

 **LUNCH**

MAY 2024

Portage Area High School

Daily Entree Alternates:

Stuffed Crust Pizza

Buffalo Chicken Pizza

Chicken Salad

Blueberry Yogurt Parfait

Strawberry Yogurt Parfait

Adult Meal Price - \$4.75

Milk Offered Daily:
Fat Free or 1%

Monday

Tuesday

Wednesday

Thursday

Friday

Now hiring Cafeteria Team Members.
For more information, contact Denise Moschgat at 814-736-9636 ex1500 or dmoschgat@mustangmail.org

Popcorn Shrimp with Three Cheese Cavatappi Pasta 1
Steamed Vegetables
Fresh Broccoli
Mandarin Oranges
Craisins/Dried Strawberry Apple Slices
Cherry Star Juice
Choice of Milk

Breaded Mozzarella Sticks 2
Steamed Green Beans
Dried Roasted Garbanzo Beans
Fresh Apple Slices
Craisins/Dried Strawberry Apple Slices
Fruit Punch Juice
Choice of Milk

Mustang Hoagie 3
Mixed Vegetables
Broccoli Salad
Diced Peaches
Craisins/Dried Strawberry Apple Slices
Sunset Sip Juice
Choice of Milk

Deli Turkey & Cheese Croissant 6
Emoticon Fries
Fresh Sliced Celery
Fresh Banana
Craisins/Dried Apple Slices
Dragon Punch Juice
Choice of Milk

Taco Dip with Tostitos 7
Steamed Corn
Fresh Veggie Boat
Applesauce Cup
Craisins/Dried Apple Slices
Grape Juice
Choice of Milk

General Tso's Chicken with Vegetable Fried Rice 8
Steamed Broccoli
Fresh Sliced Red Peppers
Pineapple Chunks
Craisins/Dried Apple Slices
Cherry Star Juice
Choice of Milk

Chicken Nugget with Garlic Breadstick 9
Sweet Potato Fries
Cucumber/Tomato Salad
Fresh Apple Slices
Craisins/Dried Apple Slices
Fruit Punch Juice
Choice of Milk
Chocolate Ice Cream Sundae

No School

Cheeseburger on Bun 13
French Fries
Fresh Baby Carrots
Mixed Fruit
Craisins/Dried Strawberry Apple Slices
Dragon Punch Juice
Choice of Milk

Taco in a Bag 14
Oriental Stir Fry Vegetables
Fresh Veggie Boat
Whole Apple
Craisins/Dried Strawberry Apple Slices
Grape Juice
Choice of Milk

Philly Cheese Steak/Bun 15
Steamed Peas
Fresh Sliced Cucumbers
Mandarin Oranges
Craisins/Dried Strawberry Apple Slices
Cherry Star Juice
Choice of Milk

Mini Corn Dogs 16
Baked Beans
Apple/Zucchini Salad
Fresh Apple Slices
Craisins/Dried Strawberry Apple Slices
Fruit Punch Juice
Choice of Milk
Vanilla Pudding

Pierogi's & Sausage Patty with Garlic Breadstick 17
Broccoli Salad
Mixed Vegetables
Diced Peaches
Craisins/Dried Strawberry Apple Slices
Sunset Sip Juice
Choice of Milk

BBQ Pork Patty with Bun 20
Steamed Corn
Coleslaw
Fresh Banana
Craisins/Dried Apple Slices
Dragon Punch Juice
Choice of Milk
Chat Snax Vanilla Graham Crackers

Chicken Fajitas 21
Steamed Carrots
Fresh Veggie Boat
Applesauce Cup
Craisins/Dried Apple Slices
Grape Juice
Choice of Milk
Vanilla Pudding

Chicken Alfredo 22
Fresh Sliced Celery
Steamed Broccoli
Pineapple Chunks
Craisins/Dried Apple Slices
Cherry Star Juice
Choice of Milk

Fish Nuggets with Cheez-its 23
Sweet Potato Fries
Dried Roasted Garbanzo Beans
Fresh Apple Slices
Craisins/Dried Apple Slices
Fruit Punch Juice
Choice of Milk

Hot Dog with Soft Pretzel 24
Steamed Green Beans
Cucumber/Tomato Salad
Diced Peas
Craisins/Dried Apple Slices
Sunset Sip Juice
Choice of Milk

No School 27



Breaded Ravioli 28
Spiral Fries
Fresh Veggie Boat
Whole Apple
Craisins/Dried Strawberry Apple Slices
Grape Juice
Choice of Milk

Deli Ham and Cheese on Pretzel Bun 29
Steamed Corn
Sliced Green Peppers
Mandarin Oranges
Craisins/Dried Strawberry Apple Slices
Cherry Star Juice
Choice of Milk

30

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To qualify as a free lunch, **students must take 3(minimum) components**, Meat/Meat Alternate, Grain/Bread, Vegetable, Fruit, Milk, of which **1 must be a fruit or vegetable**. Students taking required meal components receive lunch at no cost, otherwise per regulations, ala carte prices are in effect. Extra food/beverage items available for purchase by check or cash.

Our menus meet USDA Requirements
Menu items are subject to change

A copy of the menu with the nutritional and allergy information is available at:
<https://www.schoolcafe.com/PortageASD>