepper Strips • Baby Spinach • Romaine Lettuce • Garbanzo Beans • Cherry Tomatoes T4-Extras Bar (Garden, Milk, Condiments) • T4-Extras Bar • Chocolate Skim Milk • Skim Milk T4-Fast • Strawberry Fields Parfait • Just Peachy Parfait • Sunbutter Jelly Sandwich on WGR Bread • American style Deli Sandwich • Turkey Ham Cheese on a WG Bulkie Roll • Classic Hummus Box • Turkey & Cheese Sandwich on a WG Bun T4-Grill (composed) • Cheeseburger • Hamburger on a WGR Bun • Chicken Patty Sandwich • Veggie Burger • Spicy Chicken Patty Sandwich T4-Pizza (conv) • Mozzarella Stuffed Breadsticks • Cheese Pizza • Hawaiian Pizza • Pepperoni Pizza 	<ul style="list-style-type: none"> T4-Adventure (Spice House) • Popcorn Chicken • Vegetable Lo Mein • Roasted Sesame Carrots T4-Mexico/Fiesta/Nacho • Cheddar Cheese Sauce • Fajita Chicken • Beef Taco Filling • Tortilla Chips • Vegetarian Refried Beans • Mixed Salad Greens T4-Deli • Sliced Turkey Ham • Shredded Cheddar Cheese • Tuna Salad • White American Cheese Slice • Jennie-O Premium Hickory Turkey • Flour Tortilla • Oven Fired Flatbread • Bulkie Roll • Dinner Roll • Green Bell Pepper Strips • Baby Spinach • Romaine Lettuce • Garbanzo Beans • Cherry Tomatoes T4-Extras Bar (Garden, Milk, Condiments) • T4-Extras Bar • Chocolate Skim Milk • Skim Milk T4-Fast • Strawberry Fields Parfait • Just Peachy Parfait • Sunbutter Jelly Sandwich on WGR Bread • American style Deli Sandwich • Turkey Ham Cheese on a WG Bulkie Roll • Classic Hummus Box • Turkey & Cheese Sandwich on a WG Bun T4-Grill (composed) • Cheeseburger • Hamburger on a WGR Bun • Chicken Patty Sandwich • Veggie Burger • Spicy Chicken Patty Sandwich T4-Pizza (conv) • Mozzarella Stuffed Breadsticks • Cheese Pizza • Pepperoni Pizza • Meatlovers Pizza
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School Year 2024 - 2025 Meal Prices Breakfast Meal Prices Full: \$1.60 or 2.60 - Reduced: \$0.00 Adult Breakfast Prices Regular \$2.75 or Premium \$3.25 Lunch Meal Prices Full : \$3.25 - Reduced: \$0.00 A La Carte Additional Entree: \$2.75 8 oz. Milk: \$0.60 Fruit or Vegetable Side: \$0.75 Adult Meal: \$4.75 Make Checks Payable to: Rocky Hill Public School Lunch You may also pay online at [Mypaymentsplus.com](https://mypaymentsplus.com)

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ROCKY HILL
PUBLIC SCHOOLS



December 2024

Lunch

Griswold Middle School

MONDAY

2

- FE-Everyday Selects (Pizza conv)
- Mozzarella Stuffed Breadsticks
- Cheese Pizza
- Pepperoni Pizza
- FE-Fast Takes
- Sunbutter Jelly Sandwich on WGR Bread
- Turkey Ham Cheese Sandwich on a WGR Bun
- FE-From The Garden (Garden, Milk, Condiments)
- Fruit
- Red Bell Pepper Strips
- Cucumber Coins
- Celery Sticks
- Baby Carrots
- Fresh Broccoli Florets
- Chilled Corn
- Garbanzo Beans
- Cherry Tomatoes
- Milk
- Chocolate Skim Milk
- Condiments
- Dressing
- FE-Global Flavors
- Breaded Chicken Tender
- Dinner Roll
- Citrus Glazed Carrots
- Potato Salad

TUESDAY

3

- FE-Everyday Selects (Grill composed)
- Cheeseburger
- Hamburger on a WGR Bun
- Hot Dog on Whole Grain Bun
- Chicken Patty on a WGR Bun
- Veggie Burger
- FE-Fast Takes
- Sunbutter Jelly Sandwich on WGR Bread
- Turkey Ham Cheese Sandwich on a WGR Bun
- FE-From The Garden (Garden, Milk, Condiments)
- Fruit
- Red Bell Pepper Strips
- Cucumber Coins
- Celery Sticks
- Baby Carrots
- Fresh Broccoli Florets
- Chilled Corn
- Garbanzo Beans
- Cherry Tomatoes
- Milk
- Chocolate Skim Milk
- Condiments
- Dressing
- FE-Global Flavors
- Texas Vegetarian Chili
- Shredded Cheddar Cheese
- Baked Biscuit
- Steamed Corn
- Baked Potato
- Roasted Broccoli

WEDNESDAY

4

- FE-Everyday Selects (Pizza conv)
- Cheese Pizza
- Pepperoni Pizza
- Chicken Bacon and Ranch Pizza
- FE-Fast Takes
- Sunbutter Jelly Sandwich on WGR Bread
- Turkey Ham Cheese on a WGR Bulkie Roll
- FE-From The Garden (Garden, Milk, Condiments)
- Fruit
- Red Bell Pepper Strips
- Cucumber Coins
- Celery Sticks
- Baby Carrots
- Fresh Broccoli Florets
- Chilled Corn
- Garbanzo Beans
- Cherry Tomatoes
- Milk
- Chocolate Skim Milk
- Condiments
- Dressing
- FE-Global Flavors
- Cheese Quesadilla
- Chicken Quesadilla
- Black Beans
- Crinkle Cut Sweet Potato Fries

THURSDAY

5

- FE-Everyday Selects (Grill composed)
- Cheeseburger
- Hamburger on a WGR Bun
- Toasted Cheese Sandwich
- Chicken Patty on a WGR Bun
- FE-Fast Takes
- Sunbutter Jelly Sandwich on WGR Bread
- Turkey Ham Cheese on a WGR Bulkie Roll
- FE-From The Garden (Garden, Milk, Condiments)
- Fruit
- Red Bell Pepper Strips
- Cucumber Coins
- Celery Sticks
- Baby Carrots
- Fresh Broccoli Florets
- Chilled Corn
- Garbanzo Beans
- Cherry Tomatoes
- Milk
- Chocolate Skim Milk
- Condiments
- Dressing
- FE-Global Flavors
- Vegetarian Spaghetti Sauce
- Beef Bolognese
- Whole Wheat Penne Pasta
- Dinner Roll
- Parmesan Green Beans

FRIDAY

6

- FE-Everyday Selects (Pizza conv)
- Cheese Pizza
- Pepperoni Pizza
- Buffalo Chicken Pizza
- FE-Fast Takes
- Sunbutter Jelly Sandwich on WGR Bread
- Turkey Ham Cheese on a WGR Bulkie Roll
- FE-From The Garden (Garden, Milk, Condiments)
- Fruit
- Red Bell Pepper Strips
- Cucumber Coins
- Celery Sticks
- Baby Carrots
- Fresh Broccoli Florets
- Chilled Corn
- Garbanzo Beans
- Cherry Tomatoes
- Milk
- Chocolate Skim Milk
- Condiments
- Dressing
- FE-Global Flavors
- Fish, Breaded Pollock, Sticks, Icybay 1 oz
- Dinner Roll
- Crinkle Cut French Fries
- Tartar Sauce

- FE-Everyday Selects (Pizza conv)
- Mozzarella Stuffed Breadsticks
 - Cheese Pizza
 - Pepperoni Pizza
- FE-Fast Takes
- Sunbutter Jelly Sandwich on WGR Bread
 - Turkey Ham Cheese on a WG Bulkie Roll
- FE-From The Garden (Garden, Milk, Condiments)
- Fruit
 - Red Bell Pepper Strips
 - Cucumber Coins
 - Celery Sticks
 - Baby Carrots
 - Fresh Broccoli Florets
 - Chilled Corn
 - Garbanzo Beans
 - Cherry Tomatoes
 - Milk
 - Chocolate Skim Milk
 - Condiments
 - Dressing
- FE-Global Flavors
- Buffalo Chicken Dip w/ Tortilla Chips
 - Tortilla Chips
 - Pinto Beans

- FE-Everyday Selects (Grill composed)
- Cheeseburger
 - Hamburger on a WGR Bun
 - Toasted Cheese Sandwich
 - Chicken Patty on a WGR Bun
 - Veggie Burger
- FE-Fast Takes
- Sunbutter Jelly Sandwich on WGR Bread
 - Turkey Ham Cheese on a WG Bulkie Roll
- FE-From The Garden (Garden, Milk, Condiments)
- Fruit
 - Red Bell Pepper Strips
 - Cucumber Coins
 - Celery Sticks
 - Baby Carrots
 - Fresh Broccoli Florets
 - Chilled Corn
 - Garbanzo Beans
 - Cherry Tomatoes
 - Milk
 - Chocolate Skim Milk
 - Condiments
 - Dressing
- FE-Global Flavors
- Chili con Carne
 - Cheddar Cheese Sauce
 - Beef Hotdog
 - Hot Dog Bun
 - Vegetarian Baked Beans
 - Smile Fries

- FE-Everyday Selects (Pizza conv)
- Mozzarella Stuffed Breadsticks
 - Cheese Pizza
 - Pepperoni Pizza
 - Spaghetti Sauce
- FE-Fast Takes
- Sunbutter Jelly Sandwich on WGR Bread
 - Turkey Ham Cheese on a WG Bulkie Roll
- FE-From The Garden (Garden, Milk, Condiments)
- 3dd78423-fd31-409d-8b7c-6547b1ab9ff0
 - Fruit
 - Red Bell Pepper Strips
 - Cucumber Coins
 - Celery Sticks
 - Baby Carrots
 - Fresh Broccoli Florets
 - Chilled Corn
 - Garbanzo Beans
 - Cherry Tomatoes
 - Milk
 - Chocolate Skim Milk
 - Condiments
 - Dressing
- FE-Global Flavors
- Shredded Cheddar Cheese
 - Carnitas
 - Flour Tortilla
 - Steamed Corn
 - Carnitas Cole Slaw
 - Black Beans

- FE-Everyday Selects (Grill composed)
- Cheeseburger
 - Hamburger on a WGR Bun
 - Toasted Cheese Sandwich
 - Chicken Patty on a WGR Bun
 - Veggie Burger
- FE-Fast Takes
- Sunbutter Jelly Sandwich on WGR Bread
 - Turkey Ham Cheese on a WG Bulkie Roll
- FE-From The Garden (Garden, Milk, Condiments)
- 3dd78423-fd31-409d-8b7c-6547b1ab9ff0
 - Fruit
 - Red Bell Pepper Strips
 - Cucumber Coins
 - Celery Sticks
 - Baby Carrots
 - Fresh Broccoli Florets
 - Chilled Corn
 - Garbanzo Beans
 - Cherry Tomatoes
 - Milk
 - Chocolate Skim Milk
 - Condiments
 - Dressing
- FE-Global Flavors
- Chicken & Vegetable Dumplings
 - Oven Fried Rice
 - Roasted Sesame Carrots

- FE-Everyday Selects (Pizza conv)
- Cheese Pizza
 - Pepperoni Pizza
 - Barbecue Chicken Pizza
- FE-Fast Takes
- Sunbutter Jelly Sandwich on WGR Bread
 - Turkey Ham Cheese on a WG Bulkie Roll
- FE-From The Garden (Garden, Milk, Condiments)
- 3dd78423-fd31-409d-8b7c-6547b1ab9ff0
 - Fruit
 - Red Bell Pepper Strips
 - Cucumber Coins
 - Celery Sticks
 - Baby Carrots
 - Fresh Broccoli Florets
 - Chilled Corn
 - Garbanzo Beans
 - Cherry Tomatoes
 - Milk
 - Chocolate Skim Milk
 - Condiments
 - Dressing
- FE-Global Flavors
- Breaded Chicken Tender
 - Whole Grain Waffle
 - Tater Tots
 - Apple Glazed Baby Carrots

- FE-Everyday Selects (Pizza conv)
- Cheese Pizza
 - Pepperoni Pizza
 - Chicken Bacon and Ranch Pizza
- FE-Fast Takes
- Sunbutter Jelly Sandwich on WGR Bread
 - Turkey Ham Cheese on a WG Bulkie Roll
- FE-From The Garden (Garden, Milk, Condiments)
- 3dd78423-fd31-409d-8b7c-6547b1ab9ff0
 - Fruit
 - Red Bell Pepper Strips
 - Cucumber Coins
 - Celery Sticks
 - Baby Carrots
 - Fresh Broccoli Florets
 - Chilled Corn
 - Garbanzo Beans
 - Cherry Tomatoes
 - Milk
 - Chocolate Skim Milk
 - Condiments
 - Dressing
- FE-Global Flavors
- Shredded Yellow Cheddar Cheese
 - Beef Taco Filling
 - Cilantro Lime Rice
 - Black Beans

- FE-Everyday Selects (Grill composed)
- Cheeseburger
 - Hamburger on a WGR Bun
 - Toasted Cheese Sandwich
 - Chicken Patty on a WGR Bun
 - Veggie Burger
- FE-Fast Takes
- Sunbutter Jelly Sandwich on WGR Bread
 - Turkey Ham Cheese on a WG Bulkie Roll
- FE-From The Garden (Garden, Milk, Condiments)
- 3dd78423-fd31-409d-8b7c-6547b1ab9ff0
 - Fruit
 - Red Bell Pepper Strips
 - Cucumber Coins
 - Celery Sticks
 - Baby Carrots
 - Fresh Broccoli Florets
 - Chilled Corn
 - Garbanzo Beans
 - Cherry Tomatoes
 - Milk
 - Chocolate Skim Milk
 - Condiments
 - Dressing
- FE-Global Flavors
- General Tso Chicken popcorn
 - Yakisoba Noodles
 - Roasted Sesame Carrots
 - Roasted Broccoli

- FE-Everyday Selects (Pizza conv)
- Mozzarella Stuffed Breadsticks
 - Cheese Pizza
 - Pepperoni Pizza
 - Spaghetti Sauce
- FE-Fast Takes
- Sunbutter Jelly Sandwich on WGR Bread
 - Turkey Ham Cheese on a WG Bulkie Roll
- FE-From The Garden (Garden, Milk, Condiments)
- 3dd78423-fd31-409d-8b7c-6547b1ab9ff0
 - Fruit
 - Red Bell Pepper Strips
 - Cucumber Coins
 - Celery Sticks
 - Baby Carrots
 - Fresh Broccoli Florets
 - Chilled Corn
 - Garbanzo Beans
 - Milk
 - Chocolate Skim Milk
 - Condiments
 - Dressing
- FE-Global Flavors
- Alfredo Cheese Sauce
 - Chicken Meatballs
 - Whole Wheat Penne Pasta
 - Dinner Roll
 - Roasted Broccoli and Red Peppers

- FE-Everyday Selects (Grill composed)
- Cheeseburger
 - Hamburger on a WGR Bun
 - Toasted Cheese Sandwich
 - Chicken Patty on a WGR Bun
 - Veggie Burger
- FE-Fast Takes
- Sunbutter Jelly Sandwich on WGR Bread
 - Turkey Ham Cheese on a WG Bulkie Roll
- FE-From The Garden (Garden, Milk, Condiments)
- 3dd78423-fd31-409d-8b7c-6547b1ab9ff0
 - Fruit
 - Red Bell Pepper Strips
 - Cucumber Coins
 - Celery Sticks
 - Baby Carrots
 - Fresh Broccoli Florets
 - Chilled Corn
 - Chilled Peas
 - Garbanzo Beans
 - Cherry Tomatoes
 - Milk
 - Chocolate Skim Milk
 - Condiments
 - Dressing
- FE-Global Flavors
- Popcorn Chicken Bowl
 - Baked Biscuit
 - Steamed Corn
 - Whipped Potatoes

- FE-Everyday Selects (Pizza conv)
- Vegetable Pizza
 - Cheese Pizza
 - Pepperoni Pizza
- FE-Fast Takes
- Sunbutter Jelly Sandwich on WGR Bread
 - Turkey Ham Cheese on a WG Bulkie Roll
- FE-From The Garden (Garden, Milk, Condiments)
- 3dd78423-fd31-409d-8b7c-6547b1ab9ff0
 - Fruit
 - Red Bell Pepper Strips
 - Cucumber Coins
 - Celery Sticks
 - Baby Carrots
 - Fresh Broccoli Florets
 - Chilled Corn
 - Garbanzo Beans
 - Cherry Tomatoes
 - Milk
 - Chocolate Skim Milk
 - Condiments
 - Dressing
- FE-Global Flavors
- Shredded Cheddar Cheese
 - Fajita Chicken
 - Cilantro Lime Rice
 - Seasoned Carrot Coins

FE-Everyday Selects (Grill composed)

- Cheeseburger
- Hamburger on a WGR Bun
- Toasted Cheese Sandwich
- Chicken Patty on a WGR Bun

FE-Fast Takes

- Sunbutter Jelly Sandwich on WGR Bread
- Turkey Ham Cheese on a WG Bulkie Roll

FE-From The Garden (Garden, Milk, Condiments)

- 3dd78423-fd31-409d-8b7c-6547bfab9ff0

- Fruit
- Red Bell Pepper Strips
- Cucumber Coins
- Celery Sticks
- Baby Carrots
- Fresh Broccoli Florets
- Chilled Corn
- Garbanzo Beans
- Cherry Tomatoes
- Milk
- Chocolate Skim Milk
- Condiments
- Dressing

FE-Global Flavors

- Cheddar Cheese Sauce
- Fajita Chicken
- Beef Taco Filling
- Tortilla Chips
- Steamed Corn
- Vegetarian Refried Beans

FE-Everyday Selects (Pizza conv)

- Cheese Pizza
- Pepperoni Pizza
- Meatlovers Pizza

FE-Fast Takes

- Sunbutter Jelly Sandwich on WGR Bread
- Turkey Ham Cheese on a WG Bulkie Roll

FE-From The Garden (Garden, Milk, Condiments)

- 3dd78423-fd31-409d-8b7c-6547bfab9ff0

- Fruit
- Red Bell Pepper Strips
- Cucumber Coins
- Celery Sticks
- Baby Carrots
- Fresh Broccoli Florets
- Chilled Corn
- Garbanzo Beans
- Cherry Tomatoes
- Milk
- Chocolate Skim Milk
- Condiments
- Dressing

FE-Global Flavors

- Macaroni & Cheese
- Dinner Roll
- Roasted Green Beans

School Year 2024 - 2025 Meal Prices Lunch Meal Prices Full: \$3.25 - Reduced: \$0.00 A La Carte Additional Entree: \$2.75 8 oz. Milk: \$0.60 Fruit or Vegetable Side: \$0.75 Adult Meal: \$4.75 Make Checks Payable to: Rocky Hill Public School Lunch You may also pay online at Mypaymentsplus.com

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ROCKY HILL
PUBLIC SCHOOLS



December 2024

Lunch
Moser School

MONDAY

2

- CH-Main Event (4 entrees)
- Fun on the Run Bagel Meal - Strawberry
- Sunbutter Jelly Sandwich on WGR Bread
- Fun on the Run Bagel Meal
- Chef Salad w/ WGR Dinner Rolls
- BCB Philly Cheese Steak Sub
- Oven Fired Flatbread
- Fresh Oranges
- Fresh Apple Slices
- Raisins
- Fruit Cocktail
- Cucumber Coins
- Baby Carrots
- Fresh Broccoli Florets
- Chilled Peas
- Garbanzo Beans
- Milk
- Chocolate Milk
- Skim Milk
- Condiments
- Dressing

TUESDAY

3

- CH-Main Event (4 entrees)
- Fun on the Run Bagel Meal - Strawberry
- Sunbutter Jelly Sandwich on WGR Bread
- Toasted Cheese Sandwich
- Fun on the Run Bagel Meal
- Chef Salad w/ WGR Dinner Rolls
- Meatballs with Spaghetti Sauce
- Whole Wheat Penne Pasta
- Oven Fired Flatbread
- Dinner Roll
- Fresh Oranges
- Unsweetened Applesauce
- Fresh Whole Apple
- Raisins
- Cucumber Coins
- Celery Sticks
- Baby Carrots
- Roasted Green Beans
- Fresh Broccoli Florets
- Chilled Corn
- Milk
- Chocolate Skim Milk
- Condiments
- Dressing

WEDNESDAY

4

- CH-Main Event (4 entrees)
- Fun on the Run Bagel Meal - Strawberry
- Sunbutter Jelly Sandwich on WGR Bread
- Fun on the Run Bagel Meal
- Turkey & Cheese Sandwich on a WG Bun
- Fresh Apple Slices
- Baby Carrots
- Milk
- Chocolate Skim Milk
- Skim Milk

THURSDAY

5

- CH-Main Event (4 entrees)
- Fun on the Run Bagel Meal - Strawberry
- Sunbutter Jelly Sandwich on WGR Bread
- Fun on the Run Bagel Meal
- Turkey Ham Cheese Sandwich on a WGR Bun
- Raisins
- Baby Carrots
- Milk
- Chocolate Skim Milk

FRIDAY

6

- CH-Main Event (4 entrees)
- Fun on the Run Bagel Meal - Strawberry
- Sunbutter Jelly Sandwich on WGR Bread
- Fun on the Run Bagel Meal
- Turkey & Cheese Sandwich on a WG Bun
- Fresh Whole Apple
- Cucumber Coins
- Seasoned Carrot Coins
- Milk
- Chocolate Skim Milk
- Skim Milk

9

- CH-Main Event (4 entrees)
- Fun on the Run Bagel Meal - Strawberry
- Sunbutter Jelly Sandwich on WGR Bread
- American style Deli Sandwich
- Toasted Cheese Sandwich
- Fun on the Run Bagel Meal
- Chicken Patty on a WGR Bun
- Fresh Oranges
- Fresh Apple Slices
- Raisins
- Fruit Cocktail
- Red Bell Pepper Strips
- Cucumber Coins
- Baby Carrots
- Chilled Corn
- Roasted Broccoli
- Garbanzo Beans
- Milk
- Chocolate Skim Milk
- Skim Milk
- Condiments
- Dressing

10

- CH-Main Event (4 entrees)
- Fun on the Run Bagel Meal - Strawberry
- Sunbutter Jelly Sandwich on WGR Bread
- Cheeseburger
- Toasted Cheese Sandwich
- Fun on the Run Bagel Meal
- American Combo Sub
- Fresh Oranges
- Unsweetened Applesauce
- Fresh Whole Apple
- Raisins
- Red Bell Pepper Strips
- Cucumber Coins
- Baby Carrots
- Fresh Broccoli Florets
- Steamed Corn
- Garbanzo Beans
- Milk
- Chocolate Skim Milk
- Skim Milk
- Condiments
- Dressing

11

- CH-Main Event (4 entrees)
- Fun on the Run Bagel Meal - Strawberry
- Sunbutter Jelly Sandwich on WGR Bread
- French Toast Sticks
- American style Deli Sandwich
- Toasted Cheese Sandwich
- Fun on the Run Bagel Meal
- Turkey Sausage Link
- Mozzarella String Cheese Stick
- Banana
- Fresh Oranges
- Fresh Apple Slices
- Raisins
- Diced Pears
- Cucumber Coins
- Celery Sticks
- Baby Carrots
- Fresh Broccoli Florets
- Chilled Corn
- Garbanzo Beans
- Smile Fries
- Milk
- Chocolate Skim Milk
- Skim Milk
- Condiments
- Dressing

12

- CH-Main Event (4 entrees)
- Macaroni & Cheese
- Fun on the Run Bagel Meal - Strawberry
- Sunbutter Jelly Sandwich on WGR Bread
- Toasted Cheese Sandwich
- Fun on the Run Bagel Meal
- American Combo Sub
- Dinner Roll
- Banana
- Fresh Oranges
- Fresh Apple Slices
- Raisins
- Diced Peaches
- Cucumber Coins
- Baby Carrots
- Chilled Corn
- Parmesan Green Beans
- Garbanzo Beans
- Milk
- Chocolate Skim Milk
- Skim Milk
- Condiments
- Dressing

13

- CH-Main Event (4 entrees)
- Fun on the Run Bagel Meal - Strawberry
- Sunbutter Jelly Sandwich on WGR Bread
- Toasted Cheese Sandwich
- Cheese Pizza
- Pepperoni Pizza,
- Fun on the Run Bagel Meal
- American Combo Sub
- Fresh Oranges
- Fresh Apple Slices
- Diced Strawberries
- Cucumber Coins
- Celery Sticks
- Baby Carrots
- Chilled Corn
- Garbanzo Beans
- Milk
- Chocolate Skim Milk
- Skim Milk
- Condiments
- Dressing



December 2024

Lunch

Stevens Elementary School

MONDAY

2

- CH-Main Event (4 entrees)
- Fun on the Run Bagel Meal - Strawberry
- Sunbutter Jelly Sandwich on WGR Bread
- Toasted Cheese Sandwich
- Fun on the Run Bagel Meal
- Classic Chef Salad w/ Whole Grain Dinner Rolls
- BCB Philly Cheese Steak Sub
- Oven Fired Flatbread
- Orange Smiles
- Fresh Apple Slices
- Unsweetened Applesauce
- Fresh Whole Apple
- Raisins
- Diced Pears
- Cucumber Coins
- Baby Carrots
- Fresh Broccoli Florets
- Steamed Corn
- Chilled Corn
- Garbanzo Beans
- Cherry Tomatoes
- Milk
- Chocolate Milk
- Skim Milk
- Condiments
- Dressing

TUESDAY

3

- CH-Main Event (4 entrees)
- Fun on the Run Bagel Meal - Strawberry
- Sunbutter Jelly Sandwich on WGR Bread
- Toasted Cheese Sandwich
- Fun on the Run Bagel Meal
- Chicken Meatballs in Sauce
- Classic Chef Salad w/ Whole Grain Dinner Rolls
- Whole Wheat Penne Pasta
- Oven Fired Flatbread
- Dinner Roll
- Orange Smiles
- Unsweetened Applesauce
- Fresh Whole Apple
- Raisins
- Diced Peaches
- Diced Pears
- Fresh Plums
- Cucumber Coins
- Celery Sticks
- Baby Carrots
- Roasted Green Beans
- Fresh Broccoli Florets
- Garbanzo Beans
- Cherry Tomatoes
- Milk
- Chocolate Skim Milk
- Condiments
- Dressing

WEDNESDAY

4

- CH-Main Event (4 entrees)
- Crispy Chicken Nuggets
- Fun on the Run Bagel Meal - Strawberry
- Sunbutter Jelly Sandwich on WGR Bread
- Toasted Cheese Sandwich
- Fun on the Run Bagel Meal
- Classic Chef Salad w/ Whole Grain Dinner Rolls
- Oven Fired Flatbread
- Goldfish Crackers
- Orange Smiles
- Fresh Apple Slices
- Fresh Whole Apple
- Raisins
- Diced Pears
- Fresh Plums
- Cucumber Coins
- Celery Sticks
- Baby Carrots
- Fresh Broccoli Florets
- Green Bell Pepper Strips
- Roasted Broccoli
- Chilled Peas
- Garbanzo Beans
- Cherry Tomatoes
- Milk
- Chocolate Skim Milk
- Skim Milk
- Condiments
- Dressing

THURSDAY

5

- CH-Main Event (4 entrees)
- Fun on the Run Bagel Meal - Strawberry
- Sunbutter Jelly Sandwich on WGR Bread
- Toasted Cheese Sandwich
- Fun on the Run Bagel Meal
- Classic Chef Salad w/ Whole Grain Dinner Rolls
- Vanilla Yogurt Cup
- Strawberry Yogurt Cup
- Mozzarella String Cheese Stick
- Oven Fired Flatbread
- Confetti Pancake Bites
- Banana
- Orange Smiles
- Fresh Whole Apple
- Diced Peaches
- Fresh Plums
- Cucumber Coins
- Baby Carrots
- Fresh Broccoli Florets
- Garbanzo Beans
- Smile Fries
- Cherry Tomatoes
- Milk
- Chocolate Skim Milk
- Skim Milk
- Condiments
- Dressing

FRIDAY

6

- CH-Main Event (4 entrees)
- Fun on the Run Bagel Meal - Strawberry
- Sunbutter Jelly Sandwich on WGR Bread
- Toasted Cheese Sandwich
- Cheese Pizza
- Fun on the Run Bagel Meal
- Classic Chef Salad w/ Whole Grain Dinner Rolls
- Oven Fired Flatbread
- Banana
- Orange Smiles
- Unsweetened Applesauce
- Fresh Whole Apple
- Diced Peaches
- Fresh Plums
- Cucumber Coins
- Baby Carrots
- Fresh Broccoli Florets
- Chilled Corn
- Garbanzo Beans
- Cherry Tomatoes
- Milk
- Chocolate Skim Milk
- Skim Milk
- Condiments
- Dressing

9

- CH-Main Event (4 entrees)
- Fun on the Run Bagel Meal - Strawberry
 - Sunbutter Jelly Sandwich on WGR Bread
 - American style Deli Sandwich
 - Toasted Cheese Sandwich
 - Fun on the Run Bagel Meal
 - Chicken Patty on a WGR Bun
 - Orange Smiles
 - Fresh Apple Slices
 - Fresh Whole Apple
 - Raisins
 - Diced Pears
 - Cucumber Coins
 - Baby Carrots
 - Fresh Broccoli Florets
 - Chilled Corn
 - Green Bell Pepper Strips
 - Roasted Broccoli
 - Garbanzo Beans
 - Cherry Tomatoes
 - Milk
 - Chocolate Skim Milk
 - Skim Milk
 - Condiments
 - Dressing

10

- CH-Main Event (4 entrees)
- Fun on the Run Bagel Meal - Strawberry
 - Sunbutter Jelly Sandwich on WGR Bread
 - Cheeseburger
 - American style Deli Sandwich
 - Toasted Cheese Sandwich
 - Fun on the Run Bagel Meal
 - Orange Smiles
 - Unsweetened Applesauce
 - Fresh Whole Apple
 - Diced Peaches
 - Cucumber Coins
 - Baby Carrots
 - Fresh Broccoli Florets
 - Steamed Corn
 - Chilled Peas
 - Garbanzo Beans
 - Cherry Tomatoes
 - Milk
 - Chocolate Skim Milk
 - Skim Milk
 - Condiments
 - Dressing

11

- CH-Main Event (4 entrees)
- Fun on the Run Bagel Meal - Strawberry
 - Sunbutter Jelly Sandwich on WGR Bread
 - French Toast Sticks
 - American style Deli Sandwich
 - Toasted Cheese Sandwich
 - Fun on the Run Bagel Meal
 - Turkey Sausage Link
 - Orange Smiles
 - Fresh Apple Slices
 - Unsweetened Applesauce
 - Fresh Whole Apple
 - Raisins
 - Fruit Cocktail
 - Cucumber Coins
 - Baby Carrots
 - Fresh Broccoli Florets
 - Garbanzo Beans
 - Smile Fries
 - Cherry Tomatoes
 - Milk
 - Chocolate Skim Milk
 - Skim Milk
 - Condiments
 - Dressing

12

- CH-Main Event (4 entrees)
- Macaroni & Cheese
 - Fun on the Run Bagel Meal - Strawberry
 - Sunbutter Jelly Sandwich on WGR Bread
 - American style Deli Sandwich
 - Toasted Cheese Sandwich
 - Fun on the Run Bagel Meal
 - Dinner Roll
 - Banana
 - Orange Smiles
 - Fresh Apple Slices
 - Fresh Whole Apple
 - Fruit Cocktail
 - Diced Pears
 - Cucumber Coins
 - Baby Carrots
 - Fresh Broccoli Florets
 - Parmesan Green Beans
 - Garbanzo Beans
 - Cherry Tomatoes
 - Milk
 - Chocolate Skim Milk
 - Skim Milk
 - Condiments
 - Dressing

13

- CH-Main Event (4 entrees)
- Fun on the Run Bagel Meal - Strawberry
 - Sunbutter Jelly Sandwich on WGR Bread
 - American style Deli Sandwich
 - Toasted Cheese Sandwich
 - Cheese Pizza
 - Pepperoni Pizza,
 - Fun on the Run Bagel Meal
 - Banana
 - Orange Smiles
 - Fresh Apple Slices
 - Unsweetened Applesauce
 - Fresh Whole Apple
 - Raisins
 - Diced Pears
 - Cucumber Coins
 - Celery Sticks
 - Baby Carrots
 - Fresh Broccoli Florets
 - Chilled Corn
 - Garbanzo Beans
 - Cherry Tomatoes
 - Milk
 - Chocolate Skim Milk
 - Skim Milk
 - Condiments
 - Dressing

16

- CH-Main Event (4 entrees)
- Fun on the Run Bagel Meal - Strawberry
 - Sunbutter Jelly Sandwich on WGR Bread
 - Cheeseburger
 - Toasted Cheese Sandwich
 - Fun on the Run Bagel Meal
 - Turkey & Cheese Sandwich on a WG Bun
 - Orange Smiles
 - Fresh Apple Slices
 - Fresh Whole Apple
 - Raisins
 - Diced Peaches
 - Cucumber Coins
 - Celery Sticks
 - Baby Carrots
 - Fresh Broccoli Florets
 - Green Peas
 - Chilled Peas
 - Garbanzo Beans
 - Cherry Tomatoes
 - Milk
 - Chocolate Skim Milk
 - Skim Milk
 - Condiments
 - Dressing

17

- CH-Main Event (4 entrees)
- Popcorn Chicken
 - Fun on the Run Bagel Meal - Strawberry
 - Sunbutter Jelly Sandwich on WGR Bread
 - Toasted Cheese Sandwich
 - Fun on the Run Bagel Meal
 - Turkey & Cheese Sandwich on a WG Bun
 - Steamed Brown Rice
 - Orange Smiles
 - Unsweetened Applesauce
 - Fresh Whole Apple
 - Diced Peaches
 - Cucumber Coins
 - Baby Carrots
 - Roasted Green Beans
 - Fresh Broccoli Florets
 - Chilled Corn
 - Green Bell Pepper Strips
 - Garbanzo Beans
 - Cherry Tomatoes
 - Milk
 - Chocolate Skim Milk
 - Skim Milk
 - Condiments
 - Dressing

18

- CH-Main Event (4 entrees)
- Fun on the Run Bagel Meal - Strawberry
 - Sunbutter Jelly Sandwich on WGR Bread
 - Toasted Cheese Sandwich
 - Fun on the Run Bagel Meal
 - Turkey & Cheese Sandwich on a WG Bun
 - Turkey Sausage Link
 - Confetti Pancake Bites
 - Orange Smiles
 - Fresh Apple Slices
 - Fresh Whole Apple
 - Raisins
 - Fruit Cocktail
 - Diced Peaches
 - Cucumber Coins
 - Celery Sticks
 - Baby Carrots
 - Fresh Broccoli Florets
 - Green Bell Pepper Strips
 - Garbanzo Beans
 - Smile Fries
 - Cherry Tomatoes
 - Milk
 - Chocolate Skim Milk
 - Skim Milk
 - Condiments
 - Dressing

19

- CH-Main Event (4 entrees)
- Fun on the Run Bagel Meal - Strawberry
 - Sunbutter Jelly Sandwich on WGR Bread
 - Toasted Cheese Sandwich
 - Fun on the Run Bagel Meal
 - Turkey & Cheese Sandwich on a WG Bun
 - Chicken Patty on a WGR Bun
 - Banana
 - Unsweetened Applesauce
 - Fresh Whole Apple
 - Raisins
 - Fruit Cocktail
 - Diced Pears
 - Cucumber Coins
 - Baby Carrots
 - Fresh Broccoli Florets
 - Steamed Corn
 - Garbanzo Beans
 - Cherry Tomatoes
 - Milk
 - Chocolate Skim Milk
 - Skim Milk
 - Condiments
 - Dressing

20

- CH-Main Event (4 entrees)
- Fun on the Run Bagel Meal - Strawberry
 - Sunbutter Jelly Sandwich on WGR Bread
 - Toasted Cheese Sandwich
 - Cheese Pizza
 - Pepperoni Pizza,
 - Fun on the Run Bagel Meal
 - Turkey & Cheese Sandwich on a WG Bun
 - Vanilla Yogurt Cup
 - Strawberry Yogurt Cup
 - Banana
 - Orange Smiles
 - Unsweetened Applesauce
 - Fresh Whole Apple
 - Diced Peaches
 - Cucumber Coins
 - Baby Carrots
 - Fresh Broccoli Florets
 - Chilled Corn
 - Garbanzo Beans
 - Cherry Tomatoes
 - Milk
 - Chocolate Skim Milk
 - Skim Milk
 - Condiments
 - Dressing

23**24****25****26****27**

- | | |
|---|---|
| <p>CH-Main Event (4 entrees)</p> <ul style="list-style-type: none"> • Fun on the Run Bagel Meal - Strawberry • Sunbutter Jelly Sandwich on WGR Bread • Toasted Cheese Sandwich • Fun on the Run Bagel Meal • Hot Dog on Whole Grain Bun • Crispy Chicken Sub • Banana • Orange Smiles • Fresh Whole Apple • Fruit Cocktail • Cucumber Coins • Baby Carrots • Fresh Broccoli Florets • Vegetarian Baked Beans • Garbanzo Beans • Cherry Tomatoes • Milk • Chocolate Skim Milk • Skim Milk • Condiments • Dressing | <p>CH-Main Event (4 entrees)</p> <ul style="list-style-type: none"> • Fun on the Run Bagel Meal - Strawberry • Sunbutter Jelly Sandwich on WGR Bread • Toasted Cheese Sandwich • Cheese Pizza • Pepperoni Pizza, • Fun on the Run Bagel Meal • Crispy Chicken Sub • Banana • Orange Smiles • Fresh Apple Slices • Fresh Whole Apple • Fruit Cocktail • Cucumber Coins • Baby Carrots • Fresh Broccoli Florets • Chilled Corn • Garbanzo Beans • Cherry Tomatoes • Milk • Chocolate Skim Milk • Skim Milk • Condiments • Dressing |
|---|---|

K-5 School Meal Prices Lunch K-5 Full Pay: \$3.00, Breakfast K-5 Full Pay: \$1.60, Breakfast & Lunch Reduced K-5: \$0.00, 8oz Milk sold a la carte: \$0.60, Fruit & Veggie Side a la carte: \$0.75, Adult Lunch Meal: \$4.75, Adult Breakfast Meal: \$2.75

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December 2024

Lunch

West Hill Elementary School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
CH-Main Event (4 entrees) • Fun on the Run Bagel Meal - Strawberry • Sunbutter Jelly Sandwich on WGR Bread • Chef Salad • BCB Philly Cheese Steak Sub • Grilled Cheese Sandwich, Calise Whole Grain Bread, GLC American Cheese • Orange Smiles • Red Seedless Grapes • Fresh Whole Apple • Raisins • Diced Peaches • Cucumber Coins • Baby Carrots • Fresh Broccoli Florets • Steamed Corn • Chilled Corn • Garbanzo Beans • Cherry Tomatoes • Milk • Chocolate Milk • 1% Milk • Condiments • Dressing	CH-Main Event (4 entrees) • Fun on the Run Bagel Meal - Strawberry • Sunbutter Jelly Sandwich on WGR Bread • Meatballs with Spaghetti Sauce • Classic Chef Salad w/ Whole Grain Dinner Rolls • Grilled Cheese Sandwich, Calise Whole Grain Bread, GLC American Cheese • Whole Wheat Penne Pasta • Dinner Roll • Orange Smiles • Diced Peaches • Red Seedless Grapes • Fresh Apple Slices • Unsweetened Applesauce • Raisins • Cucumber Coins • Baby Carrots • Roasted Green Beans • Fresh Broccoli Florets • Chilled Corn • Garbanzo Beans • Cherry Tomatoes • Milk • Chocolate Milk • 1% Milk • Condiments • Dressing	CH-Main Event (4 entrees) • Crispy Chicken Nuggets • Fun on the Run Bagel Meal - Strawberry • Sunbutter Jelly Sandwich on WGR Bread • Classic Chef Salad w/ Whole Grain Dinner Rolls • Grilled Cheese Sandwich, Calise Whole Grain Bread, GLC American Cheese • Fresh Oranges • Red Seedless Grapes • Unsweetened Applesauce • Fresh Whole Apple • Raisins • Peach Cup, • Cucumber Coins • Baby Carrots • Fresh Broccoli Florets • Chilled Corn • Roasted Broccoli • Garbanzo Beans • Cherry Tomatoes • Milk • Chocolate Milk • 1% Milk • Condiments • Dressing	CH-Main Event (4 entrees) • Fun on the Run Bagel Meal - Strawberry • Sunbutter Jelly Sandwich on WGR Bread • Chef Salad w/ WGR Dinner Rolls • Grilled Cheese Sandwich, Calise Whole Grain Bread, GLC American Cheese • Danimals Strawberry Smash Yogurt • String Cheese Stick • Confetti Pancake Bites • Orange Smiles • Fresh Apple Slices • Unsweetened Applesauce • Diced Peaches • Cucumber Coins • Baby Carrots • Chilled Corn • Fresh Broccoli Florets • Chilled Corn • Garbanzo Beans • Smile Fries • Cherry Tomatoes • Milk • Chocolate Milk • 1% Milk • Condiments • Dressing	CH-Main Event (4 entrees) • Fun on the Run Bagel Meal - Strawberry • Sunbutter Jelly Sandwich on WGR Bread • Toasted Cheese Sandwich • Cheese Pizza • Pepperoni Pizza, • Chef Salad w/ WGR Dinner Rolls • Orange Smiles • Fresh Apple Slices • Unsweetened Applesauce • Raisins • Cucumber Coins • Baby Carrots • Chilled Corn • Garbanzo Beans • Cherry Tomatoes • Milk • Chocolate Milk • 1% Milk • Condiments • Dressing
9	10	11	12	13
CH-Main Event (4 entrees) • Fun on the Run Bagel Meal - Strawberry • Sunbutter Jelly Sandwich on WGR Bread • Chicken Patty on a WGR Bun • American Combo Sub • Orange Smiles • Unsweetened Applesauce • Fresh Whole Apple • Raisins • Diced Peaches • Cucumber Coins • Baby Carrots • Chilled Corn • Roasted Broccoli • Garbanzo Beans • Cherry Tomatoes • Milk • 1% Milk • Chocolate Skim Milk • Condiments • Dressing	CH-Main Event (4 entrees) • Fun on the Run Bagel Meal - Strawberry • Sunbutter Jelly Sandwich on WGR Bread • Cheeseburger • American Combo Sub • Grilled Cheese Sandwich, Calise Whole Grain Bread, GLC American Cheese • Orange Smiles • Fresh Apple Slices • Unsweetened Applesauce • Raisins • Diced Peaches • Cucumber Coins • Baby Carrots • Steamed Corn • Chilled Corn • Garbanzo Beans • Cherry Tomatoes • Milk • Chocolate Milk • 1% Milk • Condiments • Dressing	CH-Main Event (4 entrees) • Fun on the Run Bagel Meal - Strawberry • Sunbutter Jelly Sandwich on WGR Bread • French Toast Sticks • American Combo Sub • Turkey Sausage Link • Banana • Orange Smiles • Diced Bartlett Peaches • Unsweetened Applesauce • Fresh Whole Apple • Diced Peaches • Cucumber Coins • Baby Carrots • Chilled Peas • Garbanzo Beans • Cherry Tomatoes • Milk • Chocolate Milk • 1% Milk • Condiments • Dressing	CH-Main Event (4 entrees) • Macaroni & Cheese • Fun on the Run Bagel Meal - Strawberry • Sunbutter Jelly Sandwich on WGR Bread • American Combo Sub • Grilled Cheese Sandwich, Calise Whole Grain Bread, GLC American Cheese • Banana • Orange Smiles • Fresh Apple Slices • Unsweetened Applesauce • Diced Peaches • Cucumber Coins • Baby Carrots • Fresh Broccoli Florets • Chilled Peas • Garbanzo Beans • Cherry Tomatoes • Milk • Chocolate Milk • 1% Milk • Condiments • Dressing	CH-Main Event (4 entrees) • Fun on the Run Bagel Meal - Strawberry • Sunbutter Jelly Sandwich on WGR Bread • American style Deli Sandwich • Toasted Cheese Sandwich • Cheese Pizza • Pepperoni Pizza, • Banana • Fresh Oranges • Orange Smiles • Fresh Apple Slices • Diced Peaches • Cucumber Coins • Baby Carrots • Garden Side Salad • Chilled Peas • Garbanzo Beans • Cherry Tomatoes • Milk • Chocolate Milk • 1% Milk • Condiments • Dressing

16 CH-Main Event (4 entrees) <ul style="list-style-type: none"> • Fun on the Run Bagel Meal - Strawberry • Sunbutter Jelly Sandwich on WGR Bread • Cheeseburger • Turkey & Cheese Sandwich on a WG Bun • Grilled Cheese Sandwich, Calise Whole Grain Bread, GLC American Cheese • Orange Smiles • Unsweetened Applesauce • Fresh Whole Apple • Raisins • Diced Peaches • Cucumber Coins • Baby Carrots • Fresh Broccoli Florets • Chilled Corn • Green Peas • Garbanzo Beans • Cherry Tomatoes • Milk • Chocolate Milk • 1% Milk • Condiments • Dressing 	17 CH-Main Event (4 entrees) <ul style="list-style-type: none"> • Popcorn Chicken • Fun on the Run Bagel Meal - Strawberry • Sunbutter Jelly Sandwich on WGR Bread • Turkey & Cheese Sandwich on a WG Bun • Grilled Cheese Sandwich, Calise Whole Grain Bread, GLC American Cheese • Steamed Brown Rice • Fresh Oranges • Green Seedless Grapes • Fresh Whole Apple • Raisins • Diced Peaches • Cucumber Coins • Baby Carrots • Chilled Corn • Garbanzo Beans • Cherry Tomatoes • Milk • Chocolate Skim Milk • Skim Milk • Condiments • Dressing 	18 CH-Main Event (4 entrees) <ul style="list-style-type: none"> • Fun on the Run Bagel Meal - Strawberry • Sunbutter Jelly Sandwich on WGR Bread • Turkey Ham Cheese Sandwich on a WGR Bun • Grilled Cheese Sandwich, Calise Whole Grain Bread, GLC American Cheese • Turkey Sausage Link • Orange Smiles • Green Seedless Grapes • Fresh Apple Slices • Unsweetened Applesauce • Raisins • Diced Peaches • Cucumber Coins • Baby Carrots • Chilled Corn • Garbanzo Beans • Smile Fries • Cherry Tomatoes • Milk • Chocolate Skim Milk • Skim Milk • Condiments • Dressing 	19 CH-Main Event (4 entrees) <ul style="list-style-type: none"> • Fun on the Run Bagel Meal - Strawberry • Sunbutter Jelly Sandwich on WGR Bread • Turkey & Cheese Sandwich on a WG Bun • Chicken Patty Sandwich • Grilled Cheese Sandwich, Calise Whole Grain Bread, GLC American Cheese • Orange Smiles • Fresh Apple Slices • Unsweetened Applesauce • Fresh Whole Apple • Raisins • Diced Peaches • Cucumber Coins • Baby Carrots • Chilled Corn • Garbanzo Beans • Cherry Tomatoes • Milk • Chocolate Skim Milk • Skim Milk • Condiments • Dressing 	20 CH-Main Event (4 entrees) <ul style="list-style-type: none"> • Fun on the Run Bagel Meal - Strawberry • Sunbutter Jelly Sandwich on WGR Bread • Toasted Cheese Sandwich • Cheese Pizza • Pepperoni Pizza, • Turkey & Cheese Sandwich on a WG Bun • Orange Smiles • Unsweetened Applesauce • Raisins • Diced Peaches • Cucumber Coins • Baby Carrots • Chilled Corn • Garden Side Salad • Chilled Peas • Garbanzo Beans • Milk • Chocolate Skim Milk • Skim Milk • Condiments • Dressing
23	24	25	26	27
30	31	1	2	3
			CH-Main Event (4 entrees) <ul style="list-style-type: none"> • Fun on the Run Bagel Meal - Strawberry • Sunbutter Jelly Sandwich on WGR Bread • American Combo Sub • Orange Smiles • Unsweetened Applesauce • Diced Pears • Cucumber Coins • Baby Carrots • Fresh Broccoli Florets • Chilled Corn • Garbanzo Beans • Cherry Tomatoes • Milk • Chocolate Milk • 1% Milk • Condiments • Dressing 	CH-Main Event (4 entrees) <ul style="list-style-type: none"> • Fun on the Run Bagel Meal - Strawberry • Sunbutter Jelly Sandwich on WGR Bread • Cheese Pizza • Pepperoni Pizza, • Crispy Chicken Salad • Grilled Cheese Sandwich, Calise Whole Grain Bread, GLC American Cheese • Orange Smiles • Fresh Apple Slices • Fresh Whole Apple • Diced Pears • Cucumber Coins • Baby Carrots • Chilled Corn • Garden Side Salad • Garbanzo Beans • Cherry Tomatoes • Milk • Chocolate Milk • 1% Milk • Condiments • Dressing

K-5 School Meal Prices Lunch K-5 Full Pay: \$3.00, Breakfast K-5 Full Pay: \$1.60, Breakfast & Lunch Reduced K-5: \$0.00, 8oz Milk sold a la carte: \$0.60, Fruit & Veggie Side a la carte: \$0.75, Adult Lunch Meal: \$4.75, Adult Breakfast Meal: \$2.75

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