

January 2024 Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4 Breakfast/Cereal Bar Graham Snacks Fruit Juice Fruit(½ Cup) Milk	5 Mini Pancakes Fruit(1 Cup) Milk
8 Dry Cereal (1oz) Graham Snacks Fruit (1 Cup) Milk	9 Cinnamon Bar Fruit Juice Fruit(½ cup) Milk	10 PopTart Graham Snacks Fruit Juice Fruit (½ Cup) Milk	11 Muffin Fruit Juice Fruit (½ Cup) Milk	12 Sausage Biscuit Fruit(1 Cup) Milk
15 Holiday	16 Muffin Fruit Juice Fruit(½ Cup) Milk	17 Mini Waffles Fruit Juice Fruit(½ Cup) Milk	18 Breakfast/Cereal Bar Fruit Juice Fruit(½ Cup) Milk	19 Egg & Cheese Sandwich Fruit(1 Cup) Milk
22 Dry Cereal (1oz) Graham Snacks Fruit(1 Cup) Milk	23 Breakfast Pizza Fruit Juice Fruit(½ Cup) Milk	24 Cinn-Mini Bun Fruit Juice Fruit(½ Cup) Milk	25 Pop Tart Graham Snacks Fruit Juice Fruit(½ Cup) Milk	26 Sausage Biscuit Fruit(1 Cup) Milk
29 Dry Cereal (1oz) Graham Snacks Fruit (1 Cup) Milk	30 Egg & Cheese Sandwich Fruit Juice Fruit(½ Cup) Milk	31 Mini French Toast Fruit Juice Fruit(½ Cup) Milk		

Menu may change based on availability

January 2024

K-8 Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4 Crispitos(1) Pinto Beans Corn Variety Salsa Fruit Milk <i>Alternate: Quesadilla</i>	5 Corn Dog Bites (6) French Fries Broccoli w/ Cheese Fruit Milk <i>Alternate: Chicken Sandwich</i>
8 Pizza Calzone(1)or Pizza Crunchers Carrots w/ Ranch English Peas Fruit Milk <i>Alternate: Crispito (1)</i>	9 Chicken Parmesan (1)w/Pasta Green Beans Romaine Salad w/a dressing packet Roll Fruit Milk <i>Alternate: Pizza</i>	10 Beef Nachos on Chips Pinto Beans Romaine Salad w/ dressing packet Salsa Fruit Milk <i>Alternate: Quesadilla</i>	11 Chicken Bites Sweet Potato Broccoli w/ Cheese Roll Fruit Milk <i>Alternate: Pizza Pocket</i>	12 Breakfast for Lunch Pancakes (3) Sausage (1) Egg Patty w/ Cheese Hash Browns Salsa Fruit Milk <i>Alternate: Sack Lunch</i>
15 HOLIDAY	16 Fajita Chicken Wrap Black Beans Romaine Lettuce Salsa Fruit Milk <i>Alternate: Pizza/Pizza Crunchers</i>	17 Spaghetti w/ Meat Sauce Green Beans Romaine Salad w/ Ranch Dressing pk. Garlic Toast Fruit Milk <i>Alternate: Hot Dog</i>	18 Chicken Bites(6) Baby Bakers Carrots w/ Ranch dressing packet Roll Fruit Milk <i>Alternate: Cheeseburger</i>	19 Pizza (1) Corn Variety Romaine Salad w/ dressing packet Fruit Milk <i>Alternate:Crispito (2)</i>
22 Country Steak w/ Gravy Creamed Potatoes Green Beans Roll Fruit Milk <i>Alternate: Chicken Sandwich</i>	23 Sweet & Sour Chicken Fried Rice English Peas Stir Fry Vegetables Fruit Milk <i>Alternate:Grilled Cheese Sandwich</i>	24 Chicken Sandwich Macaroni & Cheese Turnip Greens Black-Eyed Peas Fruit Milk <i>Alternate: Corn Dog or Corn Dog Bites</i>	25 Cheeseburger Nuggets(8) Corn Variety Romaine Salad w/dressing Packet Roll Fruit Milk <i>Alternate:Pizza</i>	26 Hot Wings(3) Carrots w/ Ranch French Fries Breadstick Fruit Milk <i>Alternate: Quesadilla</i>
29 Hot Dog (1) Baked Beans Bab Lima Beans Fruit Milk <i>Alternate:Hot Ham & Cheese Sandwich</i>	30 Salisbury Steak w/ Gravy Creamed Potatoes Carrots Roll Fruit Milk <i>Alternate: Pizza/Pizza Crunchers</i>	31 Beef Nachos w/ Chips Pinto Beans Romaine Salad w/ Ranch dressing packet Salsa Fruit Milk <i>Alternate: Hot Dog</i>		

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January 2024

High School 9-12 Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1</p>	<p>2</p>	<p>3</p>	<p>4</p> <p>Crispitos (2) Pinto Beans Corn Variety Salsa Fruit Animal Crackers Milk Alternate: Quesadilla</p>	<p>5</p> <p>Corn Dog Bites(6) French Fries Sweet Potato Broccoli w/Cheese Fruit Milk Alternate: Chicken Sandwich</p>
<p>8</p> <p>Pizza Calzone(1) or Pizza Crunchers Carrots w/ranch English Peas Pudding Cup Fruit Milk Alternate: Crispito(2)</p>	<p>9</p> <p>Chicken Parmesan(1)w/ Pasta Green Beans Romaine Salad w/dressing packet Roll Fruit Milk Alternate: Pizza</p>	<p>10</p> <p>Beef Nachos on chips Pinto Beans Romaine Salad w/ dressing packet Salsa Fruit Milk Alternate: Quesadilla</p>	<p>11</p> <p>Chicken Bites(6) Sweet Potato Broccoli w/ Cheese Roll Fruit Milk Alternate: Pizza Pocket</p>	<p>12</p> <p>Breakfast for lunch Pancakes(3) Sausage(1) Egg Patty w/Cheese Hash Browns Salsa Fruit Milk Alternate: Sack Lunch</p>
<p>15</p> <p>Holiday</p>	<p>16</p> <p>Fajita Chicken Wrap Spanish Rice Black Beans Lettuce Salsa Fruit Milk Alternate: Pizza/Pizza Crunchers</p>	<p>17</p> <p>Spaghetti w/ Meat Sauce Green Beans Romaine Salad w Ranch Dressing (1 cup w/1 pk) Garlic Toast Fruit Milk Alternate: Hot Dog</p>	<p>18</p> <p>Chicken Bites(6) Baby Bakers Carrots w/ Ranch Roll Fruit Milk Alternate: Cheeseburger</p>	<p>19</p> <p>Pizza(1 Slice) Corn Variety French Fries Romaine Salad w/ dressing Packet Pudding Cup Fruit Milk Alternate: Crispito (2)</p>
<p>22</p> <p>Country Steak w/ Gravy Creamed Potatoes Green Beans Roll Fruit Milk Alternate: Chicken Sandwich</p>	<p>23</p> <p>Sweet & Sour Chicken(6) Fried Rice English Peas Stir Fry Vegetables Fruit Milk Alternate: Grilled Cheese Sandwich</p>	<p>24</p> <p>Breaded Chicken Sandwich Macaroni & Cheese Turnip Greens Black-eyed peas Lettuce/Tomato Fruit Milk Alternate: Corn Dog or Corn Dog Bites</p>	<p>25</p> <p>Cheeseburger Nuggets(8) Corn Variety Sweet Potato Fries Romaine Salad w/ dressing Packet Roll Fruit Milk Alternate: Pizza</p>	<p>26</p> <p>Hot Wings(3) Carrots w/ Ranch Celery Sticks French Fries Breadstick Fruit Milk Alternate: Quesadilla</p>
<p>29</p> <p>Hot Dog(1) Sweet Potato Baked Beans Green Beans Fruit Milk Alternate: Hot Ham & cheese Sandwich</p>	<p>30</p> <p>Salisbury Steak w/ Gravy Rice Carrots Roll Fruit Milk Alternate: Pizza/Pizza Crunchers</p>	<p>31</p> <p>Beef Nachos w/ Chips Pinto Beans Romaine Salad w/ Ranch Salsa Fruit Milk Alternate: Hot Dog</p>		

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