Exhibit F Current Menus



Breakfast

Rocky Hill High School

MONDAY **TUESDAY** WEDNESDAY **THURSDAY FRIDAY** 5 2 3 4 6 B-Café Classics **B-Café Classics B-Café Classics B-Café Classics B-Café Classics** Breakfast Bagel Sandwich Banana Ultra Bread Slice Bacon, Egg and Cheese Breakfast Sandwich Breakfast Sandwich Breakfast Sandwich Breakfast Sandwich Breakfast Sandwich Mozzarella String Cheese Stick Stick Stick Stick Cheerios Cheerios Cheerios Cheerios Stick Cinnamon Toast Crunch Cinnamon Toast Crunch Cinnamon Toast Crunch Cinnamon Toast Crunch Cheerios Cereal Cereal Cereal Cereal Cinnamon Toast Crunch Breakfast Bars Breakfast Bars Breakfast Bars Breakfast Bars Cereal Cinnamon Giant Goldfish Cinnamon Giant Goldfish Cinnamon Giant Goldfish Cinnamon Giant Goldfish **Breakfast Bars** Grahams Grahams Grahams Grahams Cinnamon UBR Assorted Muffins Assorted Muffins Cinnamon Giant Goldfish Assorted Muffins Assorted Muffins Fresh Oranges Fresh Oranges Fresh Oranges Fresh Oranges Grahams Unsweetened Applesauce Fresh Apple Slices Unsweetened Applesauce Unsweetened Applesauce Pumpkin Bread Fresh Whole Apple Peach Cup, Diced Peaches Fresh Whole Apple Unsweetened Applesauce Fresh Whole Apple Assorted Muffins Peach Cup, Fresh Whole Apple Peach Cup, Diced Peaches Fresh Oranges **Diced Peaches** Peach Cup, Unsweetened Applesauce **Diced Pears** Diced Peaches **Diced Pears Diced Pears** Fresh Whole Apple Diced Pears Diced Strawberries Peach Cup, Diced Peaches **Diced Strawberries Diced Strawberries** Orange Tangerine Juice Diced Strawberries Orange Tangerine Juice Orange Tangerine Juice Apple Juice Apple Juice Diced Pears Orange Tangerine Juice Apple Juice 1% Milk Apple Juice 1% Milk Diced Strawberries Chocolate Skim Milk 1% Milk Chocolate Skim Milk Chocolate Skim Milk Orange Tangerine Juice Chocolate Skim Milk Apple Juice 1% Milk Chocolate Skim Milk 9 10 11 12 13 B-Café Classics B-Café Classics **B-Café Classics B-Café Classics B-Café Classics** Blueberry Patch Parfait Strawberry Fields Parfait Just Peachy Parfait Breakfast Bagel Sandwich Breakfast Bagel Sandwich Blueberry Patch Parfait Breakfast Bagel Sandwich Bacon, Egg and Cheese Breakfast Sandwich Strawberry Fields Parfait Just Peachy Parfait Bacon, Egg and Cheese Breakfast Sandwich Bacon, Egg and Cheese Breakfast Sandwich Mozzarella String Cheese Mozzarella String Cheese Breakfast Bagel Sandwich Breakfast Bagel Sandwich Mozzarella String Cheese Breakfast Bagel Sandwich Bacon, Egg and Cheese Stick Stick Breakfast Bagel Sandwich Stick Cheerios Cheerios Banana Ultra Bread Slice Cheerios Bacon, Egg and Cheese Breakfast Sandwich Cinnamon Toast Crunch Cinnamon Toast Crunch Breakfast Sandwich Cinnamon Toast Crunch Cereal Mozzarella String Cheese Cereal Cereal

- **Breakfast Bars**
- Cinnamon Giant Goldfish Grahams
- Assorted Muffins
- Fresh Oranges
- Unsweetened Applesauce
- Fresh Whole Apple
- Peach Cup, Diced Peaches
- **Diced Pears**
- Diced Strawberries
- Orange Tangerine Juice
- Apple Juice
- 1% Milk
- Chocolate Skim Milk

- Breakfast Bars
- Cinnamon Giant Goldfish Grahams
- Assorted Muffins
- Fresh Oranges
- Unsweetened Applesauce
- Fresh Whole Apple Peach Cup,
- **Diced Peaches**
- Diced Pears
- Diced Strawberries
- Orange Tangerine Juice
- Apple Juice
- Chocolate Skim Milk

- Stick
- Cheerios Cinnamon Toast Crunch
- Cereal
- **Breakfast Bars**
- Cinnamon Giant Goldfish
- Grahams
- Cinnamon Chex
- Assorted Muffins
- WG Cinnamon Roll
- Banana
- Fresh Oranges
- Fresh Apple Slices
- Unsweetened Applesauce
- Fresh Whole Apple
- Cherry Flavored Craisins
- Raisins
- Peach Cup,
- **Diced Peaches**
- **Diced Pears**
- **Diced Strawberries**
- Orange Tangerine Juice
- Apple Juice
- 1% Milk
- Chocolate Skim Milk

- Mozzarella String Cheese Stick
- Cheerios
- Cinnamon Toast Crunch Cereal
- Breakfast Bars
- Cinnamon Giant Goldfish Grahams
- Cinnamon Chex
- Pumpkin Bread
- Wild Berry Bread Assorted Muffins
- Banana
- Fresh Oranges
- Unsweetened Applesauce
- Fresh Whole Apple
- Cherry Flavored Craisins
- Raisins
- Peach Cup,
- **Diced Peaches**
- **Diced Pears**
- **Diced Strawberries**
- Orange Tangerine Juice Apple Juice
- 1% Milk F--- Old-- Mill.

- **Breakfast Bars**
- Cinnamon Giant Goldfish Grahams
- Assorted Muffins
- Banana
- Fresh Oranges
- Fresh Whole Apple
- Cherry Flavored Craisins
- Raisins
- **Diced Peaches**
- Diced Pears
- Orange Tangerine Juice
- Apple Juice
- 1% Milk
- Chocolate Skim Milk
- Skim Milk

16 19 20 17 18 **B-Café Classics B-Café Classics B-Café Classics B-Café Classics** B-Café Classics Strawberry Fields Parfait Breakfast Bagel Sandwich Strawberry Fields Parfait Breakfast Bagel Sandwich Breakfast Bagel Sandwich Breakfast Bagel Sandwich Bacon, Egg and Cheese Breakfast Sandwich Breakfast Bagel Sandwich Mozzarella String Cheese Just Peachy Parfait Bacon, Egg and Cheese Bacon, Egg and Cheese Stick Breakfast Bagel Sandwich Breakfast Sandwich Breakfast Sandwich Cheerios Bacon, Egg and Cheese Mozzarella String Cheese Breakfast Sandwich Mozzarella String Cheese Mozzarella String Cheese Cinnamon Toast Crunch Stick Stick Stick Cheerios Cereal Mozzarella String Cheese Trix Cereal reduced sugar Stick Cinnamon Toast Crunch Cheerios Cheerios Cinnamon Toast Crunch Cinnamon Toast Crunch Cheerios Breakfast Bars Cereal Cinnamon Toast Crunch Cinnamon Giant Goldfish Breakfast Bars Cereal Cereal Cinnamon Giant Goldfish **Breakfast Bars Breakfast Bars** Grahams Cereal Cinnamon Giant Goldfish Cinnamon UBR Cinnamon Chex Grahams Trix Cereal reduced sugar Assorted Muffins **Breakfast Bars** Cinnamon Chex Grahams Cinnamon Giant Goldfish Fresh Oranges Cinnamon Giant Goldfish Assorted Muffins Assorted Muffins Grahams Cinnamon Chex Fresh Whole Apple Grahams Fresh Oranges Banana Fresh Oranges Assorted Muffins Diced Peaches Assorted Muffins Unsweetened Applesauce Fresh Whole Apple Unsweetened Applesauce WG Cinnamon Roll **Diced Pears** Fresh Oranges Unsweetened Applesauce Fresh Whole Apple Cherry Flavored Craisins Banana Orange Tangerine Juice Diced Peaches Fresh Oranges Diced Peaches Unsweetened Applesauce Apple Juice 1% Milk Fresh Whole Apple **Diced Pears Diced Pears** Fresh Whole Apple Orange Tangerine Juice Diced Peaches Chocolate Skim Milk Diced Peaches Orange Tangerine Juice **Diced Pears** Skim Milk **Diced Pears** Apple Juice Apple Juice Apple Juice Cup 1% Milk 1% Milk Orange Tangerine Juice Chocolate Skim Milk Lactose Free Skim Milk Apple Juice Orange Tangerine Juice Apple Juice Skim Milk Chocolate Skim Milk 1% Milk 1% Milk Skim Milk Chocolate Skim Milk Lactose Free Skim Milk Chocolate Skim Milk Skim Milk

| 23 | 24 | 25 | 26 | 27 |
|----|----|----|--|--|
| 30 | 31 | 1 | B-Café Classics Breakfast Bagel Sandwich Bacon, Egg and Cheese Breakfast Sandwich Mozzarella String Cheese Stick Cheerios Cinnamon Toast Crunch Cereal Breakfast Bars Cinnamon Giant Goldfish Grahams Assorted Muffins Fresh Oranges Unsweetened Applesauce Fresh Whole Apple Diced Peaches Diced Pears Diced Strawberries Orange Tangerine Juice Apple Juice 11% Milk Chocolate Skim Milk | B-Café Classics Strawberry Fields Parfait Breakfast Bagel Sandwich Bacon, Egg and Cheese Breakfast Sandwich Mozzarella String Cheese Stick Cheerios Cinnamon Toast Crunch Cereal Breakfast Bars Cinnamon Giant Goldfish Grahams Assorted Muffins WG Cinnamon Roll Fresh Oranges Fresh Apple Slices Unsweetened Applesauce Fresh Whole Apple Diced Peaches Diced Pears Diced Strawberries Orange Tangerine Juice Apple Juice 1 % Milk Chocolate Skim Milk |

School Year 2024 - 2025 Meal Prices Breakfast Meal Prices Full: \$1.60 or 2.60 - Reduced: \$0.00 Adult Breakfast Prices Regular \$2.75 or Premium \$3.25 Lunch Meal Prices Full: \$3.25 - Reduced: \$0.00 A La Carte Additional Entree: \$2.75 8 oz. Milk: \$0.60 Fruit or Vegetable Side: \$0.75 Adult Meal: \$4.75 Make Checks Payable to: Rocky Hill Public School Lunch You may also pay online at Mypaymentsplus.com

Menus are subject to change.





· Skim Milk



December 2024

Breakfast

Griswold Middle School

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|--|---|--|
| B-Café Classics Cheerios Cinnamon Toast Crunch Cereal Mini Cinnis Cinnamon Giant Goldfish Grahams Soft Wheat Bagel Fresh Oranges Unsweetened Applesauce Orange Tangerine Juice 1% Milk Chocolate Skim Milk | B-Café Classics Cheerios Cinnamon Giant Goldfish Grahams Cinnamon Chex Soft Wheat Bagel Chocolate Chip Muffin Fresh Whole Apple Raisins Orange Tangerine Juice 1% Milk Chocolate Skim Milk | B-Café Classics | B-Café Classics | B-Café Classics Chicken Biscuit Sandwich Cheerios Cinnamon Toast Crunch Cereal Cinnamon Giant Goldfish Grahams Soft Wheat Bagel Banana Unsweetened Applesauce Orange Tangerine Juice 1% Milk Chocolate Skim Milk |
| B-Café Classics Cheerios Cinnamon Toast Crunch Cereal Cinnamon Giant Goldfish Grahams Soft Wheat Bagel Chocolate Chip Muffin Fresh Oranges Unsweetened Applesauce Orange Tangerine Juice 1% Milk Chocolate Skim Milk | B-Café Classics Cheerios Cinnamon Rush Mini French Toasts Cinnamon Giant Goldfish Grahams Cinnamon Chex Soft Wheat Bagel Unsweetened Applesauce Raisins Orange Tangerine Juice 1% Milk Chocolate Skim Milk | B-Café Classics Cheerios Cinnamon Toast Crunch Cereal Cinnamon Giant Goldfish Grahams Soft Wheat Bagel WG Cinnamon Roll Fresh Oranges Unsweetened Applesauce Orange Tangerine Juice 1% Milk Chocolate Skim Milk | B-Café Classics Cheerios Cinnamon Giant Goldfish Grahams Cinnamon Chex Soft Wheat Bagel Pumpkin Bread WG Cinnamon Roll Banana Fresh Whole Apple Orange Tangerine Juice 1% Milk Chocolate Skim Milk | B-Café Classics Cheerios Cinnamon Toast Crunch Cereal Cinnamon Giant Goldfish Grahams Soft Wheat Bagel Buttery Maple Waffle Banana Raisins Orange Tangerine Juice 1% Milk Chocolate Skim Milk |
| B-Café Classics Cheerios Cinnamon Toast Crunch Cereal Apple Frudel Stick Cinnamon Giant Goldfish Grahams Soft Wheat Bagel Fresh Oranges Unsweetened Applesauce Orange Tangerine Juice 1% Milk Chocolate Skim Milk | B-Café Classics Chicken Biscuit Sandwich Cheerios Cinnamon Giant Goldfish Grahams Cinnamon Chex Soft Wheat Bagel Fresh Apple Slices Raisins Orange Tangerine Juice 1% Milk Chocolate Skim Milk | B-Café Classics Cheerios Cinnamon Toast Crunch Cereal Cinnamon Giant Goldfish Grahams Soft Wheat Bagel Chocolate Chip Muffin Fresh Oranges Unsweetened Applesauce Orange Tangerine Juice 1% Milk Chocolate Skim Milk | B-Café Classics Cheerios Oatmeal Chocolate Chip BeneFIT Bar Cinnamon Giant Goldfish Grahams Cinnamon Chex Soft Wheat Bagel Banana Fresh Whole Apple Orange Tangerine Juice 1 % Milk Chocolate Skim Milk | B-Café Classics Cheerios Cinnamon Toast Crunch Cereal Soft Wheat Bagel Cinnamon Giant Goldfish Grahams WG Cinnamon Roll Banana Raisins Orange Tangerine Juice 1% Milk Chocolate Skim Milk |

| 30 | 31 | 1 | 2 | 3 |
|----|----|---|--|-----------------|
| | | | B-Café Classics Cheerios Cinnamon Rush Mini French Toasts Cinnamon Giant Goldfish Grahams Cinnamon Chex Soft Wheat Bagel Banana Fresh Oranges Orange Tangerine Juice 1% Milk Chocolate Skim Milk | B-Café Classics |

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Breakfast

Moser School

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|--|---|---|
| B-Café Classics Cheerios Cinnamon Toast Crunch Cereal Mini Cinnis Cinnamon Giant Goldfish Grahams Soft Wheat Bagel Fresh Oranges Unsweetened Applesauce Orange Tangerine Juice Milk Skim Milk | B-Café Classics Cheerios Cinnamon Giant Goldfish Grahams Cinnamon Chex Soft Wheat Bagel Fresh Apple Slices Raisins Orange Tangerine Juice Milk Skim Milk | B-Café Classics Cheerios Cinnamon Toast Crunch Cereal Blueberry Muffin Cinnamon Giant Goldfish Grahams Soft Wheat Bagel Fresh Oranges Unsweetened Applesauce Orange Tangerine Juice Milk Skim Milk | B-Café Classics Cheerios Cinnamon Giant Goldfish Grahams Cinnamon Chex Soft Wheat Bagel Chocolate Chip Muffin Banana Fresh Whole Apple Orange Tangerine Juice Milk Skim Milk | B-Café Classics Cheerios Cinnamon Toast Crunch Cereal Cinnamon Giant Goldfish Grahams Cinnamon Chex Soft Wheat Bagel Chocolate Chip Muffin Banana Raisins Orange Tangerine Juice Milk Skim Milk |
| B-Café Classics Cheerios Cinnamon Toast Crunch Cereal Cinnamon Giant Goldfish Grahams Soft Wheat Bagel Chocolate Chip Muffin Fresh Oranges Unsweetened Applesauce Orange Tangerine Juice Milk Skim Milk | B-Café Classics Cheerios French Toast Bites Cinnamon Giant Goldfish Grahams Cinnamon Chex Soft Wheat Bagel Fresh Apple Slices Raisins Orange Tangerine Juice Milk Skim Milk | B-Café Classics | B-Café Classics Cheerios Cinnamon Giant Goldfish Grahams Cinnamon Chex Soft Wheat Bagel Pumpkin Bread Banana Fresh Whole Apple Orange Tangerine Juice Milk Skim Milk | B-Café Classics Cheerios Cinnamon Toast Crunch Cereal Cinnamon Giant Goldfish Grahams Soft Wheat Bagel Buttery Maple Waffle Banana Raisins Orange Tangerine Juice Milk Skim Milk |
| B-Café Classics Cheerios Cinnamon Toast Crunch Cereal Apple Cinnamon Muffin Cinnamon Giant Goldfish Grahams Soft Wheat Bagel Fresh Oranges Unsweetened Applesauce Orange Tangerine Juice Milk Skim Milk | B-Café Classics Cheerios Cinnamon Giant Goldfish Grahams Cinnamon Chex Soft Wheat Bagel Mini Trix French Toast Raisins Orange Tangerine Juice Milk Skim Milk | B-Café Classics | B-Café Classics Cheerios Cheerios Catmeal Chocolate Chip BeneFIT Bar Cinnamon Giant Goldfish Grahams Cinnamon Chex Soft Wheat Bagel Fresh Whole Apple Raisins Orange Tangerine Juice Milk Skim Milk | B-Café Classics Cheerios Cinnamon Toast Crunch Cereal Cinnamon Giant Goldfish Grahams Soft Wheat Bagel WG Cinnamon Roll Unsweetened Applesauce Raisins Orange Tangerine Juice Milk Skim Milk |

23 24 25 26 27

| 30 | 31 | 1 | 2 | 3 |
|----|----|---|-----------------|--|
| | | | B-Café Classics | B-Café Classics Cheerios Cinnamon Toast Crunch Cereal Cinnamon Giant Goldfish Grahams Soft Wheat Bagel WG Cinnamon Roll Unsweetened Applesauce Raisins Orange Tangerine Juice Milk Skim Milk |

K-5 School Meal Prices Lunch K-5 Full Pay: \$3.00, Breakfast K-5 Full Pay: \$1.60, Breakfast & Lunch Reduced K-5: \$0.00, 8oz Milk sold a la carte: \$0.60, Fruit & Veggie Side a la carte: \$0.75, Adult Lunch Meal: \$4.75, Adult Breakfast Meal: \$2.75

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Breakfast

| | | | Stevens | Elementary School |
|---|--|---|---|--|
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| B-Café Classics Cheerios Cinnamon Toast Crunch Cereal Mini Cinnis Cinnamon Giant Goldfish Grahams Orange Smiles Unsweetened Applesauce Orange Tangerine Juice 1 % Milk Skim Milk | B-Café Classics Cheerios Cinnamon Giant Goldfish Grahams Cinnamon Chex Chocolate Chip Muffin Fresh Apple Slices Raisins Orange Tangerine Juice 1% Milk Skim Milk | 4 | 5 | 6 |
| B-Café Classics Cheerios Cinnamon Toast Crunch Cereal Cinnamon Giant Goldfish Grahams Chocolate Chip Muffin Orange Smiles Unsweetened Applesauce Orange Tangerine Juice 1% Milk Skim Milk | B-Café Classics Cheerios French Toast Bites Cinnamon Giant Goldfish Grahams Cinnamon Chex Fresh Apple Slices Raisins Orange Tangerine Juice 1% Milk Skim Milk | B-Café Classics Cheerios Cinnamon Toast Crunch Cereal Cinnamon Giant Goldfish Grahams WG Cinnamon Roll Orange Smiles Unsweetened Applesauce Orange Tangerine Juice 1% Milk Skim Milk | B-Café Classics Cheerios Cinnamon Giant Goldfish Grahams Cinnamon Chex Pumpkin Bread WG Cinnamon Roll Banana Fresh Whole Apple Orange Tangerine Juice 1% Milk Skim Milk | B-Café Classics Cheerios Cinnamon Toast Crunch Cereal Cinnamon Giant Goldfish Grahams Pumpkin Bread Buttery Maple Waffle Banana Raisins Orange Tangerine Juice 1% Milk Skim Milk |
| B-Café Classics | B-Café Classics Cheerios Cinnamon Giant Goldfish Grahams Cinnamon Chex Chocolate Chip Muffin Fresh Apple Slices Raisins Orange Tangerine Juice 1% Milk Skim Milk | B-Café Classics Strawberry Fields Parfait Cheerios Cinnamon Toast Crunch Cereal Cinnamon Giant Goldfish Grahams Orange Smiles Unsweetened Applesauce Orange Tangerine Juice 1% Milk Skim Milk | B-Café Classics Cheerios Banana Chocolate Chunk BeneFIT Bar Cinnamon Giant Goldfish Grahams Cinnamon Chex Banana Fresh Whole Apple Orange Tangerine Juice 1% Milk Skim Milk | B-Café Classics Cheerios Cinnamon Toast Crunch Cereal Cinnamon Giant Goldfish Grahams WG Cinnamon Roll Banana Raisins Orange Tangerine Juice 1% Milk Skim Milk |
| 30 | 31 | 1 | B-Café Classics Cheerios Cinnamon Rush Mini French Toasts Cinnamon Giant Goldfish Grahams Cinnamon Chex Banana Fresh Whole Apple Raisins Orange Tangerine Juice 1% Milk Skim Milk | B-Café Classics Cheerios Cinnamon Toast Crunch Cereal Cinnamon Giant Goldfish Grahams WG Cinnamon Roll Banana Raisins Orange Tangerine Juice 1% Milk Skim Milk |

K-5 School Meal Prices Lunch K-5 Full Pay: \$3.00, Breakfast K-5 Full Pay: \$1.60, Breakfast & Lunch Reduced K-5: \$0.00, 8oz Milk sold a la carte: \$0.60, Fruit & Veggie Side a la carte: \$0.75, Adult Lunch Meal: \$4.75, Adult Breakfast Meal: \$2.75

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West Hill Elementary School

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|-----------------|--|---|--|
| B-Café Classics Cheerios Mini Cinnis Cinnamon Giant Goldfish Grahams Cinnamon Chex Fresh Whole Apple Raisins Orange Tangerine Juice Milk Skim Milk | B-Café Classics | B-Café Classics Banana Ultra Bread Slice Cheerios Cinnamon Giant Goldfish Grahams Cinnamon Chex Fresh Apple Slices Raisins Orange Tangerine Juice Milk Skim Milk | B-Café Classics | B-Café Classics Cheerios Cinnamon Toast Crunch Cereal Cinnamon Giant Goldfish Grahams Chocolate Chip Muffin Banana Raisins Orange Tangerine Juice Milk Skim Milk |
| B-Café Classics Cheerios Cinnamon Toast Crunch Cereal Apple Frudel Stick Cinnamon Giant Goldfish Grahams Orange Smiles Raisins Orange Tangerine Juice Milk Skim Milk | B-Café Classics | B-Café Classics | B-Café Classics Cheerios Banana Chocolate Chunk BeneFIT Bar Cinnamon Giant Goldfish Grahams Cinnamon Chex Banana Raisins Orange Tangerine Juice Milk Skim Milk | B-Café Classics Cheerios Cinnamon Toast Crunch Cereal Cinnamon Giant Goldfish Grahams WG Cinnamon Roll Banana Raisins Orange Tangerine Juice Milk Skim Milk |
| B-Café Classics | B-Café Classics | B-Café Classics Banana Ultra Bread Slice Cheerios Cinnamon Giant Goldfish Grahams Cinnamon Chex Fresh Apple Slices Raisins Orange Tangerine Juice Milk 1% Milk | B-Café Classics Banana Ultra Bread Slice Cheerios Banana Chocolate Chunk BeneFIT Bar Cinnamon Giant Goldfish Grahams Cinnamon Chex Fresh Apple Slices Raisins Orange Tangerine Juice Milk 1% Milk | B-Café Classics Cheerios Cinnamon Toast Crunch Cereal Cinnamon Giant Goldfish Grahams Chocolate Chip Muffin Unsweetened Applesauce Raisins Orange Tangerine Juice Milk 1% Milk |
| 30 | 31 | 1 | B-Café Classics | B-Café Classics Cheerios Cinnamon Toast Crunch Cereal Cinnamon Giant Goldfish Grahams Chocolate Chip Muffin Unsweetened Applesauce Raisins Orange Tangerine Juice Milk 1% Milk |

K-5 School Meal Prices Lunch K-5 Full Pay: \$3.00, Breakfast K-5 Full Pay: \$1.60, Breakfast & Lunch Reduced K-5: \$0.00, 8oz Milk sold a la carte: \$0.60, Fruit & Veggie Side a la carte: \$0.75, Adult Lunch Meal: \$4.75, Adult Breakfast Meal: \$2.75

West Hill Elementary School

MONDAY WEDNESDAY **THURSDAY FRIDAY TUESDAY** 2 5 6 3 4 CH-Main Event (4 entrees) Fun on the Run Bagel Meal -Fun on the Run Bagel Meal -Fun on the Run Bagel Meal Crispy Chicken Nuggets Fun on the Run Bagel Meal Strawberry Strawberry Strawberry Fun on the Run Bagel Meal Strawberry Sunbutter Jelly Sandwich on Sunbutter Jelly Sandwich on . Sunbutter Jelly Sandwich on Sunbutter Jelly Sandwich on Strawberry Sunbutter Jelly Sandwich on WGR Bread WGR Bread WGR Bread WGR Bread Chef Salad w/ WGR Dinner Toasted Cheese Sandwich Chef Salad Meatballs with Spaghetti WGR Bread **BCB Philly Cheese Steak** Classic Chef Salad w/ Whole Cheese Pizza Sub Classic Chef Salad w/ Whole Grain Dinner Rolls Grilled Cheese Sandwich. Pepperoni Pizza. Grain Dinner Rolls Calise Whole Grain Bread. Chef Salad w/ WGR Dinner Grilled Cheese Sandwich, Grilled Cheese Sandwich. Calise Whole Grain Bread, Grilled Cheese Sandwich. Calise Whole Grain Bread. GLC American Cheese Rolls Danimals Strawberry Smash GLC American Cheese Calise Whole Grain Bread, Orange Smiles GLC American Cheese Orange Smiles GLC American Cheese Fresh Oranges Fresh Apple Slices String Cheese Stick Confetti Pancake Bites Red Seedless Grapes Whole Wheat Penne Pasta Red Seedless Grapes Unsweetened Applesauce Fresh Whole Apple Dinner Roll Unsweetened Applesauce Raisins Orange Smiles Fresh Whole Apple Raisins Orange Smiles Cucumber Coins Diced Peaches Fresh Apple Slices **Diced Pears Baby Carrots** Raisins **Cucumber Coins** Red Seedless Grapes Peach Cup. Unsweetened Applesauce Chilled Corn Diced Peaches **Baby Carrots** Fresh Apple Slices Cucumber Coins Garbanzo Beans Fresh Broccoli Florets Unsweetened Applesauce **Baby Carrots Cucumber Coins** Cherry Tomatoes Fresh Broccoli Florets Steamed Corn Raisins **Baby Carrots** Milk **Cucumber Coins** Fresh Broccoli Florets Chilled Corn Chilled Corn Chocolate Milk **Baby Carrots** Roasted Broccoli Chilled Corn 1% Milk Garbanzo Beans **Cherry Tomatoes** Roasted Green Beans Garbanzo Beans Condiments Garbanzo Beans Cherry Tomatoes Fresh Broccoli Florets Smile Fries Dressing Cherry Tomatoes Chocolate Milk Chilled Corn Milk Garbanzo Beans Chocolate Milk 1% Milk Milk Cherry Tomatoes Condiments 1% Milk Chocolate Milk Condiments 1% Milk Dressing Chocolate Milk Condiments Dressing 1% Milk Dressing Condiments

9

CH-Main Event (4 entrees)

Fun on the Run Bagel Meal -Strawberry

Sunbutter Jelly Sandwich on . WGR Bread

Chicken Patty on a WGR Bun •

American Combo Sub

Orange Smiles

Unsweetened Applesauce

Fresh Whole Apple

Raisins

Diced Pears

Cucumber Coins

Baby Carrots Chilled Corn

Roasted Broccoli

Garbanzo Beans

Cherry Tomatoes

1% Milk

Chocolate Skim Milk

Condiments

Dressing

CH-Main Event (4 entrees)

Fun on the Run Bagel Meal -

Strawberry Sunbutter Jelly Sandwich on .

WGR Bread

Cheeseburger

Dressing

10

American Combo Sub

Grilled Cheese Sandwich, Calise Whole Grain Bread.

GLC American Cheese

Orange Smiles

Fresh Apple Slices

Unsweetened Applesauce

Diced Pears

Cucumber Coins

Baby Carrots

Steamed Corn

Chilled Corn

Garbanzo Beans **Cherry Tomatoes**

Milk

Chocolate Milk

1% Milk

Condiments

Dressing

11

CH-Main Event (4 entrees) Fun on the Run Bagel Meal

Strawberry Sunbutter Jelly Sandwich on

WGR Bread French Toast Sticks

American Combo Sub

Turkey Sausage Link

Banana

Orange Smiles

Diced Bartlett Pears

Unsweetened Applesauce

Fresh Whole Apple

Diced Pears

Cucumber Coins

Baby Carrots

Chilled Peas

Garbanzo Beans **Cherry Tomatoes**

Milk

Chocolate Milk

1% Milk

Condiments Dressing

Diced Pears Cucumber Coins

Orange Smiles

Fresh Apple Slices

Baby Carrots

Banana

Fresh Broccoli Florets

Chilled Peas

Garbanzo Beans

Cherry Tomatoes

Milk

12

CH-Main Event (4 entrees)

American Combo Sub

Grilled Cheese Sandwich,

GLC American Cheese

Calise Whole Grain Bread.

Unsweetened Applesauce

Fun on the Run Bagel Meal -

Sunbutter Jelly Sandwich on

Macaroni & Cheese

Strawberry

WGR Bread

Chocolate Milk

1% Milk

Condiments

Dressing

13

CH-Main Event (4 entrees)

Fun on the Run Bagel Meal -Strawberry

Sunbutter Jelly Sandwich on

WGR Bread

American style Deli Sandwich

Toasted Cheese Sandwich

Cheese Pizza

Pepperoni Pizza.

Banana

Fresh Oranges

Orange Smiles

Fresh Apple Slices

Diced Pears

Cucumber Coins

Baby Carrots

Garden Side Salad

Chilled Peas

Garbanzo Beans

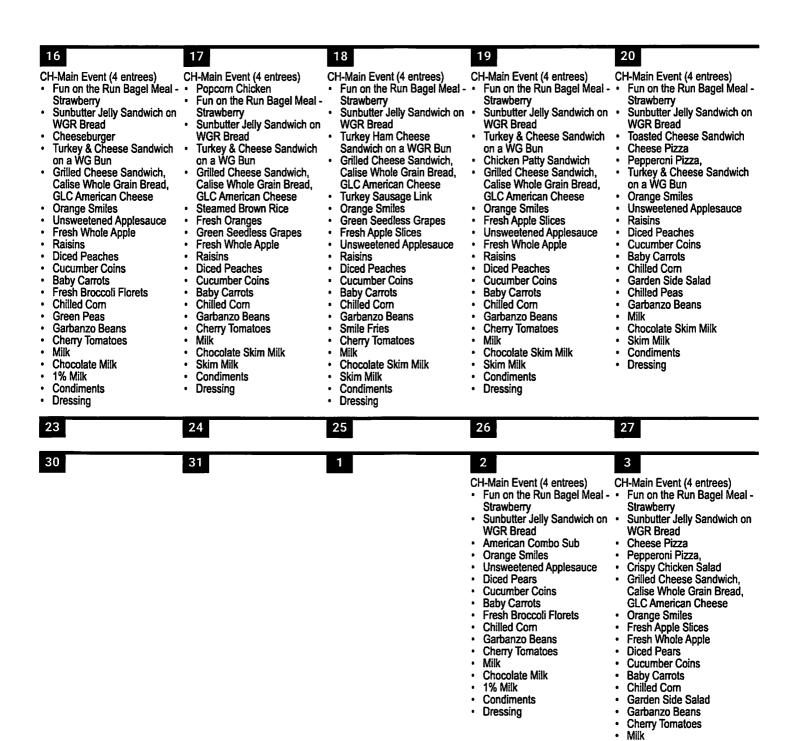
Cherry Tomatoes

Milk

Chocolate Milk

1% Milk Condiments

Dressing



K-5 School Meal Prices Lunch K-5 Full Pay: \$3.00, Breakfast K-5 Full Pay: \$1.60, Breakfast & Lunch Reduced K-5: \$0.00, 8oz Milk sold a la carte: \$0.60, Fruit & Veggie Side a la carte: \$0.75, Adult Lunch Meal: \$4.75, Adult Breakfast Meal: \$2.75

Chocolate Milk 1% Milk Condiments Dressing

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Spaghetti Sauce

Cheese Pizza

Pepperoni Pizza

Margherita Pizza

December 2024

Rocky Hill High School

THURSDAY MONDAY TUESDAY WEDNESDAY FRIDAY 2 3 4 5 6 T4-Adventure (Strutters)

• Vegetarian Chick'n Nugget T4-Adventure (Strutters) T4-Mexico/Fiesta/Nacho T4-Adventure (Strutters) T4-Mexico/Fiesta/Nacho **Boneless Wings** Cheddar Cheese Sauce Cheddar Cheese Sauce Popcom Chicken Fajita Chicken Vegetarian Chick'n Nugget Shredded Cheddar Cheese Faiita Chicken Classic Soft Pretzel Beef Taco Filling **Beef Taco Filling** Spiral Fries **Baked Biscuit** Fajita Chicken -Mexico/Fiesta/Nacho Cheddar Cheese Sauce Tortilla Chips Chilled Corn Flour Tortilla **Tortilla Chips** Vegetarian Refried Beans Mixed Salad Greens Whipped Potatoes Vegetarian Refried Beans Roasted Peppers and Onions • Fajita Chicken Mixed Salad Greens -Mexico/Fiesta/Nacho Blend T4-Adventure (Strutters)

Popcorn Chicken T4-Adventure (Strutters) Cheddar Cheese Sauce T4-Mexico/Fiesta/Nacho Beef Taco Filling Cheddar Cheese Sauce Tortilla Chips **Breaded Drumstick** Fajita Chicken Shredded Mozzarella Cheese • Vegetarian Refried Beans Dinner Roll Beef Taco Filling Faiita Chicken Crinkle Cut French Fries **Beef Taco Filling** Whole Wheat Penne Pasta Mixed Salad Greens Tortilla Chips Spaghetti Sauce Vegetarian Refried Beans T4-Deli Tortilla Chips T4-Deli Vegetarian Refried Beans Sliced Turkey Ham Mixed Salad Greens T4-Deli Sliced Turkey Ham Shredded Cheddar Cheese Mixed Salad Greens Sliced Turkey Ham Shredded Cheddar Cheese Shredded Cheddar Cheese T4-Deli Sliced Turkey Ham Shredded Cheddar Cheese Tuna Salad T4-Deli Tuna Salad White American Cheese Slice White American Cheese Slice • Sliced Turkey Ham **Tuna Salad** Jennie-O Premium Hickory Tuna Salad Shredded Cheddar Cheese White American Cheese Slice • Jennie-O Premium Hickory Turkey White American Cheese Slice • Tuna Salad Jennie-O Premium Hickory Turkey Turkey Flour Tortilla Flour Tortilla Flour Tortilla Jennie-O Premium Hickory White American Cheese Slice Oven Fired Flatbread Turkey Jennie-O Premium Hickory Oven Fired Flatbread Flour Tortilla Turkey Flour Tortilla Oven Fired Flatbread Dinner Roll **Dinner Roll** Whole Grain Bulkie Roll Oven Fired Flatbread **Dinner Roll** Whole Grain Bulkie Roll Green Bell Pepper Strips Dinner Roll Oven Fired Flatbread Whole Grain Bulkie Roll Green Bell Pepper Strips **Baby Spinach** Whole Grain Bulkie Roll **Green Bell Pepper Strips** Baby Spinach **Dinner Roll** Romaine Lettuce Green Bell Pepper Strips Whole Grain Bulkie Roll **Baby Spinach** Romaine Lettuce Green Bell Pepper Strips Romaine Lettuce Garbanzo Beans Garbanzo Beans Baby Spinach **Cherry Tomatoes** Romaine Lettuce **Baby Spinach** Garbanzo Beans **Cherry Tomatoes** Extras Bar (Garden, Milk, -Extras Bar (Garden, Milk, Romaine Lettuce Cherry Tomatoes Garbanzo Beans T4-Extras Bar (Garden, Milk, Condiments) **Cherry Tomatoes** Garbanzo Beans Condiments) Condiments) T4-Extras Bar T4-Extras Bar Extras Bar (Garden, Milk, **Cherry Tomatoes** -Extras Bar (Garden, Milk, T4-Extras Bar **Diced Peaches Diced Peaches** Condiments) Fresh Plums T4-Extras Bar **Diced Peaches** Fresh Plums Condiments) **Diced Peaches** T4-Extras Bar Fresh Plums T4-Fast -Fast Strawberry Fields Parfait Just Peachy Parfait Strawberry Fields Parfait Just Peachy Parfait Fresh Plums **Diced Peaches** T4-Fast Strawberry Fields Parfait Just Peachy Parfait T4-Fast Fresh Plums Sunbutter Jelly Sandwich on Strawberry Fields Parfait Sunbutter Jelly Sandwich on -Fast Just Peachy Parfait Sunbutter Jelly Sandwich on Sunbutter Jelly Sandwich on WGR Bread WGR Bread Strawberry Fields Parfait Just Peachy Parfait
Sunbutter Jelly Sandwich on American style Deli Sandwich Hummus Wrap American style Deli Sandwich • WGR Bread American style Deli Sandwich • Hummus Wrap T4 Hummus Wrap WGR Bread T4-Grill (composed) American style Deli Sandwich WGR Bread T4-Grill (composed) Cheeseburger Classic Hummus Box American style Deli Sandwich T4-Grill (composed) Cheeseburger Hamburger on a WGR Bun Chicken Patty Sandwich Hamburger on a WGR Bun Chicken Patty Sandwich Classic Hummus Box Cheeseburger Turkey BLT Wrap Hamburger on a WGR Bun -Grill (composed) -Grill (composed) Veggie Burger Spicy Chicken Patty Cheeseburger Cheeseburger Chicken Patty Sandwich Veggie Burger Veggie Burger Spicy Chicken Patty Sandwich Hamburger on a WGR Bun Chicken Patty Sandwich Hamburger on a WGR Bun Chicken Patty Sandwich Spicy Chicken Pattv Sandwich Sandwich Veggie Burger T4-Pizza (conv)

• Mozzarella Stuffed T4-Pizza (conv)

Mozzarella Stuffed Veggie Burger T4-Pizza (conv)

• Mozzarella Stuffed Spicy Chicken Patty Spicy Chicken Patty **Breadsticks** Sandwich Sandwich **Breadsticks** T4-Pizza (conv)

Mozzarella Stuffed Cheese Pizza T4-Pizza (conv) **Breadsticks** Cheese Pizza Italian Sausage Pizza Mozzarella Stuffed Pepperoni Pizza Cheese Pizza Pepperoni Pizza **Breadsticks Breadsticks** Hawaiian Pizza Meatlovers Pizza

Cheese Pizza

Pepperoni Pizza

Chicken Bacon and Ranch

Pepperoni Pizza

T4-Adventure (Tater

Temptations)

Rainbow Chili

Turkey & Gravy

Beef Taco Filling

Steamed Broccoli

T4-Mexico/Fiesta/Nacho

Cheddar Cheese Sauce

Vegetarian Refried Beans

Shredded Cheddar Cheese

Jennie-O Premium Hickory

Oven Fired Flatbread

Whole Grain Bulkie Roll

Green Bell Pepper Strips

-Extras Bar (Garden, Milk,

Mixed Salad Greens

Sliced Turkey Ham

Baked Potato

Fajita Chicken

Tortilla Chips

Tuna Salad

Flour Tortilla

Dinner Roll

Baby Spinach

Romaine Lettuce

Garbanzo Beans

Cherry Tomatoes

Condiments)

Fresh Plums

Skim Milk

WGR Bread

T4-Grill (composed)

Cheeseburger

Veggie Burger

Sandwich

T4-Pizza (conv)

Breadsticks

Cheese Pizza

Pepperoni Pizza

Margherita Pizza

Spicy Chicken Patty

Mozzarella Stuffed

T4-Fast

T4-Extras Bar

Diced Peaches

Chocolate Skim Milk

Just Peachy Parfait

Classic Hummus Box

Strawberry Fields Parfait

Turkey

Beef Taco Filling

Breadstick

Tater Tots

Cheddar Cheese Sauce

Shredded Cheddar Cheese

11

T4-Adventure (Tater

Temptations)

Rainbow Chili **Cheddar Cheese Sauce**

Beef Taco Filling

Steamed Broccoli

Breadstick

Tater Tots

T4-Adventure (Tater

T4-Adventure (Tater Temptations)

13

- Rainbow Chili
- Shredded Cheddar Cheese

 - Beef Taco Filling **Breadstick**
- Steamed Broccoli Tater Tots
- -Mexico/Fiesta/Nacho
- Cheddar Cheese Sauce
- Fajita Chicken **Beef Taco Filling**
- Tortilla Chips Vegetarian Refried Beans
- Mixed Salad Greens

- White American Cheese Slice
- Jennie-O Premium Hickory Turkey Jennie-O Premium Hickory
- Turkey Flour Tortilla Flour Tortilla Oven Fired Flatbread
- Dinner Roll
- Green Bell Pepper Strips Baby Spinach
- Garbanzo Beans **Cherry Tomatoes**
- T4-Extras Bar (Garden, Milk, Condiments)
 - Chocolate Skim Milk
- T4-Fast Strawberry Fields Parfait
- Just Peachy Parfait Sunbutter Jelly Sandwich on WGR Bread
- American style Deli Sandwich Classic Hummus Box
- T4-Grill (composed) Cheeseburger
- Hamburger on a WGR Bun
- Chicken Patty Sandwich Veggie Burger
- Spicy Chicken Patty Sandwich
- T4-Pizza (conv) Mozzarella Stuffed **Breadsticks**
- Cheese Pizza Hawaiian Pizza
- Pepperoni Pizza

- Cheddar Cheese Sauce Cheddar Cheese Sauce Shredded Cheddar Cheese
- Turkey & Gravy
- Beef Taco Filling
- **Breadstick**

Tortilla Chips

Vegetarian Refried Beans

Mixed Salad Greens

Temptations)

Rainbow Chili

Steamed Broccoli T4-Mexico/Fiesta/Nacho **Baked Potato**

T4-Deli

12

- -Mexico/Fiesta/Nacho Cheddar Cheese Sauce Cheddar Cheese Sauce
- Fajita Chicken Fajita Chicken **Beef Taco Filling** Beef Taco Filling
- Tortilla Chips Vegetarian Refried Beans

Shredded Cheddar Cheese

- Mixed Salad Greens T4-Deli
- Sliced Turkey Ham Shredded Cheddar Cheese
- Tuna Salad White American Cheese Slice •
- Jennie-O Premium Hickory Turkey White American Cheese Slice Flour Tortilla
 - Oven Fired Flatbread Dinner Roll Whole Grain Bulkie Roll
 - **Green Bell Pepper Strips** Baby Spinach
 - Romaine Lettuce Garbanzo Beans **Cherry Tomatoes**
 - -Extras Bar (Garden, Milk, Condiments)
 - T4-Extras Bar Fresh Plums
 - Chocolate Skim Milk Skim Milk
 - T4-Fast
 - Strawberry Fields Parfait Just Peachy Parfait
 - Sunbutter Jelly Sandwich on WGR Bread
 - American style Deli Sandwich Classic Hummus Box
- Sunbutter Jelly Sandwich on T4-Grill (composed) American style Deli Sandwich • Cheeseburger
 - Hamburger on a WGR Bun Chicken Patty Sandwich
 - Veggie Burger
 - Spicy Chicken Patty
- Hamburger on a WGR Bun Chicken Patty Sandwich Sandwich T4-Pizza (conv) Mozzarella Stuffed
 - **Breadsticks** Cheese Pizza
 - Pepperoni Pizza
 - Chicken Bacon and Ranch Pizza

- Sliced Turkey Ham
- Shredded Cheddar Cheese Sliced Turkey Ham Tuna Salad
- Shredded Cheddar Cheese
- Tuna Salad White American Cheese Slice •
- Oven Fired Flatbread
- Dinner Roll Whole Grain Bulkie Roll Green Bell Pepper Strips Whole Grain Bulkie Roll
- **Baby Spinach** Romaine Lettuce Romaine Lettuce Garbanzo Beans
- Cherry Tomatoes Extras Bar (Garden, Milk,
- Condiments) T4-Extras Bar T4-Extras Bar Fresh Plums
- Fresh Plums
- Chocolate Skim Milk Skim Milk Skim Milk
 - T4-Fast
 - Strawberry Fields Parfait Just Peachy Parfait Sunbutter Jelly Sandwich on
 - WGR Bread
 - Turkey Ham Cheese on a WG Bulkie Roll
 - Classic Hummus Box
 - Turkey & Cheese Sandwich on a WG Bun
 - T4-Grill (composed) Cheeseburger
 - Hamburger on a WGR Bun Chicken Patty Sandwich
 - Veggie Burger
 - Spicy Chicken Patty Sandwich T4-Pizza (conv)
 - Mozzarella Śtuffed Breadsticks

 - Meatlovers Pizza
 - Cheese Pizza Pepperoni Pizza

- T4-Adventure (Tater Temptations) Turkey & Gravy
- **Breadstick** Whipped Potatoes T4-Mexico/Fiesta/Nacho
- Cheddar Cheese Sauce Fajita Chicken
- **Beef Taco Filling** Tortilla Chips Vegetarian Refried Beans
- Mixed Salad Greens T4-Deli
- Sliced Turkey Ham Shredded Cheddar Cheese Tuna Salad
- White American Cheese Slice Jennie-O Premium Hickory T4-Deli
- Flour Tortilla
- Oven Fired Flatbread
- Dinner Roll Whole Grain Bulkie Roll Green Bell Pepper Strips
- **Baby Spinach** Romaine Lettuce Garbanzo Beans
- **Cherry Tomatoes** T4-Extras Bar (Garden, Milk, Condiments)
- T4-Extras Bar **Diced Peaches** Fresh Plums
- T4-Fast Strawberry Fields Parfait Just Peachy Parfait
- Sunbutter Jelly Sandwich on WGR Bread
- American style Deli Sandwich **Hummus Wrap**
- T4-Grill (composed) Cheeseburger
- Hamburger on a WGR Bun Chicken Patty Sandwich
- Veggie Burger Spicy Chicken Patty Sandwich
- T4-Pizza (conv) Mozzarella Stuffed **Breadsticks**
- Cheese Pizza Italian Sausage Pizza
- Pepperoni Pizza Spaghetti Sauce

16 19 20 17 18 T4-Adventure (Twirls) T4-Adventure (Twirls) T4-Mexico/Fiesta/Nacho T4-Adventure (Twirls) T4-Adventure (Twirls) Macaroni & Cheese Chicken Meatballs Chicken Parmesan Alfredo Cheese Sauce Cheddar Cheese Sauce Fajita Chicken **Buffalo Chicken** Torpedo Roll Steamed Broccoli Fajita Chicken Whole Wheat Penne Pasta Toasted Garlic Caesar Salad T4-Mexico/Fiesta/Nacho Dinner Roll **Beef Taco Filling** Tortilla Chips Vegetarian Refried Beans Mixed Salad Greens Dinner Roll Toasted Gartic Caesar Salad Spaghetti Sauce **Cheddar Cheese Sauce** -Mexico/Fiesta/Nacho T4-Mexico/Fiesta/Nacho Fajita Chicken Whole Grain Dinner Roll Cheddar Cheese Sauce Cheddar Cheese Sauce Roasted Broccoli **Beef Taco Filling** T4-Mexico/Fiesta/Nacho Faiita Chicken Faiita Chicken Tortilla Chips T4-Adventure (Twirls) **Beef Taco Filling** Cheddar Cheese Sauce **Beef Taco Filling** Vegetarian Refried Beans Cheese Lasagna Rollup Fajita Chicken Tortilla Chips Tortilla Chips Mixed Salad Greens Garlic Knot Breadstick Vegetarian Refried Beans Vegetarian Refried Beans Beef Taco Filling T4-Deli Parmesan Green Beans Mixed Salad Greens Sliced Turkey Ham Shredded Cheddar Cheese Mixed Salad Greens Tortilla Chips T4-Deli Vegetarian Refried Beans -Deli T4-Deli Sliced Turkey Ham Mixed Salad Greens Sliced Turkey Ham Tuna Salad Shredded Cheddar Cheese Sliced Turkey Ham T4-Deli Shredded Cheddar Cheese Shredded Cheddar Cheese White American Cheese Slice • Tuna Salad Sliced Turkey Ham Shredded Cheddar Cheese Jennie-O Premium Hickory Tuna Salad Tuna Salad White American Cheese Slice White American Cheese Slice • White American Cheese Slice Turkey Jennie-O Premium Hickory Tuna Salad Jennie-O Premium Hickory Jennie-O Premium Hickory Flour Tortilla Turkev White American Cheese Slice Turkey Oven Fired Flatbread Turkev Flour Tortilla Jennie-O Premium Hickory Flour Tortilla Flour Tortilla Dinner Roll Oven Fired Flatbread Turkev Oven Fired Flatbread Oven Fired Flatbread Whole Grain Bulkie Roll Dinner Roll Flour Tortilla Dinner Roll Dinner Roll Green Bell Pepper Strips Whole Grain Bulkie Roll Oven Fired Flatbread Whole Grain Bulkie Roll Whole Grain Bulkie Roll Baby Spinach Green Bell Pepper Strips Dinner Roll Green Bell Pepper Strips **Green Bell Pepper Strips** Romaine Lettuce Baby Spinach Whole Grain Bulkie Roll Baby Spinach Baby Spinach Garbanzo Beans Romaine Lettuce Green Bell Pepper Strips Romaine Lettuce Romaine Lettuce **Cherry Tomatoes** Garbanzo Beans Baby Spinach Garbanzo Beans Garbanzo Beans -Extras Bar (Garden, Milk, **Cherry Tomatoes** Romaine Lettuce **Cherry Tomatoes** -Extras Bar (Garden, Milk, Cherry Tomatoes Condiments) -Extras Bar (Garden, Milk, T4-Extras Bar (Garden, Milk, Garbanzo Beans T4-Extras Bar Condiments) **Cherry Tomatoes** Condiments) Condiments) Fresh Plums T4-Extras Bar T4-Extras Bar (Garden, Milk, T4-Extras Bar Chocolate Skim Milk Fresh Plums T4-Extras Bar Condiments) **Diced Peaches** Fresh Plums Skim Milk Chocolate Skim Milk Fresh Plums T4-Extras Bar Chocolate Skim Milk T4-Fast Skim Milk **Diced Peaches** Chocolate Skim Milk Skim Milk Strawberry Fields Parfait T4-Fast Fresh Plums Skim Milk T4-Fast Just Peachy Parfait Strawberry Fields Parfait Chocolate Skim Milk Sunbutter Jelly Sandwich on Just Peachy Parfait Strawberry Fields Parfait T4-Fast Skim Milk Strawberry Fields Parfait Just Peachy Parfait WGR Bread Sunbutter Jelly Sandwich on Sunbutter Jelly Sandwich on . Just Peachy Parfait WGR Bread American style Deli Sandwich Strawberry Fields Parfait Sunbutter Jelly Sandwich on WGR Bread Turkey Ham Cheese on a American style Deli Sandwich Just Peachy Parfait Sunbutter Jelly Sandwich on American style Deli Sandwich Turkey Ham Cheese on a Turkey Ham Cheese on a WGR Bread WG Bulkie Roll American style Deli Sandwich • Classic Hummus Box WG Bulkie Roll Turkey & Cheese Sandwich on a WG Bun Turkey Ham Cheese on a WGR Bread WG Bulkie Roll Classic Hummus Box Turkey & Cheese Sandwich on a WG Bun American style Deli Sandwich Hummus Wrap Classic Hummus Box WG Bulkie Roll Turkey & Cheese Sandwich on a WG Bun T4-Grill (composed)

• Cheeseburger Classic Hummus Box Cheeseburger T4-Grill (composed) Turkey & Cheese Sandwich T4-Grill (composed) Hamburger on a WGR Bun Chicken Patty Sandwich Cheeseburger on a WG Bun T4-Grill (composed) Cheeseburger Hamburger on a WGR Bun Chicken Patty Sandwich Hamburger on a WGR Bun Chicken Patty Sandwich T4-Grill (composed) Cheeseburger Cheeseburger Hamburger on a WGR Bun Veggie Burger Hamburger on a WGR Bun Veggie Burger Veggie Burger Chicken Patty Sandwich Spicy Chicken Patty Spicy Chicken Patty Chicken Patty Sandwich Spicy Chicken Patty Veggie Burger Sandwich Spicy Chicken Patty Sandwich Sandwich Veggie Burger T4-Pizza (conv) Sandwich T4-Pizza (conv) Spicy Chicken Patty Mozzarella Stuffed T4-Pizza (conv) Mozzarella Stuffed Sandwich **Breadsticks** T4-Pizza (conv) Mozzarella Stuffed Mozzarella Stuffed **Breadsticks** T4-Pizza (conv) Cheese Pizza **Breadsticks** Cheese Pizza Mozzarella Stuffed Breadsticks Hawaiian Pizza Cheese Pizza Italian Sausage Pizza Breadsticks Cheese Pizza Pepperoni Pizza Pepperoni Pizza Pepperoni Pizza Cheese Pizza Pepperoni Pizza Meatlovers Pizza Spaghetti Sauce Chicken Bacon and Ranch Pepperoni Pizza Margherita Pizza Pizza

T4-Mexico/Fiesta/Nacho
• Cheddar Cheese Sauce

Fajita Chicken

2

Beef Taco Filling
 Testilla China

Tortilla ChipsVegetarian Refried Beans

Mixed Salad Greens

T4-Adventure (Spice House)

Chicken Egg Roll
Steamed Brown Rice

 Roasted Sesame Carrots T4-Deli

Sliced Turkey Ham

Shredded Cheddar Cheese

Tuna Salad

· White American Cheese Slice ·

 Jennie-O Premium Hickory Turkey

Flour Tortilla

· Oven Fired Flatbread

Bulkie Roll

· Dinner Roll

· Green Bell Pepper Strips

Baby SpinachRomaine Lettuce

Garbanzo Beans

· Cherry Tomatoes

T4-Extras Bar (Garden, Milk, Condiments)

T4-Extras Bar

Chocolate Skim Milk

Skim Milk

T4-Fast

· Strawberry Fields Parfait

Just Peachy Parfait

 Sunbutter Jelly Sandwich on WGR Bread

· American style Deli Sandwich ·

 Turkey Ham Cheese on a WG Bulkie Roll

Classic Hummus Box

 Turkey & Cheese Sandwich on a WG Bun

T4-Grill (composed)

Cheeseburger

Hamburger on a WGR Bun

· Chicken Patty Sandwich

Veggie Burger

 Spicy Chicken Patty Sandwich

T4-Pizza (conv)

 Mozzarella Stuffed Breadsticks

Cheese Pizza

Hawaiian Pizza

Pepperoni Pizza

T4-Adventure (Spice House)

Popcorn Chicken

Vegetable Lo Mein

Roasted Sesame Carrots

T4-Mexico/Fiesta/Nacho

Cheddar Cheese Sauce

Fajita Chicken Beef Taco Filling

Tortilla Chips

Vegetarian Refried Beans

Mixed Salad Greens

T4-Deli

3

Sliced Turkey Ham

Shredded Cheddar Cheese

Tuna Salad

White American Cheese Slice

Jennie-O Premium Hickory Turkey

Flour Tortilla

· Oven Fired Flatbread

Bulkie Roll

Dinner Roll Green Bell Pepper Strips

Baby Spinach

Romaine Lettuce

Garbanzo Beans

Cherry Tomatoes

T4-Extras Bar (Garden, Milk, Condiments)

T4-Extras Bar

Chocolate Skim Milk

Skim Milk

T4-Fast

· Strawberry Fields Parfait

· Just Peachy Parfait

 Sunbutter Jelly Sandwich on WGR Bread

American style Deli Sandwich

Turkey Ham Cheese on a WG Bulkie Roll

Classic Hummus Box

 Turkey & Cheese Sandwich on a WG Bun

T4-Grill (composed)

Cheeseburger

Hamburger on a WGR Bun

Chicken Patty Sandwich

Veggie Burger

 Spicy Chicken Patty Sandwich

T4-Pizza (conv)

Mozzarella Stuffed Breadsticks Cheese Pizza

Pepperoni Pizza

Meatlovers Pizza

School Year 2024 - 2025 Meal Prices Breakfast Meal Prices Full: \$1.60 or 2.60 - Reduced: \$0.00 Adult Breakfast Prices Regular \$2.75 or Premium \$3.25 Lunch Meal Prices Full: \$3.25 - Reduced: \$0.00 A La Carte Additional Entree: \$2.75 8 oz. Milk: \$0.60 Fruit or Vegetable Side: \$0.75 Adult Meal: \$4.75 Make Checks Payable to: Rocky Hill Public School Lunch You may also pay online at Mypaymentsplus.com

Menus are subject to change.

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Lunch

Griswold Middle School

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|--|--|--|
| 2 | 3 | 4 | 5 | 6 |
| FE-Everyday Selects (Pizza conv) Mozzarella Stuffed Breadsticks Cheese Pizza Pepperoni Pizza FE-Fast Takes Sunbulter Jelly Sandwich on WGR Bread Turkey Ham Cheese Sandwich on a WGR Bun FE-From The Garden (Garden, Milk, Condiments) Fruit Red Bell Pepper Strips Cucumber Coins Celery Sticks Baby Carrots Fresh Broccoli Florets Chilled Corn Garbanzo Beans Cherry Tomatoes Milk Chocolate Skim Milk Condiments Dressing FE-Global Flavors Breaded Chicken Tender Dinner Roll Citrus Glazed Carrots Potato Salad | FE-Everyday Selects (Grill composed) Cheeseburger Hamburger on a WGR Bun Hot Dog on Whole Grain Bun Chicken Patty on a WGR Bun Veggie Burger FE-Fast Takes Sunbutter Jelly Sandwich on WGR Bread Turkey Ham Cheese Sandwich on a WGR Bun FE-From The Garden (Garden, Milk, Condiments) Fruit Red Bell Pepper Strips Cucumber Coins Celery Sticks Baby Carrots Fresh Broccoli Florets Chilled Corn Garbanzo Beans Cherry Tomatoes Milk Cnocolate Skim Milk Condiments Dressing FE-Global Flavors Texas Vegetarian Chili Shredded Cheddar Cheese Baked Biscuit Steamed Corn Baked Potato Roasted Broccoli | Pizza FE-Fast Takes • Sunbutter Jelly Sandwich on WGR Bread | FE-Everyday Selects (Grill composed) Cheeseburger Hamburger on a WGR Bun Toasted Cheese Sandwich Chicken Patty on a WGR Bun FE-Fast Takes Sunbutter Jelly Sandwich on WGR Bread Turkey Ham Cheese on a WGB Bulkie Roll FE-From The Garden (Garden, Milk, Condiments) Fruit Red Bell Pepper Strips Cucumber Coins Celery Sticks Baby Carrots Fresh Broccoli Florets Chilled Corn Garbanzo Beans Cherry Tomatoes Milk Chocolate Skim Milk Condiments Dressing FE-Global Flavors Vegetarian Spaghetti Sauce Beef Bolognese Whole Wheat Penne Pasta Dinner Roll Parmesan Green Beans | Sunbutter Jelly Sandwich on WGR Bread Turkey Ham Cheese on a WG |

12 10 11 13 FE-Everyday Selects (Grill FE-Everyday Selects (Grill FE-Everyday Selects (Pizza FE-Everyday Selects (Pizza FE-Everyday Selects (Pizza composed) conv) composed) convi conv) Cheeseburger Cheeseburger Mozzarella Stuffed Mozzarella Stuffed Cheese Pizza **Breadsticks** Hamburger on a WGR Bun **Breadsticks** Hamburger on a WGR Bun Pepperoni Pizza Toasted Cheese Sandwich Toasted Cheese Sandwich Barbecue Chicken Pizza Cheese Pizza Cheese Pizza Pepperoni Pizza Chicken Patty on a WGR Bun • Pepperoni Pizza Chicken Patty on a WGR Bun FE-Fast Takes Spaghelti Sauce Sunbutter Jelly Sandwich on FE-Fast Takes Veggie Burger Veggie Burger WGR Bread Sunbutter Jelly Sandwich on FE-Fast Takes FE-Fast Takes FE-Fast Takes Sunbutter Jelly Sandwich on Sunbutter Jelly Sandwich on Sunbutter Jelly Sandwich on • Turkey Ham Cheese on a WG WGR Bread Turkey Ham Cheese on a WG WGR Bread WGR Bread WGR Bread Bulkie Roll Turkey Ham Cheese on a WG • Turkey Ham Cheese on a WGFE-From The Garden (Garden, Bulkie Roll Turkey Ham Cheese on a WG • FE-From The Garden (Garden, Bulkie Roll Bulkie Roll Bulkie Roll Milk, Condiments) 3dd78423-fd31-409d-8b7c--From The Garden (Garden, Milk, Condiments) FE-From The Garden (Garden, FE-From The Garden (Garden, Milk, Condiments) Milk, Condiments) Milk, Condiments) 6547bfab9ff0 Red Bell Pepper Strips 3dd78423-fd31-409d-8b7c-3dd78423-fd31-409d-8b7c-Fruit Fruit Red Bell Pepper Strips 6547bfab9ff0 6547bfab9ff0 Red Bell Pepper Strips Cucumber Coins Cucumber Coins Cucumber Coins Celery Sticks Fruit Fruit Red Bell Pepper Strips Red Bell Pepper Strips Celery Sticks Baby Carrots Celery Sticks Fresh Broccoli Florets Baby Carrots Cucumber Coins Cucumber Coins Baby Carrots Celery Sticks Fresh Broccoli Florets Fresh Broccoli Florets Chilled Corn Celery Sticks Baby Carrots Fresh Broccoli Florets Baby Carrots Fresh Broccoli Florets Garbanzo Beans Chilled Corn Chilled Corn Cherry Tomatoes Garbanzo Beans Garbanzo Beans Cherry Tomatoes Chilled Corn Chilled Corn Cherry Tomatoes Chocolate Skim Milk Garbanzo Beans Garbanzo Beans Condiments Chocolate Skim Milk Cherry Tomatoes Cherry Tomatoes Chocolate Skim Milk Dressing Condiments Milk Milk Condiments FE-Global Flavors Chocolate Skim Milk Chocolate Skim Milk Dressing Dressing Buffalo Chicken Dip w/ Tortilla FE-Global Flavors -Global Flavors Condiments Condiments Chili con Carne Dressina Dressing Breaded Chicken Tender Chips Tortilla Chips FE-Global Flavors Whole Grain Waffle Cheddar Cheese Sauce -Global Flavors Pinto Beans Beef Holdoa Shredded Cheddar Cheese Chicken & Vegetable Tater Tots Apple Glazed Baby Carrots Hot Dog Bun Carnitas Dumplings Vegetarian Baked Beans Flour Tortilla Oven Fried Rice Smile Fries Steamed Corn Roasted Sesame Carrots Carnitas Cole Slaw Black Beans 16 19 17 20 18 FE-Everyday Selects (Pizza FE-Everyday Selects (Grill FE-Everyday Selects (Pizza FE-Everyday Selects (Grill FE-Everyday Selects (Pizza

convi composed) convi composed) convi Vegelable Pizza Cheese Pizza Mozzarella Stuffed Cheeseburger Cheeseburger Pepperoni Pizza Hamburger on a WGR Bun **Breadsticks** Hamburger on a WGR Bun Cheese Pizza Chicken Bacon and Ranch Toasted Cheese Sandwich Cheese Pizza Toasted Cheese Sandwich Pepperoni Pizza Chicken Patty on a WGR Bun . Chicken Patty on a WGR Bun FE-Fast Takes Pepperoni Pizza FE-Fast Takes Veggie Burger Spaghetti Sauce Veggie Burger Sunbutter Jelly Sandwich on FE-Fast Takes Sunbutter Jelly Sandwich on FE-Fast Takes WGR Bread FE-Fast Takes WGR Bread Sunbutter Jelly Sandwich on Sunbutter Jelly Sandwich on Sunbutter Jelly Sandwich on • Turkey Ham Cheese on a WG WGR Bread Bulkie Roll Turkey Ham Cheese on a WG WGR Bread WGR Bread Turkey Ham Cheese on a WG • Turkey Ham Cheese on a WG • Turkey Ham Cheese on a WGFE Bulkie Roll -From The Garden (Garden, FE-From The Garden (Garden, Bulkie Roll Bulkie Roll Bulkie Roll Milk, Condiments) Milk, Condiments) FE-From The Garden (Garden, -From The Garden (Garden, FE-From The Garden (Garden, 3dd78423-fd31-409d-8b7c-3dd78423-fd31-409d-8b7c-Milk, Condiments) Milk, Condiments) Milk, Condiments) 6547bfab9ff0 3dd78423-fd31-409d-8b7c-3dd78423-fd31-409d-8b7c-3dd78423-fd31-409d-8b7c-6547bfab9ff0 Fruit Fruit 6547bfab9ff0 6547bfab9ff0 6547bfab9ff0 Red Bell Pepper Strips Red Bell Pepper Strips Cucumber Coins Fruit Fruit Fruit Red Bell Pepper Strips Red Bell Pepper Strips Red Bell Pepper Strips Cucumber Coins Celery Sticks Baby Carrots Fresh Broccoli Florets Celery Sticks Cucumber Coins Cucumber Coins Cucumber Coins Celery Sticks Celery Sticks Baby Carrots Celery Sticks Fresh Broccoli Florets **Baby Carrols Baby Carrols Baby Carrots** Chilled Corn Fresh Broccoli Florets Fresh Broccoli Florets Fresh Broccoli Florets Chilled Corn Garbanzo Beans Chilled Corn Cherry Tomatoes Garbanzo Beans Chilled Corn Chilled Corn Cherry Tomatoes Garbanzo Beans Garbanzo Beans Chilled Peas Cherry Tomatoes Garbanzo Beans Chocolate Skim Milk Chocolate Skim Milk Milk Chocolate Skim Milk Cherry Tomatoes Condiments Condiments Chocolate Skim Milk Condiments Dressina Dressing Condiments Dressing Chocolate Skim Milk -Global Flavors FE-Global Flavors -Global Flavors Dressing Condiments Shredded Cheddar Cheese Shredded Yellow Cheddar FE-Global Flavors Alfredo Cheese Sauce Dressina Faiita Chicken General Tso Chicken popcorn Chicken Mealballs Cilantro Lime Rice FE-Global Flavors Beef Taco Filling Yakisoba Noodles Whole Wheat Penne Pasta Popcorn Chicken Bowl Seasoned Carrot Coins Cilantro Lime Rice Roasted Sesame Carrots Dinner Roll **Baked Biscuit**

Roasted Broccoli and Red

Steamed Corn Whipped Potatoes

Peppers

Roasted Broccoli

Black Beans

School Year 2024 - 2025 Meal Prices Lunch Meal Prices Full: \$3.25 - Reduced: \$0.00 A La Carte Additional Entree: \$2.75 8 oz. Milk: \$0.60 Fruit or Vegetable Side: \$0.75 Adult Meal: \$4.75 Make Checks Payable to: Rocky Hill Public School Lunch You may also pay online at Mypaymentsplus.com

Tortilla Chips Steamed Corn

Vegetarian Refried Beans

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Moser School

Lunch

MONDAY **TUESDAY** WEDNESDAY **THURSDAY** FRIDAY 5 6 CH-Main Event (4 entrees) Fun on the Run Bagel Meal -Fun on the Run Bagel Meal -Strawberry Strawberry Strawberry Strawberry Strawberry Sunbutter Jelly Sandwich on WGR Bread WGR Bread WGR Bread WGR Bread WGR Bread Fun on the Run Bagel Meal Toasted Cheese Sandwich Fun on the Run Bagel Meal Fun on the Run Bagel Meal Fun on the Run Bagel Meal Turkey & Cheese Sandwich Turkey & Cheese Sandwich Fun on the Run Bagel Meal Chef Salad w/ WGR Dinner Turkey Ham Cheese Chef Salad w/ WGR Dinner on a WG Bun on a WG Bun Sandwich on a WGR Bun BCB Philly Cheese Steak Rolls Fresh Apple Slices Raisins Fresh Whole Apple Sub Meatballs with Spaghetti **Baby Carrots Baby Carrots** Cucumber Coins Oven Fired Flatbread Seasoned Carrot Coins Sauce Milk Milk Fresh Oranges Fresh Apple Slices Chocolate Skim Milk Whole Wheat Penne Pasta Chocolate Skim Milk Oven Fired Flatbread Skim Milk Chocolate Skim Milk Dinner Roll Skim Milk Raisins Fruit Cocktail Fresh Oranges Unsweetened Applesauce **Cucumber Coins** Fresh Whole Apple **Baby Carrots** Fresh Broccoli Florets Raisins Chilled Peas **Cucumber Coins** Garbanzo Beans Celery Sticks Baby Carrots Milk Chocolate Milk Roasted Green Beans Skim Milk Fresh Broccoli Florets Chilled Corn Condiments Dressing Milk Chocolate Skim Milk Condiments Dressing 9 10 11 12 13 CH-Main Event (4 entrees) Fun on the Run Bagel Meal -Fun on the Run Bagel Meal -Fun on the Run Bagel Meal -Macaroni & Cheese Fun on the Run Bagel Meal -Fun on the Run Bagel Meal -Strawberry Strawberry Strawberry Strawberry Sunbutter Jelly Sandwich on . Sunbutter Jelly Sandwich on . Sunbutter Jelly Sandwich on Strawberry Sunbutter Jelly Sandwich on WGR Bread Sunbutter Jelly Sandwich on WGR Bread WGR Bread WGR Bread American style Deli Sandwich • Toasted Cheese Sandwich French Toast Sticks WGR Bread Cheeseburger

- Toasted Cheese Sandwich
- Fun on the Run Bagel Meal
- Chicken Patty on a WGR Bun •
- Fresh Oranges
- Fresh Apple Slices
- Raisins
- Fruit Cocktail
- Red Bell Pepper Strips Cucumber Coins
- **Baby Carrots**
- Chilled Corn
- Roasted Broccoli
- Garbanzo Beans
- Milk
- Chocolate Skim Milk
- Skim Milk
- Condiments
- Dressing

- Toasted Cheese Sandwich
- Fun on the Run Bagel Meal
- American Combo Sub
- Fresh Oranges
- Unsweetened Applesauce
- Fresh Whole Apple
- Raisins
- Red Bell Pepper Strips
- Cucumber Coins
- **Baby Carrots**
- Fresh Broccoli Florets
- Steamed Corn
- Garbanzo Beans
- Milk
- Chocolate Skim Milk
- Skim Milk
- Condiments
- Dressing

- American style Deli Sandwich .
- Toasted Cheese Sandwich
- Fun on the Run Bagel Meal
- Turkey Sausage Link
- Mozzarella String Cheese Stick
- Banana
- Fresh Oranges
- Fresh Apple Slices
- Raisins
- **Diced Pears**
- **Cucumber Coins**
- Celery Sticks
- Baby Carrots
- Fresh Broccoli Florets
- Chilled Corn
- Garbanzo Beans
- Smile Fries
- Milk
- Chocolate Skim Milk
- Skim Milk
- Condiments
- Dressing

- Toasted Cheese Sandwich
- Fun on the Run Bagel Meal
- American Combo Sub
- Dinner Roll
- Banana
- Fresh Oranges
- Fresh Apple Slices Raisins
- Diced Peaches **Cucumber Coins**
- **Baby Carrots**
- Chilled Corn
- Parmesan Green Beans
- Garbanzo Beans
- Milk
- Chocolate Skim Milk
- Skim Milk
- Condiments
- Dressing

- Cheese Pizza
- Pepperoni Pizza
- Fun on the Run Bagel Meal
- American Combo Sub
- Fresh Oranges Fresh Apple Slices
- **Diced Strawberries**
- Cucumber Coins
- Celery Sticks
- **Baby Carrots**
- Chilled Corn
- Garbanzo Beans
- Milk
- Chocolate Skim Milk
- Skim Milk
- Condiments
- Dressing

16 17 18 19 20 CH-Main Event (4 entrees) Fun on the Run Bagel Meal -Popcorn Chicken Fun on the Run Bagel Meal -Fun on the Run Bagel Meal -Fun on the Run Bagel Meal -Strawberry Fun on the Run Bagel Meal -Strawberry Strawberry Strawberry Sunbutter Jelly Sandwich on • Sunbutter Jelly Sandwich on Strawberry Sunbutter Jelly Sandwich on . Sunbutter Jelly Sandwich on WGR Bread Sunbutter Jelly Sandwich on WGR Bread WGR Bread WGR Bread Cheeseburger WGR Bread Toasted Cheese Sandwich Fun on the Run Bagel Meal Fun on the Run Bagel Meal Cheese Pizza Fun on the Run Bagel Meal Fun on the Run Bagel Meal Turkey & Cheese Sandwich Turkey & Cheese Sandwich Pepperoni Pizza, Turkey & Cheese Sandwich Turkey & Cheese Sandwich on a WG Bun on a WG Bun Fun on the Run Bagel Meal on a WG Bun on a WG Bun Turkey Sausage Link Chicken Patty Sandwich Turkey & Cheese Sandwich Fresh Oranges Steamed Brown Rice Confetti Pancake Bites Fresh Oranges on a WG Bun Fresh Oranges Fresh Apple Slices Banana Fresh Whole Apple Fresh Oranges Raisins Unsweetened Applesauce Fresh Oranges Raisins Unsweetened Applesauce Diced Peaches Fresh Whole Apple Fruit Cocktail Fresh Whole Apple Diced Bartlett Pears Red Bell Pepper Strips Raisins Fresh Apple Slices **Cucumber Coins** Raisins Cucumber Coins Cucumber Coins Cucumber Coins **Baby Carrots** Cucumber Coins Celery Sticks Celery Sticks **Baby Carrots** Fresh Broccoli Florets Baby Carrots **Baby Carrots** Baby Carrots Fresh Broccoli Florets Steamed Corn Garbanzo Beans Chilled Corn Fresh Broccoli Florets Garbanzo Beans Chilled Corn Milk Green Peas Chilled Corn Green Bell Pepper Strips Milk Chocolate Skim Milk Garbanzo Beans Garbanzo Beans Garbanzo Beans Chocolate Skim Milk Skim Milk Milk Milk Smile Fries Skim Milk Condiments Chocolate Skim Milk Chocolate Skim Milk Milk Condiments Dressing Chocolate Skim Milk Skim Milk Skim Milk Dressing Condiments Condiments Skim Milk Dressing Dressing Condiments Dressing 23 24 26 27 25 30 31 2 1 3 CH-Main Event (4 entrees) CH-Main Event (4 entrees) Fun on the Run Bagel Meal -Strawberry Strawberry Sunbutter Jelly Sandwich on . Sunbutter Jelly Sandwich on WGR Bread WGR Bread Turkey Hot Dog Toasted Cheese Sandwich Cheese Pizza

Toasted Cheese Sandwich Fun on the Run Bagel Meal Crispy Chicken Salad Oven Fired Flatbread Banana Fresh Oranges Fresh Whole Apple Raisins **Diced Peaches Cucumber Coins** Celery Sticks Baby Carrots Fresh Broccoli Florets

Chilled Corn

Skim Milk

Dressing

Condiments

Milk

Garbanzo Beans

Chocolate Skim Milk

- Fun on the Run Bagel Meal -

- Pepperoni Pizza.
- Fun on the Run Bagel Meal Crispy Chicken Salad
- Oven Fired Flatbread
- Banana
- Fresh Oranges
- Fresh Apple Slices
- Unsweetened Applesauce
- Raisins
- Cucumber Coins
- Celery Sticks
- Baby Carrots
- Fresh Broccoli Florets
- Chilled Corn
- Garden Side Salad
- Garbanzo Beans
- Milk
- Skim Milk
- Chocolate Skim Milk
- Condiments
- Dressing

K-5 School Meal Prices Lunch K-5 Full Pay: \$3.00, Breakfast K-5 Full Pay: \$1.60, Breakfast & Lunch Reduced K-5: \$0.00, 8oz Milk sold a la carte: \$0.60, Fruit & Veggie Side a la carte: \$0.75, Adult Lunch Meal: \$4.75, Adult Breakfast Meal: \$2.75

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Lunch

Stevens Elementary School

| 1 | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|--|--|---|---|
| | CH-Main Event (4 entrees) Fun on the Run Bagel Meal - | 3 CH-Main Event (4 entrees) Fun on the Run Bagel Meal - | CH-Main Event (4 entrees) | 5 CH-Main Event (4 entrees) Fun on the Run Bagel Meal - | 6 CH-Main Event (4 entrees) |
| | Strawberry Sunbutter Jelly Sandwich on WGR Bread Toasted Cheese Sandwich | StrawberrySunbutter Jelly Sandwich on WGR BreadToasted Cheese Sandwich | Fun on the Run Bagel Meal - Strawberry Sunbutter Jelly Sandwich on WGR Bread | Strawberry Sunbutter Jelly Sandwich on WGR Bread Toasted Cheese Sandwich | Strawberry |
| • | Fun on the Run Bagel Meal Classic Chef Salad w/ Whole Grain Dinner Rolls BCB Philly Cheese Steak | Classic Chef Salad w/ Whole Grain Dinner Rolls | Fun on the Run Bagel Meal Classic Chef Salad w/ Whole Grain Dinner Rolls | Fun on the Run Bagel Meal Classic Chef Salad w/ Whole Grain Dinner Rolls Vanilla Yogurt Cup | Classic Chef Salad w/ Whole Grain Dinner Rolls |
| | Sub Oven Fired Flatbread Orange Smiles Fresh Apple Slices Unsweetened Applesauce Fresh Whole Apple Raisins Diced Pears Cucumber Coins Baby Carrots Fresh Broccoli Florets Steamed Corn Chilled Corn Garbanzo Beans Cherry Tomatoes Milk Chocolate Milk Skim Milk Condiments | Whole Wheat Penne Pasta Oven Fired Flatbread Dinner Roll Orange Smiles Unsweetened Applesauce Fresh Whole Apple Raisins Diced Peaches Diced Pears Fresh Plums Cucumber Coins Celery Sticks Baby Carrots Roasted Green Beans Fresh Broccoli Florets Garbanzo Beans Cherry Tomatoes Milk Chocolate Skim Milk | Fresh Whole Apple Raisins Diced Pears Fresh Plums Cucumber Coins Celery Sticks Baby Carrots Fresh Broccoli Florets Green Bell Pepper Strips Roasted Broccoli Chilled Peas Garbanzo Beans Cherry Tomatoes Milk | Strawberry Yogurt Cup Mozzarella String Cheese Stick Oven Fired Flatbread Confetti Pancake Bites Banana Orange Smiles Fresh Whole Apple Diced Peaches Fresh Plums Cucumber Coins Baby Carrots Fresh Broccoli Florets Garbanzo Beans Smile Fries Cherry Tomatoes Milk Chocolate Skim Milk Skim Milk | Oven Fired Flatbread Banana Orange Smiles Unsweetened Applesauce Fresh Whole Apple Diced Peaches Fresh Plums Cucumber Coins Baby Carrots Fresh Broccoli Florets Chilled Corn Garbanzo Beans Cherry Tomatoes Milk Chocolate Skim Milk Skim Milk Condiments Dressing |
| • | Dressing | Condiments Dressing | Skim Milk | CondimentsDressing | |

9 10 12 13 11 CH-Main Event (4 entrees) Fun on the Run Bagel Meal -Fun on the Run Bagel Meal -Fun on the Run Bagel Meal Macaroni & Cheese Fun on the Run Bagel Meal -Fun on the Run Bagel Meal -Strawberry Strawberry Strawberry Strawberry Sunbutter Jelly Sandwich on • Sunbutter Jelly Sandwich on Sunbutter Jelly Sandwich on Strawberry Sunbutter Jelly Sandwich on WGR Bread WGR Bread WGR Bread Sunbutter Jelly Sandwich on WGR Bread Cheeseburger • American style Deli Sandwich • American style Deli Sandwich Toasted Cheese Sandwich American style Deli Sandwich • French Toast Sticks WGR Bread **Toasted Cheese Sandwich** American style Deli Sandwich • American style Deli Sandwich • Fun on the Run Bagel Meal Toasted Cheese Sandwich Toasted Chéese Sandwich Toasted Cheese Sandwich Cheese Pizza Chicken Patty on a WGR Bun • Fun on the Run Bagel Meal Fun on the Run Bagel Meal Fun on the Run Bagel Meal Pepperoni Pizza Orange Smiles **Orange Smiles** Turkey Sausage Link **Dinner Roll** Fun on the Run Bagel Meal Orange Smiles Fresh Apple Slices Unsweetened Applesauce Banana Banana Fresh Whole Apple Orange Smiles Fresh Whole Apple Fresh Apple Slices Orange Smiles Fresh Apple Slices Fresh Whole Apple Raisins **Diced Peaches** Unsweetened Applesauce Fresh Apple Slices Fresh Whole Apple Unsweetened Applesauce **Diced Pears Cucumber Coins Cucumber Coins Baby Carrots** Raisins Fruit Cocktail Fresh Whole Apple **Baby Carrots** Fresh Broccoli Florets Fruit Cocktail **Diced Pears** Raisins Fresh Broccoli Florets Steamed Corn **Cucumber Coins Cucumber Coins Diced Pears** Chilled Com **Chilled Peas Cucumber Coins Baby Carrots Baby Carrots** Fresh Broccoli Florets Celery Sticks Green Bell Pepper Strips Garbanzo Beans Fresh Broccoli Florets Baby Carrots Fresh Broccoli Florets Roasted Broccoli **Cherry Tomatoes** Garbanzo Beans Parmesan Green Beans Garbanzo Beans Garbanzo Beans Milk **Smile Fries Cherry Tomatoes** Chocolate Skim Milk **Cherry Tomatoes Cherry Tomatoes** Chilled Com Milk Skim Milk Milk Milk Garbanzo Beans Chocolate Skim Milk Chocolate Skim Milk Chocolate Skim Milk Cherry Tomatoes Condiments Skim Milk Skim Milk Skim Milk Milk Dressing Condiments Condiments Condiments Chocolate Skim Milk Dressing **Dressing** Dressing Skim Milk **Condiments Dressing** 16 19 20 17 18

CH-Main Event (4 entrees) Fun on the Run Bagel Meal -Strawberry

Sunbutter Jelly Sandwich on WGR Bread

Cheeseburger

Toasted Cheese Sandwich Fun on the Run Bagel Meal

Turkey & Cheese Sandwich on a WG Bun

Orange Smiles

Fresh Apple Slices Fresh Whole Apple

Raisins

Diced Peaches Cucumber Coins

Celery Sticks

Baby Carrots

Fresh Broccoli Florets

Green Peas

Chilled Peas

Garbanzo Beans

Cherry Tomatoes

Chocolate Skim Milk

Skim Milk

Condiments

Dressing

CH-Main Event (4 entrees) Popcorn Chicken

Fun on the Run Bagel Meal -Strawberry

Sunbutter Jelly Sandwich on WGR Bread

Toasted Cheese Sandwich

Fun on the Run Bagel Meal

Turkey & Cheese Sandwich on a WG Bun

Steamed Brown Rice

Orange Smiles

Unsweetened Applesauce

Fresh Whole Apple

Diced Pears

Cucumber Coins

Baby Carrots

Roasted Green Beans

Fresh Broccoli Florets

Chilled Com **Green Bell Pepper Strips**

Garbanzo Beans

Cherry Tomatoes Milk

Chocolate Skim Milk

Skim Milk

Condiments

Dressing

CH-Main Event (4 entrees)

Fun on the Run Bagel Meal Strawberry Sunbutter Jelly Sandwich on

WGR Bread

Toasted Cheese Sandwich

Fun on the Run Bagel Meal Turkey & Cheese Sandwich on a WG Bun

Turkey Sausage Link

Confetti Pancake Bites Orange Smiles

Fresh Apple Slices Fresh Whole Apple

Raisins

Fruit Cocktail

Diced Peaches Cucumber Coins

Celery Sticks

Baby Carrots

Fresh Broccoli Florets Green Bell Pepper Strips

Garbanzo Beans Smile Fries

Cherry Tomatoes

Milk

Chocolate Skim Milk

Skim Milk

Condiments **Dressing**

CH-Main Event (4 entrees)

Fun on the Run Bagel Meal -Strawberry

Sunbutter Jelly Sandwich on WGR Bread

Toasted Cheese Sandwich

Fun on the Run Bagel Meal

Turkey & Cheese Sandwich on a WG Bun

Chicken Patty on a WGR Bun •

Banana

Unsweetened Applesauce

Fresh Whole Apple Raisins

Fruit Cocktail **Diced Pears Cucumber Coins Baby Carrots**

Fresh Broccoli Florets Steamed Com

Garbanzo Beans **Cherry Tomatoes**

Milk Chocolate Skim Milk

Skim Milk

Condiments

Dressing

CH-Main Event (4 entrees) Fun on the Run Bagel Meal -

Strawberry

Sunbutter Jelly Sandwich on WGR Bread

Toasted Cheese Sandwich

Cheese Pizza

Pepperoni Pizza,

Fun on the Run Bagel Meal

Turkey & Cheese Sandwich on a WG Bun

Vanilla Yogurt Cup

Strawberry Yogurt Cup Banana

Orange Smiles

Unsweetened Applesauce Fresh Whole Apple

Diced Peaches

Cucumber Coins Baby Carrots

Fresh Broccoli Florets Chilled Com

Garbanzo Beans Cherry Tomatoes

Milk Chocolate Skim Milk

Skim Milk Condiments

Dressing

23 24 26 25 27

| 30 | 31 | 1 2 3 |
|----|----|---|
| | | CH-Main Event (4 entrees) Fun on the Run Bagel Meal - Strawberry Sunbutter Jelly Sandwich on WGR Bread Toasted Cheese Sandwich Fun on the Run Bagel Meal Hot Dog on Whole Grain Bun Crispy Chicken Sub Banana Orange Smiles Fresh Whole Apple Fruit Cocktail Fresh Broccoli Florets Vegetarian Baked Beans Chemin Event (4 entrees) Fun on the Run Bagel Meal Cheese Sandwich Cheese Pizza Fun on the Run Bagel Meal Cheese Pizza |

K-5 School Meal Prices Lunch K-5 Full Pay: \$3.00, Breakfast K-5 Full Pay: \$1.60, Breakfast & Lunch Reduced K-5: \$0.00, 8oz Milk sold a la carte: \$0.60, Fruit & Veggie Side a la carte: \$0.75, Adult Lunch Meal: \$4.75, Adult Breakfast Meal: \$2.75

Skim Milk Condiments

Dressing

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 Chocolate Skim Milk Skim Milk

Condiments Dressing



Lunch

West Hill Flementary School

| WGR Bread Chef Salad BCB Philly Cheese Steak Sub Grilled Cheese Sandwich, Calise Whole Grain Bread, GLC American Cheese Orange Smiles Red Seedless Grapes Fresh Whole Apple Raisins Cucumber Coins Baby Carrots Steamed Corn Grain Broacoli Florets Steamed Corn Grain Bread, Cucumber Coins Grain Bread, GLC American Cheese Whole Grain Bread, Calise Whole Grain Bread, GLC American Cheese Whole Grain Bread, GLC American Cheese Whole Grain Bread, Calise Whole Grain Bread, GLC American Cheese Whole Grain Bread, GLC American Cheese Danimals Strawberry Simp Cheese Sandwich, Calise Whole Grain Bread, GLC American Cheese Unisweetened Applesauce Fresh Whole Apple Slices Unisweetened Applesauce Fresh Whole Apple Naisins Cucumber Coins Baby Carrots Saby Carrots Smile Fries Smile Fries Chilled Corn Saby Carrots Smile Fries Chilled Corn Saby Carrots Smile Fries Chilled Corn Smile Fries Smile Fries Smile Fries Chilled Corn Smile Fries Chilled Corn Smile Fries Smile Fries Chilled Corn Smile Fries Chilled Corn Smile Fries Chilled Corn Smile Fries Smile Fries Chilled Corn Smile Fries Smile Fries Chilled Corn Smile Fries Smile Fries Chilled Corn Smile | | | | West Hill | Elementary School |
|--|--|--|---|---|--|
| CH-Main Event (4 entrees) - Fun on the Run Bagel Meal- Strawberry - Sunbutter Jelly Sandwich on WGR Bread - Chef Salad - BCB Philly Cheese Steak Sub - Galiled Cheese Sandwich, Calise Whole Grain Dinner Rolls - Calise Whole Grain Bread, GLC American Cheese - Red Seedless Grapes - Fresh Whole Apple - Raisins - Diced Pears - Diced Peaches - Dice | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| CH-Main Event (4 entrees) • Fun on the Run Bagel Meal - Strawberry CH-Main Event (4 entrees) • Fun on the Run Bagel Meal - • Strawberry CH-Main Event (4 entrees) • Fun on the Run Bagel Meal - • Strawberry CH-Main Event (4 entrees) • Fun on the Run Bagel Meal - • Fun on the Run Bagel Meal - • Strawberry | CH-Main Event (4 entrees) Fun on the Run Bagel Meal - Strawberry Sunbutter Jelly Sandwich on WGR Bread Chef Salad BCB Philly Cheese Steak Sub Grilled Cheese Sandwich, Calise Whole Grain Bread, GLC American Cheese Orange Smiles Red Seedless Grapes Fresh Whole Apple Raisins Diced Pears Cucumber Coins Baby Carrots Fresh Broccoli Florets Steamed Corn Chilled Corn Garbanzo Beans Cherry Tomatoes Milk Chocolate Milk 1% Milk | CH-Main Event (4 entrees) Fun on the Run Bagel Meal - Strawberry Sunbutter Jelly Sandwich on WGR Bread Meatballs with Spaghetti Sauce Classic Chef Salad w/ Whole Grain Dinner Rolls Grilled Cheese Sandwich, Calise Whole Grain Bread, GLC American Cheese Whole Wheat Penne Pasta Dinner Roll Orange Smiles Diced Peaches Red Seedless Grapes Fresh Apple Slices Unsweetened Applesauce Raisins Cucumber Coins Baby Carrots Roasted Green Beans Fresh Broccoli Florets Chilled Corn Garbanzo Beans Cherry Tomatoes Milk Chocolate Milk 1% Milk | CH-Main Event (4 entrees) Crispy Chicken Nuggets Fun on the Run Bagel Meal - Strawberry Sunbutter Jelly Sandwich on WGR Bread Classic Chef Salad w/ Whole Grain Dinner Rolls Grilled Cheese Sandwich, Calise Whole Grain Bread, GLC American Cheese Fresh Oranges Red Seedless Grapes Unsweetened Applesauce Fresh Whole Apple Raisins Peach Cup, Cucumber Coins Baby Carrots Fresh Broccoli Florets Chilled Corn Roasted Broccoli Garbanzo Beans Cherry Tomatoes Milk Chocolate Milk 1% Milk | CH-Main Event (4 entrees) Fun on the Run Bagel Meal - Strawberry Sunbutter Jelly Sandwich on WGR Bread Chef Salad w/ WGR Dinner Rolls Grilled Cheese Sandwich, Calise Whole Grain Bread, GLC American Cheese Danimals Strawberry Smash Yogurt String Cheese Stick Confetti Pancake Bites Orange Smiles Fresh Apple Slices Unsweetened Applesauce Diced Peaches Cucumber Coins Baby Carrots Fresh Broccoli Florets Chilled Corn Garbanzo Beans Smile Fries Cherry Tomatoes Milk Chocolate Milk 1% Milk | CH-Main Event (4 entrees) Fun on the Run Bagel Meal - Strawberry Sunbutter Jelly Sandwich on WGR Bread Toasted Cheese Sandwich Cheese Pizza Pepperoni Pizza, Chef Salad w/ WGR Dinner Rolls Orange Smiles Tresh Apple Slices Unsweetened Applesauce Raisins Cucumber Coins Baby Carrots Chilled Corn Garbanzo Beans Cherry Tomatoes Milk Chocolate Milk 1% Milk Condiments |
| WGR Bread WGR Bread WGR Bread Sunbutter Jelly Sandwich on WGR Bread Sunbutter Jelly Sandwich on WGR Bread | CH-Main Event (4 entrees) Fun on the Run Bagel Meal - Strawberry Sunbutter Jelly Sandwich on | CH-Main Event (4 entrees) Fun on the Run Bagel Meal - Strawberry Sunbutter Jelly Sandwich on | CH-Main Event (4 entrees) Fun on the Run Bagel Meal - Strawberry Sunbutter Jelly Sandwich on | CH-Main Event (4 entrees) Macaroni & Cheese Fun on the Run Bagel Meal - Strawberry | CH-Main Event (4 entrees) Fun on the Run Bagel Meal - Strawberry Sunbutter Jelly Sandwich on |

- Chicken Patty on a WGR Bun · Cheeseburger
- American Combo Sub
- Orange Smiles
- Unsweetened Applesauce
- Fresh Whole Apple
- Raisins
- Diced Pears
- **Cucumber Coins**
- **Baby Carrots** Chilled Corn
- Roasted Broccoli
- Garbanzo Beans
- Cherry Tomatoes
- Milk
- 1% Milk
- Chocolate Skim Milk
- Condiments
- Dressing

American Combo Sub

Grilled Cheese Sandwich,

Calise Whole Grain Bread, GLC American Cheese

Orange Smiles

- Fresh Apple Slices
- Unsweetened Applesauce
- Raisins
- **Diced Pears**
- **Cucumber Coins**
- **Baby Carrots**
- Steamed Corn
- Chilled Corn
- Garbanzo Beans
- **Cherry Tomatoes**
- Milk
- Chocolate Milk
- 1% Milk
- Condiments
- Dressing

· French Toast Sticks

- American Combo Sub
- Turkey Sausage Link
- Banana
- Orange Smiles
- Diced Bartlett Pears
- Unsweetened Applesauce
- Fresh Whole Apple
- **Diced Pears Cucumber Coins**
- **Baby Carrots**
- Chilled Peas
- Garbanzo Beans
- **Cherry Tomatoes**
- Milk
- Chocolate Milk
- 1% Milk
- Condiments
- Dressing

- WGR Bread
- · American Combo Sub
- Grilled Cheese Sandwich, Calise Whole Grain Bread. GLC American Cheese
- Banana
- Orange Smiles
- Fresh Apple Slices
- Unsweetened Applesauce
- **Diced Pears**
- **Cucumber Coins**
- Baby Carrots
- Fresh Broccoli Florets
- Chilled Peas
- Garbanzo Beans
- **Cherry Tomatoes**
- Milk
 - Chocolate Milk
- 1% Milk
- Condiments
- Dressing

- American style Deli Sandwich
- Toasted Cheese Sandwich
- Cheese Pizza
- Pepperoni Pizza,
- Banana
- Fresh Oranges
- Orange Smiles
- Fresh Apple Slices
- Diced Pears
- **Cucumber Coins**
- **Baby Carrots**
- Garden Side Salad Chilled Peas
- Garbanzo Beans
- Cherry Tomatoes
- Milk
- Chocolate Milk
 - 1% Milk
- Condiments
- Dressing

16 18 19 20 17 CH-Main Event (4 entrees) Fun on the Run Bagel Meal -Popcorn Chicken Fun on the Run Bagel Meal Fun on the Run Bagel Meal -Fun on the Run Bagel Meal -Strawberry Strawberry Strawberry Strawberry Fun on the Run Bagel Meal -Sunbutter Jelly Sandwich on . Sunbutter Jelly Sandwich on . Sunbutter Jelly Sandwich on Sunbutter Jelly Sandwich on Strawberry WGR Bread Sunbutter Jelly Sandwich on WGR Bread WGR Bread WGR Bread Toasted Cheese Sandwich Cheeseburger WGR Bread Turkey Ham Cheese Turkey & Cheese Sandwich Turkey & Cheese Sandwich Turkey & Cheese Sandwich Sandwich on a WGR Bun on a WG Bun Cheese Pizza on a WG Bun Chicken Patty Sandwich Grilled Cheese Sandwich. on a WG Bun Pepperoni Pizza. Turkey & Cheese Sandwich Grilled Cheese Sandwich, Grilled Cheese Sandwich, Calise Whole Grain Bread, Grilled Cheese Sandwich, Calise Whole Grain Bread, Calise Whole Grain Bread, GLC American Cheese Calise Whole Grain Bread, on a WG Bun GLC American Cheese GLC American Cheese GLC American Cheese Turkey Sausage Link Orange Smiles Orange Smiles Steamed Brown Rice Orange Smiles Orange Smiles Unsweetened Applesauce Fresh Oranges Unsweetened Applesauce Green Seedless Grapes Fresh Apple Slices Raisins Fresh Whole Apple Green Seedless Grapes Fresh Apple Slices Unsweetened Applesauce **Diced Peaches** Fresh Whole Apple Unsweetened Applesauce Fresh Whole Apple Cucumber Coins Raisins **Diced Peaches** Raisins Raisins Raisins Baby Carrots **Cucumber Coins Diced Peaches Diced Peaches Diced Peaches** Chilled Corn **Baby Carrots Cucumber Coins Cucumber Coins Cucumber Coins** Garden Side Salad Fresh Broccoli Florets **Baby Carrots Baby Carrots Baby Carrots** Chilled Peas Chilled Corn Chilled Corn Chilled Corn Chilled Corn Garbanzo Beans Green Peas Garbanzo Beans Milk Garbanzo Beans Garbanzo Beans Garbanzo Beans **Cherry Tomatoes** Smile Fries **Cherry Tomatoes** Chocolate Skim Milk Skim Milk Milk **Cherry Tomatoes** Milk Cherry Tomatoes Chocolate Skim Milk Chocolate Skim Milk Milk Condiments Chocolate Milk Skim Milk Chocolate Skim Milk Skim Milk Dressing 1% Milk Condiments Skim Milk Condiments Condiments Dressing Condiments Dressing Dressing Dressing 23 24 25 26 27 30 31 1 2 3 CH-Main Event (4 entrees) CH-Main Event (4 entrees) Fun on the Run Bagel Meal -Fun on the Run Bagel Meal -Strawberry Strawberry Sunbutter Jelly Sandwich on . Sunbutter Jelly Sandwich on WGR Bread WGR Bread American Combo Sub Cheese Pizza Pepperoni Pizza, Orange Smiles Unsweetened Applesauce Crispy Chicken Salad Grilled Cheese Sandwich, **Diced Pears** Calise Whole Grain Bread, **Cucumber Coins Baby Carrots** GLC American Cheese Fresh Broccoli Florets Orange Smiles Chilled Corn Fresh Apple Slices Fresh Whole Apple Garbanzo Beans Cherry Tomatoes **Diced Pears Cucumber Coins** Chocolate Milk

> Condiments Dressing

1% Milk

- **Baby Carrots**
- Chilled Corn
- Garden Side Salad
- Garbanzo Beans
- Cherry Tomatoes
- Milk
- Chocolate Milk
- 1% Milk
- Condiments
- Dressing

K-5 School Meal Prices Lunch K-5 Full Pay: \$3.00, Breakfast K-5 Full Pay: \$1.60, Breakfast & Lunch Reduced K-5: \$0.00, 8oz Milk sold a la carte: \$0.60, Fruit & Veggie Side a la carte: \$0.75, Adult Lunch Meal: \$4.75, Adult Breakfast Meal: \$2.75

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